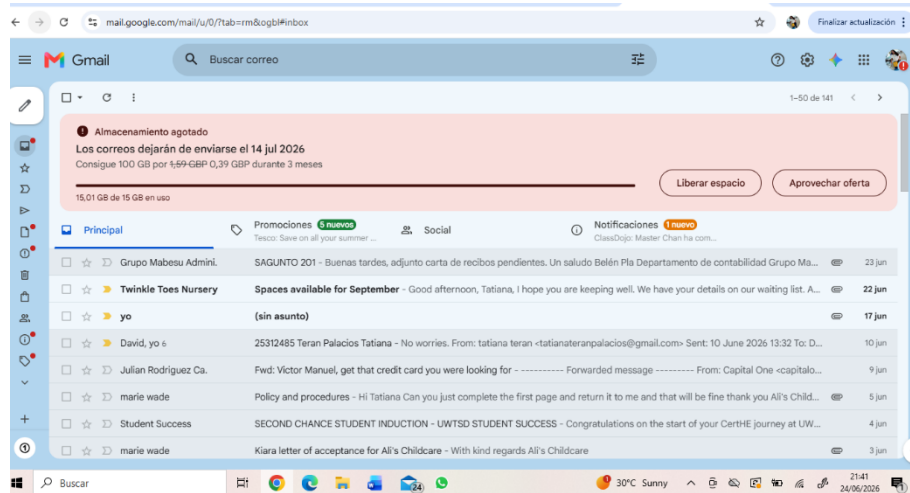


DS1 ASSESSMENT: MY DIGITAL LIFE

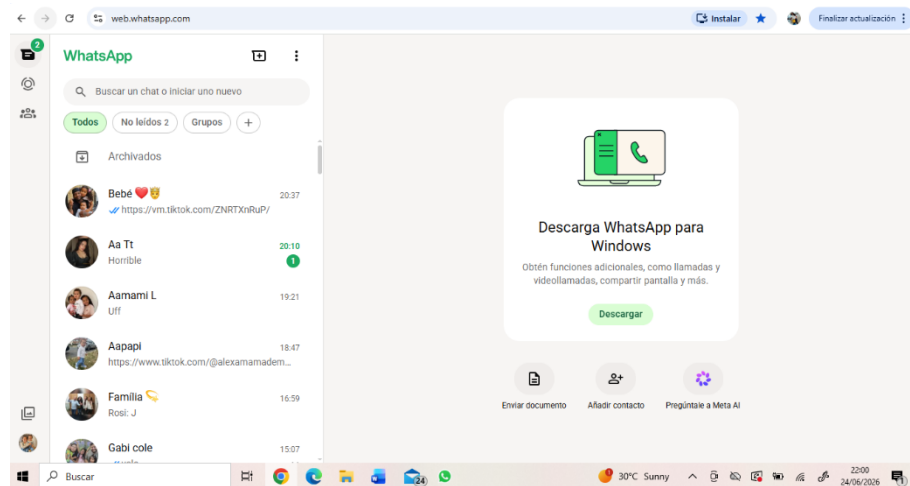
MY SCREENSHOTS/PHOTOS

PHOTO 1



This photo shows my **email** inbox, which I check daily. I use Gmail for administrative matters, for work, and in an educational setting as well.

PHOTO 2



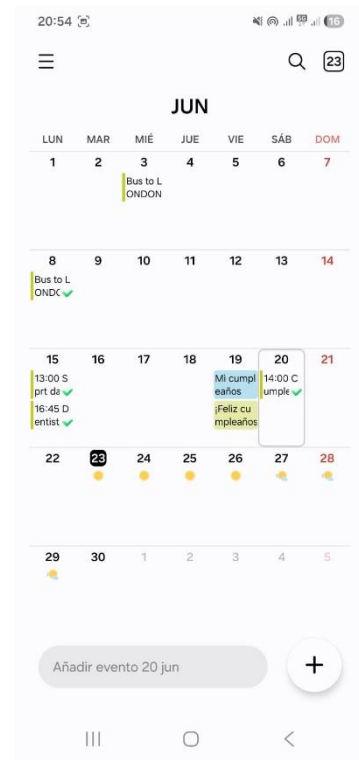
This shows that I use my **WhatsApp** every day to speak with mi family and Friends. It's very easy to use and help me to contact with mi Friends and family in Spain.

PHOTO 3



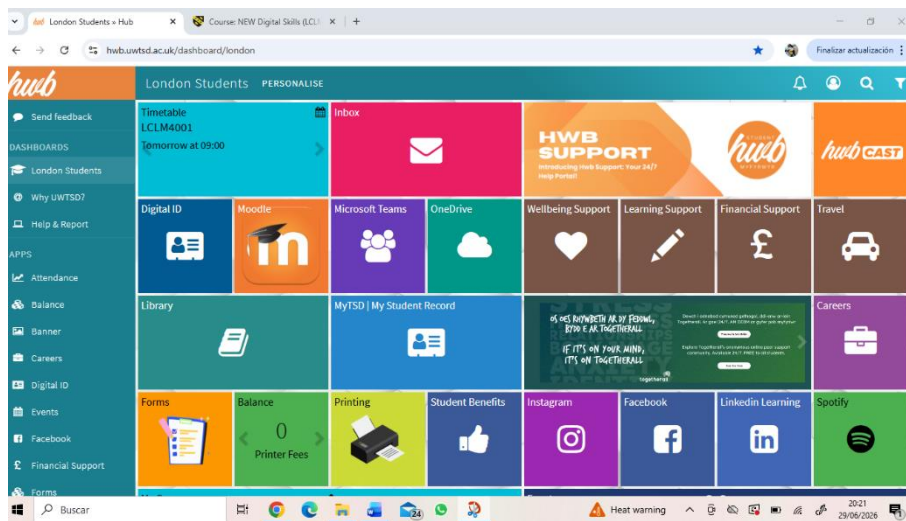
This image refers to the Transport for London (TfL) app, which I find very useful and easy to use. I use it daily to check how much time is left until the bus or train arrives.

PHOTO 4



This photo shows my mobile phone's calendar, which I use to jot down all my appointments and my daughter's, as well as reminders for important dates and things I need to do. Personally, I find it very useful in my day-to-day life.

PHOTO 5



This image shows the **London Student Hub**, which I use to check emails and assignments or review material from previous weeks.

PHOTO 6



This last photo shows **Instagram** and **Facebook**, which I use daily for entertainment.

MY SHORT REFLECTION

I use digital tools in my daily life. The tools I use include my alarm clock and social media for entertainment; I also check my email and make phone calls or send WhatsApp messages. There are others I use less frequently, such as Excel, Word, or Canva.

In my opinion, to make full use of digital tools, we need to develop our digital skills; although I use them frequently given my age, I would like to improve my proficiency and even learn new ones. These skills help you stay up-to-date when looking for a job, sending formal emails, or filling out online forms.

I hope this module helps me feel more confident and improve my digital skills so I can use the tools correctly, as I haven't used many of them in English.