

By Daniel Tomlinson

Basic Digital Safety



Cybersecurity threats

01

- Viruses and Malware
- Online Scams and Hackers
- Cyber-attacks and online bullying

02

Financial Scams and Fraud

- Online scams
- Banking and credit fraud
- Crypto currency scam

Privacy concerns

03

- Data Collection
- Identity Theft

04

Addiction and Mental health risk

- Internet Addiction

New Users

05

Billions of people use the internet every day all around the world, it has countless benefits, but it all brings many risks and threats that users need to be aware of to protect their privacy, security and well-being.



CYBERSECURITY THREATS

Cyber threats like Malware can infect devices compromising personal data or locking files until a ransom is paid like hackers who are cyber criminals that attempt to hack into accounts or computers to steal data, compromise systems or manipulate information.



FINANCIAL SCAMS AND FRAUD

Online scams can come in many forms including investment fraud and too good to be true offers that trick people into paying money or giving out sensitive personal information such as bank details and other personal data which can be used for unauthorized transactions.



PRIVACY CONCERNS

Many website and apps collect huge amounts of personal data including location and browsing history often without clear user consent which could lead to identity theft where personal data and information is leaked or stolen and can be used to impersonate someone and cause significant damage financially and emotionally.



ADDICTION AND MENTAL HEALTH RISK

Constant and over use of the internet mainly social media and gaming can be damaging to your mental health. "The excessive usage of social media is a great concern for parents, researchers and society regarding the mental health of individuals. One of the most common activities of present generation is excessive use of social media web sites" (Bhat, 2017, p. 1)



REFERENCE

Bhat, S., 2017. Effects of Social Media on Mental Health: A Review. ResearchGate. Available at: https://www.researchgate.net/profile/Shabir-Bhat/publication/323018957_Effects_of_Social_Media_on_Mental_Health_A_Review/links/5a7c9e97aca272341aeb7472/Effects-of-Social-Media-on-Mental-Health-A-Review.pdf [Accessed 28 November 2024].

