

HEALTH, SAFETY & RISK ASSESSMENT (HPMF4006)

LUCY EDWARDS (1908981)

OUTLINE OF FILM

'The Chase'

Science Fiction/Horror

20 Minutes

For audiences aged 12 +

My short film begins with a point-of-view shot from the protagonists' perspective, breathing heavily as they are fleeing from unknown assailants through a forest. As the protagonist is running they pass a torn poster that says 'WARNING: MONSTERS, If you come across a monster alert the authorities immediately.' a scene begins which shows a family sitting in their home watching a TV bulletin warning the general public about monsters and the threat they hold to humanity.

The chase resumes after this sequence as the assailants begin to close in on the protagonist. The protagonist comes to a river and falls to their knees as the assailants' approach from behind. The protagonist turns their head and we finally see the assailants, they are the British Army. The point-of-view then switches to the soldiers' perspective as the protagonist comes into view, revealing them to be the monster.

A flashback of the protagonist begins, and we see that the monsters have been found living in squalid conditions by the British Army. The army promise the monsters a better life in the United Kingdom and they evacuate. However, the monsters are not revealed to the general public and are hidden away and made to work as slave labourers by the army. The monster's lives are much worse in the UK as they are forced to work arduously while facing abuse from their 'masters'. The protagonists' brother is sick of the life they are living and escapes from the camp. However, he is found, and the monsters' existence is now known. The army have issued a statement saying that the monsters are invading and that they are a threat which must be exterminated. So, a nationwide hunt for monsters begins. Our protagonist escapes with the help of their parents who sacrifice themselves for their child, the protagonist begins to run.

We come back to the present with an extreme close up of the protagonists' face. A tear falls down their cheek and their eyes close. The scene fades to black and a gun shot is heard.

'RUNNING THROUGH THE FOREST' SCENE

The scene we aim to shoot is the 'Running through the forest scene', detailed below:

The scene begins in darkness with the only sound being the laboured breaths of our protagonist. The visuals begin with a point of view shot from the protagonist's perspective. She is slumped against a tree in a cold, bleak forest breathing hard. We see her clothes from the waist down, muddy, torn clothes, unsuited to the woodland she finds herself in. We hear a rustle and a shout, the protagonist heaves to her feet to the sound of her struggling to stand. The protagonist begins a half run, half stumble as she attempts to flee from her assailants. She holds onto a tree for support, the tree has an anti-monster poster. She lets out a sob and we see her twist and turn through the forest until she comes to a clearing

with a river. Exhausted she can run no more and falls to her knees. The assailants' approach from behind. The protagonist turns her head and we see that the assailants are the British Army. The point of view shot changes from her perspective to that of the soldiers, revealing her to be the monster.

CHARACTER BREAKDOWN

The Protagonist

An unnamed female monster, approximately 18-22 who is fleeing from the British Army. Taken into captivity at a young age she is timid, weak, frightened but determined to escape from the soldiers. She is of small stature and has a submissive demeanour after years of working as a slave.

The Soldiers

Three soldiers with an intimidating presence, over 6 foot tall, strong and imposing. It is clear that they are in control of the situation when they come to the river.

RESEARCH

My research began with considering the 'visual elements' of the film, including creating mood boards which I felt accurately represented the environment in which I wanted to film.

VISUAL ELEMENTS

Mood Board



Photo: ALAMY via Telegraph (changed to greyscale)

Photo: Photo Everywhere via Google Images (changed to greyscale)



Photo: National Trust via Google Images



Photo: Shutterstock via Google Images (changed to greyscale) Photo: Shutterstock via Google Images (changed to greyscale)

By doing this I was able to fine tune the criteria needed for my filming location and deduced that the scene required the following visual elements:

- To be shot in first person
- To be shot in black and white
- To be shot in a woodland
- A lake or river in the woodlands for the protagonist to fall next to

Initially I wanted to shoot the film at night to add to the ambience, however this scene would be much safer to shoot at night.

AUDIO ELEMENTS

Sound Effects

The protagonist

- Laboured breathing
- Groans from standing up
- Rustling through the woodland
- Leaves being crushed underfoot
- Thudding of ground under feet
- Stumbling
- Sobbing

The soldiers

- Shouting
- Rustling through the woodland
- Cocking of guns

Once I had determined the visual and audio elements, I had to scout for a filming location. My search was conducted through google where I narrowed down the list of possible locations to Llyn Llech Owain Country Park.

Once I found Llyn Llech Owain Country Park I decided to visit to conduct a location review (recce) and complete a risk assessment.

LOCATION

LOCATION REVIEW

Name of Production	The Chase	Date of Location Review	05/10/2019
Location	Llyn Llech Owain Country Park, Church Rd Gorslas, Llanelli SA14 7NF		
	Indicate Yes/No	Comments	
Local condition: <i>Any known problems?</i>	YES	Peat bog surrounding lake is a Site of Special Scientific Interest. Limited opening hours out of season (Oct-Mar)	
Aid needed?	NO		
Permission needed?	YES	Judith Weatherburn JWeatherburn@carmarthenshire.gov.uk 01269 832229	
Protective clothing needed?	YES	Rain coats, waterproof shoes in case of bad weather. Hardy shoes required for rough terrain.	
Viewpoints			
Appropriate viewpoints isolated	NO		
Any obstructions?	YES	Flooded path by observation tower. 	
Easy to reach and safe?	YES		
Requirements			
Power available?	NO	Battery packs for cameras, portable chargers for mobile phones, batteries.	
Lighting appropriate?	YES	Natural lighting adequate – woodland does not obstruct light.	
Sound equipment	YES	Boom poll, boom mic and cover for boom mic.	
Anticipated Problems			
Sound	YES	Potential wind/birds, tourists if in peak season	
Picture	YES	People walking through during peak	
People	YES	See above	
Other	YES	Inclement weather	
Other Considerations			
Security considered	YES	Remote location	
Welfare considered	YES	AED on site, producer first aid trained	
Set dressing required	YES	Anti-monster poster	
Props required	YES	Anti-monster poster, fake guns	

RISK ASSESSMENT

Production Information

Production Name	The Chase	Producer	Lucy Edwards
Production Location	Llyn Llech Owain Country Park Church Road Gorslas SA14 7NF	Producer Telephone Number	07826854838
		Producer Email Address	lucy.edwards0816@gmail.com
Outline of Risk Assessment <i>Summary of what is proposed in terms of sequences and set ups</i>	Go pro attached to protagonists' head, protagonist running through the forest. Stops near river and falls to ground. Soldiers approach, shot changes to go pro attached to soldiers head and we see the protagonist.		
Team members/experts/contractors/contributors etc.	Producer is a qualified first aider. Make up artist.		
Distribution <i>Who gets a copy of the assessment</i>	Lucy Edwards (Producer) Anne Actor (Actor - Protagonist) Hugh Mann (Actor - Army #1) Abe Person (Actor - Army #2) #2 extras (soldiers) Crew Brett Aggersberg (Programme Director - Adventure Filmmaking - UWTSD)		
Assessor	Lucy Edwards	Date completed	05/10/2019
Authoriser		Date authorised	

Local Emergency Services		
Prince Philip Hospital (12.1 miles from production location) Bryngwyn Mawr Llanelli SA14 8QF 01554 756567	Dyfed Powys Police (1.7 miles from production location) 34b Llandeilo Road Cross Hands SA14 6NA 01267 222020	Fire Station (3.2 miles from production location) Llety Road UpperTumble SA14 6BN 0370 606699
Situational Hazards	Health Hazards	Environmental Hazards
Cold Environment	Stress/anxiety	Litter
Drowning (minor hazard)	Physical fatigue	
Object falling, moving or flying		
Obstruction/exposed features		
Slippery surface		
Trip hazard		

Risk Assessment Key

Severity of Harm	Remote e.g <1 in 1000 chance	Very unlikely e.g 1 in 200 chance	Unlikely e.g 1 in 50 chance	Possible e.g 1 in 10 chance	Likely e.g 1 in 3 chance
Negligible e.g small bruise	Trivial	Trivial	Trivial	Low	Low
Slight e.g small cut, deep bruise	Trivial	Trivial	Low	Low	Medium
Moderate e.g deep cut, torn muscle	Trivial	Low	Medium	Medium	High
Severe e.g fracture, loss of consciousness	Low	Medium	High	High	Extremely high
Very Severe e.g death, permanent disability	Low	Medium	High	Extremely high	Extremely high

Risks

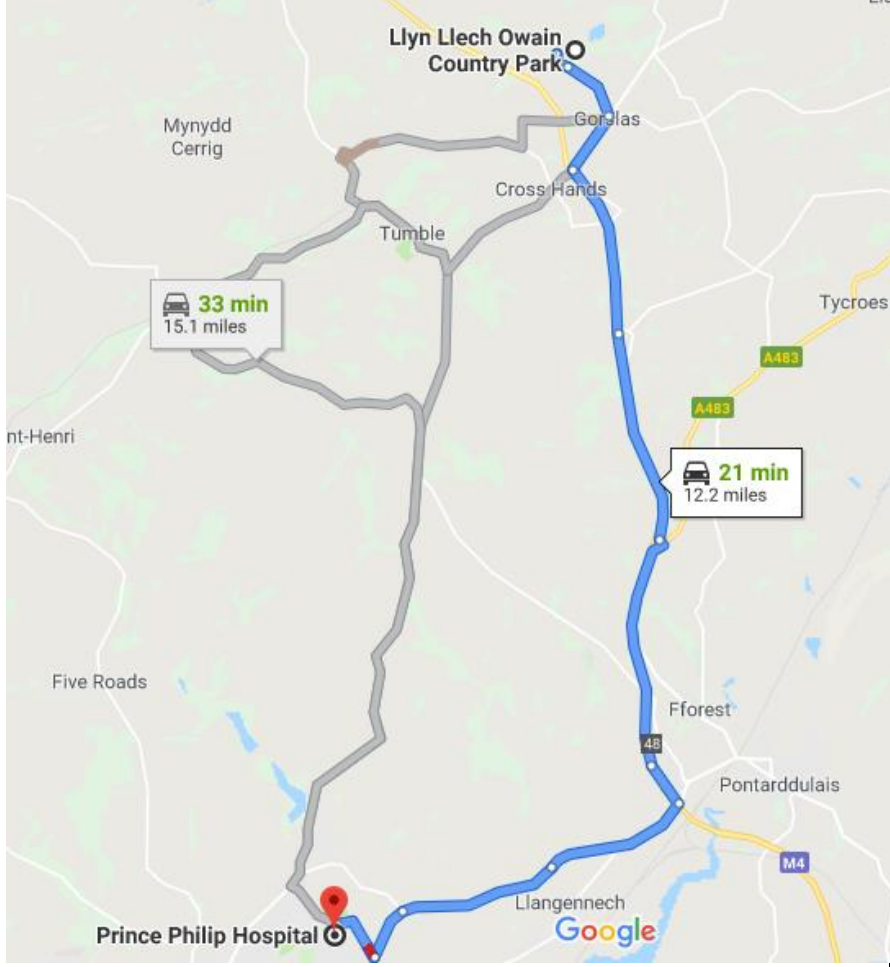
Activity – Each individual activity you are proposing:			Location – Where this activity will take place:	Dates / times: 05/10/2019
Hazards List what could cause harm from this activity e.g. falls from height, trip hazard, fire, etc.	Who exposed List who might be harmed from this activity e.g. staff, contractors, contributors, public, etc.	Risk For each hazard, decide level of risk as if you were to do the activity without your controls	Control measures For each hazard, list the measures you will be taking to minimise the risk identified e.g. appointing competent persons, training received, planning and rehearsals, use of personal protective equipment, provision of first aid, etc.	Risk For each hazard, decide level of risk once all your controls are in place
Cold environment - Inclement weather - Cold temperature due to time of year	All persons present at filming.	Low	- Blankets, coats, heaters to warm up persons present - Umbrellas for crew members - Area with covering (small tent) to keep out of rain - Hot drink making facilities	Trivial
Drowning - River - Lake (chance of risk much higher)	- Protagonist actor - Person using boom pole.	Trivial	Make sure actor and filming crew are aware of how close the river is	Trivial
Object falling, moving or flying - Small chance of branches falling out of trees - Running scene could loosen rocks and terrain	All persons present at filming.	Low	- Scout out trees before hand - Check ground stability on intended shooting location as well as ensuring a clear path for the running scene	Trivial

Activity – Each individual activity you are proposing:			Location – Where this activity will take place:	Dates / times: 05/10/2019
Hazards List what could cause harm from this activity e.g. falls from height, trip hazard, fire, etc.	Who exposed List who might be harmed from this activity e.g. staff, contractors, contributors, public, etc.	Risk For each hazard, decide level of risk as if you were to do the activity without your controls	Control measures For each hazard, list the measures you will be taking to minimise the risk identified e.g. appointing competent persons, training received, planning and rehearsals, use of personal protective equipment, provision of first aid, etc.	Risk For each hazard, decide level of risk once all your controls are in place
Obstruction/exposed features - Low branches - Tree roots exposed	All persons present at filming.	Low	- Blankets, coats, heaters to warm up persons present - Umbrellas for crew members - Area with covering (small tent) to keep out of rain - Hot drink making facilities	Trivial
Slippery surface If it rains it may cause the mud to become slippery		Low	- Check ground stability on intended shooting location. - Adequate footwear	Trivial (dependant on weather)
Trip hazard - Tree roots exposed - Uneven ground		Medium	- Check ground stability on intended shooting location. - Adequate footwear	Low
Stress/anxiety - Long shooting days - Difficult weather		Low	- Ensure breaks - Adequate planning and time management	Trivial

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Hazards List what could cause harm from this activity e.g. falls from height, trip hazard, fire, etc.	Who exposed List who might be harmed from this activity e.g. staff, contractors, contributors, public, etc.	Risk For each hazard, decide level of risk as if you were to do the activity without your controls	Control measures For each hazard, list the measures you will be taking to minimise the risk identified e.g. appointing competent persons, training received, planning and rehearsals, use of personal protective equipment, provision of first aid, etc.	Risk For each hazard, decide level of risk once all your controls are in place
Physical fatigue - The protagonist will be running through the forest during this scene and may become tired from multiple filming attempts - Crew carrying equipment for long periods of time	Filming crew and protagonist	Medium	- Ensure breaks with water between takes - Ensure participant fitness reviews are carried out before production begins	Low
Litter Public park so littering may have occurred	All persons present at filming	Low	Clean area before and after filming	Trivial

The chance of risk is much higher if I shoot at night, because of this I have decided it would be better to shoot in the daytime.

EMERGENCY PLAN

Possible issue:	Injury
Contingency plan:	- If a mild injury occurs we have a first aider (Lucy Edwards) on site. - For more substantial injuries we have a vehicle on standby to take the casualty to the nearest hospital, Prince Philip Hospital, see map attached.  <u>Directions are as follows:</u> - Llyn Llech Owain Country Park (Church Road, Gorslas, SA14 7NF) - Take Church Road and A476 to A48 in Cross Hands (1.5 miles) - Follow A48, M4 and A4138 to Exchange Row/B4303 in Llanelli (10 miles) - Continue on B4303. Drive to Bryngofal Ward (0.8 miles) - Prince Philip Hospital (Bryngwyn Mawr, Llanelli, SA14 8QF) <i>All maps/directions obtained from Google.</i> - If an extreme injury occurs call 999 immediately.

Possible issue:	Bad weather
Contingency plan:	▪ Ensure equipment is weatherproof ▪ If possible change day of shooting ▪ Ensure protective clothing is available for all persons ▪ Ensure actors in costume are out of the rain in downpours and kept warm between takes
Possible issue:	Illness/absent team member
Contingency plan:	▪ Reschedule filming ▪ If a 'runner' or one extra is absent continue without them
Possible issue:	Damaged equipment
Contingency plan:	▪ Bring spare equipment where feasible

CONTROL MEASURES

Please ensure all control measures have been completed before filming can begin.

<i>Tick when complete</i>	
Complete health and safety briefing prior to shoot on day	
Ensure participant fitness reviews for all cast and crew are completed and reviewed	
Ensure tent is erected to keep equipment protected and offer shelter to cast and crew	
Ensure all equipment is present and working including PPE	
Ensure all cast and crew are present	
Ensure area of filming is clear and clean	
Ensure hot water/drink facilities are available	
Ensure food for break is prepared	
Check ground stability before shooting	

SAFETY VETTING FORM

This form ensures that this production is run productively and compliant with relevant health and safety laws.

Company Details		Person Completing Form	
Company Name:	Gwdihw Productions	Name:	Lucy Edwards
Company Address:	65 Llandeilo Road, Cross Hands, SA14 6RD	Job Title:	Producer
Number of Employees:	12	E-mail Address:	1908981@student.uwtsd.ac.uk

Health and Safety Management

Do you have a health and safety policy in place?

Yes – completed by Health and Safety Executive at ELAS

Who is responsible for health and safety in your company?

Lucy Edwards - Producer

Health and Safety Advice

Who do you go to for health and safety advice?

Health and Safety Executive at ELAS

MANUAL HANDLING

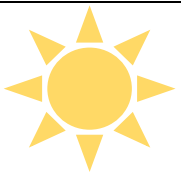
The Tasks <i>Do they involve...</i>	Yes/No	Comments
twisting?	NO	
stooping?	NO	
reaching upwards?	NO	
large vertical movements?	NO	
long carrying distances?	YES	Go pro will be strapped to actors head
strenuous pushing or pulling?	NO	
unpredictable movement of loads?	NO	
repetitive movements?	YES	Dependant on how many takes
insufficient rest & recovery periods?	NO	
a work rate imposed by a process?	NO	
The Loads <i>Are they...</i>	Yes/No	Comments
heavy?	NO	Boom pole and go pro
bulky/unwieldy?	NO	See above
difficult to grasp?	NO	
unstable or unpredictable?	NO	
intrinsically hazardous (sharp edges etc.)		
The environment <i>Are there...</i>	Yes/No	Comments
constraints on posture	NO	
poor floors?	NO	
uneven surfaces?	YES	Woodland
hot, cold or humid conditions?	YES	Dependant on weather
strong air movements?	NO	
poor lighting conditions?	NO	Natural light sufficient
The Individuals <i>Does the job require...</i>	Yes/No	Comments
require unusual capabilities?	NO	
hazard those with health problems?	NO	
hazard pregnant workers or nursing mothers?	NO	
require special training or information?	NO	
Others	Yes/No	Comments
Does PPE interfere with any aspect of the task?	NO	
Are these risks adequately controlled?	YES	
Form completed by:	Lucy Edwards	On: 07/10/2019

PARTICIPANT FITNESS REVIEW

All members of the production, including crew and cast will undertake a participant fitness review relevant to their working activity. See below:

Name:	Ann Actor	Role in Production:	Protagonist
Activity Level <i>Please tick your activity level</i>			
☐ Very low activity level This level is met by the ability to walk and stand for short periods.	☐ Low activity level This level is met by the ability to carry out daily activities such as walking up several flights of stairs, shopping, cleaning the house etc.	☒ Medium activity level This level is met by the ability to undertake more strenuous activities such as regular exercise; jogging, hiking, etc.	
☐ High activity level This level is met by the ability to carry out the strenuous activities listed in the medium activity level more often and for longer periods of time.	☐ Expert activity level This level is met by the individual having the ability to undertake extreme activities ones which may require special licencing, etc.		
Medical Conditions/Allergies <i>Please list any medical conditions that may have an impact on the production</i>			
None			
Medication Taken			
None			
GP Name:	Any	GP Surgery:	Tumble Surgery
GP Contact No:	01269 841289		6 Heol-Y-Bryn, Upper Tumble, Llanelli SA14 6DP

CALL SHEET

Date: 10/10/2019	Call Time: 14:30	Weather: Sunny 15°c		Producer: Lucy Edwards 07826854838
Shooting Location:	Llyn Llech Owain Country Park Church Road Gorslas SA14 7NF	Nearest Hospital to Shoot:	Prince Philip Hospital Bryngwyn Mawr Llanelli SA14 8AQ	
Parking:	On site parking available	Nominated First Aider:	Lucy Edwards (First aid kit on site)	
Scene and Description		Cast	Location	
The scene begins in darkness with the only sound being the laboured breaths of our protagonist. The visuals begin with a point of view shot from the protagonist's perspective. She is slumped against a tree in a cold, bleak forest breathing hard. We see her clothes from the waist down, muddy, torn clothes, unsuited to the woodland she finds herself in. We hear a rustle and a shout, the protagonist heaves to her feet to the sound of her struggling to stand. The protagonist begins a half run, half stumble as she attempts to flee from her assailants. She holds onto a tree for support, the tree has an anti-monster poster. She lets out a sob and we see her twist and turn through the forest until she comes to a clearing with a river. Exhausted she can run no more and falls to her knees. The assailants' approach from behind. The protagonist turns her head and we see that the assailants are the British Army.. The point of view shot changes from her perspective to that of the soldiers, revealing her to be the monster.		Ann Actor Hugh Mann Abe Person	Llyn Llech Owain Country Park	
Cast		Role	Call Time	
Ann Actor		Protagonist	14:00	
Hugh Mann		Soldier #1	14:00	
Abe Person		Soldier #2	14:00	
Transportation:	Minibus scheduled for pick ups	Craft Services:	Warm and cold drinks available from start, buffet laid out at 15:40	
Set Requirements				

Props:	Prop guns x 2, propaganda posters	Special Effects & Make up:	Prosthetics by makeup artists
Vehicles:	None on set (Minibus nearby)	Wardrobe:	Solider uniforms for the soldiers and nomadic clothes for the protagonist.
Set Dressing:	Propaganda posters	Stunts:	None

ACCIDENT REPORT FORM

To be completed in case of accident

[illegible]

SHOT LIST

All shots for this scene will be external.

Scene		Running through the forest	Production Title		'The Chase'
Shot No	Type	Movement	Time of Day	Shot Description	
1	P-O-V of protagonist (Go-pro/action cam)	Sitting	Afternoon	Protagonist is sitting slumped against a tree and we see her looking at her lower body and the clothes she is wearing – muddy, torn and unsuited to the environment.	
2	BLACK AND WHITE	Heaving to feet		We hear a rustle and a shout which causes the protagonist to attempt to get up by heaving to her feet.	
3		Running		Protagonist begins half running half stumbling while she attempts to flee from her assailants.	
4		Holding onto tree		Holding onto a tree for support, tree has anti-monster propaganda poster attached. Protagonist lets out a sob.	
5		Running		Protagonist twisting and turning through the forest	
6		Falling to knees		Protagonist coming to a river and falling to her knees	
7		Turning head		Assailants approach the protagonist as she turns her head and we see the soldiers.	
8	P-O-V of soldiers (Go-pro/action cam) BLACK AND WHITE	Standing		We see the protagonist for the first time.	

FILMING METHODS

Director of Photography:	Flo Tographer	Camera Operators:	P-O-V shots taken with Go-pro on head of protagonist and soldier #1.
Equipment:	▪ GoPro Hero8 Black x2 ▪ Head strap mount x 2 ▪ Rechargeable battery pack x 5 ▪ Rode NTG2 boom mic ▪ Rode boom pole ▪ Boom mic rain cover ▪ Pack of AA batteries (for boom mic) ▪ 64GB SD card		
Position:	▪ Go-pro will be mounted to the head of the protagonist and the soldier, dependant on scenes ▪ Boom pole will be operated by Rick Order		

DYNAMIC RISK ASSESSMENT

List any risks that present themselves on the day of filming

Activity – Each individual activity you are proposing:			Location – Where this activity will take place:	Dates / times: 05/10/2019
Hazards List what could cause harm from this activity e.g. falls from height, trip hazard, fire, etc.	Who exposed List who might be harmed from this activity e.g. staff, contractors, contributors, public, etc.	Risk For each hazard, decide level of risk as if you were to do the activity without your controls	Control measures For each hazard, list the measures you will be taking to minimise the risk identified e.g. appointing competent persons, training received, planning and rehearsals, use of personal protective equipment, provision of first aid, etc.	Risk For each hazard, decide level of risk once all your controls are in place

HEALTH, SAFETY & RISK ASSESSMENT (HPMF4006)

LUCY EDWARDS (1908981)

The purpose of this reflective report is to demonstrate my development and understanding of health, safety and risk assessment in film and media. It is crucial that persons working in film and media have knowledge in aspects of health and safety to ensure safe working practices. Each person is responsible for their own health and safety and they must be aware of how to maintain it, however when you are in charge of a production you must have a health and safety policy in place which adheres to the legislation put in place by the Health and Safety Executive (HSE). I will be reflecting on the challenges I encountered during this process and how I overcame them.

I used the running through the forest scene in my film 'The Chase' in my health, safety and risk assessment portfolio to showcase what I had learnt during this module. I began my portfolio with the outline of my film, including details of the scene in particular I would be focusing on. A large portion of my time spent on this production was dedicated to research which I thoroughly enjoyed. I had never researched a location like this where I would have to consider filming methods etc.

I found this module quite challenging as while I had experience of risk assessments and manual handling policies/plans in a domiciliary care environment I had no previous experience of these elements in the film and media sector. In my experience working in the care sector I had to be very specific and go into great detail about risks and take into account the persons I was conducting risk assessments for were elderly or disabled and vulnerable and therefore required much safer, steady and secure environments. I found it hard to transfer this over and I feel that I was looking too hard for potential risks while conducting my risk assessments in Dolaucothi Gold Mine and Llyn Llech Owain Country Park. I feel that my lack of knowledge in health and safety in film was quite a detriment to me during this module but it has helped me learn to adapt risk assessments to the persons involved a lot more efficiently.

I also found it quite difficult to keep to the word count as I had a lot of forms to complete as part of my portfolio which simply could not be left out.

Originally I planned to make a film in Dolaucothi Gold Mine after visiting with the university as I was able to conduct a full risk assessment there and obtain a copy of their risk assessment. However I felt that this location did not suit my desired visual elements and I felt that Llyn Llech Owain Country Park sparked my creativity more. Furthermore, Llyn Llech Owain was a lot closer to my home address and was one of the contributing factors when reviewing country parks and areas with rivers, lakes and woodland on google. I feel that due to living close to this area I would be able to provide better directions to persons involved in the production and would feel more confident as I could visit the location more frequently to monitor its hazards and any changes that might have occurred.

While researching Llyn Llech Owain Country Park I came across a website with information on it's location, it's folklore, opening times for park, café and visitors centre, it's status as a Site of Specific Scientific Interest, pricing, directions, parking and contact details. This information was very useful to my research and I was able to determine when I could shoot, where I could park and how I could contact them.

Website: <http://www.pembreycountrypark.wales/things-to-do/llyn-llech-owain-country-park/>

In addition to this a google maps search provided me with information on the local emergency services like the nearest hospital, fire station and police station.

I also learnt to adapt to change ideas through the usage of risk assessments as initially I had planned on shooting the film at night but upon completing the risk assessment, I realised that the likelihood of risk was significantly higher with the following hazards:

- Cold environment - The temperature would be considerably colder in the night, particularly in the autumn. This would also increase the risk of physical fatigue and stress.
- Object falling, moving or flying – Due to low visibility the risk of injury occurring due to an object falling, moving or flying is increased.
- Obstruction/exposed features – Due to low visibility the risk of injury occurring due to an obstruction or exposed feature is increased.
- Slippery surfaces and trip hazards – Due to low visibility persons present at night time filming are more likely to slip, trip and hurt themselves.
- Stress and anxiety – As it is dark and cold cast and crew may have increased stress and anxiety.

In addition to this filming at night would require additional lighting, increasing cost and manual handling. Also due to its opening times the park may refuse to allow us in after closing time and due to the late time staff would not be on site and due to its remote location it would take time to bring in support.

I also wanted to reveal that the protagonist was a monster by having her look at her reflection in the lake however I deduced that the risk of harm from the proximity to a deep body of water (especially at night) was too high. Another reason why I chose not to film by the lake is that the lake is surrounded by a peat bog which makes it a Site of Special Scientific Interest and that by filming in this area we could cause irreversible damage the eco system.

Another factor I had to take into consideration upon conducting the risk assessment was that the area by the lake had very minimal trees and did not match my mood board or ideas for visual elements. However when scouting out the area I found a location which had more trees, presented less risk and met the criteria in my visual elements much more closely.

I carefully considered all these factors and came to the conclusion that not only would it be more effective to shoot the film in the day time but that we could film it in a way which would not reduce the tension and atmosphere we planned to create in the production.

In conclusion I feel that during the process of this module, during classes, reading policies and conducting risk assessments I have learnt a lot more about health, safety and risk assessments in the film sector and have a greater respect and level of appreciation for people that conduct these sorts of activities on a daily basis. While I understand the importance in health, safety and risk assessments in film I feel that it is not something that I would like to pursue solely as a career as I feel I am much more suited to creative projects than its practical elements. However, I feel that it will be very beneficial to have this knowledge and understanding once I graduate and search for a career in the film and media sector.

Attached are photos taken on my location review, I hope to use this location again in future:



