



# **“Enhancing the Visual Presentation of Outcome Measures in Older Adult Mental Health”**

***Jessica Derrett***  
**12/01/2026**



Role Checklist Version 3 (RCv3)

Role Checklist Version 3 (RCv3) Large Print

1.

For each life situation (role), indicate by circling either YES or NO, your current participation in this role. **PLEASE be sure you make a selection for each role.**
2.

For each role circled **YES** (currently doing), please indicate your general level of satisfaction with your participation from (1) dissatisfied most of the time, to (4) satisfied most of the time.
3.

For each role circled **NO** (currently not doing), please indicate any interest in future participation.

| Role                                                                                                                                         | Yes<br>or<br>No | Circle your response          |                               |                                       |                                   |
|----------------------------------------------------------------------------------------------------------------------------------------------|-----------------|-------------------------------|-------------------------------|---------------------------------------|-----------------------------------|
| <b>STUDENT:</b><br>Attending school on a part-time or full-time basis                                                                        | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |
| <b>WORKER:</b><br>Part-time or full-time paid employment                                                                                     | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |
| <b>VOLUNTEER:</b><br>Donating services, <b>on a regular basis</b> , to a hospital, school, community, organization, and so forth             | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |
| <b>CAREGIVER:</b><br>Responsibility, <b>at least once a week</b> , for the care of someone (ex. child, spouse, partner, relative, or friend) | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |
| <b>HOME MAINTAINER:</b> Responsibility, <b>at least once a week</b> , for the upkeep of the home (ex. Cleaning, meal preparation, yard work) | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |
| <b>FRIEND:</b><br>Spending time doing something, <b>on a regular basis</b> , with a friend                                                   | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |
| <b>FAMILY MEMBER:</b><br>Spending time such as visiting, sharing a meal, <b>on a regular basis</b> , with a family member                    | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |
| <b>RELIGIOUS PARTICIPANT:</b> Involvement, in groups or activities about one's religion                                                      | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |
| <b>HOBBYIST/AMATEUR:</b> Involvement <b>on a regular basis</b> , in a hobby or amateur activity such as woodworking, or sports               | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |
| <b>PARTICIPANT IN ORGANIZATIONS:</b><br>Involvement, on a regular basis, in community organizations such as civic, political, and so forth   | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |



Role Checklist Version 3 (RCv3)

Role Checklist Version 3 (RCv3) Large Print

1.

For each life situation (role), indicate by circling either YES or NO, your current participation in this role. **PLEASE be sure you make a selection for each role.**
2.

For each role circled **YES** (currently doing), please indicate your general level of satisfaction with your participation from (1) dissatisfied most of the time, to (4) satisfied most of the time.
3.

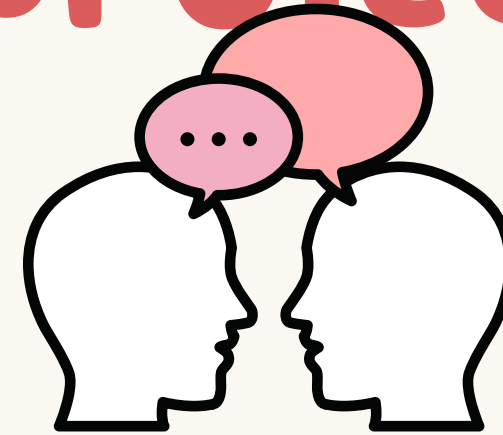
For each role circled **NO** (currently not doing), please indicate any interest in future participation.

| Role                                                                                                                                         | Yes<br>or<br>No | Circle your response          |                               |                                       |                                   |
|----------------------------------------------------------------------------------------------------------------------------------------------|-----------------|-------------------------------|-------------------------------|---------------------------------------|-----------------------------------|
| <b>STUDENT:</b><br>Attending school on a part-time or full-time basis                                                                        | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |
| <b>WORKER:</b><br>Part-time or full-time paid employment                                                                                     | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |
| <b>VOLUNTEER:</b><br>Donating services, <b>on a regular basis</b> , to a hospital, school, community, organization, and so forth             | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |
| <b>CAREGIVER:</b><br>Responsibility, <b>at least once a week</b> , for the care of someone (ex. child, spouse, partner, relative, or friend) | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |
| <b>HOME MAINTAINER:</b> Responsibility, <b>at least once a week</b> , for the upkeep of the home (ex. Cleaning, meal preparation, yard work) | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |
| <b>FRIEND:</b><br>Spending time doing something, <b>on a regular basis</b> , with a friend                                                   | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |
| <b>FAMILY MEMBER:</b><br>Spending time such as visiting, sharing a meal, <b>on a regular basis</b> , with a family member                    | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |
| <b>RELIGIOUS PARTICIPANT:</b> Involvement, in groups or activities about one's religion                                                      | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |
| <b>HOBBYIST/AMATEUR:</b> Involvement <b>on a regular basis</b> , in a hobby or amateur activity such as woodworking, or sports               | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |
| <b>PARTICIPANT IN ORGANIZATIONS:</b><br>Involvement, on a regular basis, in community organizations such as civic, political, and so forth   | <b>YES</b>      | Dissatisfied Most of the time | Dissatisfied Some of the time | Satisfied Some of the time            | Satisfied Most of the time        |
|                                                                                                                                              | <b>NO</b>       | I would like to do this NOW*  |                               | I would like to do this IN THE FUTURE | I am NOT INTERESTED in doing this |



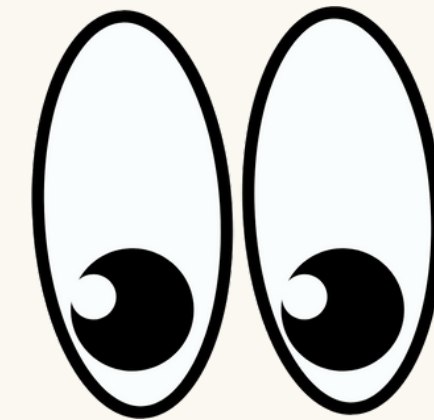
# Why this project?

- Staff feedback



- Patient's benefit from visual results

Peter S. Houts, et al(2006)



- Encourage good communication and joint working

NICE,(2018). Legislation(2026).

NHS Wales(2026).



- Achievable goal within my role



# PDSA Cycle

**Plan**

Design visual  
templates

**Do**

Test with staff



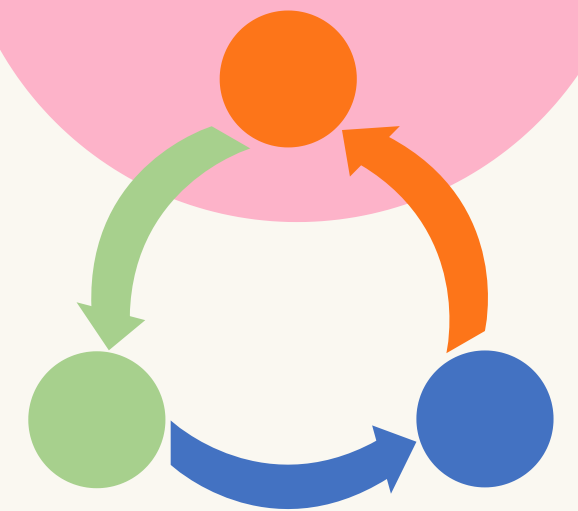
**Study**

Gather feedback

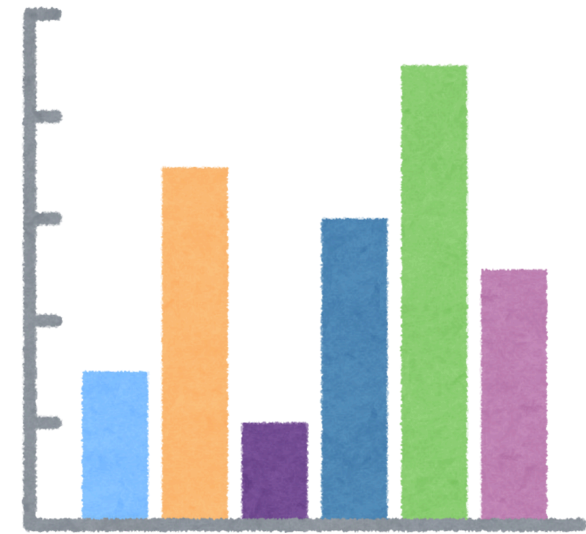


**ACT**

Refine and plan  
next cycle



Identified challenges with role checklist



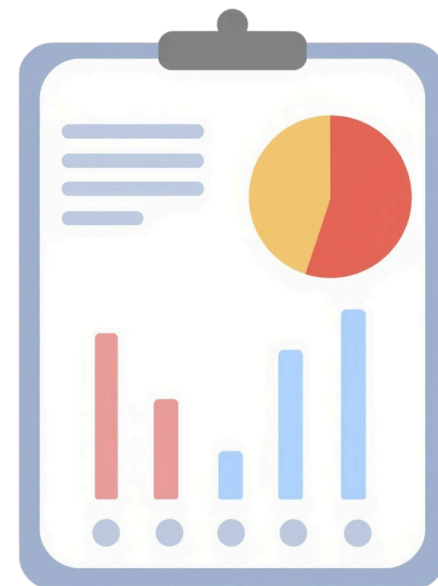
Research different graphs

**Plan**

Discussed with OT staff



Gathered data



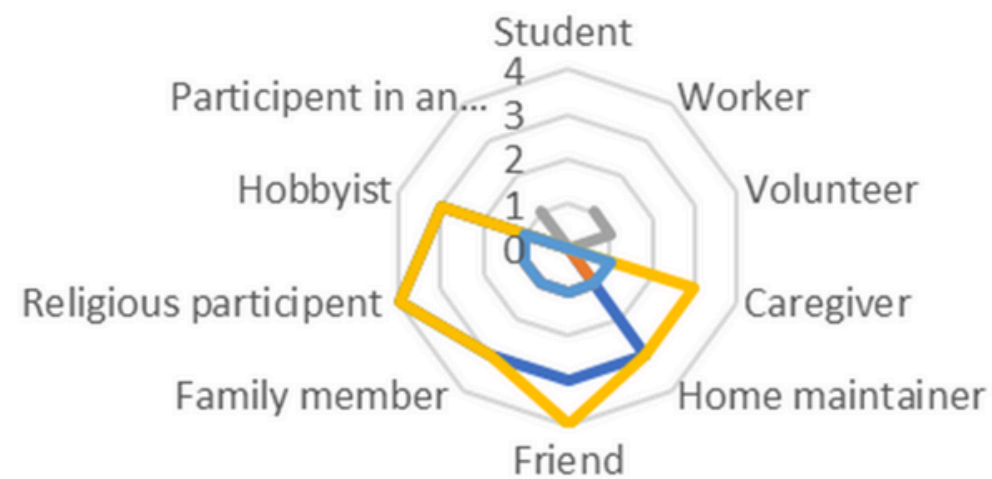


# Prepared different graphs

## Radar Graphs

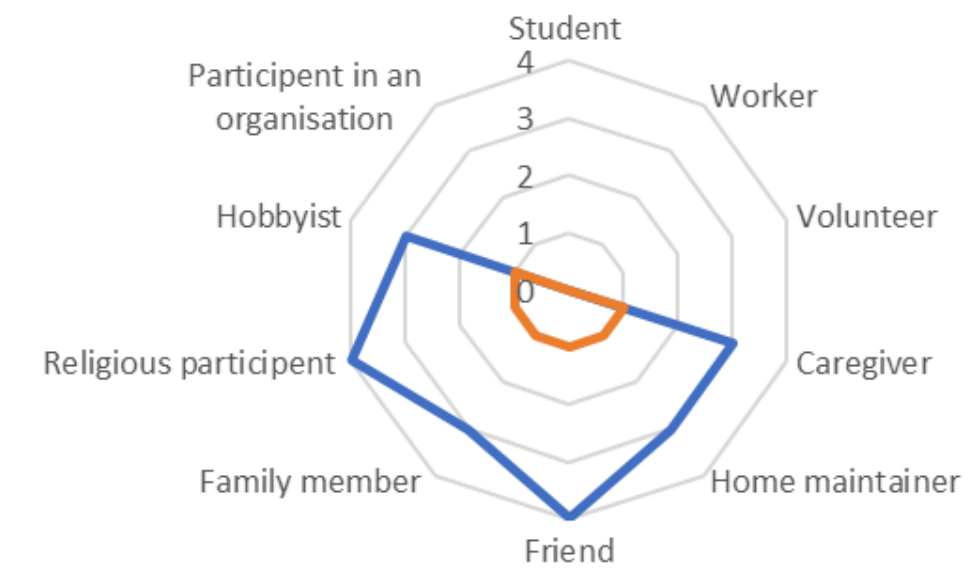
Role Checklist

Pre intervention Satisfaction    Currently doing  
Interested in the future    Post intervention Satisfaction  
currently doing    Interested in the future



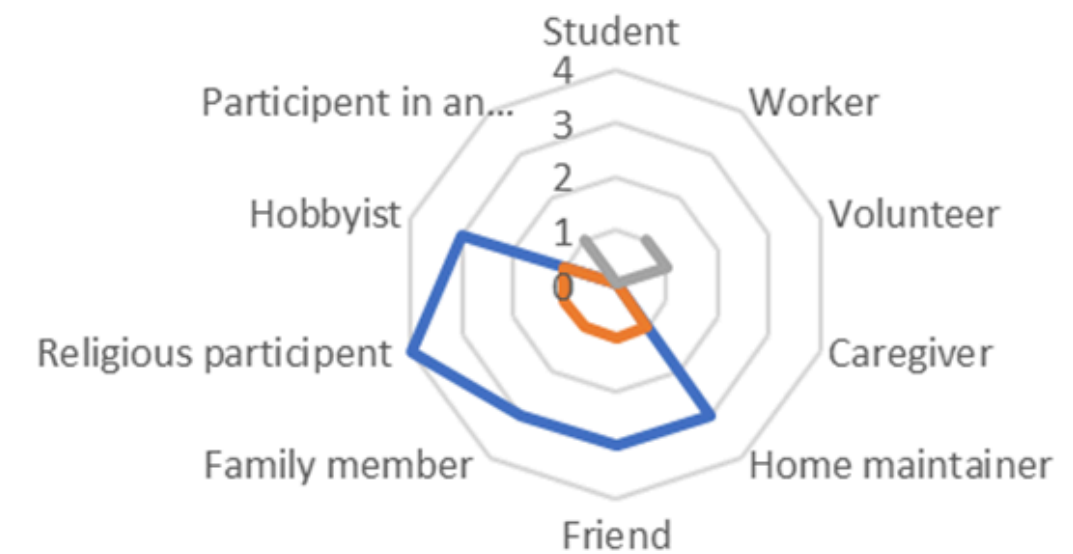
Post intervention

Post intervention Satisfaction    currently doing    Interested in the future



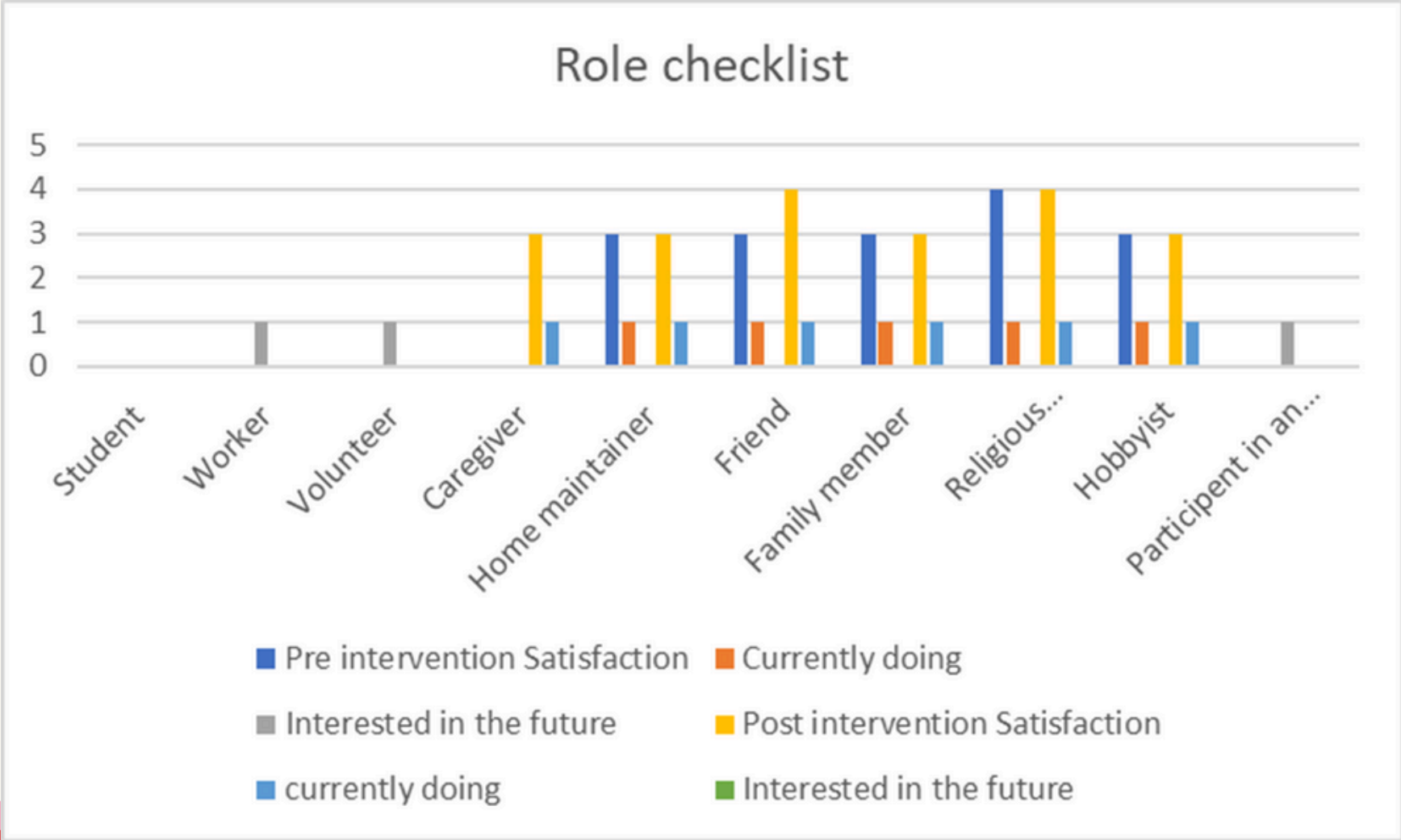
Pre intervention role checklist

Pre intervention Satisfaction    Currently doing  
Interested in the future



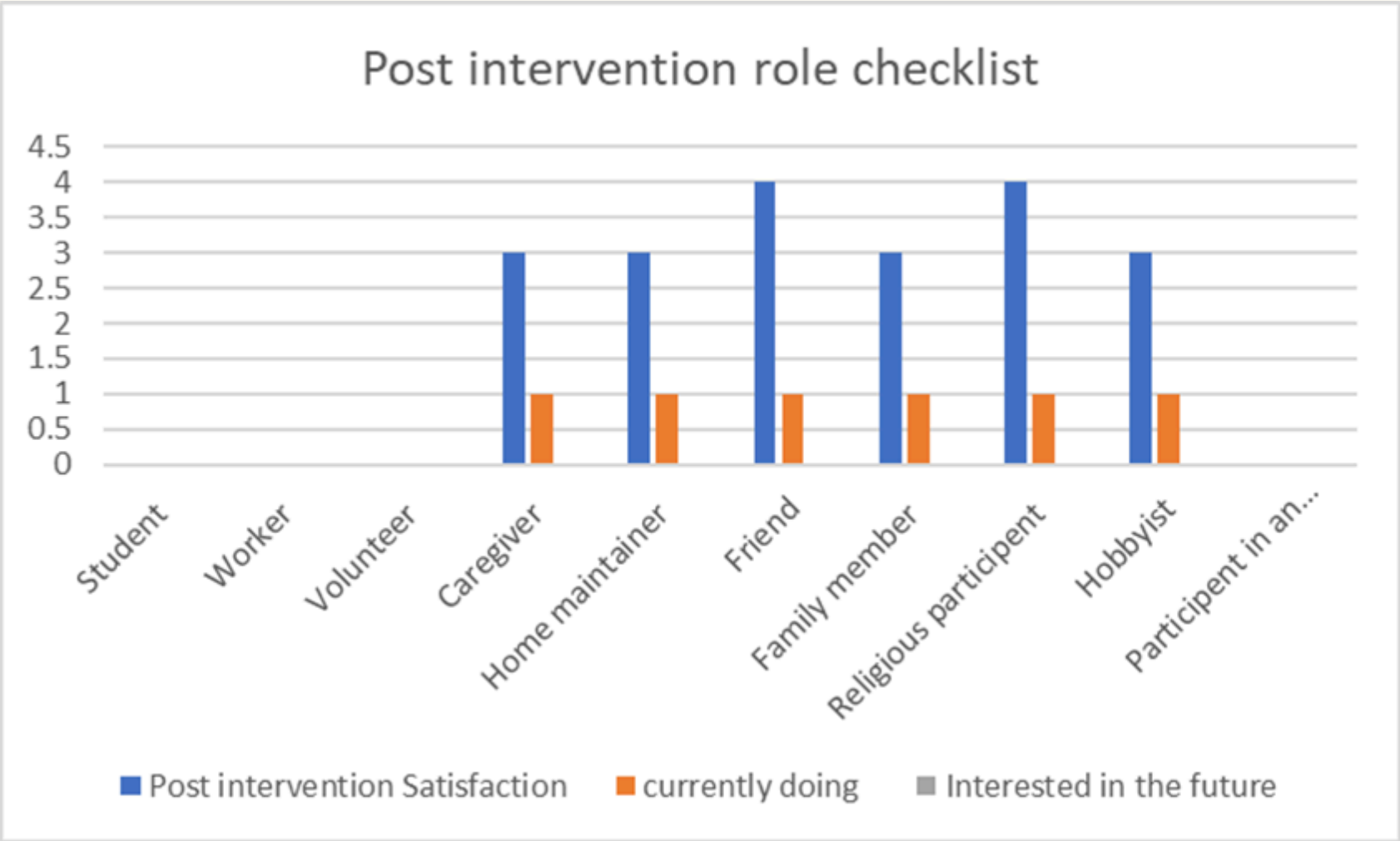
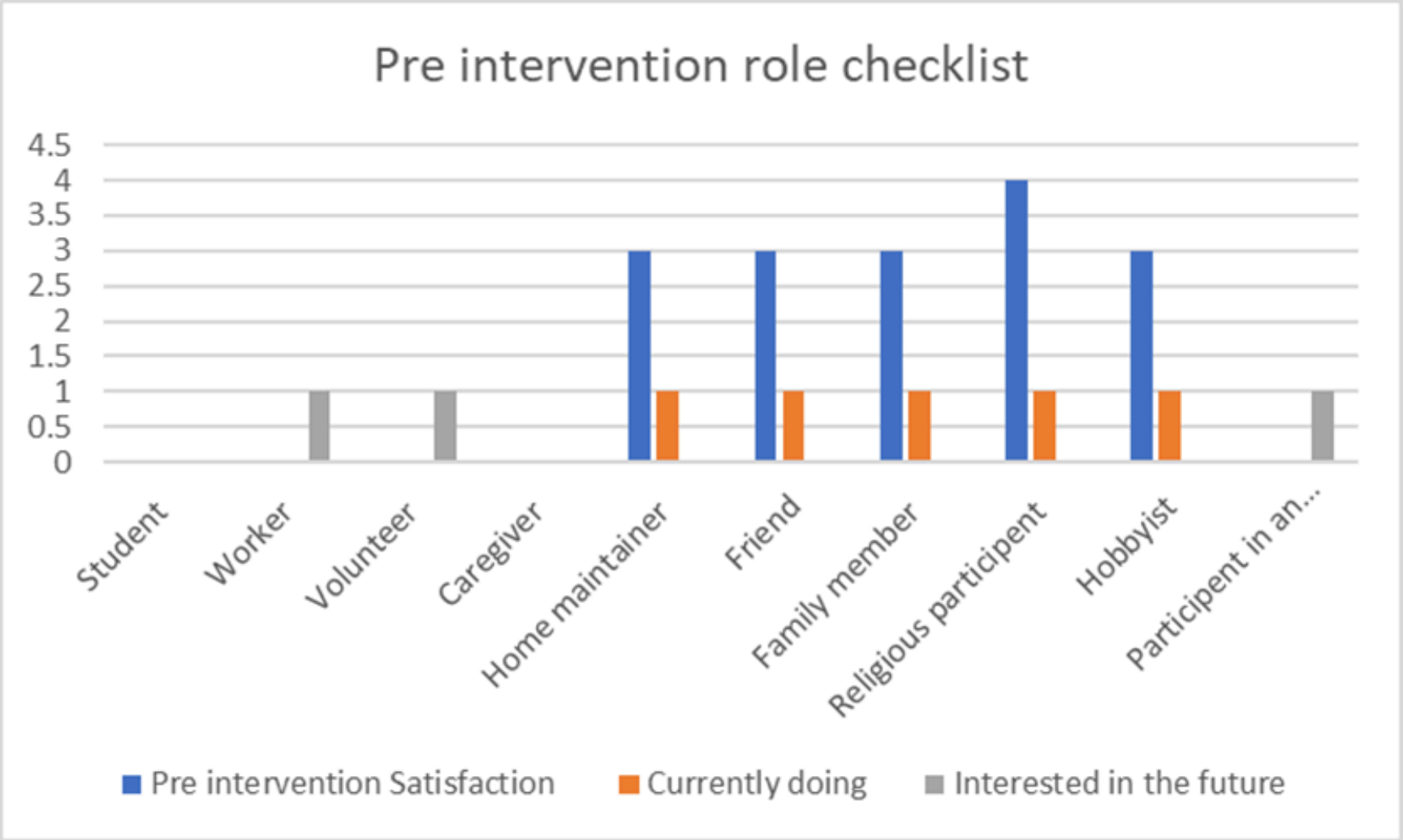


# Bar Charts



NEXT ➡

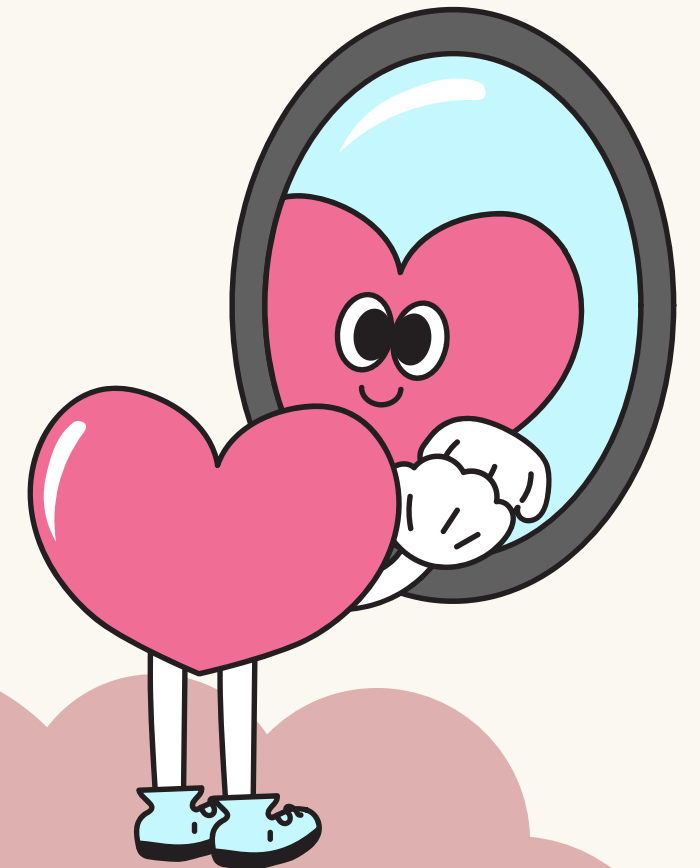
Provided to colleagues for evaluation



# Study

Evaluated feedback from OT  
staff and wider MDT team

## Visual outcome feedback – Results



Reflected on my work but also  
my role in this going forward



- Modified the graphs with the feedback



- Use the visual outcomes in our DTA group



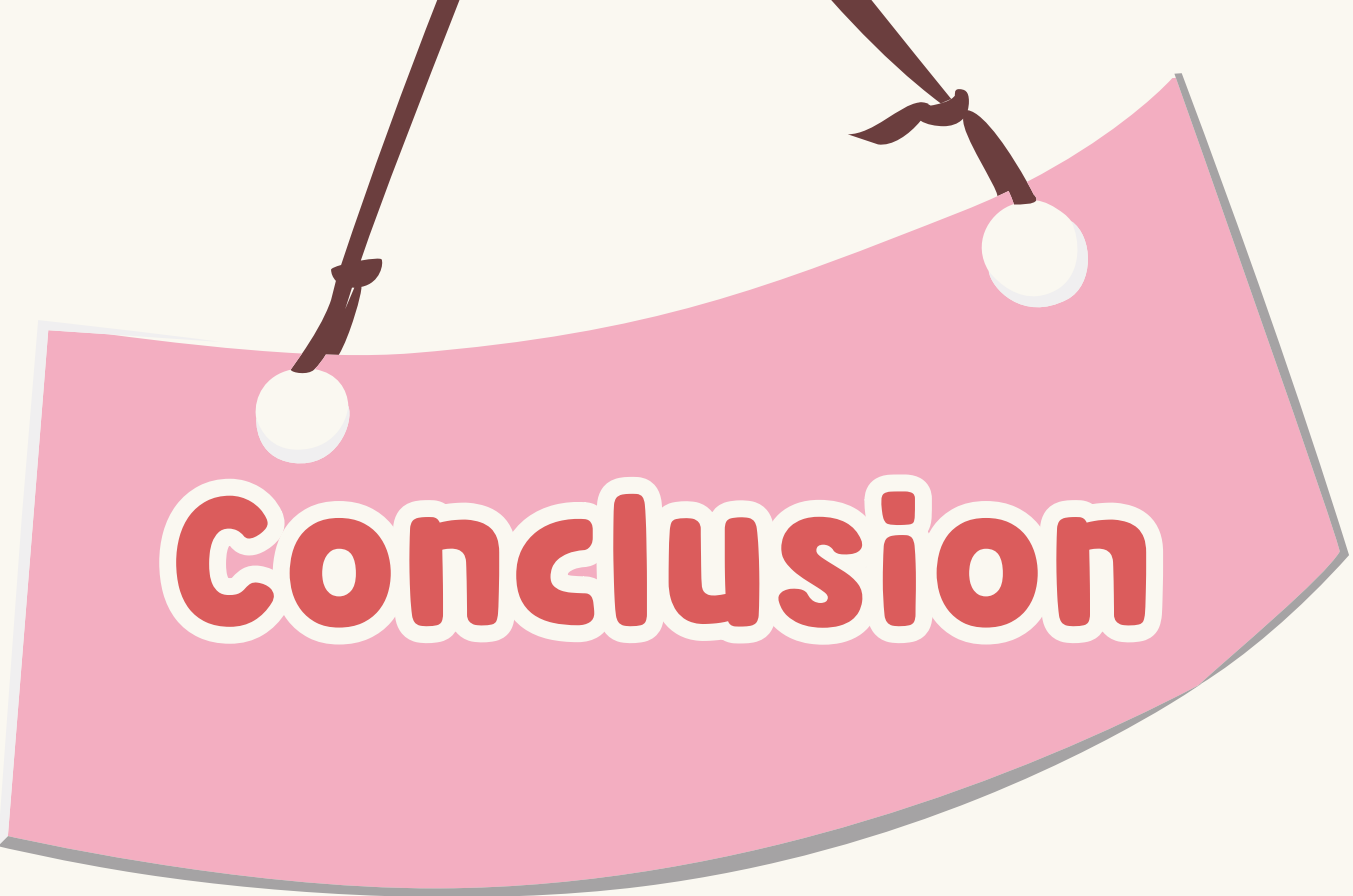
- Gain feedback from patients



- Introduce to wider OT community



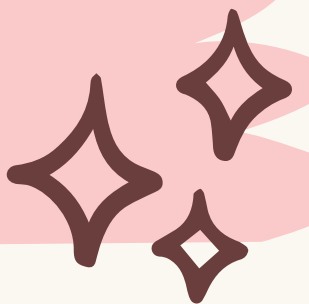
- Implement this as part of role

A pink, torn-edge banner hangs from a dark brown string with two white circular knots. The word "Conclusion" is written in a bold, red, rounded font with a white outline. The background is light pink with abstract, darker pink wavy shapes in the corners.

# Conclusion

From doing this project I have felt that I have grown in confidence with my planning, collaborative working, which has improved my leadership skills. It also shows how visual tools can be used through out out work as occupation therapists and the wider team. Using the PDSA cycle going forward will help the progression of making outcomes more visual to patients and professionals.

The background features soft, abstract pink shapes in the corners: a large one in the top right, a smaller one in the bottom left, and a faint one in the bottom right.

Two simple line-art paper clips are positioned to the left of the word 'Thank'.  
**Thank**  
**You** Three small, four-pointed star sparkles are located to the right of the word 'You'.



# References

- Legislation.gov.uk(20100, equality ACT 2010, pART2, Available at:<https://www.legislation.gov.uk/ukpga/2010/15/section/20>, (accessed on 29<sup>th</sup> of January 2026).
- National Institute of Health and Care Excellence, (2018), Dementia: assessment, management and support for people living with dementia and their carers, Available at: <https://www.nice.org.uk/guidance/ng97> (accessed 29<sup>th</sup> January 2026).
- Peter S. Houts, Cecilia C. Doak, Leonard G.Doak, Matthew J.Loscalzo, (2006) Patient Education and Counseling: The role of pictures in improving health communication: A review of research on attention, comprehension, recall, and adherence. 2<sup>nd</sup> edn. Ireland: Elsevier Ireland Ltd.
  - Public health Wales, (2026), NHS Wales Working Together Toward Common Goals: Outcome Measurement in Wales, Available at: <https://phw.nhs.wales/services-and-teams/improvement-cymru/our-work1/mental-health/outcome-measures/framework/>(accessed 3<sup>rd</sup> February 20206)
  - Royal College of Psychiatrists (2024), Outcome measures in psychiatry, Available at:[https://www.rcpsych.ac.uk/docs/default-source/improving-care/better-mh-policy/college-reports/college-report-cr240-outcome-measures-in-psychiatry.pdf?sfvrsn=3d5adc4e\\_5](https://www.rcpsych.ac.uk/docs/default-source/improving-care/better-mh-policy/college-reports/college-report-cr240-outcome-measures-in-psychiatry.pdf?sfvrsn=3d5adc4e_5), (Accessed 22<sup>nd</sup> January 2026).