

Assessment 1

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- Module code: BMHP6022
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Assessment of the health and social care needs in Newham

Definition of terms

Health

Newham– The London Borough of Newham was established in 1965 by the London Government Act 1963. It encompasses land previously managed by the Essex county boroughs of West Ham and East Ham, both of which were disbanded by the same legislation.

Health– is a comprehensive condition of physical, psychological, and social well-being, not only the absence of sickness or infirmity. (WHO–2023)

Health care needs– are requirements for the treatment, control, or prevention of a disease, sickness, accident, or disability, as well as the care or aftercare of a person with these requirements (whether or not the actions involved must be performed by a health professional). (Acheson, 1978).

Social care needs– are needs that focus on assisting with activities of daily living, maintaining independence, social interaction, allowing the individual to play a fuller part in society, protecting them in vulnerable situations, assisting them in managing complex relationships, and (in some cases) accessing

Mental illness

- In Newham, mental illness is a factor in self-harm and suicide..
- Every year, around 70,000 Newham inhabitants suffer from a common mental health disorder, and 29,000 are plagued by anxiety and despair at any given moment.

Policies in Newham

1. Equality and diversity- (Newham Council n.d)
2. Safeguarding policy- (Newham Council, 2021)
3. Housing policy- (Newham Council, 2021)

Demographic ethnic differences

- Newham is one of the most ethnically diverse boroughs in London.
- According to the 2011 census, the largest ethnic group in Newham is Asian (43.5% of the population).
- The second-largest ethnic group is White British (16.7%).
- Black British (14.3%), Mixed Race (12.2%), and Other Ethnic Groups (13.3%) also make up a significant proportion of the population.
- Within the Asian group, the largest subgroups are Indian (19.6%), Pakistani (10.4%), and Bangladeshi (8.4%).
- Newham is also home to a significant number of people from Eastern Europe, with Polish being the largest Eastern European group (2.9% of the population).
- The population of Newham is relatively young, with a median age of 32.2 years, and 38% of the population aged under 25.
- Newham is an example of a "super diverse" area, meaning that there is no single dominant ethnic group, and instead, there is a high degree of ethnic and cultural diversity

Newham Population Characteristics

- ▣ 53% of the population are male and 47% female (mid-2020 ONS MYE)
- ▣ **Population by race in Newham, 2021 census**
- ▣ **Asian** - 148,187 people or 42.2%
- ▣ **White** - 107,947 people or 30.8%
- ▣ **Black** - 61,302 people or 17.5%
- ▣ **Other** - 17,175 people or 4.9%
- ▣ **Mixed** - 16,419 people or 4.7%

Exiting technology media

1. Social media platforms (Grajales III et al 2014)
2. Wearable technology devices (Patel et al 2015)
3. Telehealth (Bashur et al 2016)
4. Electronic health records (Hilistead et al., 2005)

Legislations act

Mental capacity act 2005

Care act 2014

Health and social care act 2008

Children act 1989

Equality act 2010

HEALTH AND ADULT SOCIAL CARE IN NEWHAM LONDON

- In Newham, the population size has increased by 14.0%, from around 308,000 in 2011 to 351,100 in 2021.
- Newham is the eighth most densely populated of London's 33 local authority areas

References

- Acheson, R. M. (1978). The definition and identification of need for health care. *Journal of Epidemiology & Community Health* , 32(1), 10–15.
- MacQueen KM, McLellan E, Metzger DS, Kegeles S, Strauss RP, Scotti R, Blanchard L, Trotter RT 2nd. What is community? An evidence-based definition for participatory public health. *Am J Public Health*. 2001 Dec;91(12):1929–38. doi: 10.2105/ajph.91.12.1929. PMID: 11726368; PMCID: PMC1446907.