



JULIE FUNMILOLA NOLA

2018140

BMSW4001

ACADEMIC AND EMPLOYABILITY

ACE PRACTICAL PORTFOLIO

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INTENDED CAREER

INTRODUCTION

- ▶ I will be presenting my intended career to be a Senior Support Worker after I finish my course. I will use SWOT analysis to identify my strengths, weaknesses, opportunities and threats.
- ▶ I will be focusing on time management tools, analysing my academic and employability skills, personal development plan (PDP) and action plan.

MY CURRENT ROLE

- ▶ I am currently working as a Physical Health Support Worker assisting service users before they go for their injection. My role is to check the readings of their blood pressure, heart rate, saturation level, temperature, weight and also take their blood.
- ▶ If any abnormality is detected in these readings, I inform the nurses and the doctors (Nursing and Midwifery Council, 2015)

INTENDED CAREER

- ▶ (Jones, 2018) states “the role of a senior support worker combines a support work role with managing a team. As well as carrying out the same tasks as a support worker, you will have the responsibility for supervising other staff and volunteers across a cluster of roles within the department, encouraging and inspiring them to offer the highest standards of support to clients.”
- ▶ During this course, I will be building my skills towards achieving my intended career as a Senior Physical Health Support Worker.

MY ACTIONS

- ▶ To be a competent Senior Physical Health Support Worker, I will have to complete mandatory training on physical health and also undertake different other courses which are related to monitoring the physical health of the service users.
- ▶ I will be able to train volunteers and Physical Health Support Workers after successfully completing this course.

WHAT I WANT TO ACHIEVE

- ▶ Influenced by (Genellen, 2007) by the end of this term, I will aim to transform some of my weaknesses into strengths such as improving on my time management and being able to reflect on my experience as a Physical Health Support Worker.
- ▶ To improve on my academic writing skills by adhering to comments on my essays and to make use of any opportunities available.

Strengths and Weaknesses

- ▶ My strengths are: active listening, tolerance, punctuality, flexibility, working under pressure and being a team player.
- ▶ I want to be able to strengthen my skills in academic writing as this is a weakness for me. I will practice constructing grammar, use of paraphrases, incomplete sentences and inappropriate use of commas.

PERSONAL DEVELOPMENT PLAN

- ▶ Setting up my personal development plan (PDP) will enable me to set myself realistic goals that are achievable within the time limit of my personal and professional life towards achieving some learning skills.
- ▶ (Cotrell, 2019) highlights the importance of group discussions, reading magazine and newspapers to improve my writing skills.
- ▶ Part of my Personal Development Plan is to read different books on academic writing skills and work on feedback from my manager and my colleagues.

REFERENCES

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- ▶ Genellen, R. J., (2007) 'Assessing normal and abnormal personality functioning: Strengths and weaknesses of self-report, observer, and performance-based methods Journal of Personality Assessment' 8 (1), pp.30-40.
- ▶ Jones, J., (2018). 'The BAWSO Diogel Project. An Interview with Imogen Gunner, BAWSO Trafficking Senior Support Worker' (January 3, 2018). Onati Socio-Legal Series, 8 (1)
- ▶ Nursing and Midwifery Council (2015). 'The Code: Professional standards of practice and behaviour for nurses and midwives'. NMC. Retrived from <http://www.nmc-uk.org/Documents/NMC-Publications/NMC-Code-A5-FINAL.pdf>