

THE SOCIETY OF SPORTS THERAPISTS



Sports Trauma Management 9. Exposure, Environment & Everything Else e. Emergency Action Planning

16 Royal Terrace, Glasgow, G3 7NY, T: 0845 600 2613, F: 0141 332 5335, W: www.society-of-sports-therapists.org, E: admin@society-of-sports-therapists.org



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Emergency Action Plans

- Developed through a risk assessment that considers
 - Sporting environment
 - Communication
 - Skill retention
 - Team work
- Includes
 - Standard operating procedures
 - Minimum standards of equipment
 - Responsibilities for equipment check & maintenance

At Training & Match Venues



EAPS:-

1. Define roles & minimise errors
2. Regular equipment & maintenance checks
3. Risk assessment & planning for new environments
4. Effective lines of communication
5. Standards for skill training & retention
6. Training, Home & Away venues
7. Reflective practice & learning through clinical governance





- Benefits of EAPs
 - Reduces stress for medical staff
 - Minimises mistakes
 - Minimises equipment failure through checks
 - Improves team working
 - Improves player care
 - Supports minimum standards of care for ALL scenarios
 - Reflection, learning, significant event analysis & audit