

Reflection Work Assignment

Back to study

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For the purpose of this reflection , I will be using Gibbs (1988)

Description :

I am the kind of person who fights for dreams to come true, I decided to enroll at University after a discussion with a client (I'm Beauty Artist), after this discussion with my customer and some searches related to the University ,I was glad to see that what I wanted this University have .

In the first year I have the opportunity to participate in the course Certificate in Higher Education Skills for the workplace level 4 , doing a search I saw that this course have all the necessary modules for my training . Everything went well for the interview.

In the Mid-September I had my first meeting with Teachers and Colleagues, was Induction week.

Being here for me is a great achievement to be part of this great team , I am confident that I made the best choice and Trinity Saint David University of Wales will prepare me for a much better future .

Feelings

For me , the must hard step was the interview , I went through a series of feelings (insecure, stress, fear of falling) ,even though I was prepared very well for the interview. But all these feelings disappeared when the interviewing person started with questions .

To be honest , the moment when I received the confirmation it was amazing it made me weeping ,(It's childlike but true).

Another difficult step, Induction day , I was so excited but also very worried ,among so many thoughts, emotions etc.

It's something what I won't forget the friendly smile of tutor Laura when I entered in the classroom , and The success story of Alina a colleague from year six . I am sure all this year I will be stressed because I like perfection and I want to be a hardworker student and a successful future business person !

Evaluation

If I look in the past , although it hasn't been long since then ,I've learned a lot about "student life".From the beginning I've worked on my personal development. Our teachers gives us a lot of challenges(in a good way)but this help me to organize my time and to achieve what I want, and to become a professional manager.I'm thrilled to be a part of this marvelous study group where we encourage each other,We received more support from tutors,than I expected.Up to this point I can't say that something was not gone as planned.But for my hardest part was to divide the time between adult and student life.

Analysis

What made me return to student life , it is largely the desire to grow to perfect myself . I want to be proud of myself when I look at what I have achieved , I want to discover my weaknesses and my goal , I want improve both these things . This is amazing I have just a month like a student and I discover few weaknesses ,first one my writing .

The University where I study , it provides us with a virtual Library where I found a new friend who explains me and guides me ,her name is Stella she learned me 10 considerations for developing my own writing process . (Stella Cottrell 2019 p 276)

Another weakness that I have and I analyze is Procrastination , 95% of students have this problem . Definition of Procrastination :

Procrastination comes from the Latin pro, meaning "forward, forth, or in favor of," and crastinus, meaning "of tomorrow". (Procrastinus and online).

Rosemary Black says Glossophobia, or a fear of public speaking, is a very common phobia and one that is believed to affect up to 75% of the population." As a good manager in the future I want to have a fluent speech and this phobia worried me because I have this problem. (PSYCOM 2019 online)

Conclusions

Personally, I learned to find my weaknesses to analyze team, I will do more searches, I will organize my time better to achieve my goals.

My and my colleagues are at the beginning of the road, we are probably lost all, it is a new beginning and we must be positive.

I am a person who learns from mistakes and that makes me positive. From this experience return to study I learn a lot. I learned to integrate into a group again and accept criticism from my tutors.

I have learned that a person who has the will can overcome anything, for me being a student again was a forgotten dream, and now I am part of an amazing study group.

About my skills, I am an ambitious person and I will turn my weaknesses into skills in a short time I am sure I can do that!

I could have prepared my academic writing better, I am frustrated that I know I can do better than that.

I had to organize the time before I started my studies.

I should work harder on my personal development to have more courage in my point of view, to give a speech without being frustrated that I do not speak or I do not have a perfect accent in a foreign language.

Action plan

Stella Cottrell , I found this book at the University Library and it is easy to understand for my ,so I decided to buy it and study it book hard improv my skills.

I actually started copying the book onto a notebook , for two reasons ,I learn very well if I write and improve my writing .

I started to organize my time by writing down my schedule in the diary every hour .

I started removing non-permanent customers from my schedule ,and I will make appointments only 2 days a week in addition to the fact that I will charge a deposit for book in .

Every day I will allocate 2-4 hours to study .

The solutions found to be able to speak in public :

- I have noticed that the more I write, the easier the pronunciation of words become .

- I found two adorable British movies that help me a lot to speak correctly and I enjoy watching them while I learn , (the name of the movie is (The Last Kingdom and MERLIN)

- It sounds silly but I started talking in the mirror . I know that , many psychologists say it is the best place for self –criticism .