

Physiotherapist

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Academic And Employability Skills, Level 4

Overview - Introduction

- Why I have chosen to become a Physiotherapist
- Employability skills required
- Academic skills required
- What I have to offer – employability skills
- What I have to offer – academic skills
- SWOT Analysis
- Personal development planning (PDP)
- Published literature
- Conclusion

Why I have chosen to become a Physiotherapist?

- Working with people to help them live more fulfilling lives is something I'm passionate about.
- My previous experience was in the medical field.
- My first job was as a volunteer assistant in an (ICU) Intensive Care Unit.
- For the past ten years, I have worked as a live-in caregiver and in domiciliary care.
- I am a caring, kind, sensitive person who wants to make a difference and help people improve their mental and physical well-being.

Employability skills required – explanation and examples

- Good Interpersonal skills
- Excellent communication skills
- Decision making
- Time management and organisational skills
- Team working skills
- Presentation skills

Academic skills required

- A thorough knowledge of anatomy and physiology
- Report writing
- Research skills
- Professional courses and Accreditations and further specializations
- Digital skills
- Critical thinking and analysis

What I have to offer – employability skills

- I've been in the care industry for over ten years (hardworking, patient, kind, caring person who wants to make a difference).
- Working in an ICU and being a carer provided me with practical experience.
- I've worked in an office setting in the creation of care plans (care plans and completing assessments).
- Decision making and time management are key parts of my current position.

What I have to offer – Academic skills

NVQ in Health and Social
Care

Dementia qualification

Experience with writing
up client notes

Emergency situation –
filling up Incident reports

SWOT analysis

- Strengths – ‘hands on’ practical experience
- Weaknesses – new to higher Education, develop critical thinking analysis, enhanced digital skills
- Opportunities – Passionate about role and to learn new academic skills
- Threats – make adequate time to focus on studies

Personal Development Plan (PDP)

- Shadow a physio
- Further courses in areas of specialization
- Register as a physio with Health and Care council

References and published literature

- Global Pre-Meds (2014) *Becoming a physiotherapist*, <https://www.globalpremeds.com/2014/04/22/becoming-a-physiotherapist/> [accessed March 26, 2021]
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Conclusion

- Hard work and dedication
- Commitment
- Achieve my goal of being Physiotherapist
- It will be worth it!

