



## Reflection on Learning Styles

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| Learning Style Highlighted | Explain in a few words: <ul style="list-style-type: none"><li>• The method recognised</li><li>• Key points according to the definition</li></ul> |
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| Personal Response | <ul style="list-style-type: none"><li>• What was your initial response?</li><li>• Could you link the style with any prior learning?</li><li>• Did it make sense?</li><li>• Give an example.</li></ul> |
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| Effects and Consequences | <ul style="list-style-type: none"> <li>• Reflecting on learning styles what effect did these have on your awareness of learning?</li> <li>• Would this knowledge have supported your development?</li> <li>• What factors will need to be considered to ensure effective learning?</li> </ul> |
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| Relating the Learning | <ul style="list-style-type: none"> <li>• Identify an example of work-based learning</li> <li>• How did you learn?</li> <li>• How long did it take?</li> <li>• Who supported the learning?</li> <li>• Was it effective?               <ul style="list-style-type: none"> <li>• Personally</li> <li>• For the workplace?</li> </ul> </li> </ul> |
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| Alternative Activities | <ul style="list-style-type: none"> <li>• Reflect on two other learning styles</li> <li>• Can you identify learning using these styles, or a variety of these styles?</li> <li>• How can you evidence this?</li> <li>• How can you evaluate their effectiveness and the effectiveness of the learning?</li> </ul> |
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| Learning,<br>Developing and<br>Growing | <ul style="list-style-type: none"> <li>• Does the learning correspond to the needs of the post?</li> <li>• Are there standards / sector requirements?</li> <li>• How can you measure success?</li> <li>• Was assessment involved?</li> <li>• What advice, feedback, information or methods of action could be of further assistance?</li> <li>• What is your personal appreciation of the learning styles and the learning?</li> </ul> |
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