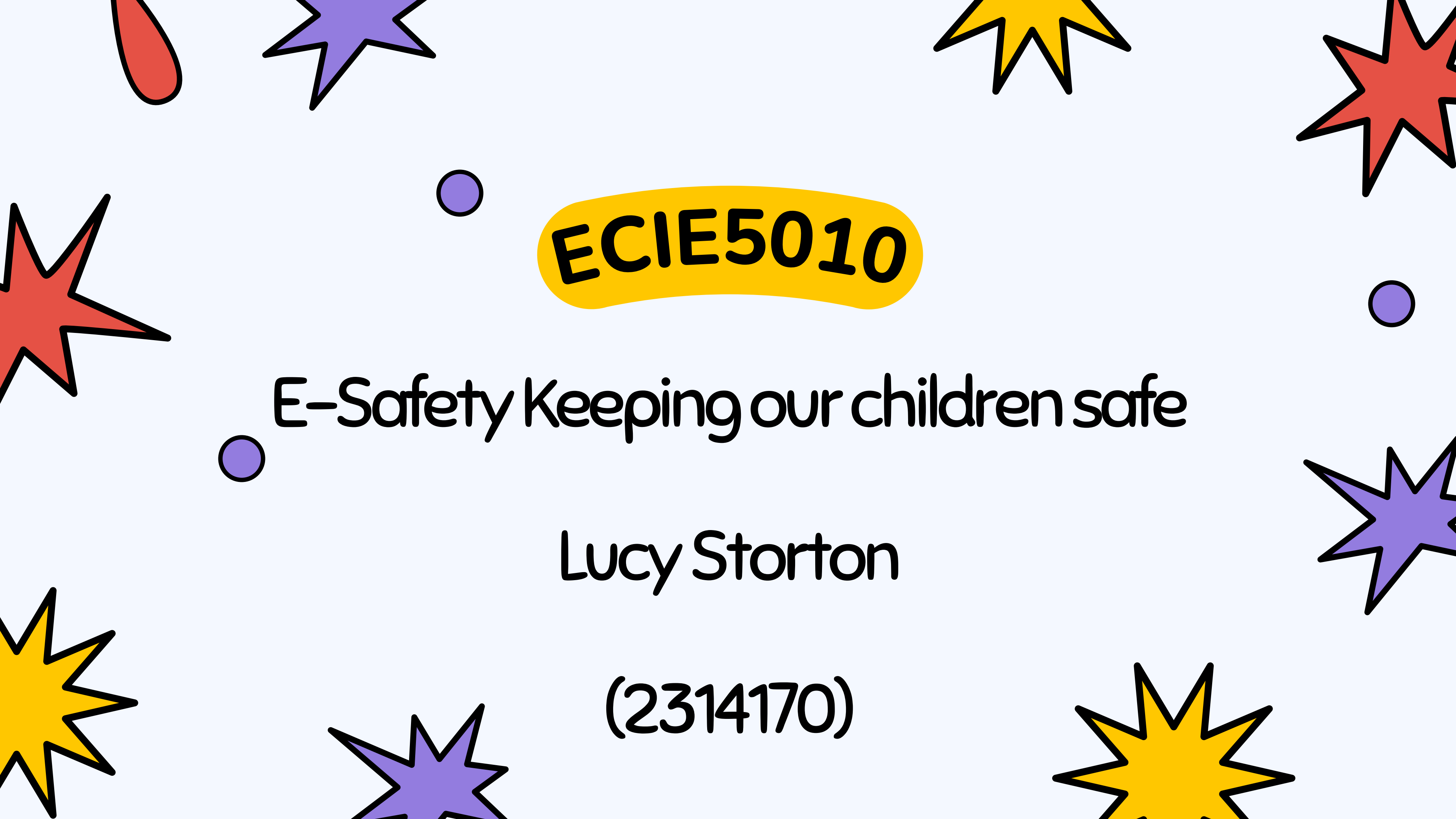


The background is light blue and decorated with various colorful shapes: red and yellow stars of different sizes, purple stars, and small purple circles. A yellow pill-shaped bubble is positioned above the main title.

ECIE5010

E-Safety Keeping our children safe

Lucy Storton

(2314170)

Negatives of the internet & social media.



Child safe net (ND)

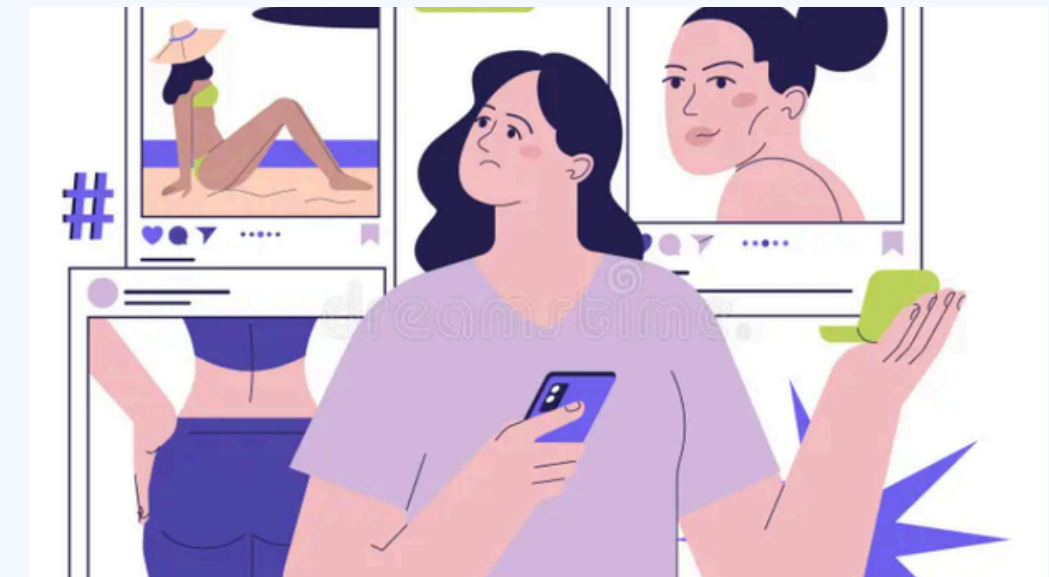
- Negative body image
- Internet addiction
- Social isolation
- Affect children and the brain
- Access to inappropriate content
- Cyber bullying
- Grooming
- Sleep deprivation
- Changes in behaviour and ability to concentrate
- Cyber racism
- Depression
- Cyber porn



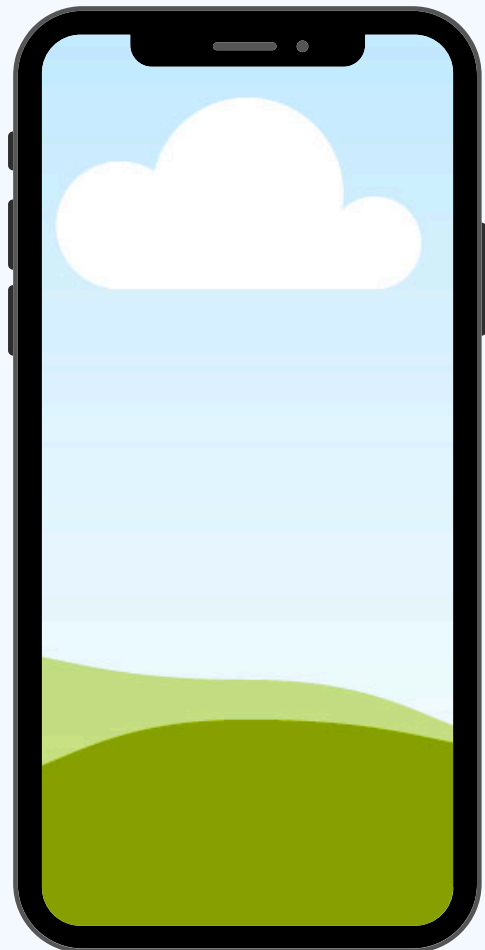
Flash start (ND)



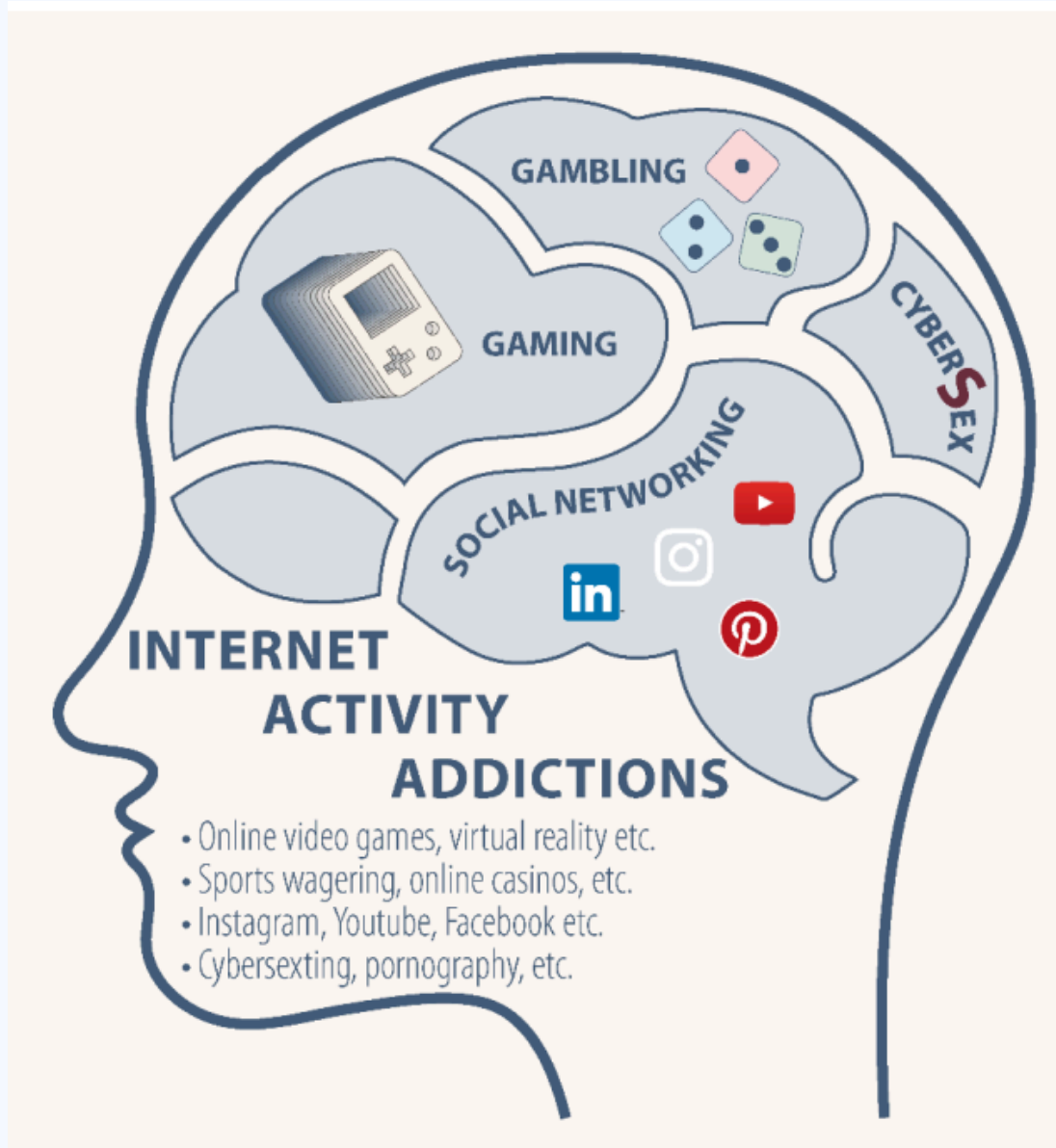
Johnson, L (2025)



Dreamstime (ND)

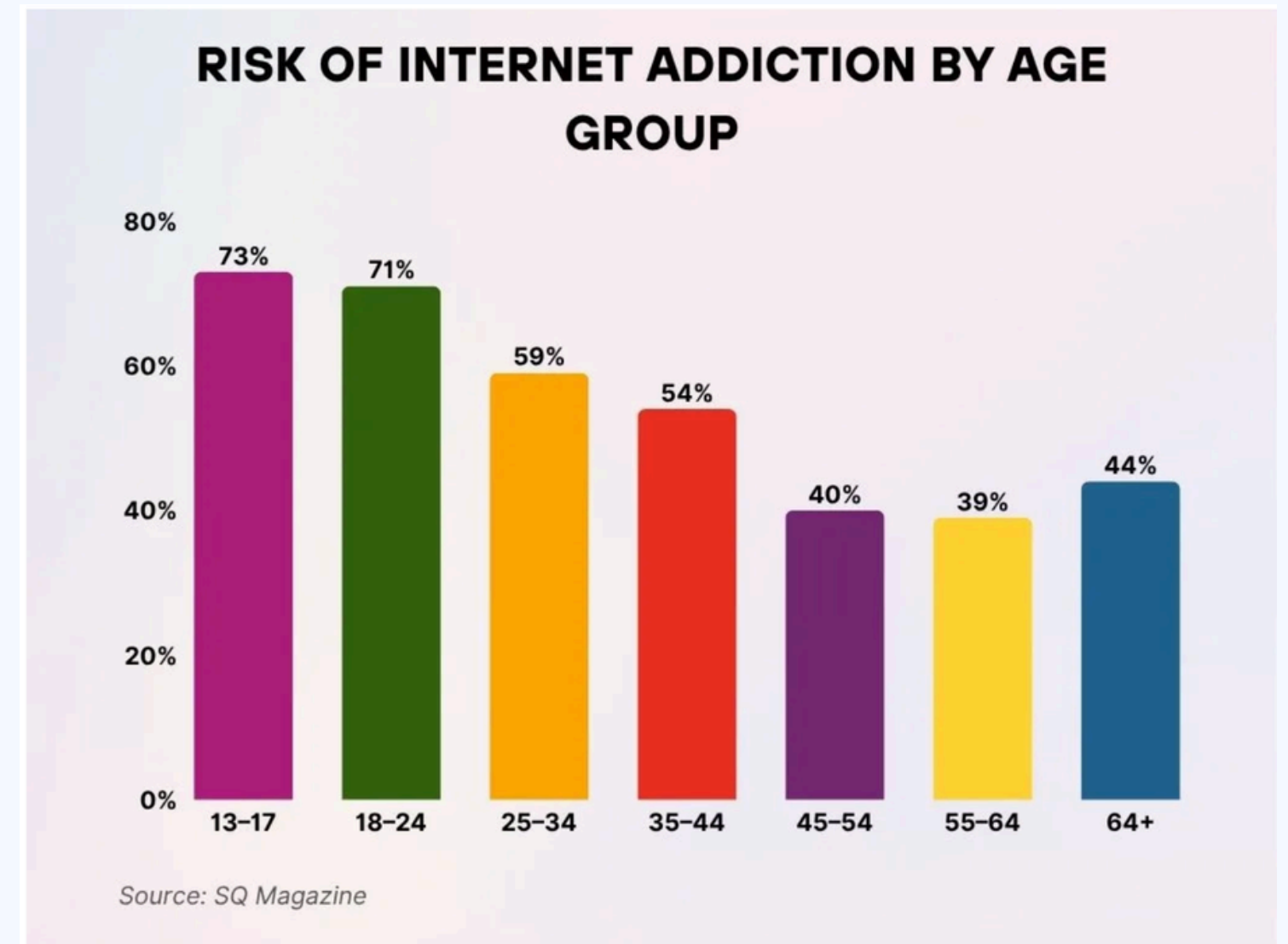


Internet addiction



(European parliament, 2020)

13–17 year olds are at higher risk of internet addiction!

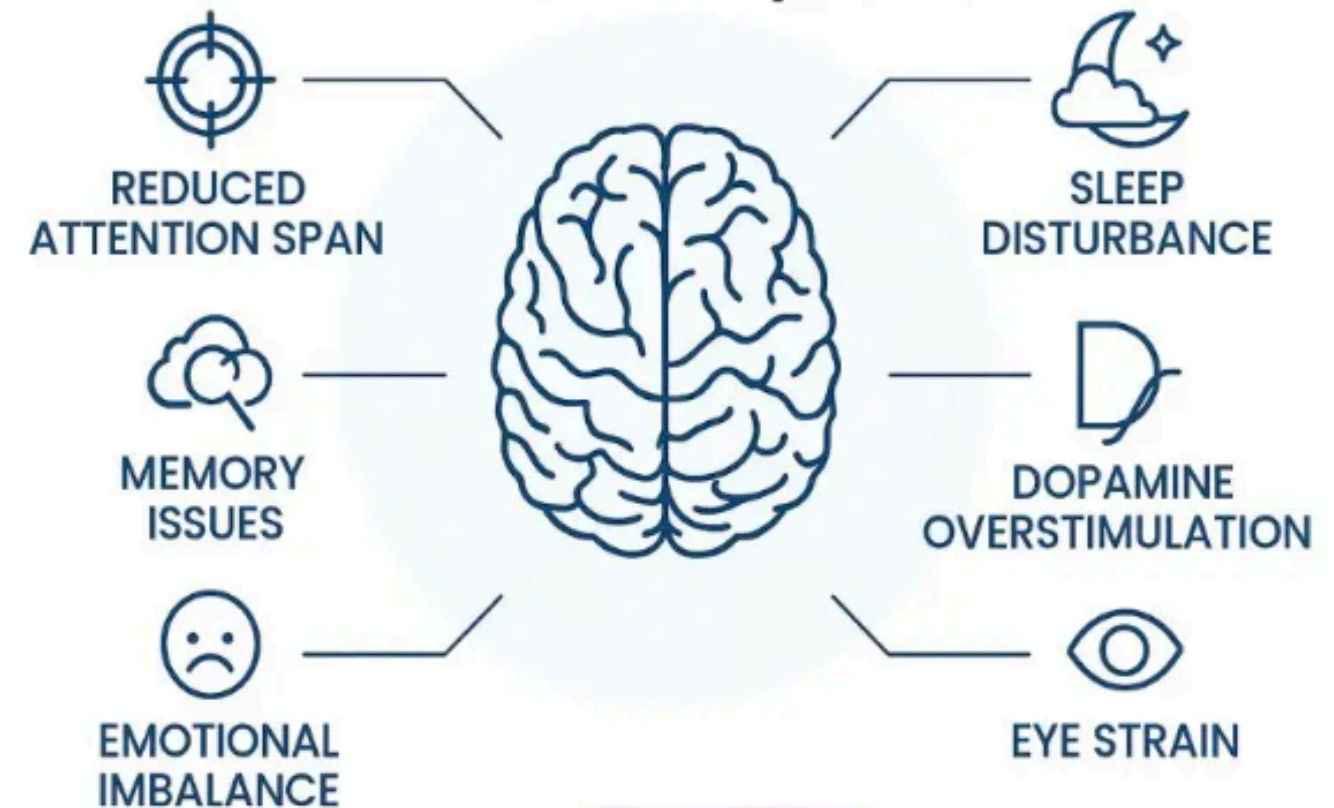


(Ramirez, 2025)

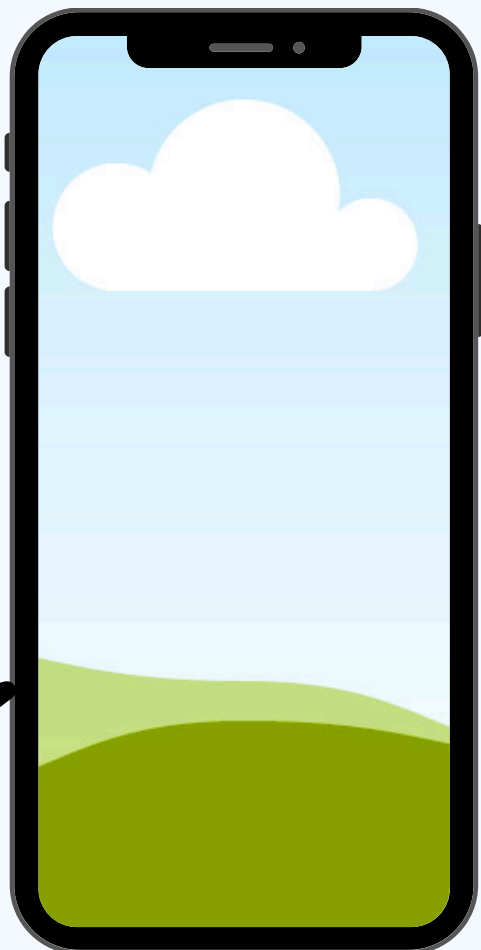
Screen time affecting children and the brain

Children getting screen time for over 2 hours a day have a higher risk of meeting the criteria for ADHD (Medical news today, 2025).

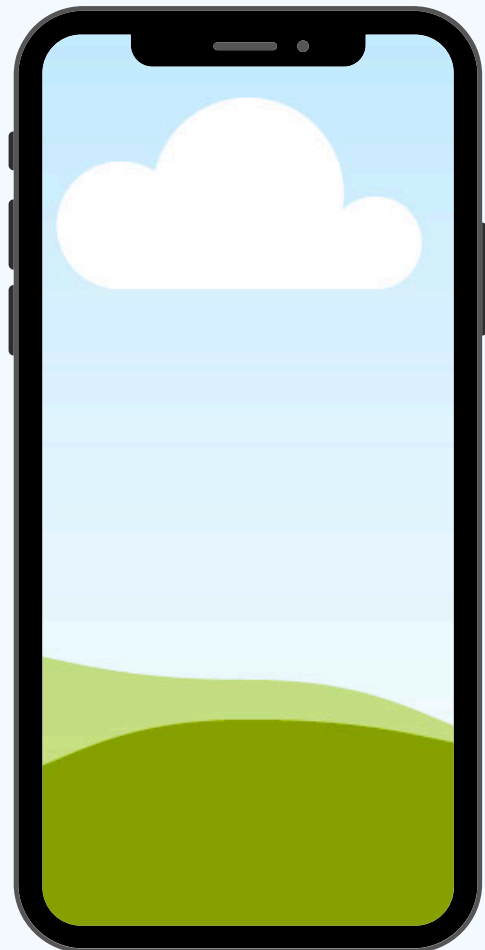
How Does Screen Time Impact the Brain? A Detailed Explanation



Mahajan, S (2025)



Cyberbullying



Around 1 in 5 children aged 10–15 years in England and Wales experienced at least one type of online bullying behaviour (Anti bullying alliance, ND).



(Four rivers behavioural health, 2018)

Lucys References:

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