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Module title: Introduction to Research

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Programme: BSc (Hons) Health and Social Care



Introduction to Research

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1. What your literature review is about (Present your research question/focus, aim, and objectives)

Ans:

- ◆ In the health and social care sector, an organization can help individuals with healthcare. Social care, on the other hand, is an organization or service that helps people live better lives. Covid-19 makes it difficult for providers to offer health and social services. The goal of health and social care is to help individuals live happier, healthier lives. Health and social care differ in some ways. In health care, people's illnesses, diseases, and impairments are linked. Social care consistently helps individuals live happy and comfortable lives. Environment, health, and social care are heavily influenced in the UK.
- ◆ Conducting this study's goal is to discover how the Covid-19 epidemic affects health and social care in Britain.
- ◆ Research goals are, Concerning health and social care in Britain. To learn how health care and social services may help individuals live better lives. For the purpose of examining the relationship between health and social services. Search for novel techniques to efficiently assign health and social care. For Covid-19, it is recommended that health and social services be utilized.

2 . What was the methodology/methods that you used?

- ❖ Health and social care services in the UK will be the primary focus of this study. To begin with, it is essential to define the research methodology in order to carry out the study effectively. Some questionnaires on the impact of health and social care can be distributed to the 60 workers of an Imperial College Healthcare NHS Trust in the United Kingdom for primary research.
- ❖ Research is conducted using a combination of qualitative and quantitative methodologies. Qualitative research emphasizes the inclusion of participants' own words, feelings, and experiences. Numeric data, on the other hand, is used to do qualitative analysis. Both methods is employed in this study to ensure accuracy. Understanding the effects of health and social care in Britain is crucial in this case, and a questionnaire approach was decided ideal for this.
- ❖ There are two types of data like primary and secondary are used to collect the data. The process of data collection from direct straight sources is called the primary data sources. On the other hand, the accessible source of data collection is called secondary data sources. In this research, primary sources are preferred. Apart from this secondary source are used to understand more about health and social care. For this reason, different websites, journals and literature have been analyzed to gather more knowledge on this study.
- ❖ It is quite difficult to collect the data directly from a large population. For Covid-19 every institute has limited access for which it became somewhat challenging to select the number of sufficient personnel to consider in this study. The sample size is considered at 60. The objectives of the research have been attained by employing a convenience sampling technique.

3. What were the key findings or results of the literature you reviewed?

Ans:

- ◆ During my research I have noticed this critical key findings that I would like to describe,
- ◆ Almost 92% of respondents think that the funding crisis is the main reason for ensuring proper service from health and social care institutions. They think that maybe a little consideration on the providing fund can help to produce a proper service in the health and social care. There are many types of equipment needed to ensure but these cannot be arranged due to lack of sufficient funds. On the other hand, only 8% of respondents did not agree with this statement. They do not think that funding crisis is the main reason in regard to ensuring the appropriate service in social and health care. Based on the respondents' feedback we can say that the funding issue is very challenging for this sector as to why more concentrations should be given so that these organizations can ensure sustainable service from this sector.
- ◆ Almost 83% of the total respondents agreed that their code of conduct and practices are very important for health and social care. On the other hand, 14% of respondents did not agree with this statement. Rest 3% of respondents did not share their opinion as to why they remain neutral. So, we can say considering the feedback of most respondents that code of conduct and practices must be properly maintained in health and social care.
- ◆ Almost 50% of respondents think that prevention and initial detection of diseases is an innovative approach. Another 33% of respondents believe that health and wellness campaign is the inventive approach of health and social care which should be appointed. The rest of 17% of respondents are prioritized on the social awareness. So, we can say that prevention and initial detection of diseases is the inventive approach that assists in proving the service properly.

4. Key themes did you identify?

Ans:

- ◆ Almost half of those polled believe that staying physically active will be essential to their mental well-being in Covid-19. Another quarter of those polled feels that including creative activity in one's daily routine will have a positive impact on one's mental health. People in this pandemic circumstance may be able to enhance their mental health by engaging in recreational activities. As a result, we may conclude that physical activity is important for mental health. Over 83% of respondents believe that government assistance for the health and social care sectors should be increased. They believe that the government's perspective should be given more attention. In contrast, just 17% of respondents disagreed with this assertion. They do not believe that the government's efforts alone will be sufficient to avert the crisis's dire repercussions. We know that government collaboration may improve the health and social care industry after analyzing comments. There are several ways the government can help alleviate some of the negative effects of this massive problem.