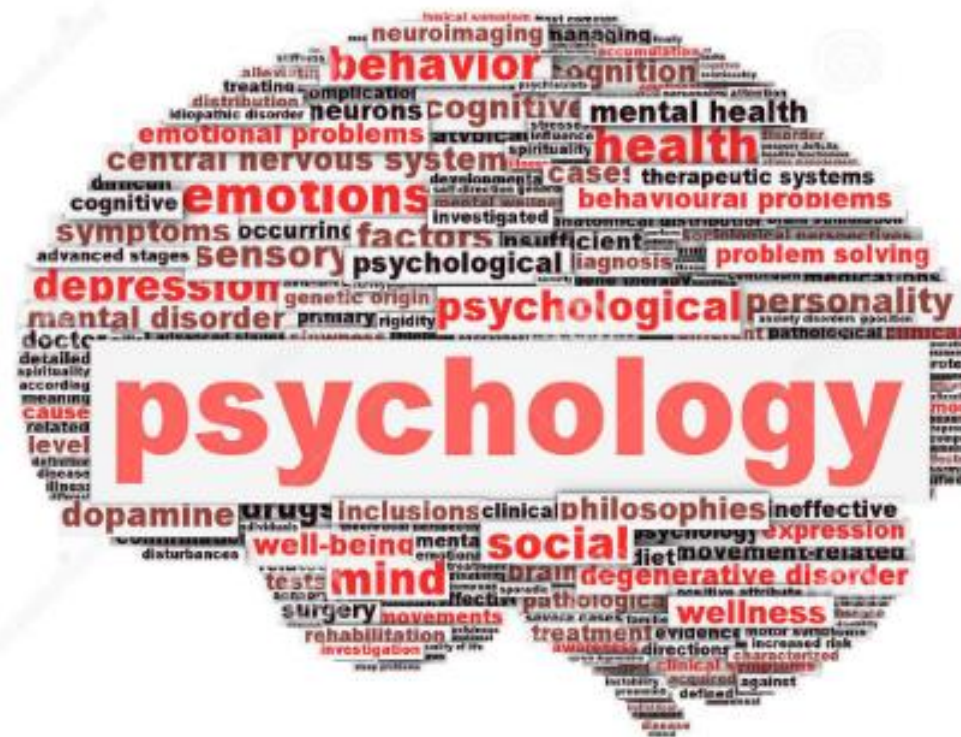




PSYCHOLOGY FOR HEALTH AND SOCIAL CARE “SIGMUND FREUD’S” (BMHP4003)

Module leader: Diya Ganguly

Table of contents

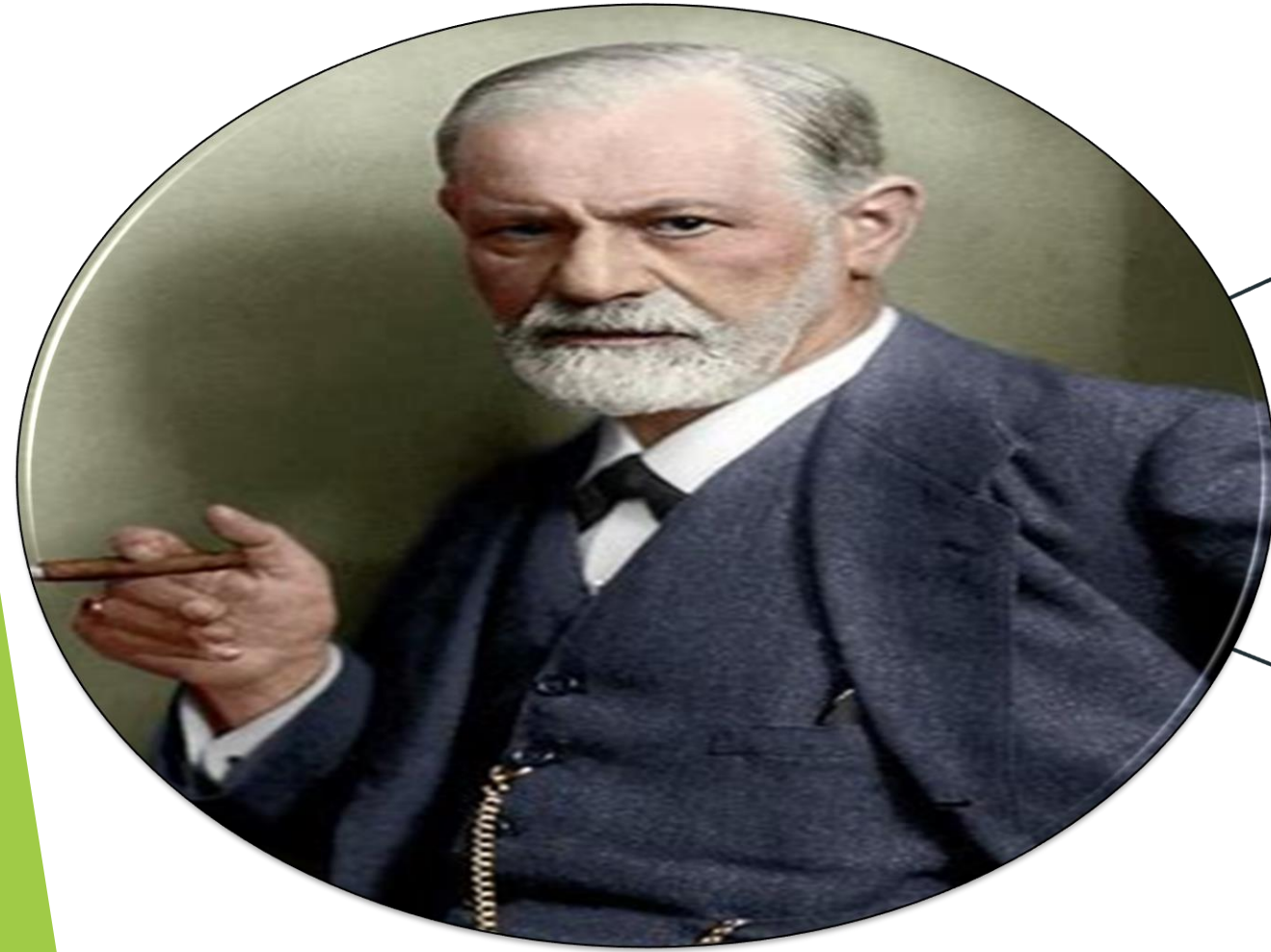
SERIAL NUMBER	STUDENT NAME	TOPIC
2124256	Sellenne Sangucho	Introduction
2124319	Safa Ahmed	Psychosexual Theory
2118543	Mayne Salcedo	Lifespan Theory
2119362	Ancuba Cassama	Freud Childhood healthcare
2124305	Jhoselin Guaman	Role lifespan in our day
2122702	Catalin Rusu	Strengths, Weaknesses

INTRODUCTION

- ▶ What is psychology
- What is developmental psychology?
- What is lifespan psychology?



Psychosexual Theory



Sigmund Freud (1856-1939)

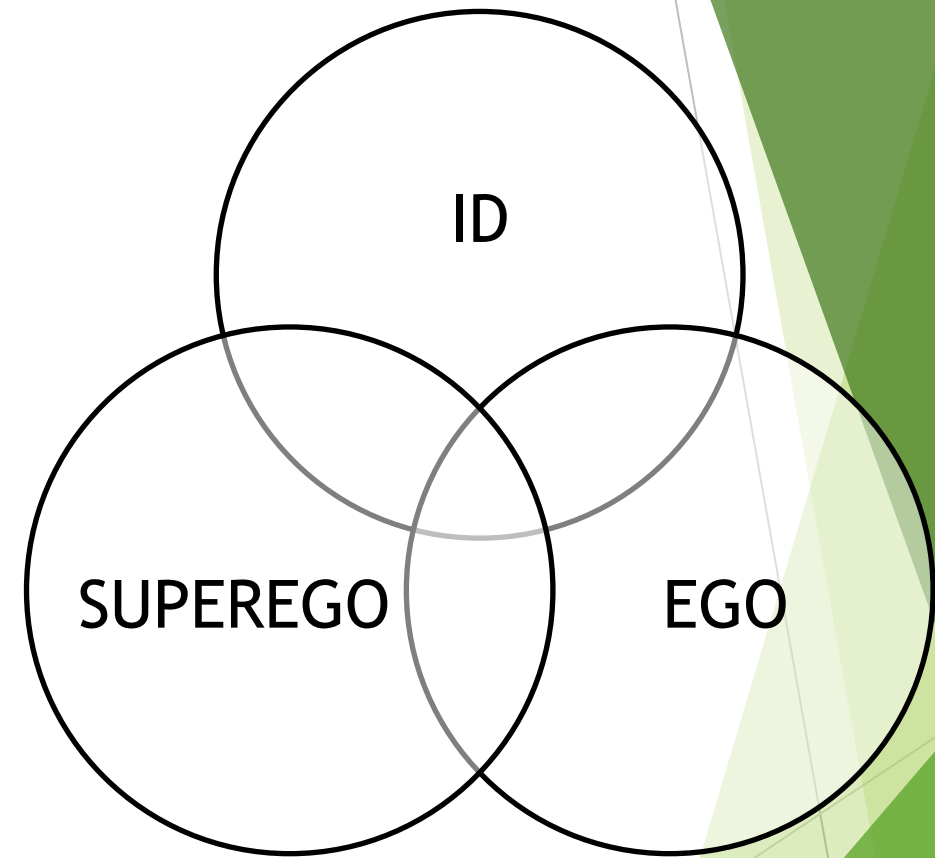
Psychosexual development was created by Sigmund Freud

Sigmund Freud is known as the father of psychoanalysis

How the personality developed

(McLeod, 2018)

Theory of psychosexual development



- Unwanted behaviours and repressed feelings stem from childhood trauma and experiences

(Tarrant, 2021)

Freud's Psychosexual stages:

Stage /age	Focus
Oral (Birth to 18 months)	Pleasure is seeking in baby's mouth .
Anal (18 months to 3 years)	Pleasure seeking centres are located in the bowels and bladder
Phallic (3 years to 6 years)	(Oedipus complex) and (electra complex).
Latency (6 years to 11 years)	Children develop social skills, etc.
Genital (puberty on)	Opposite sex.

(Lantz.Rai,2021)



FREUD'S LIFESPAN INFANCY

1. The libido is focused on the baby's mouth (Birth to 18 months).

Sucking (oral fixation)

Biting

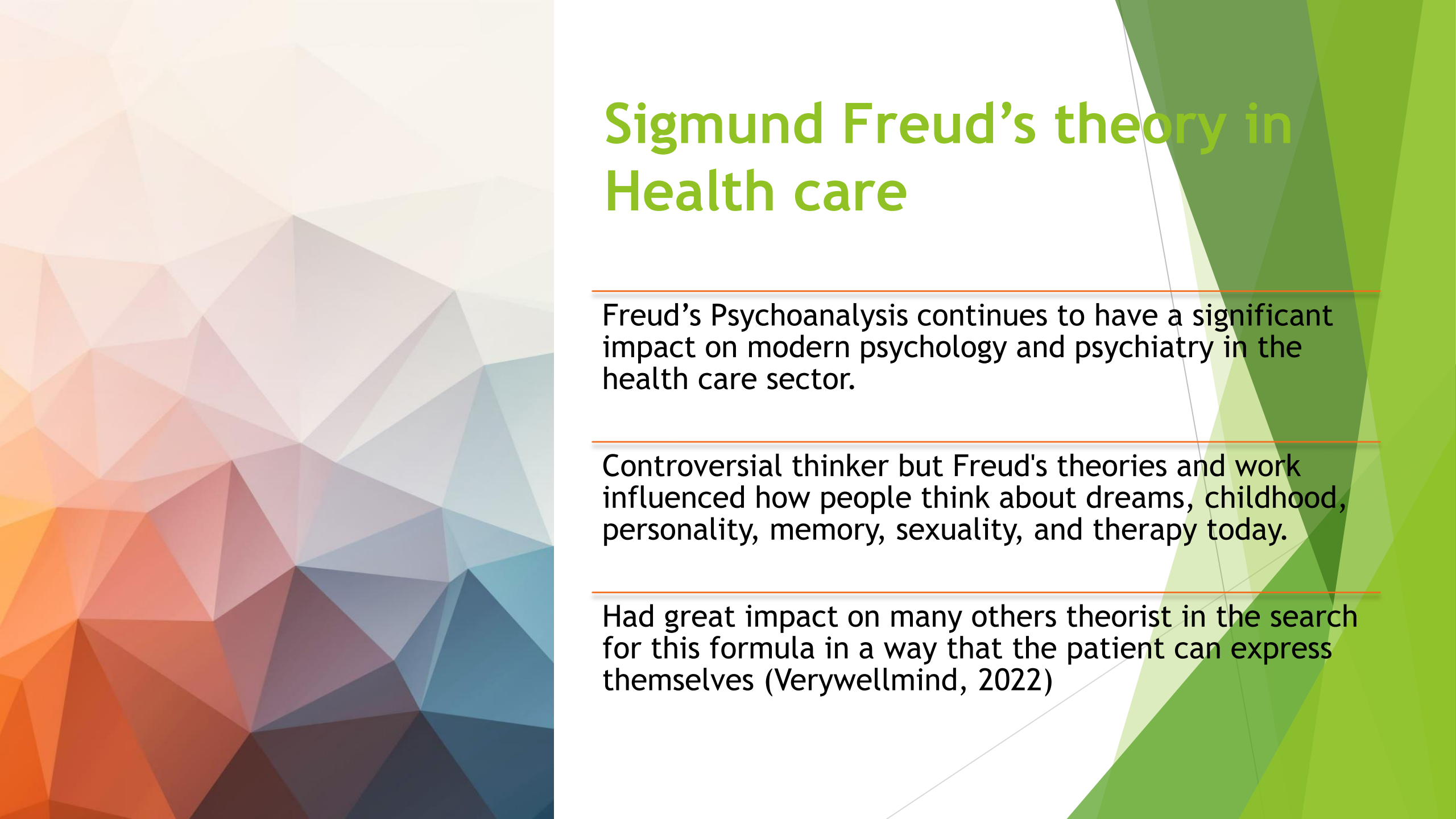
Breastfeeding

(McLeod, 2019)



Freud's Childhood health care

- ▶ Early shape of personality in Childhood and vivid experiences forms the adult personality.
 - ▶ He defended that childhood development were dependent of 5 psychosexual stages.
 - ▶ He focused more in the psychosexual area and believed and defend that was the primary thoughts and experiences were going to shape true personalities (The Editor, 2018).
- 



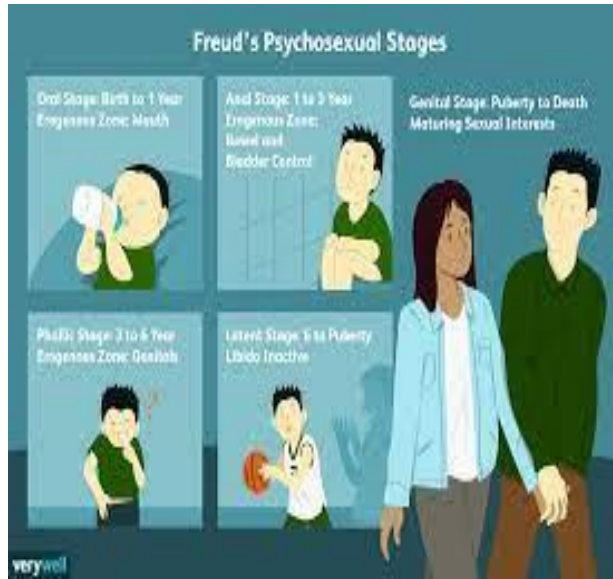
Sigmund Freud's theory in Health care

Freud's Psychoanalysis continues to have a significant impact on modern psychology and psychiatry in the health care sector.

Controversial thinker but Freud's theories and work influenced how people think about dreams, childhood, personality, memory, sexuality, and therapy today.

Had great impact on many others theorist in the search for this formula in a way that the patient can express themselves (Verywellmind, 2022)

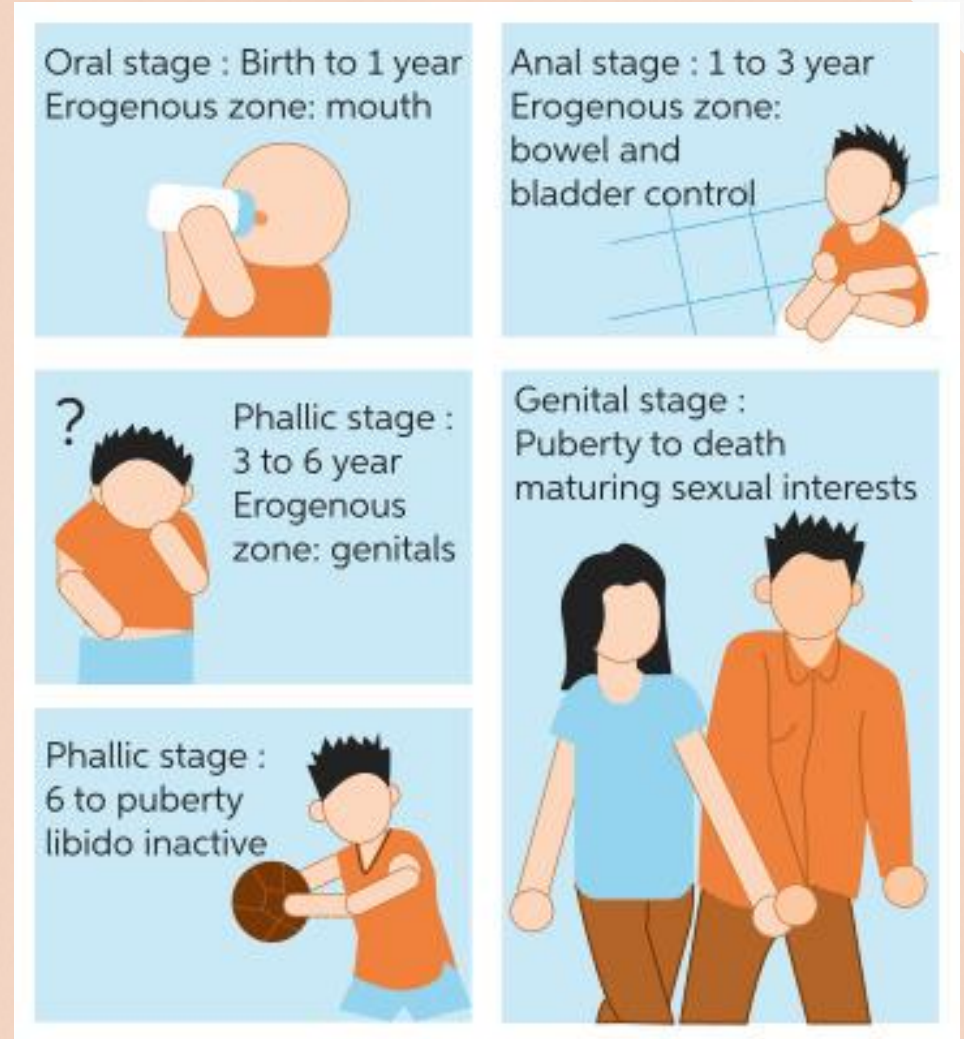
Critically evaluate “Freuds Theory of Psychosexual Development”



Strengths and weaknesses of the theory

- ▶ Freud's theory of psychosexual development is connected to experimental psychology which helps in decoding the psychological makeup of an individual since his or her birth (Lantz and Ray, 2021)
- ▶ This is one of the rarest theories which delineates the various domains of the human personality
- ▶ Freud's theory has been the pioneer of many different psycho-social theories as **Erikson's theory** (Maree, 2022)
- ▶ It becomes difficult to measure the accuracy after applying this theory to the patients

Freuds psychosexual stage of development



[By Saul McLeod, updated 2019]

Why is important theory in lifestyle healthcare psychology

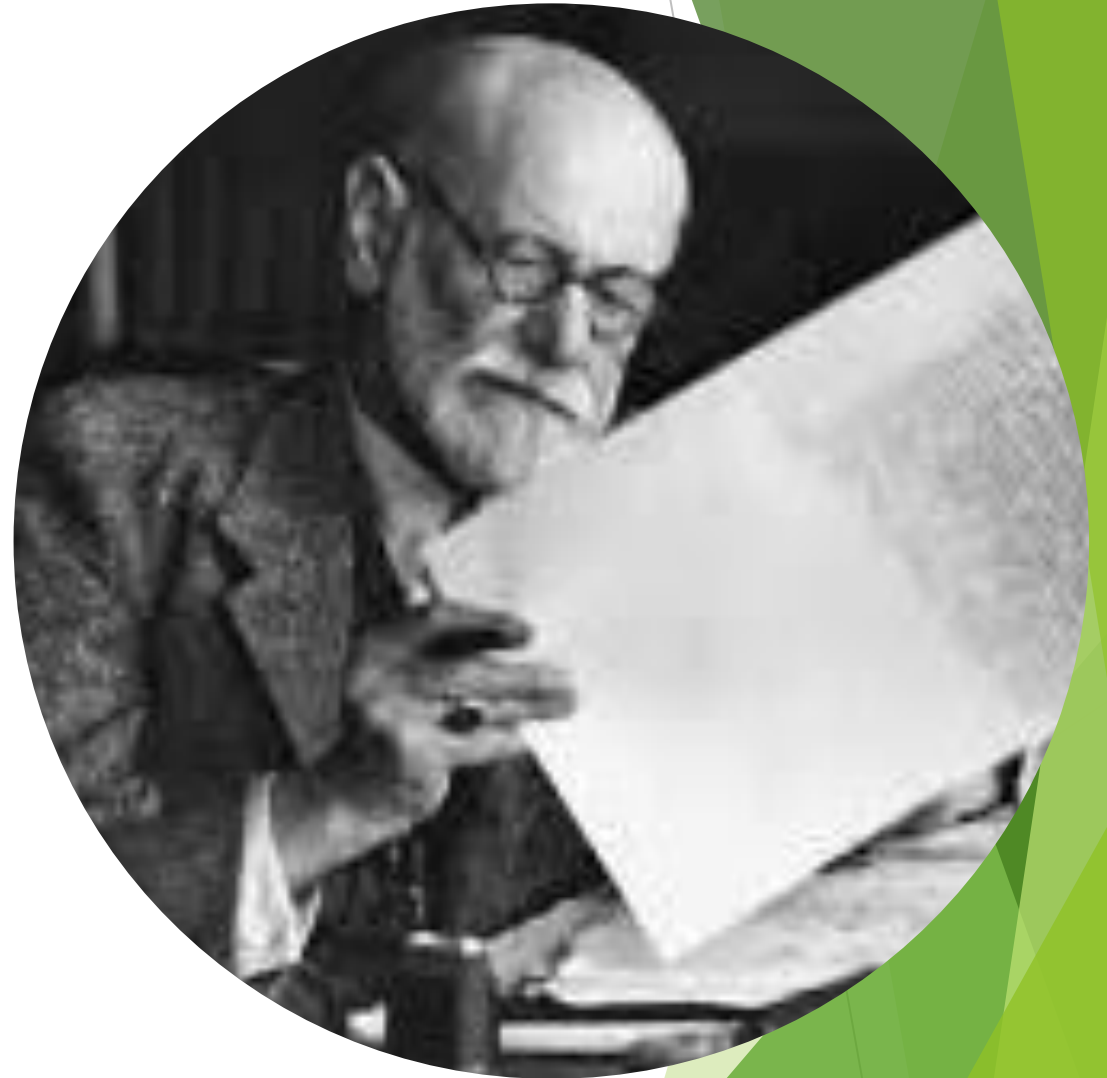
- ▶ Freud's theory of psychosexual development is important because it helps us understand how issues in childhood development can affect adults' lives and futures.
- ▶ To understand and explain health behavior and to guide the identification, development, and implementation of interventions.



Critically evaluate “Freuds Theory of Psychosexual Development”

Practical application of the theory

- ▶ This theory helps in determining the personality type of the individuals and the natural instincts that they are born with
- ▶ The connection between libido and psychic energy is shown through the application of this theory (Jennings, 2022)
- ▶ Freud's theory is applied when there is a need to identify the motivational instincts of the employees in a workplace
- ▶ This theory finds its maximum application in the field of psychology and psychotherapy
- ▶ The stages of psychosexual development have helped paediatricians in diagnosing diseases and developmental disorders among children (Jennings, 2022)



CONCLUSION

- ▶ The objective of Sigmund Freud is to understand the personality through stages of awareness and our three minds: conscious, preconconscious and unconscious, then describe human personality growth as a psychosexual as a result sexual energy of Id accumulated and is discharged as we mature biologically.



REFERENCES

- ▶ Jennings, J.L., 2022. Freud's Case of Dora: Wellspring of Discovery and Discourse. *Open Journal of Social Sciences*, 10(1), pp.290-314.
 - ▶ Lantz, S.E. and Ray, S., 2021. Freud Developmental Theory. In *StatPearls* [Internet]. StatPearls Publishing.
 - ▶ Maree, J.G., 2022. The psychosocial development theory of Erik Erikson: critical overview. *The Influence of Theorists and Pioneers on Early Childhood Education*, pp.119-133.
 - ▶ McLeod, S. A. (2019) *What is psychology?* Available at: cdn.itskiddien.club/4/5117838/?var=4445951&ab2r=0&prfr ev=false&rhd=false (Accessed: 18 April 2022)
 - ▶ McLeod, S. A. (2017, Jan 14). *Developmental psychology*. Available at: <https://www.simplypsychology.org/developmental-psychology.html> (Accessed: 19 April 2022)
- 

- ▶ UKEssays. November 2018. *Definition of lifespan development or lifespan psychology*. Available at: <https://www.ukessays.com/essays/psychology/definition-of-lifespan-development-or-lifespan-psychology-psychology-essay.php?vref=1> [Accessed 21 November 2022].
- ▶ Tarrant, G (2021) *Psychosexual Development: Definition, Theory, Stages and Critiques*. Available at: : https://psychotreat.com/what-is-psychosexual-development/#Stages_of_psychosexual_development (Accessed:15 November 2022).
- ▶ Freud Museum London (2018) *Explore the life and work of the founder of psychoanalysis*. Available at: <https://www.freud.org.uk/education/resources/who-was-sigmund-freud/#:~:text=Who%20was%20Sigmund%20Freud%3F%20Sigmund%20Freud,most%20of%20his%20life%20in%20Vienna%2C&text=Who%20was%20Sigmund%20Freud%3F,his%20life%20in%20Vienna%2C&text=Sigmund%20Freud%3F%20Sigmund%20Freud,most%20of%20his%20life> (Accessed: 18 November 2022).

- ▶ Lantz SE, Ray S.(2021) *Freud Developmental Theory*. In: Treasure Island (FL): StatPearls Publishing; 2022 Jan-. Available at :<https://www.ncbi.nlm.nih.gov/books/NBK557526/#article-20413.s6> (Accessed:16 November 2022).
- ▶ McLeod,S.A.(2019)' Freud's 5 stages of Psychosexual Development' *Simply psychology* Available at:<https://www.simplypsychology.org/psychosexual.html#oral> (Accessed:18 November 2022).
- ▶ <https://www.simplypsychology.org/psychosexual.html>
- ▶ <https://www.verywellmind.com/freuds-stage-of-psychosexual-development-2795962>
- ▶ <https://www.facebook.com/verywell> (2022). *Sigmund Freud's Life, Theories, and Influence*. (online) Verywell Mind. Available at: <https://www.verywellmind.com/sigmund-freud-his-life-work-and-theories-2795860#toc-sigmund-freuds-theories> (Accessed 15 Nov. 2022).
- ▶ The Editor (2018). *Child Development Theories: Sigmund Freud*. (online) First Discoverers. Available at: <https://www.firstdiscoverers.co.uk/child-development-theories-sigmund-freud/> (Accessed 15Nov. 2022).