

Practice Link

Children love to play its instinct, as Susan Isaacs declared in the 1920s, “their life’s work.” Children’s play should be fun and have the educational skills they need.

Some types of play are not important as the child is immature and does not have a purpose. During the early years for children, they discover a lot through playing, learning, and playing come together and they learn about body awareness.

Free play is when the children decide for themselves what to do, it is not led by adults. They have free choice to play with whatever resources are available.

Children have the right to play as stated in the United Convention on the Rights of the Child.

Reference List

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The importance of Play

<http://www.importanceofplay.eu/IMG/pdf/dr> David Whitebread – the importance of play.pdf

Early years Matters 2018 The importance of play

<http://www.earlyyearsmatter.co.uk/eyfs/a-unique-child/play-learning/>

Susan Herrington, Mariana Brussoni 2015 Beyond Physical: The Importance of Play and Nature-Based Play Spaces for Children's Health and Development.

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