



Mental disorder and psychopathology

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Introduction

Mental health disorder is a vulnerable not for other people than they sufferer themselves. So, they must serve with care, and this is the biggest cure than ever for the people suffering from an organic mental disorder. This is because the causes of their suffering are over thinking, depression and deprivation. In this presentation, we are discussing the aetiology, symptoms, treatment, and support available to people suffering from an organic mental disorder.

Introduction

Mental health disorder is a vulnerable not for other people than the sufferer themselves. So, they must serve with care and this is the biggest cure than ever for the people suffering from an organic mental disorder. This is because the causes of their suffering are overthinking, depression and deprivation. (OMD)also know as brain syndrome or organic disorder involving decrease mental function due to a medical or physical disease of the brain.

In this presentation, we are discussing the aetiology, symptoms, treatment, and support available to people suffering from an organic mental disorder.

Case study

Matthew was in a car crash one-year ago. The accident was frightening. And the other man in the car died. Matthew lived through the accident and was not badly injured but then the things began to change. He started to having nightmares, was awake. He could see the crash happening over and over. From there he is suffering with organic mental disorder. The cause of his disease is the head trauma due to traffic accident. The man is treated with acupuncture, herb-medication, oriental psychotherapy, and rehabilitation. He have mood discrete outcomes of the treatment are reduced mental disorder and improved work capacity.

Case study

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Mood disorder

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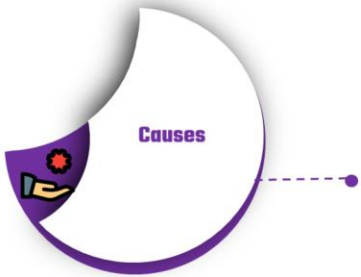
- Mood disorder is a physiological condition with depressive features.
- The reasons are the alzheimer's disease, dementia, delirium, amnesic with behavioral disturbance and depressed mood.
- A mood disorder is a problem of mental health (Ayala and Geer, 2013).
- This disorder relates with a person's emotional areas.
- It causes extreme level of happiness or sadness for a longer period of time.

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Organic, including symptomatic, mental disorder also called organic brain syndrome, organic brain disease, organic brain disorder, organic mental syndrome, or organic mental disorder, refers to any type of syndrome or disorder related to the function of the brain leading to many mental or behavioral problems (Ayala and Geer, 2013). The cause of this disorder is known as organic or physical rather than a mental problem. And the organic or physical cause of brain dysfunction has no relationship with the psychiatric cause or psychiatric disorder for example mood disorder. These terms for defining organic mental disorder are previously used terms. These terms are now considered under the category of neurocognitive disorders (Ayala and Geer, 2013). It reduces the functioning of the brain due to illness that does not include psychiatric disorders or mental disorders and also does not include disorders resulting from substance abuse. This disorder can be permanent or temporary. It may be due to heredity or it may be due to a disease, injury, or due to any systemic default in the body chemistry or hormones.

Causes of mood disorder



- The causes of mood disorder can be varied with the type of disorder
- The mood disorder can be caused due to genetic, biological, and/or environmental problem.
- This disorder may be caused due to family problem or history.
- This disorder may be caused due severe depression, trauma, or stress.
- This disorder may also be caused due to high depression for major diseases like diabetics, cancer, HIV etc (Ayala and Geer, 2013).

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Organic mental disorder is a type of neurocognitive disorder caused by diseases, injury, or because of systematic or structural default which badly affect the tissues of the brain or in the body chemistry or hormones. This disorder may be caused due to the abnormal changes that occur with age such as memory loss, confusion, reduced brain function, and also may be caused due to neurological damage or due to exposure to toxic materials. This disorder may also be caused due to alcohol or metabolic disorders such as lung, kidney, lack of vitamin, and thyroid disease (Ayala and Geer, 2013). It can also be caused by agitation, blood clots, or bleeding inside or around the brain because of any trauma in the brain. Heart disease like stroke, heart infections, low level of oxygen in the blood, high amount of carbon dioxide in the body, and infection in the brain are the causes of organic mental disorder.

Symptoms of mood disorder



- Person suffering from mood disorder most of the time remain sad or even for every day.
- The person require a long time for concentrating on work or matter (Boardman, 2017).
- The people with mood disorder feel hopeless, worthless.
- They think no work can be done by them.
- The symptoms are lack of understanding, anxiety, irritability, memory loss, and an abnormal change in behavior.

Signs and symptoms of mood disorder

Person suffering from mood disorder most of the time remain sad or even for every day. The person require a long time for concentrating on work or matter (Boardman, 2017). The people with mood disorder feel hopeless, worthless. They think no work can be done by them. The symptoms are lack of understanding, anxiety, irritability, memory loss, and an abnormal change in behavior.

Signs and symptoms of organic mental disorder may differ from the causes of the organic mental disorder. But in general, a person suffering from organic mental disorder has concentration difficulties such as require a long time for concentrating on work or matter (Boardman, 2017). The people with organic mental disorder get confused with their staffs or tasks which are daily normal, routine work for others who don't have this disorder. People suffering from mental disorders also get confused with the relationship they have with family, friends, and colleagues. So, the symptoms of the organic mental disorder are lack of understanding, anxiety, irritability, memory loss, an abnormal change in behavior (Ayala and Geer, 2013).

The common types of organic mental disorders are delirium, dementia, and amnesia. They are describing below:

Type of mood disorder



- There are two common mood disorders.
- The common type of mood disorder are depression and bipolar.
- This affects the mental condition (Ayala and Geer, 2013).
- Depression is the major type of mood disorder which causes a higher level of sadness for the patient suffer from mood disorder.
- It caused due to loss of a family member, loss of a job or due to major illness.
- Bipolar depression refers to the higher state of depression or can be said state of mood swings leads depression to mania.

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Delirium, also called an acute confessional state, refers to a neuropsychiatric disorder or a state of mental impairment due to infection, pain, disease, intoxication, drug overdose, and other physical health problems which affect the mental condition. It can also be caused due to refraining from any treatment after taking it for a long time, due to having a toxic substance, due to infection caused by any medical treatment. According to the medical context, acute refers to recent onset. This is because many acute disease problems such as acute organic brain syndrome often remain for a short period. But it may stay for longer periods too (Boardman, 2017). This delirium status of the brain causes thinking, concentrating, retaining, and sleeping problems. The person with delirium mental disorder may have some periods of loss of memory that means sometimes they have consciousness. They may have highly disturbing sleeping behavior. People can face this type of difficulty during alcohol withdrawal, after the operation as long as there is anesthesia (Boardman, 2017).

Delirium is a state of the brain in which the brain is conscious for a while in between the status of normal condition and coma. The people suffering from delirium have disturbance in consciousness and also have some other neuropsychiatric symptoms (Canady, 2016). The people suffering from delirium have concentration problems and they can't concentrate or give attention to a matter for a period. They have a remembering problem. They can't retain any information for a long time. But the information before they suffer from delirium is clearly remembered by them. They have no awareness about the surrounding environment (Cancellaro, 2012). Cloudiness in consciousness is also a symptom of the disorder. They have thinking problems or thinking disorders such as make speech or sentences that make little sense. They also face a problem with words. They can't find words for completing their sentences or lost linguistic information. They also have problems with sleeping behavior or have sleeping disturbance such as fragmented sleep, or they don't sleep at night rather sleep during the day. The other symptoms seen in people suffering from delirium are mood lability, psychomotor changes such as hypoactive, hyperactive, mixed (Chenhall and Senior, 2020).

Treatment for mood disorder



- People suffering from mood disorder should provide rehabilitation.
- They should provide treatment or counseling for brain recovery.
- They should also provide counseling for managing stress and behavioral disturbance (Chenhall and Senior, 2020).
- The people suffering from sleeping disorders should provide rehabilitation or should change the wind and also should regularly take exercise and meditation like yoga.
- The family members, friends, and caregivers effectively communicate with the patient and make them feel light with stress, agitation and always try to keep them feel happy.

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Treatment is necessary for people suffering from delirium to prevent a decrease in health conditions and health injury. Treatment may differ with the causes of delirium.

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Available support

- The Government of the UK is doing a lot of things for the people suffering from an mood disorder.
- The people suffering from an mood disorder can go to or can be brought to the National Health Service (NHS) for taking carer service to the persons.
- They also give therapies for anxiety and depression to the persons suffering from mood disorder through NHS physiological therapies services.
- The NHS also provides consultancy services to the sufferer.
- They also provide free medication to the person suffering from mood disorder.



Discussing the support available for those people suffering from the mood disorder

Mental health disorder is a vulnerable thing. People are suffering from mental health disorder such as from mood disorder is vulnerable. They are riskier for themselves than other people and in some cases provide no harm to others for themselves (Saskatchewan Natural History Society, 2016). So, they need support. The Government of the UK is doing a lot of things for the people suffering from an mood disorder. The people suffering from an organic mental disorder can go to or can be brought to the National Health Service (NHS) for taking carer service to the persons. They also give therapies for anxiety and depression to the persons suffering from organic mental disorder through NHS physiological therapies services. The NHS also provides consultancy services to the sufferer. They also provide free medication to the person suffering from dementia and provide the service of nurses for helping them in retrieving their memory in delirium by talking to them and reorienting with them (Sciubba, 2017). They also provide enough facilities that help to keep their mind calm such as by providing a room with lights and air circulation. They also provide care of nurses to the people suffering from an mood disorder who work by the side of the family members for recovering the health condition of the person. The govt. organizes many campaigns for counseling with the person suffering from an mood disorder and for making people aware of how they should deal with the person suffering from an organic mental disorder (Williams, 2018). The UK maintains a legal structure for the provision of the mental health care and also has the mental health act 1983 and the mental capacity act 2005. Both of the acts have been amended in 2007 by the act of the mental health act 2007.

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Discussing the support available for those people suffering from the organic mental health disorder

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Conclusion

The people suffering from an organic mental disorder are too helpless. The proper care and love can help them in regaining their lost health and can also retrieve their lost memory. For supporting them government is ready to do what the people suffering from organic mental disorder need and they are supporting them a lot for recovering.

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Thank You