



Student name: Debora Bouwens

Student ID: 2524176

Module name: Introduction Health and Social Care

Module code: LCHS4003

Lecturer name Sam Parker

Table of Contents

Element 1	Page 2
References.....	Page 3
Keywords.....	Page 3
Element 2.....	Page 4
Keywords.....	Page 5
References.....	Page 6

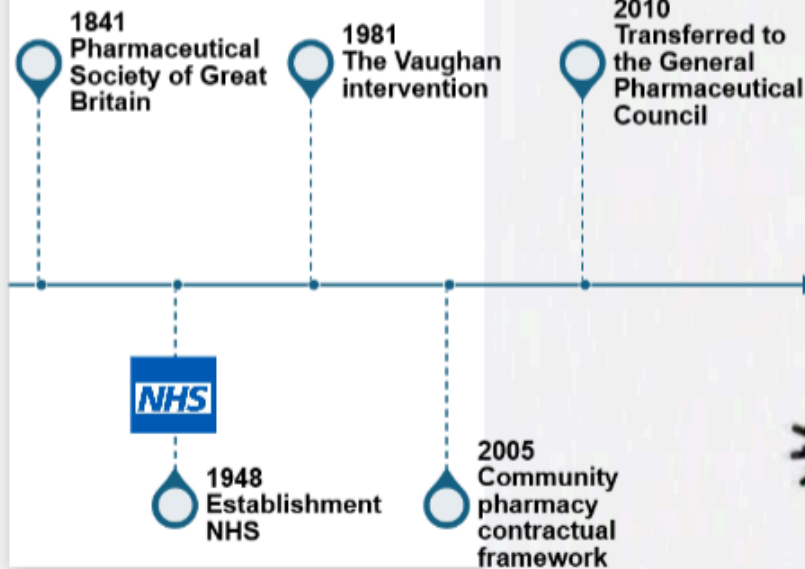
Services and access

-  Supply and check medicine
-  NHS Lateral Flow Device(LFD)
-  Tests Supply Service Advanced Service
-  Pharmacy First
-  NHS New Medicine Service
-  NHS Community Pharmacy Blood
-  Pressure Chek Service
-  NHS Community Pharmacy Smoking Cessation Service
-  NHS Pharmacy Contraception Service
-  Meningococcal B Vaccination Service

First place most people will go for lesser illnesses as well as basic medicine and medical advice

Contact your GP or walk in

Current challenges are the medicine and staff shortages



Debora Bouwens, 2524176, LCHS4003 IHSC C1 T2

References

Anderson, S. (2007). Community pharmacy and public health in Great Britain, 1936 to 2006: how a phoenix rose from the ashes: Table 1. *Journal of Epidemiology and Community Health*, [online] 61(10), pp.844–848. doi:10.1136/jech.2006.055442.

Duddy, C. (2024). Medicines shortages. [online] House of Commons Library. Available at: <https://commonslibrary.parliament.uk/research-briefings/cbp-9997/> [Accessed 26 July 2026].

henrymachell (2025). Cat challenges Government on pharmacy closures in Knott End. [online] Cat Smith. Available at: <https://catsmith.co.uk/latest/2025/02/10/cat-challenges-the-government-about-pharmacy-closures-in-knott-end/> [Accessed 26 July 2026].

IIMTU Desk (2023). Career in Pharmacy | Scope, Jobs & Courses at IIMT University. [online] IIMT University Official Blog - Explore more! Available at: <https://iimtu.edu.in/blog/career-in-pharmacy/> [Accessed 26 July 2026].

NHS England » Pharmacy services. (n.d.). [online] www.england.nhs.uk. Available at: <https://www.england.nhs.uk/primary-care/pharmacy/pharmacy-services/> [Accessed 26 July 2026].

NHS England » Pharmacy. (n.d.). [online] www.england.nhs.uk. Available at: <https://www.england.nhs.uk/primary-care/pharmacy/> [Accessed 26 July 2026].

Oxfordlearnersdictionaries.com. (2026). pharmacy noun - Definition, pictures, pronunciation and usage notes | Oxford Advanced Learner's Dictionary at OxfordLearnersDictionaries.com. [online] Available at: https://www.oxfordlearnersdictionaries.com/definition/english/pharmacy#google_vignette [Accessed 26 July 2026].

Seeklogo. (2026). Registered with The Royal Pharmaceutical Society Logo PNG Vector (AI) Free Download. [online] Available at: <https://seeklogo.com/vector-logo/228498/registered-with-the-royal-pharmaceutical-society> [Accessed 26 July 2026].

Keywords: NHS, Pharmacy, History, Timeline, Services, Challenges, Access

Element 2

Community mental health services are often spoken down upon, yet highly in need of more resources. They are seen as useful, however stigmatised. With the rise of education around mental health in the public, there is an automatic rise in diagnoses. More people in need, less space for care to be given. That pressure and forced subpar care will be felt in decades to come. How did we get here, and where do we go?

After 69 years of the Lunacy Act 1890, the Mental Health Act 1959 was created, followed by a reorganisation of the administration of the NHS in 1984, which led to the 1990 National Health and Community Care Act, which laid the responsibility of community care on local authorities. Deinstitutionalisation during the 1990's onward, and sensationalism from the press did not grant any grace to decades of misinformation and mistreatment. Rapidly advancing science gave way for medications to (partially) alleviate people suffering from mental health disorders. The pressure on community care due to lack of funding, although increased, has resulted in variations in the type and level of provision available (Gilburt and Mallorie, 2024). To prevent the NHS management from becoming remote from the patients it serves, and to give the local communities a say in the health care services available to them. From April 1982, a further 'restructuring' within the NHS has brought about the demise of the Area Health Authority, and so now we have the Regional Authority dealing directly with the District Health Authority. It is hoped to bring decision-making down closer to the point of service (Association of Community Health Councils for England and Wales, 2026).

Currently, the NHS claims commitment to developing a new neighbourhood model of community mental health, which will bring together a range of community mental health services under one roof, including crisis services, community mental health services and short stay beds (NHS England, 2024). A 2026 CQC survey shows that although people feel treated with more respect and dignity, people aged 16-35, disabled people and autistic people had worse experiences. A rise of 2% of people feel being treated with care and compassion. Although the NHS workforce continues to expand, with around 143,000 people employed to provide mental healthcare, research suggests there are still not enough doctors in mental health services. Insufficient staffing impacts morale, as well as working with mentally unwell service users, due to their potential for challenging behaviour and resistance to engaging with support (Sambrook et al., 2025). The Community Health Care Framework's core principles seem idealistic, with the first step being to speak to your GP, which can take weeks for an initial appointment. Realistically, this will deter many.

Hurt and unresolved issues will move through generations; now that public and self-stigma is lifting, more people are willing to address it. Delayed care should not be because of the lack of funding or staff burnout. Burnout that lands staff needing those same services. With a healthier life and quality of life, future generations have a better chance than we currently do. Stagnation due to an identified issue decades ago seems intentional. The problems have not changed, nor have the solutions.

To conclude, as far as the mental health services have come in about 5 generations, give or take, and looking at the education and harm reduction provided. It is safe to say that humanity has grown a backbone regarding mental health, dignity and respect. When the government decides to equalise the hunger for money and power with mental well-being, hopefully before collapse, that will aid those same decision-makers when they are elderly and disabled.

Keywords: history, mental health community uk, assylum, medication, funding, statistics, current, community care, staff, Community Mental Health Framework

References

Association of Community Health Councils for England and Wales. (2026). THE ORIGIN. [online] Available at: <https://www.achcew.org/the-origin.html> [Accessed 25 July 2026].

Community mental health care is struggling to meet people's needs, CQC survey shows - Care Quality Commission. (2026). [online] Cqc.org.uk. Available at: <https://www.cqc.org.uk/press-release/community-mental-health-care-struggling-meet-people-s-needs-cqc-survey-shows> [Accessed 25 July 2026].

Gilburt, H. and Mallorie, S. (2024). Mental Health 360: Funding and Costs. [online] The King's Fund. Available at: <https://www.kingsfund.org.uk/insight-and-analysis/long-reads/mental-health-360-funding-costs> [Accessed 25 July 2026].

Ikkos, G., Bouras, N. and Tyrer, P. (2023). Madness and society in Britain. BJPsych Bulletin, [online] pp.1–5. doi:10.1192/bjb.2022.45.

NHS England (2024). NHS England Community Mental Health Services. [online] England.nhs.uk. Available at: <https://www.england.nhs.uk/mental-health/adults/cmhs/> [Accessed 25 July 2026].

NICE (2018). Mental health and the NHS. [online] indepth.nice.org.uk. Available at: <https://indepth.nice.org.uk/mental-health-and-the-nhs/index.html> [Accessed 25 July 2026].

Sambrook, L., McIntyre, J.C., Nathan, R., Tait, J., Ashley-Mudie, P., Humphreys, M., Wilson, P. and Saini, P. (2025). 'A community in crisis': staff qualitative experiences of NHS and third sector mental healthcare in England. BJPsych Open, [online] 11(5). doi:10.1192/bjo.2025.10826.

Turner, J., Hayward, R., Angel, K., Fulford, B., Hall, J., Millard, C. and Thomson, M. (2015). The History of Mental Health Services in Modern England: Practitioner Memories and the Direction of Future Research. Medical History, [online] 59(4), pp.599–624. doi:10.1017/mdh.2015.48.

