Professional Practise Work book

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S.W.O.T
Strengths, Weaknesses, Opportunities, Threats

Strengths	Weaknesses
- I am good at immersive acting and fully engaging in my roles. - I am always punctual and responsible. - I put all my effort into my role and the whole production. - I can work effectively and independently. - I deliver strong and emotionally complex performances. - I am a hardworking person. - I have high emotional intelligence and can access emotions well in my acting. - I am open to feedback and willing to improve - I am dedicated and focused on my goals - I can adapt to different roles and situations	- I need to project my voice louder. - I need to do more research about my characters. - I should share my ideas with producers more often. - I need to communicate more with directors. - I need to improve my literature and script research skills. - I need to find more practitioner references to support my character work. - I should ask more questions and join more discussions. - I sometimes lack confidence in new environment - I need to work on my networking skills
Opportunities	**Threats**
- I have the opportunity to work with the director, Duncan, which helps me build professional connections. - I have the opportunity to learn from Spotlight and understand how the theatre industry works. - I had the opportunity to do a mock audition with Andrew, which helped me learn professionalism. - I have the opportunity to create a project based on my personal interests. - I can meet new people who may support my future career. - I have opportunities to show my strengths and abilities. - I can gain international experiene in acting - I have an opportunity to learn new acting styles and techniques with Andrew and Sam	- Visa issues can be stressful as an international student. - Financial support is a major concern. - There is strong competition in the acting industry. - Language barriers may create challenges. - Emotional pressure from possible rejection. - High competition from local actors who are native speakers. - Difficulty building professional connections in a new country. - Job opportunities may not be stable

Personal Development Plan
(Continuous Development Plan)

Name			Date	
Objectives	Actions	Resources	Measures	Timeframes
What do I want/need to do/learn?	What will I do to achieve this?	What will I need?	What will my success criteria be?	Target dates for review & completion
I want to improve my voice projection	Practice vocal exercises	Vocal - warm up everyday	I project my voice in certain volume	
To improve character research skills	research their background	online research	I understand and feel my character	
To improve communication	Speak more in rehearsals and discussions	feedback from directors	I discuss and participate in class	
To improve my confidence	Share ideas with directors and classmates	Supports from directors and classmates	I speak more confidently in class	