Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

MODULE DIRECTORY

LEVEL 4

CANOLFAN BERFFORMIO CYMRU (CBC)

WALES INSTITUTE OF SCIENCE & ART

2021-2022

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INTRODUCTION

This Module Directory includes all the modules for Level 4 within the Canolfan Berfformio Cymru (CBC) in the academic year 2021-2022.

This directory accompanies the Programme of Study Handbook, which will provide you with details of which modules you will be studying for your programme this year in the 'Programme of Study' section. This directory may include modules that are running on other programmes of study within your Academic Discipline/Institute. If you require assistance in identifying the modules for your programme of study, please contact the Programme Manager (whose name and contact details are provided in the accompanying Programme of Study Handbook), or the relevant Institute Office.

The University has made every effort to make the information as full and as accurate as possible, but you should note that minor changes in the organisation of modules between the planning stage and the actual teaching are inevitable. We shall try to keep any such changes to a minimum, and you will receive plenty of advance warning in the event of any alteration. We would also be grateful if you would let us know about any changes that you think might be helpful if introduced into future handbooks.

MODULES

Module Code	ADPA4001
Title	Learning in the Digital Era
Date	25/06/2020
Level	4
Credits	20
Pre-Requisites	None

AIM(S)

- To develop student's skills for independent study and life-long learning, which will form the foundations for successful completion of their degree programme and support future employment opportunities.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- Demonstrate the foundational skills required to be a resilient and healthy independent learner.
- Practise the principles of learning agility
- Use suitable technology to support and enhance their learning experience within the discipline area

INDICATIVE CONTENT

- Time management, reading, writing, referencing and plagiarism, searching for and evaluating sources of information, working online.
- Critical thinking: issues concerning knowledge, belief, and doubt.
- Critical writing: synthesis, paraphrasing and creating an informed argument, avoiding plagiarism.
- Reflection and self-reflection.
- Identity and sense of place; including values, culture and intercultural awareness, heritage, diversity and inclusion and, multilingualism.
- Skills for a range of assessment modes, including blogs, vlogs, video, presentations, performances, posters, exams and written coursework.
- Skills and attitudes which underpin resilience, health, wellbeing and learning agility; the role of spirit, mind, emotions and body.
- Physical literacy: Consideration of the role of physical activity to the support of physical, mental health, well-being and resilience.
- Digital literacy: using appropriate technology; staying safe online, cyber security, digital identity.
- Team working.

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	48	24%
Independent learning	152	76%
Placement learning		
TOTAL	**200**	**100%**

ASSESSMENT

Assessment Component 1
(Tick one)

☐ **Written exam** ☒ **Coursework** ☐ **Practical**

Mode of assessment	Volume	Weighting
E-portfolio	Equivalent to 2,000 words	50%

Assessment Component 2
(Tick one)

☐ **Written exam** ☐ **Coursework** ☒ **Practical**

Mode of assessment	Volume	Weighting
Video and Supporting Materials	Individual 3 minute video which incorporates supporting materials	50%

Assessment Summary

Activity type	Percentage
Written exam	
Coursework	50%
Practical	50%
TOTAL	**100%**

INDICATIVE READING LIST

This will be guided by the student's subject area.

Module Code	**ADPA4001**	
Module Title	Learning in the Digital Era	
Classification	**Reading List entry**	**Electronic***
Essential	Cottrell, S (2019) *The Study Skills Handbook.* 5th edn. London: Macmillan International Higher Education.	☒
Essential	Pears, R. and Shields, G.J. (2019) *Cite Them Right: the essential referencing guide.* 11th edn. London: Macmillan International Higher Education.	☒
Essential	Library Info Skills Sessions	☒
Further	Hopkins, D. and Reid, T., 2018. *The Academic Skills Handbook: Your Guide to Success in Writing, Thinking and Communicating at University*. London: Sage	☐

Further	Osmond, A., 2016. *Academic Writing and Grammar for Students* 2nd edn. London: SAGE.	☐

Cod y Modwl	**ADPA4001C**
Teitl	**Dysgu yn yr Oes Ddigidol**
Dyddiad	**25/06/2020**
Lefel	**4**
Credydau	**20**
Rhagofynion	**Dim**

AMCAN(ION)

- Datblygu sgiliau'r myfyrwyr ar gyfer astudio annibynnol a dysgu gydol oes, a fydd yn ffurfio'r sylfeini ar gyfer cwblhau eu rhaglen radd yn llwyddiannus a chefnogi cyfleoedd cyflogaeth yn y dyfodol.

DEILLIANNAU DYSGU

Ar ôl cwblhau'r modwl hwn yn llwyddiannus, dylai'r myfyriwr allu:

- Arddangos y sgiliau sylfaenol sydd eu hangen i fod yn ddysgwr annibynnol cydnerth ac iach.
- Ymarfer egwyddorion ystwythder dysgu
- Defnyddio technoleg addas i gefnogi a gwella eu profiad dysgu yn y maes disgyblaeth

CYNNWYS DANGOSOL

- Rheoli amser, darllen, ysgrifennu, cyfeirnodi a llên-ladrad, chwilio am ffynonellau gwybodaeth a'u gwerthuso, gweithio ar-lein.
- Meddwl yn feirniadol: materion yn ymwneud â gwybodaeth, cred, ac amheuaeth.
- Ysgrifennu beirniadol: synthesis, aralleirio a chreu dadl wybodus, gan osgoi llên-ladrad.
- Myfyrio a hunanfyfyrio.
- Hunaniaeth ac ymdeimlad o le; yn cynnwys gwerthoedd, diwylliant ac ymwybyddiaeth ryngddiwylliannol, treftadaeth, amrywiaeth a chynhwysiant, ac amlieithrwydd.
- Sgiliau ar gyfer amrywiaeth o ddulliau asesu, yn cynnwys blogiau, flogiau, fideo, cyflwyniadau, perfformiadau, posteri, arholiadau a gwaith cwrs ysgrifenedig.
- Sgiliau ac agweddau sy'n sail i gydnerthedd, iechyd, llesiant ac ystwythder dysgu; rôl ysbryd, meddwl, emosiynau a'r corff.
- Llythrennedd corfforol: Ystyriaethau ynghylch rôl gweithgarwch corfforol i gefnogi iechyd corfforol, meddyliol, llesiant a chydnerthnedd.
- Llythrennedd digidol: defnyddio technoleg briodol; aros yn ddiogel ar-lein, seiberddiogelwch, hunaniaeth ddigidol.

- Gweithio mewn tîm.

Dyraniad Amser Astudio

Mae'r amser astudio ar gyfer y modwl wedi ei rannu fel a ganlyn:

Math o weithgaredd	Oriau	Canran
Dysgu wedi'i amserlennu	48	24%
Dysgu'n annibynnol	152	76%
Dysgu drwy leoliadau		
CYFANSWM	**200**	**100%**

ASESU

Elfen Asesu 1
(Ticiwch un)

☐ **Arholiad ysgrifenedig** ☒ **Gwaith cwrs** ☐ **Ymarferol**

Dull asesu	Maint	Pwysiad
E-bortffolio	Cyfwerth â 2,000 o eiriau	50%

Elfen Asesu 2
(Ticiwch un)

☐ **Arholiad ysgrifenedig** ☐ **Gwaith cwrs** ☒ **Ymarferol**

Dull asesu	Maint	Pwysiad
Fideo a Deunyddiau Ategol	Fideo unigol 3 munud sy'n ymgorffori deunyddiau ategol	50%

Crynodeb o'r Asesiad

Math o weithgaredd	Canran
Arholiad ysgrifenedig	
Gwaith cwrs	50%
Ymarferol	50%
CYFANSWM	**100%**

RHESTR DDARLLEN DDANGOSOL

Bydd y rhestr yn cael ei llywio gan faes pwnc y myfyriwr.

Cod y Modwl	**ADPA4001C**	
Teitl y Modwl	**Dysgu yn yr Oes Ddigidol**	
Categori	**Eitemau'r Rhestr Ddarllen**	**Electronig***
Hanfodol	Cottrell, S (2019) *The Study Skills Handbook.* 5th edn. London: Macmillan International Higher Education.	☒
Hanfodol	Pears, R. and Shields, G.J. (2019) *Cite Them Right: the essential referencing guide.* 11th edn. London: Macmillan International Higher Education.	☒
Hanfodol	Sesiynau Sgiliau Gwybodaeth y Llyfrgell	☒

Pellach	Hopkins, D. and Reid, T., 2018. *The Academic Skills Handbook: Your Guide to Success in Writing, Thinking and Communicating at University*. London: Sage	☐
Pellach	Osmond, A., 2016. *Academic Writing and Grammar for Students* 2nd edn. London: SAGE.	☐

Module Code	ADPA4003
Title	Performance Class
Date	15/07/2019
Level	4
Credits	20
Pre-Requisites	

AIM(S)

- Develop the students' repertoire, performance and self-presentation skills
- Develop the students ability to critically analyse their own and others performances

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- Confidently present a series of songs in different styles and from a range of periods;
- Confidently present a series of monologues from a range of plays and playwrights;
- Constructively evaluate their strengths and weaknesses as actor-singers.

INDICATIVE CONTENT

- Weekly classes where each student presents a performance piece that they are working on.
- Work on a range of musical repertoire
- Work on a range of poetry and monologues from Elizabethan to Contemporary Playwrights.
- Receive weekly feedback by tutors and their piers
- Workshops on self-analysis, self-presentation and the giving and receiving of critical feedback

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	72	36%
Independent learning	128	64%
Placement learning	0	0
TOTAL	**200**	**100%**

ASSESSMENT

Assessment Component 1
(Tick one)

☐ **Written exam** ☐ **Coursework** ☒ **Practical**

Mode of assessment	Volume	Weighting
Continuous assessment	Each student will be assessed on a number of short performances	70%

Assessment Component 2
(Tick one)

☐ **Written exam** ☒ **Coursework** ☐ **Practical**

Mode of assessment	Volume	Weighting
Written	1500 Self-evaluation, research and analysis of process through ongoing and summative journal-based submission.	30%

Assessment Summary

Activity type	Percentage
Written exam	
Coursework	30%
Practical	70%
TOTAL	**100%**

READING LIST

Module Code	**ADPA4003**	
Module Title	**Performance Class**	
Classification	**Reading List entry**	**Electronic***
Essential	Alfreds, M. *Different every night,* Nick Hern Books. 2007	☒
Essential	Deer, J and Dal Vera, R Acting in Musical Theatre a Comprehensive Course: London and New York: Routledge 2008	☐
Essential	Houseman, B. *Finding your Voice*, Nick Hern Books 2002	☐
Further	Guskin, H. How to Stop Acting: London: Bloomsbury 2004	☐
Further	Havard. P. *Acting Through Song*. Nick Hern Book 2013	
Further	Merlin, B. *The Stanislavsky Toolkit,* Nick Hern Books. 2007	☒
Further	Meisner S. *Sanford Meisner On Acting,* Vintage Books: 1990	☒
Further	Petit. L *The Michael Chekhov Handbook* Routledge 2009	☒

Further	Kayes, G. *Singing and the Actor*. London: A&C Black, 2000.	☒
Further	Burgess, T. *The Singing and Acting Handbook*. London: Routledge, 1999.	☐
Further	Citron, S. *The Musical from Inside Out.* London: Hodder and Stoughton, 1991.	☐

Cod y Modwl	**ADPA4003C**
Teitl	**Dosbarth Perfformio**
Dyddiad	**15/07/2019**
Lefel	**4**
Credydau	**20**
Rhagofynion	

AMCAN(ION)

- Datblygu repertoire, sgiliau perfformio a hunan-gyflwyno myfyrwyr
- Datblygu gallu myfyrwyr i ddadansoddi'n feirniadol eu perfformiadau nhw eu hunain ac eraill

DEILLIANNAU DYSGU

Ar ôl cwblhau'r modwl hwn yn llwyddiannus, dylai'r myfyriwr allu:

- Cyflwyno'n hyderus cyfres o ganeuon mewn gwahanol arddulliau ac o ystod o gyfnodau;
- Cyflwyno'n hyderus cyfres o fonologau o ystod o ddramâu a gan amrywiaeth o ddramodwyr;
- Gwerthuso'n adeiladol eu cryfderau a gwendidau fel cantorion-actorion.

CYNNWYS DANGOSOL

- Dosbarthiadau wythnosol lle bydd pob myfyriwr yn cyflwyno darn perfformio maent yn gweithio arno.
- Gweithio ar ystod o repertoire cerddorol
- Gweithio ar ystod o farddoniaeth a monologau o Oes Elisabeth i Ddramodwyr Cyfoes.
- Derbyn adborth wythnosol gan diwtoriaid a'u cymheiriaid
- Gweithdai ar hunan-ddadansoddi, hunan-gyflwyno a rhoi a derbyn adborth beirniadol

Dyraniad Amser Astudio

Mae'r amser astudio ar gyfer y modwl wedi ei rannu fel a ganlyn:

Math o weithgaredd	**Oriau**	**Canran**
Dysgu wedi'i amserlennu	72	36%
Dysgu'n annibynnol	128	64%
Dysgu trwy leoliadau	0	0
CYFANSWM	**200**	**100%**

ASESU

Elfen Asesu 1
(Ticiwch un)

☐ **Arholiad ysgrifenedig** ☐ **Gwaith cwrs** ☒ **Ymarferol**

Dull asesu	Maint	Pwysiad
Asesiad Parhaus	Bydd pob myfyriwr yn cael ei asesu ar nifer o berfformiadau byr	70%

Elfen Asesu 2
(Ticiwch un)

☐ **Arholiad ysgrifenedig** ☒ **Gwaith cwrs** ☐ **Ymarferol**

Dull asesu	Maint	Pwysiad
Ysgrifenedig	1500 Hunan-werthusiad, ymchwil a dadansoddiad o broses trwy gyflwyniad seiliedig ar ddyddlyfr parhaus a chrynodol.	30%

Crynodeb o'r Asesiad

Math o weithgaredd	Canran
Arholiad ysgrifenedig	
Gwaith cwrs	30%
Ymarferol	70%
CYFANSWM	**100%**

RHESTR DDARLLEN

Cod y Modwl	**ADPA4003C**	
Teitl y Modwl	**Dosbarth Perfformio**	
Categori	**Eitemau'r Rhestr Ddarllen**	**Electronig***
Hanfodol	Alfreds, M. *Different every night,* Nick Hern Books. 2007	☒
Hanfodol	Deer, J a Dal Vera, R Acting in Musical Theatre a Comprehensive Course: Llundain ac Efrog Newydd: Routledge 2008	☐
Hanfodol	Houseman, B. *Finding your Voice*, Nick Hern Books 2002	☐
Pellach	Guskin, H. How to Stop Acting: Llundain: Bloomsbury 2004	☐
Pellach	Havard. P. *Acting Through Song*. Nick Hern Book 2013	

Pellach	Merlin, B. *The Stanislavsky Toolkit,* Nick Hern Books. 2007	☒
Pellach	Meisner S. *Sanford Meisner On Acting,* Vintage Books: 1990	☒
Pellach	Petit. L *The Michael Chekhov Handbook* Routledge 2009	☒
Pellach	Kayes, G. *Singing and the Actor*. Llundain: A&C Black, 2000.	☒
Pellach	Burgess, T. *The Singing and Acting Handbook*. Llundain: Routledge, 1999.	☐
Pellach	Citron, S. *The Musical from Inside Out.* Llundain: Hodder and Stoughton, 1991.	☐

Module Code	**ADPB4004**
Title	**Dance Training 1**
Date	**20/08/2021**
Level	**4**
Credits	**20**
Pre-Requisites	**None**

AIM(S)

- To provide practical training in Jazz, Ballet and Tap techniques through developing physical awareness, musicality, rhythmic quality and co-ordination.

- To provide guidance and information around the importance of nutrition and fitness and their effects on related performance practices and disciplines.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- Demonstrate knowledge and understanding of Jazz technique within travelling exercises, corner work and a routine at a foundation level.

- Demonstrate knowledge and understanding of Ballet technique in Barre work and Centre work at a foundation level.

- Demonstrate knowledge and understanding of Tap technique through a series of exercises at a foundation level.

- Appraise the importance of nutrition and fitness and their effects on performance.

INDICATIVE CONTENT

- Ballet barre work and centre work will cover the following vocabulary and exercises: Pliés, Tendus, Glissés, Rond de Jambe à terre, Frappés, Fondu, Adage, Grand Battements; Centre work – Ports de Bras, Preparation for pirouettes and single pirouettes, Petit Allegro and travelling sequences.

- Tap classes will cover the following vocabulary and exercises: Single Beats – Tap, Brush, Hop, heel beats and toe beats; Compound Beats – shuffles, pick-ups, cramp rolls and basic single time step.

- Students will participate in practical Jazz dance classes focusing upon Jazz dance centre-work, travelling and corner work including Jazz Plies, Jazz Tendus, Jazz arm positions, Isolations, Kicks, Jazz pirouettes.

- The module will cover fitness and nutrition and the effect it can have on individual training and performance, health and wellbeing.

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	72	36%
Independent learning	128	64%
Placement learning	0	0
TOTAL	**200**	**100%**

ASSESSMENT

Assessment Component 1

☐ **Written exam** ☐ **Coursework** ☒ **Practical**

Mode of assessment	Volume	Weighting
Practical	A series of practical presentations of selected material -12 minutes	80%

Assessment Component 4

☐ **Written exam** ☐ **Coursework** ☒ **Practical**

Mode of assessment	Volume	Weighting
Presentation	5 minutes	20%

Assessment Summary

Activity type	Percentage
Written exam	0%
Coursework	0%
Practical	100%
TOTAL	**100%**

INDICATIVE READING LIST

Module Code	**ADPB4004**	
Module Title	**Dance Training 1**	
Classification	**Reading List entry**	**Electronic***
Essential	Feldman, A. (2004) *Inside Tap: Techniques and Improvisation for Today's Tap Dancer*. New Jersey, Princeton.	☐
Essential	Grieg, V. (1997) *Inside Ballet Technique: Separating Anatomical Fact from Fiction in the Ballet Class*. New Jersey, Princeton.	☐

Essential	Ward, W. G. (1989) *Classical Ballet Technique* Gainesville, University Press of Florida.	☐
Essential	Andreu, H. (2006) *Dance, Movement and Nutrition: Fitness Minutes for a Healthier Life*. Bloomington, Author House.	☐
Further	Anderson, J. (1994) *Ballet and Modern Dance: A Concise History* New York: Dance Horizons.	☐
Further	Grant, G. (2013) *Technical Manual and Dictionary of Classical Ballet*, Create Space.	☐
Further	Guarino, L. & Oliver, W. (2015) *Jazz Dance: A History of the Roots and Branches*. Florida: University Press Florida	☐
Further	Gaynor, E. (2006) *The Ballet Companion: A Dancer's Guide to the Technique, Traditions and Joys of Ballet.* New York, Simon & Schuster.	☐
Further	Hannah, T. (2004) *Somatics: Reawakening the Mind's Control of Movement, Flexibility and Health.* Cambridge Massachusetts, Da Capo Press.	☐
Further	Valis Hill, C. (2010) *Tap Dancing America: A Cultural History* Oxford, Oxford University Press.	☒
Further	Kraft, E. & Simmel, L. (2017) *Nutrition for Dancers: Basics, Performance Enhancement and Practical Tips*. London, Routledge.	☐

Cod y Modwl	**ADPB4004C**
Teitl	**Hyfforddiant Dawns 1**
Dyddiad	**20/08/2021**
Lefel	**4**
Credydau	**20**
Rhagofynion	**Dim**

AMCAN(ION)

- Darparu hyfforddiant ymarferol mewn technegau Jazz, Bale a Thap trwy ddatblygu ymwybyddiaeth gorfforol, cerddoroldeb, ansawdd rhythmig a chydsymud.

- Darparu arweiniad a gwybodaeth ynghylch pwysigrwydd maeth a ffitrwydd a'u heffaith ar ymarferion a disgyblaethau perfformio cysylltiedig

DEILLIANNAU DYSGU

Ar ôl cwblhau'r modwl hwn yn llwyddiannus, dylai'r myfyriwr allu:

- Dangos gwybodaeth a dealltwriaeth o dechneg Jazz o fewn ymarferion teithio, gwaith cornel a rheolwaith ar lefel sylfaen.

- Dangos gwybodaeth a dealltwriaeth o dechneg Bale mewn gwaith Barre a gwaith canol ystafell ar lefel sylfaen.

- Dangos gwybodaeth a dealltwriaeth o dechneg Tap trwy gyfres o ymarferion ar lefel sylfaen.

- Gwerthuso pwysigrwydd maeth a ffitrwydd a'u heffaith ar berfformiad.

CYNNWYS DANGOSOL

- Bydd gwaith barre bale a gwaith canol ystafell yn cwmpasu'r eirfa ac ymarferion a ganlyn: Pliés, Tendus, Glissés, Rond de Jambe à terre, Frappés, Fondu, Adage, Grand Battements; Gwaith Canol Ystafell – Ports de Bras, Paratoi ar gyfer pirouettes a pirouettes unigol, Petit Allegro a dilyniannau teithio.

- Bydd dosbarthiadau Tap yn cwmpasu'r eirfa a'r ymarferion a ganlyn: Curiadau Sengl – Tap, Brush, Hop, curiadau sawdl a churiadau blaen y troed; Curiadau Cyfansawdd – shifflau, 'pick-ups', 'cramp rolls' a cham amser sengl sylfaenol.

- Bydd myfyrwyr yn cymryd rhan mewn dosbarthiadau dawns Jazz ymarferol yn ffocysu ar waith canol ystafell dawns Jazz, teithio a gwaith cornel ystafell yn cynnwys Plies Jazz, Tendus Jazz, safleoedd braich Jazz, Ynysiadau, Ciciau, pirouettes Jazz.

- Bydd y modwl yn cwmpasu ffitrwydd a maeth a'r effaith y gall hyn ei gael ar hyfforddiant a pherfformiad, iechyd a llesiant unigol.

Dyraniad Amser Astudio

Mae'r amser astudio ar gyfer y modwl wedi ei rannu fel a ganlyn:

Math o weithgaredd	Oriau	Canran
Dysgu wedi'i amserlennu	72	36%
Dysgu'n annibynnol	128	64%
Dysgu drwy leoliadau	0	0
CYFANSWM	**200**	**100%**

ASESU

Elfen Asesu 1

☐ **Arholiad ysgrifenedig** ☐ **Gwaith cwrs** ☒ **Ymarferol**

Dull asesu	Maint	Pwysiad
Ymarferol	Cyfres o gyflwyniadau ymarferol o ddeunydd a ddetholir – 12 munud	80%

Elfen Asesu 4

☐ **Arholiad ysgrifenedig** ☐ **Gwaith cwrs** ☒ **Ymarferol**

Dull asesu	Maint	Pwysiad
Cyflwyniad	5 munud	20%

Crynodeb o'r Asesiad

Math o weithgaredd	Canran
Arholiad ysgrifenedig	0%
Gwaith cwrs	0%
Ymarferol	100%
CYFANSWM	**100%**

RHESTR DDARLLEN DDANGOSOL

Cod y Modwl	**ADPB4004C**	
Teitl y Modwl	**Hyfforddiant Dawns 1**	
Categori	**Eitemau'r Rhestr Ddarllen**	**Electronig***
Hanfodol	Feldman, A. (2004) *Inside Tap: Techniques and Improvisation for Today's Tap Dancer*. New Jersey, Princeton.	☐
Hanfodol	Grieg, V. (1997) *Inside Ballet Technique: Separating Anatomical Fact from Fiction in the Ballet Class*. New Jersey, Princeton.	☐
Hanfodol	Ward, W. G. (1989) *Classical Ballet Technique* Gainesville, University Press of Florida.	☐
Hanfodol	Andreu, H. (2006) *Dance, Movement and Nutrition: Fitness Minutes for a Healthier Life*. Bloomington, Author House.	☐
Pellach	Anderson, J. (1994) *Ballet and Modern Dance: A Concise History* Efrog Newydd: Dance Horizons.	☐

Pellach	Grant, G. (2013) *Technical Manual and Dictionary of Classical Ballet*, Create Space.	☐
Pellach	Guarino, L. & Oliver, W. (2015) *Jazz Dance: A History of the Roots and Branches*. Florida: University Press Florida	☐
Pellach	Gaynor, E. (2006) *The Ballet Companion: A Dancer's Guide to the Technique, Traditions and Joys of Ballet.* Efrog Newydd, Simon & Schuster.	☐
Pellach	Hannah, T. (2004) *Somatics: Reawakening the Mind's Control of Movement, Flexibility and Health.* Caergrawnt Massachusetts, Da Capo Press.	☐
Pellach	Valis Hill, C. (2010) *Tap Dancing America: A Cultural History* Rhydychen, Oxford University Press.	☐
Pellach	Kraft, E. & Simmel, L. (2017) *Nutrition for Dancers: Basics, Performance Enhancement and Practical Tips*. Llundain, Routledge.	☐

Module Code	**ADPB4005**
Title	**Singing 1**
Date	**20/08/2021**
Level	**4**
Credits	**20**
Pre-Requisites	**None**

AIM(S)

- To introduce students to a variety of musical theatre singing styles and general music literacy.
- To introduce students to the anatomy and physiology of the singing voice and to a variety of voice techniques designed to develop vocal ability.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- Understand, select, rehearse and perform an appropriate selection of solo songs that displays a knowledge of the underlying concepts of a range of genres and singing styles.
- Understand the fundamentals of vocal anatomy, and how we make the sounds, we make, both spoken and sung
- Understand new techniques and methods appropriate to stylistic requirements of specific material and the effective application of various techniques in the performance of solo songs

INDICATIVE CONTENT

- Students will be given a series of exercises to continue development of individual vocal technique.
- They will study a variety of repertoire designed to increase understanding of technique and style/genre.
- Students will learn how to source, research and rehearse material independently.
- Students will be introduced to the fundamentals of vocal anatomy, and how we make the sounds, we make, both spoken and sung
- Students will be introduced to methods/techniques designed to develop singing skills to sustain healthy practice and apply these appropriately whilst singing solo and in ensemble and choral setting.

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	72	36%
Independent learning	128	64%
Placement learning	0	0
TOTAL	**200**	**100%**

ASSESSMENT

Assessment Component 1

☐ **Written exam** ☐ **Coursework** ☒ **Practical**

Mode of assessment	Volume	Weighting
Practical	A series of practical presentations of selected material (10 minutes)	100%

Assessment Summary

Activity type	Percentage
Written exam	0%
Coursework	0%
Practical	100%
TOTAL	**100%**

INDICATIVE READING LIST

Module Code	**ADPB4005**	
Module Title	**Singing 1**	
Classification	**Reading List entry**	**Electronic***
Essential	Forrest, L. A., Gates, R. & Obert, K. (2013) *The Owner's Manual to the Voice*. New York, Oxford University Press.	☐
Essential	Kayes, G. (2004) *Singing and the Actor*. London, A & C Black.	☒
Essential	Benward, B & Saker, M. (2020) *Music in Theory & Practice*. New York, McGraw Hill.	☒
Further	Dayme, M. B. (2006) *The Performer's Voice: Realizing your Vocal Potential*. London, W. W. Norton.	☒
Further	Hammond, M. (2009) *Thank You – That's All We Need For Today.* London, Faber.	☐
Further	Harvard, P. (2013) *Acting Through Song*. London, Nick Hern Books.	☒

Cod y Modwl	**ADPB4005C**
Teitl	**Canu 1**
Dyddiad	**20/08/2021**
Lefel	**4**
Credydau	**20**
Rhagofynion	**Dim**

AMCAN(ION)

- Cyflwyno myfyrwyr i amrywiaeth o arddulliau canu theatr gerddorol a llythrennedd cerddorol cyffredinol

- Cyflwyno myfyrwyr i anatomi a ffisioleg y llais canu ac i amrywiaeth o dechnegau llais a gynlluniwyd i ddatblygu gallu lleisiol.

DEILLIANNAU DYSGU

Ar ôl cwblhau'r modwl hwn yn llwyddiannus, dylai'r myfyriwr allu:

- Deall, dethol, ymarfer a pherfformio detholiad addas o unawdau sy'n dangos gwybodaeth o gysyniadau sylfaenol ystod o genres ac arddulliau canu.

- Deall hanfodion anatomi lleisiol, a sut rydym yn gwneud y synau a wnawn, wrth siarad ac wrth ganu

- Deall technegau ac arddulliau newydd addas i ofynion arddulliadol deunydd penodol a chymhwyso gwahano dechnegau'r effeithiol wrth berfformio unawdau

CYNNWYS DANGOSOL

- Rhoddir cyfres o ymarferion i fyfyrwyr i barhau i ddatblygu techneg leisiol unigol.

- Byddant yn astudio amrywiaeth o repertoire wedi'i gynllunio i gynyddu dealltwriaeth o dechneg ac arddull/genre.

- Bydd myfyrwyr yn dysgu sut i ddod o hyd i, ymchwilio ac ymarfer deunydd yn annibynnol.

- Caiff myfyrwyr eu cyflwyno i hanfodion anatomi lleisiol, a sut rydym yn gwneud y synau hynny, wrth siarad ac wrth ganu

- Caiff myfyrwyr eu cyflwyno i arddulliau/technegau a gynlluniwyd i ddatblygu sgiliau canu i gynnal ymarfer iach a chymhwyso'r rhain yn briodol wrth ganu unawd ac mewn ensembles a chorau.

Dyraniad Amser Astudio

Mae'r amser astudio ar gyfer y modwl wedi ei rannu fel a ganlyn:

Math o weithgaredd	Oriau	Canran
Dysgu wedi'i amserlennu	72	36%
Dysgu'n annibynnol	128	64%
Dysgu drwy leoliadau	0	0
CYFANSWM	**200**	**100%**

ASESU

Elfen Asesu 1
(Ticiwch un)

☐ **Arholiad ysgrifenedig** ☐ **Gwaith cwrs** ☒ **Ymarferol**

Dull asesu	Maint	Pwysiad
Ymarferol	Cyfres o gyflwyniadau ymarferol o ddeunydd wedi'i ddethol (10 munud)	100%

Crynodeb o'r Asesiad

Math o weithgaredd	Canran
Arholiad ysgrifenedig	0%
Gwaith cwrs	0%
Ymarferol	100%
CYFANSWM	**100%**

RHESTR DDARLLEN DDANGOSOL

Cod y Modwl	**ADPB4005C**	
Teitl y Modwl	**Canu 1**	
Categori	**Eitemau'r Rhestr Ddarllen**	**Electronig***
Hanfodol	Forrest, L. A., Gates, R. & Obert, K. (2013) *The Owner's Manual to the Voice*. Efrog Newydd, Oxford University Press.	☐
Hanfodol	Kayes, G. (2004) *Singing and the Actor*. Llundain, A & C Black.	☒
Hanfodol	Benward, B & Saker, M. (2020) *Music in Theory & Practice*. Efrog Newydd, McGraw Hill.	☒
Pellach	Dayme, M. B. (2006) *The Performer's Voice: Realizing your Vocal Potential*. Llundain, W. W. Norton.	☒
Pellach	Hammond, M. (2009) *Thank You – That's All We Need For Today.* Llundain, Faber.	☐
Pellach	Harvard, P. (2013) *Acting Through Song*. Llundain, Nick Hern Books.	☒

Module Code	ADPB4006
Title	Acting
Date	20/08/2021
Level	4
Credits	20
Pre-Requisites	None

AIM(S)

- To develop students' abilities as actors to analyse text as part of a rehearsal process
- To develop the students acting skills and character development

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- Employ strategies to prepare script for effective rehearsal:
- Exhibit an understanding of the connection between thinking, breathing, emotional release and text
- Apply practical and theoretical approaches to an actor's development of a character;
- Apply acting skills derived from naturalistic approaches to performance.

INDICATIVE CONTENT

- Performance approaches, such as those of Uta Hagan and Sanford Meisner, will be drawn upon to offer insights into practical techniques of rehearsal in order to develop an authentic response in performance
- An introduction to Stanislavski's system and the key practitioners who have interpreted his work such as: Uta Hagen and Bella Merlin.
- Practical exploration of the fundamental techniques required in research and analysis of text from an actor's point of view.
- Through practical sessions, the student will develop confidence as an actor and learn about the connection between thinking, breathing, emotion and text.

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	72	36%
Independent learning	128	64%
Placement learning	0	0%
TOTAL	**200**	**100%**

ASSESSMENT

Assessment Component 1

☐ **Written exam** ☒ **Coursework** ☐ **Practical**

Mode of assessment	Volume	Weighting
Portfolio - to include a series of practical presentations of selected material Supported by 1600 words Research and analysis of process through ongoing journal-based submission and a 5min seminar presentation.	4 - 6 elements	100%

Assessment Summary

Activity type	Percentage
Written exam	0%
Coursework	100%
Practical	0%
TOTAL	**100%**

INDICATIVE READING LIST

Module Code	ADPB4006	
Module Title	Acting	
Classification	Reading List entry	Electronic*
Essential	Alfreds, M. (2007) *Different Every Night*. London, Nick Hern Books.	☒
Essential	Merlin, B. (2007) *The Complete Stanislavsky Toolkit.* London, Nick Hern Books	☒
Further	Benedetti, J. (2004) *Stanislavski: An Introduction.* London, Routledge.	☒
Further	Rushe, S. (2019) *The Michael Chekhov Acting Technique: A Practitioner's Guide*. London, Bloomsbury Methuen.	☐
Further	Esper, W. (2009) *The Actor's Art and Craft*. New York, Anchor.	☐
Further	Merlin, B. (2003) *Konstantin Stanislavski*. London, Routledge.	☒
Further	Silverberg, L. (1998) *The Sanford Meisner Approach: Tackling the Text.* New Hampshire, Smith & Kraus.	☐
Further	Silverberg, L. (1998) *The Sanford Meisner Approach: An Actor's Workbook.* New York, Smith & Kraus.	☐

Cod y Modwl	**ADPB4006C**
Teitl	**Actio**
Dyddiad	**20/08/2021**
Lefel	**4**
Credydau	**20**
Rhagofynion	**Dim**

AMCAN(ION)

- Datblygu gallu myfyrwyr fel actorion i ddadansoddi testun yn rhan o'r broses ymarfer
- Datblygu sgiliau actio'r myfyrwyr a datblygiad cymeriadau

DEILLIANNAU DYSGU

Ar ôl cwblhau'r modwl hwn yn llwyddiannus, dylai'r myfyriwr allu:

- Defnyddio strategaethau i baratoi sgript ar gyfer ymarfer effeithiol:
- Dangos dealltwriaeth o'r cysylltiad rhwng meddwl, anadlu, rhyddhad emosiynol a thestun
- Cymhwyso ymagweddau ymarferol a damcaniaethol i ddatblygiad actor o gymeriad;
- Cymhwyso sgiliau actio a geir drwy ymagweddau naturiolaidd at berfformiad.

CYNNWYS DANGOSOL

- Ymagweddau perfformio, fel rhai Uta Hagan a Sanfod Meisner, yn cael eu defnyddio i gynnig mewnwelediad i dechnegau ymarferol ymarfer er mwyn datblygu ymateb dilys wrth berfformio
- Cyflwyniad i system Stanislavski a'r ymarferwyr allweddol sydd wedi dehongli ei waith fel: Uta Hagen a Bella Merlin.
- Archwiliad ymarferol o'r technegau hanfodol sydd eu hangen wrth ymchwilio a dadansoddi testun o safbwynt actor.
- Trwy sesiynau ymarferol, bydd y myfyriwr yn datblygu hyder fel actor a dysgu am y cysylltiad rhwng meddwl, anadlu, emosiwn a thestun.

Dyraniad Amser Astudio

Mae'r amser astudio ar gyfer y modwl wedi ei rannu fel a ganlyn:

Math o weithgaredd	**Oriau**	**Canran**
Dysgu wedi'i amserlennu	72	36%
Dysgu'n annibynnol	128	64%
Dysgu drwy leoliadau	0	0%
CYFANSWM	**200**	**100%**

ASESU

Elfen Asesu 1

☐ **Arholiad ysgrifenedig** ☒ **Gwaith cwrs** ☐ **Ymarferol**

Dull asesu	Maint	Pwysiad
Portffolio – i gynnwys cyfres o gyflwyniadau ymarferol o ddeunydd a ddetholir wedi'i gefnogi gan 1600 o eiriau Ymchwil a dadansoddiad o broses trwy gyflwyniad seiliedig ar ddyddlyfr parhaus a chyflwyniad seminar 5 munud.	4 – 6 elfen	100%

Crynodeb o'r Asesiad

Math o weithgaredd	Canran
Arholiad ysgrifenedig	0%
Gwaith cwrs	100%
Ymarferol	0%
CYFANSWM	**100%**

RHESTR DDARLLEN DDANGOSOL

Cod y Modwl	**ADPB4006C**	
Teitl y Modwl	**Actio**	
Categori	**Eitemau'r Rhestr Ddarllen**	**Electronig***
Hanfodol	Alfreds, M. (2007) *Different Every Night*. Llundain, Nick Hern Books.	☒
Hanfodol	Merlin, B. (2007) *The Complete Stanislavsky Toolkit.* Llundain, Nick Hern Books	☒
Pellach	Benedetti, J. (2004) *Stanislavski: An Introduction.* Llundain, Routledge.	☒
Pellach	Rushe, S. (2019) *The Michael Chekhov Acting Technique: A Practitioner's Guide*. Llundain, Bloomsbury Methuen.	☐
Pellach	Esper, W. (2009) *The Actor's Art and Craft*. Efrog Newydd, Anchor.	☐
Pellach	Merlin, B. (2003) *Konstantin Stanislavski*. Llundain, Routledge.	☒
Pellach	Silverberg, L. (1998) *The Sanford Meisner Approach: Tackling the Text.* New Hampshire, Smith & Kraus.	☐
Pellach	Silverberg, L. (1998) *The Sanford Meisner Approach: An Actor's Workbook.* Efrog Newydd, Smith & Kraus.	☐

Module Code	ADPB4007
Title	Theatre Laboratory
Date	20/08/2021
Level	4
Credits	20
Pre-Requisites	None

AIM(S)

- An opportunity for students to explore, analyse, rehearse and perform a range of theatre styles.
- Broaden students' understanding of the history of theatre

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- Demonstrate their understanding of a wide range of theatre styles / techniques
- Research and reflect on the work of a number of playwrights, composers, librettists and producers
- Demonstrate an awareness of the history and development of Musical Theatre from Greek theatre to present day

INDICATIVE CONTENT

- Students will take part in workshops and lectures introducing a number of theatre styles/genres
- Students will be equipped with basic skills to enable them to analyse the texts and understand the vision of the playwright/composer/librettist
- A series of lectures will provide an introduction to the history and development of the theatre which will support the practical work undertaken.
- Students are expected to attend professional performances regularly to extend their understanding beyond the classroom

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	72	36%
Independent learning	128	64%
Placement learning	0	0
TOTAL	**200**	**100%**

ASSESSMENT

Assessment Component 1

☐ **Written exam** ☒ **Coursework** ☐ **Practical**

Mode of assessment	Volume	Weighting
Portfolio - to include a series of practical presentations of selected material supported by 1,600 words Research and analysis of process through ongoing journal-based submission and a 5 minute seminar presentation	4 - 6 elements	100%

Assessment Summary

Activity type	Percentage
Written exam	0%
Coursework	100%
Practical	0%
TOTAL	**100%**

INDICATIVE READING LIST

Module Code	**ADPB4007**	
Module Title	**Theatre Laboratory**	
Category	**Reading List Item**	**Electronic***
Essential	O'Brian, N. & Sutton, A. (2019) *Theatre in Practice – A Student's Handbook.* London, Routledge.	☐
Essential	Kenrick, J. (2017) *Musical Theatre: A History*. London, Bloomsbury.	☒
Essential	Mitter, S. (1992) *Systems of Rehearsal - Stanislavsky, Brecht, Grotowski and Brook.* London, Routledge.	☐
Further	Zarrilli. P. B et al. (2006) *Theatre Histories - An Introduction*. London, Routledge.	☒
Further	Esslin, M. (2014) *The Theatre of the Absurd*. London, Bloomsbury.	☐
Further	Graham, S. (2014) *The Frantic Assembly Book of Devising Theatre.* London, Routledge.	☐
Further	Unwin, S. (2014) *The Complete Brecht Toolkit.* London, Nick Hern Books.	☐
Further	Sierz, A. (2001) *In-Yer-Face Theatre – British Drama Today.* London, Faber & Faber.	☐
Further	Batty, M. (2005) *About Pinter – The Playwright and The Work.* London, Faber & Faber.	☐
Further	Meyer, M. (1971) *Ibsen - a Biography*. London, Doubleday.	☐

Cod y Modwl	**ADPB4007C**
Teitl	**Labordy Theatr**
Dyddiad	**20/08/2021**
Lefel	**4**
Credydau	**20**
Rhagofynion	**Dim**

AMCAN(ION)

- Cyfle i fyfyrwyr archwilio, dadansoddi, ymarfer a pherfformio ystod o arddulliau theatr.
- Ymestyn dealltwriaeth myfyrwyr o hanes theatr

DEILLIANNAU DYSGU

Ar ôl cwblhau'r modwl hwn yn llwyddiannus, dylai'r myfyriwr allu:

- Arddangos eu dealltwriaeth o ystod eang o arddulliau / dechnegau theatr
- Ymchwilio ac adfyfyrio ar waith nifer o ddramodwyr, cyfansoddwyr, libretwyr a chynhyrchwyr
- Arddangos ymwybyddiaeth o hanes a datblygiad Theatr Gerddorol o theatr Roegaidd i'r presennol

CYNNWYS DANGOSOL

- Bydd myfyrwyr yn cymryd rhan mewn gweithdai a darlithoedd yn cyflwyno nifer o arddulliau/genres theatr
- Bydd myfyrwyr yn dysgu'r sgiliau sylfaenol i'w galluogi i ddadansoddi'r testunau a deall gweledigaeth y dramodydd/cyfansoddwr/libretydd
- Bydd cyfres o ddarlithwyr yn darparu cyflwyniad i hanes a datblygiad theatr a fydd yn cefnogi'r gwaith ymarferol a wneir.
- Disgwylir i fyfyrwyr fynychu perfformiadau proffesiynol yn rheolaidd i ymestyn eu dealltwriaeth tu hwnt i'r ystafell ddosbarth

Dyraniad Amser Astudio

Mae'r amser astudio ar gyfer y modwl wedi ei rannu fel a ganlyn:

Math o weithgaredd	**Oriau**	**Canran**
Dysgu wedi'i amserlennu	72	36%
Dysgu'n annibynnol	128	64%
Dysgu drwy leoliadau	0	0
CYFANSWM	**200**	**100%**

ASESU

Elfen Asesu 1

☐ **Arholiad ysgrifenedig** ☐ **Gwaith cwrs** ☐ **Ymarferol**

Dull asesu	Maint	Pwysiad
Portffolio – i gynnwys cyfres o gyflwyniadau ymarferol o ddeunydd a ddewiswyd wedi'i gefnogi gan 1,600 o eiriau Ymchwil a dadansoddiad o broses trwy gyflwyniad seiliedig ar ddyddlyfr parhaus a chyflwyniad seminar 5 munud.	4 – 6 elfen	100%

Crynodeb o'r Asesiad

Math o weithgaredd	Canran
Arholiad ysgrifenedig	0%
Gwaith cwrs	100%
Ymarferol	0%
CYFANSWM	**100%**

RHESTR DDARLLEN DDANGOSOL

Cod y Modwl	**ADPB4007C**	
Teitl y Modwl	**Labordy Theatr**	
Categori	**Eitemau'r Rhestr Ddarllen**	**Electronig***
Hanfodol	O'Brian, N. & Sutton, A. (2019) *Theatre in Practice – A Student's Handbook.* Llundain, Routledge.	☐
Hanfodol	Kenrick, J. (2017) *Musical Theatre: A History*. Llundain, Bloomsbury.	☒
Hanfodol	Mitter, S. (1992) *Systems of Rehearsal - Stanislavsky, Brecht, Grotowski and Brook.* Llundain, Routledge.	☐
Pellach	Zarrilli. P. B et al. (2006) *Theatre Histories - An Introduction*. Llundain, Routledge.	☒
Pellach	Esslin, M. (2014) *The Theatre of the Absurd*. Llundain, Bloomsbury.	☐
Pellach	Graham, S. (2014) *The Frantic Assembly Book of Devising Theatre.* Llundain, Routledge.	☐
Pellach	Unwin, S. (2014) *The Complete Brecht Toolkit.* Llundain, Nick Hern Books.	☐
Pellach	Sierz, A. (2001) *In-Yer-Face Theatre – British Drama Today.* Llundain, Faber & Faber.	☐
Pellach	Batty, M. (2005) *About Pinter – The Playwright and The Work.* Llundain, Faber & Faber.	☐
Pellach	Meyer, M. (1971) *Ibsen - a Biography*. Llundain, Doubleday.	