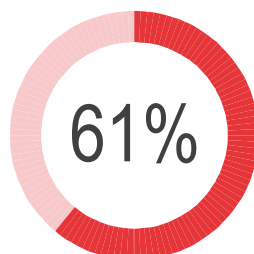


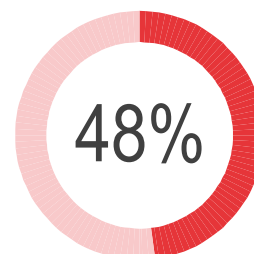


LLANGATWG COMMUNITY SCHOOL 2015 Results Summary

HOOKED ON SPORT
WEDI GWIRIONNI AR
CHWARAEON



LLANGATWG COMMUNITY
SCHOOL



WALES



55%

of pupils enjoy PE lessons **a lot**



43%

of pupils enjoy sport in after-
school or lunchtime clubs **a lot**



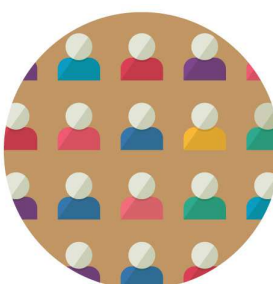
83%

of pupils feel confident trying
new activities



33%

of pupils feel their ideas about PE
and school sport are **always**
listened to



61%

of pupils are **always** comfortable
taking part in PE lessons and
school sport



51%

of pupils think that PE lessons
and sport help you to have a
healthy lifestyle **a lot**

The Sport Wales School Sport Survey took place during the summer term of 2015. This report presents the results for LLANGATWG COMMUNITY SCHOOL, providing evidence on pupils' well-being in relation to physical education (PE), extracurricular sport and community activity, focusing on the four well-being outcomes indicated in Estyn's Inspection Framework for Schools in Wales:

- **Attitudes to keeping healthy and safe**
- **Participation and enjoyment in learning**
- **Community involvement and decision-making**
- **Social and life skills**

In 2015, a total of 116,000 pupils and over 1,000 schools in Wales took part in the School Sport Survey. 150 pupils from LLANGATWG COMMUNITY SCHOOL took part in the survey, giving them the chance to have their voices heard on sport, health and wellbeing.

Your report will provide you with evidence to see how many of your pupils take part frequently in sport and physical activity. You'll be able to **compare your results** with the results for secondary schools across Wales and schools with a similar free school meal profile to your school.

The percentage of pupils who are '**hooked on sport**' and take part frequently in sport and physical activity (three or more times a week) is a key indicator across Wales. We will present information about activity levels in your school and in Wales, and **track the progress made since 2013**. We'll outline which sports are the most popular with pupils - both in school time and in the community, and look at the other types of activities that are having an influence on their spare time.

We know that pupil voice is important - if pupils feel they are **listened to** and can help to shape delivery then they are more likely to **take part regularly** which contributes to them leading **healthy active lifestyles**.

Finally, feedback from your pupils will give you an idea of any **actions** you want to take based on the evidence that has been collected. The types of sports and activities pupils want to do more of are highlighted, along with their perceptions about sport – and the kinds of barriers and motivations which can have an influence on their participation levels.

Thank you for taking part in the survey. We hope you will find the evidence in this report useful for inspection, planning, and as a tool to aid discussion about sport, activity and health and well-being with pupils and staff.

Yours sincerely,



Sarah Powell
CEO | Prif Weithredwr

Section 1: Attitudes to keeping healthy and safe

Sports participation and regular physical activity have a positive impact on health and well-being. The prominence of health and wellbeing as one of the six Areas of Learning and Experience recommended in Professor Donaldson's review of the curriculum in Wales, along with the aspirations of the Well-being of Future Generations (Wales) Bill, highlight the need to ensure that the education process produces **healthy and confident** individuals. The importance of physical activity in achieving this goal is recognised.

Key Findings for LLANGATWG COMMUNITY SCHOOL



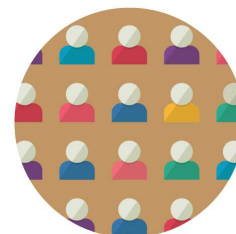
61%

of pupils are 'Hooked on Sport'



51%

of pupils think that PE lessons and sport help you to have a healthy lifestyle **a lot**



61%

of pupils are **always** comfortable taking part in PE lessons and school sport

Hooked on sport



Since 2011, the School Sport Survey has captured a detailed picture of frequency of participation, allowing us to explore the number of occasions per week pupils take part in organised sport and physical activity outside of the curriculum*. The Vision for Sport in Wales refers to this as being 'hooked on sport'. In LLANGATWG COMMUNITY SCHOOL, 61% of pupils are hooked on sport compared with 48% for Wales.

* Pupils are counted as being 'hooked on sport' if they take part in school-based extracurricular sport, or sport with a club not at school on three or more occasions per week. This gives us a measure of their participation in structured activities.

Figure 1: Percentage of pupils hooked on sport

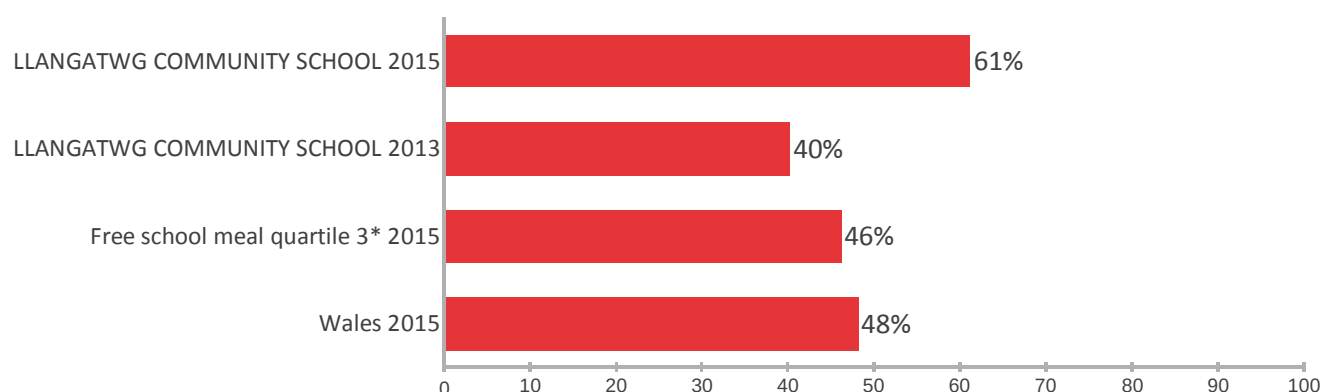
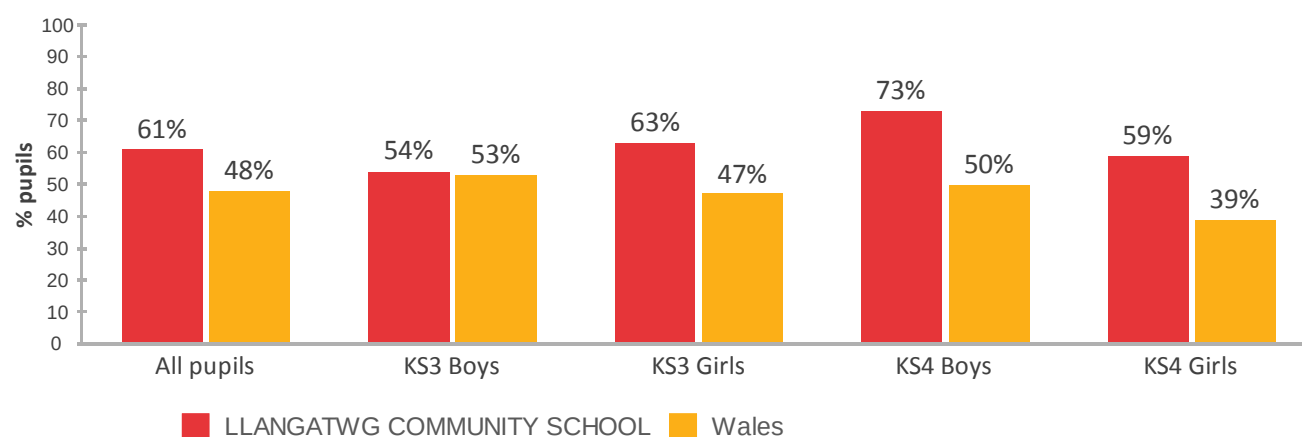


Figure 2: Percentage of pupils who are hooked on sport by key stage and gender



Base: All pupils of LLANGATWVG COMMUNITY SCHOOL in school years 7 - 11 (n=150)

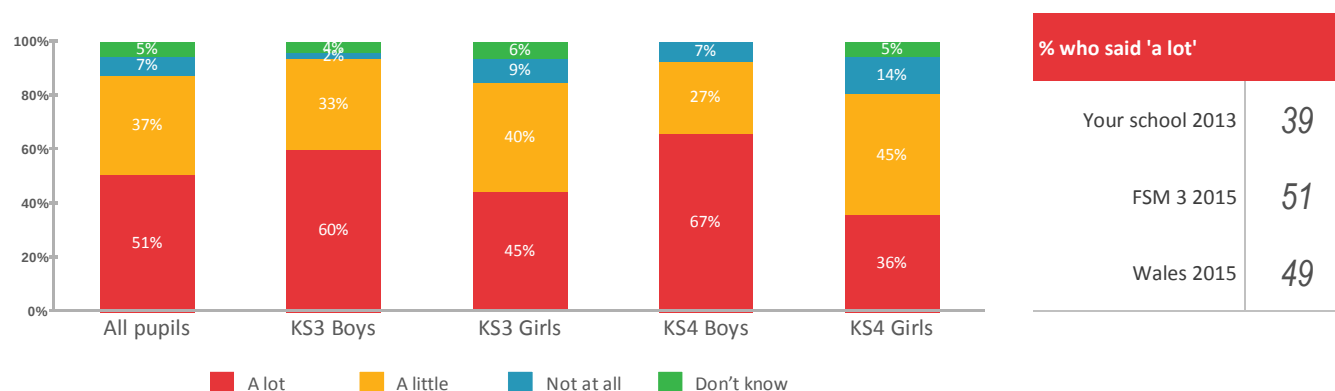
Across Wales, we see a general pattern of girls taking part less frequently than boys. We also see lower participation rates among older pupils. Understanding the needs of different pupils can help us to take action to address these gaps.

* The percentage of pupils who are eligible for Free School Meals (FSM) is used as a proxy measure of socioeconomic status. Schools in Free School Quartile 1 (FSM 1) have low levels of pupils eligible for FSM – and are considered the least deprived. Schools in FSM 4 have high levels of pupils eligible for free meals and are most deprived. **Throughout this report, your school is compared with other schools across Wales who are in the same quartile as yours.**

How much do you think PE lessons and sport help you to have a healthy lifestyle?

Pupils are asked how much they think PE lessons and sport helps them to have a healthy lifestyle. 51% of pupils said that PE lessons and school sport contributed **a lot** towards a healthy lifestyle.

Figure 3: How much do PE lessons and sport help you to have a healthy lifestyle?



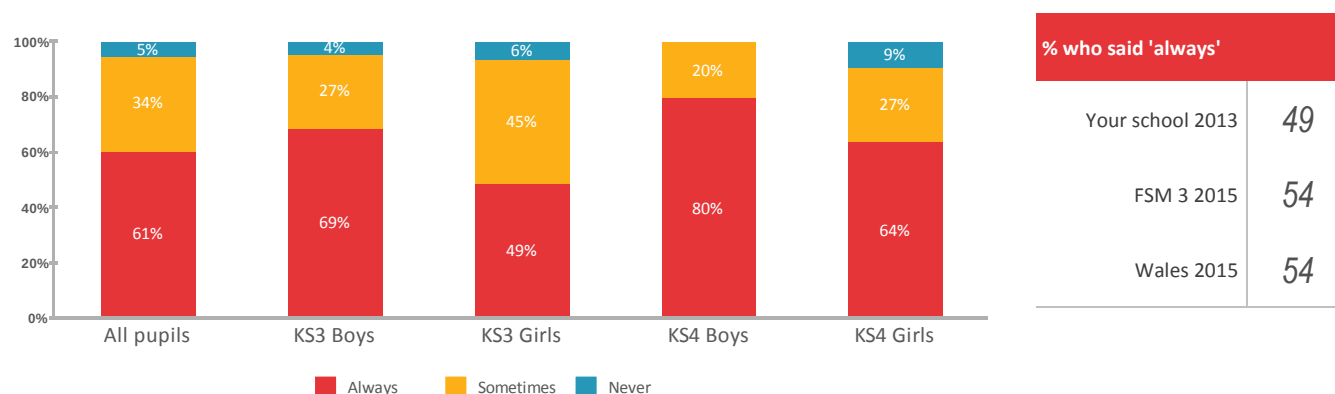
Base: All pupils of LLANGATWG COMMUNITY SCHOOL in school years 7 - 11 (n=150)

55% of LLANGATWG COMMUNITY SCHOOL pupils said that they do sport because it makes them feel healthy. 56% of boys and 54% of girls said this was **always** true for them.

Do pupils feel comfortable taking part in PE lessons and school sport?

The 2015 and 2013 surveys show that there is an increased likelihood of pupils being hooked on sport and active if they **always** feel comfortable doing PE and school sport. The 2015 survey shows that 61% of pupils in LLANGATWG COMMUNITY SCHOOL say they **always** feel comfortable in PE lessons and school sport.

Figure 4: How often do you feel comfortable in PE lessons and school sport?



Base: All pupils of LLANGATWG COMMUNITY SCHOOL in school years 7 - 11 (n=150)

Informal recreation

Informal opportunities to take part in sport and physical activity have a part to play in contributing to pupils leading a healthy and active lifestyle. Pupils are asked about whether they take part in sport and physical activity other than in organised sessions delivered by schools and community providers. In LLANGATWG COMMUNITY SCHOOL, 92% of pupils (90% of girls and 95% of boys) took part in informal activity – at home, with friends in a park, or visiting a leisure centre for example.

Active travel

Active travel options also play their part in contributing to healthy and active lifestyles. 23% of pupils at LLANGATWG COMMUNITY SCHOOL either walked, cycled or scooted to school, as shown in Figure 5 below. Others travelled by car or bus:

Figure 5: How do pupils travel to school?

Break % Respondents	Your School	Wales
Walk	19%	35%
By car	17%	23%
By taxi	1%	2%
By bus	62%	37%
Cycle	-	1%
Scooter or skate	-	1%
Other	-	2%

Base: All pupils of LLANGATWG COMMUNITY SCHOOL in school years 7 - 11 (n=150)

Pupils who are comfortable taking part and enjoy being active are more likely to be frequent participants and as a result, more likely to enjoy the health and wellbeing benefits of physical activity.

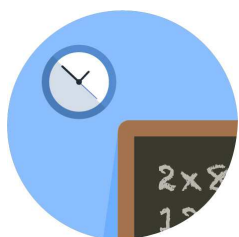
The **participation and enjoyment in learning** section provides further information.

Section 2: Participation and enjoyment in learning

We need to equip young people with the skills and capabilities to become physically competent, within environments where they enjoy these experiences, providing the opportunities for them to gain the confidence and motivation to increase their levels of participation.

This section covers school provision, school-organised extracurricular participation in sport and discusses pupils' enjoyment of PE and school sports clubs.

Key Findings for LLANGATWG COMMUNITY SCHOOL



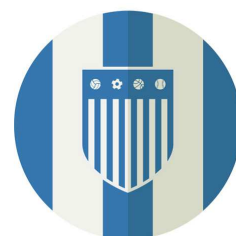
90

minutes of curricular PE provided
per week



55%

of pupils enjoy PE lessons a lot



43%

of pupils enjoy sport in after-
school or lunchtime clubs a lot

The Welsh Government set out in Climbing Higher* a target for all primary and secondary schools to provide a minimum of 2 hours of curricular based sport and physical activity per week. On average, LLANGATWG COMMUNITY SCHOOL offer 90 minutes per week to pupils in Years 7 to 9, and 90 minutes per week to pupils in Years 10 and 11. This compares with a national average of 111 minutes in Years 7 to 9, and 77 minutes in Years 10 and 11.

Overall, LLANGATWG COMMUNITY SCHOOL provides 90 minutes of curricular PE per week compared with 98 in secondary schools across Wales.

In 2013, LLANGATWG COMMUNITY SCHOOL provided 90 minutes of curricular PE per week to pupils.

Providing a variety of activities can help engage with all pupils, and give them the opportunities to develop a range of different skills and competencies. LLANGATWG COMMUNITY SCHOOL provides 23 different curricular based activities compared with an average of 21 for Wales.

LLANGATWG COMMUNITY SCHOOL provides 22 different extracurricular activities compared with an average of 16 for Wales.

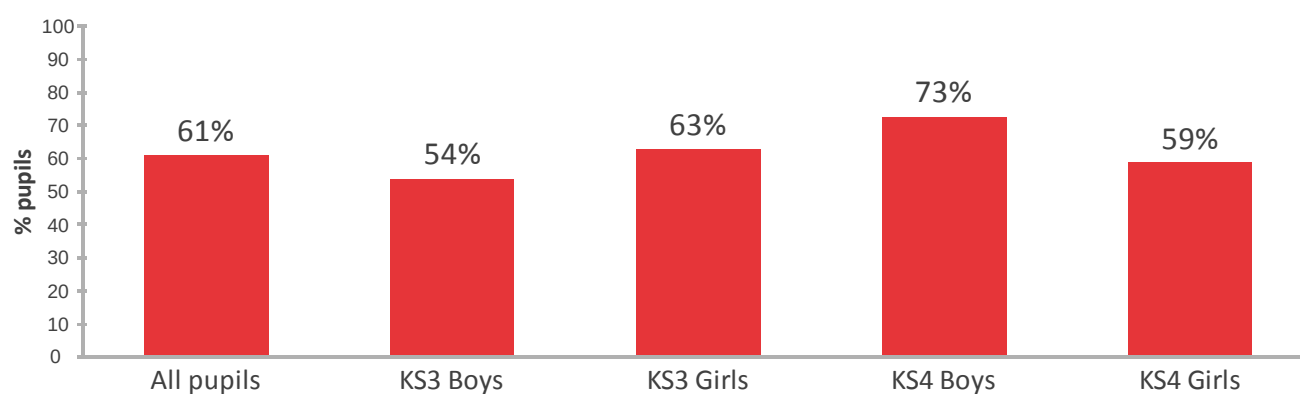
* <http://gov.wales/topics/cultureandsport/sportandactiver recreation/climbing/?lang=en>
<http://gov.wales/topics/cultureandsport/sportandactiver recreation/climbing/?skip=1&lang=cy>

Taking part in extracurricular activity

61% of LLANGATWG COMMUNITY SCHOOL pupils participated frequently (participating at least once a week on average in extracurricular sport in the 2014/15 school year), compared with a national participation rate of 43%.

Figure 6 shows the breakdown of extracurricular participation.

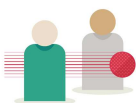
Figure 6: Participation in any extracurricular sport (%) by Key Stage and gender



Base: All pupils of LLANGATWG COMMUNITY SCHOOL in school years 7 - 11 (n=150)

The extracurricular sports that pupils are **most likely** to take part in are shown below. A full list is shown in the Appendices.

Figure 7: Popular extracurricular activities in LLANGATWG COMMUNITY SCHOOL

Boys	%	Girls	%
	67%		48%
Football		Netball	
	48%		43%
Rugby		Rounders, baseball or softball	
	43%		29%
Table tennis		Dodgeball	
	37%		26%
Dodgeball		Table tennis	
	30%		25%
Swimming		Running or jogging	

Base: All pupils of LLANGATWG COMMUNITY SCHOOL in school years 7 - 11 (n=150)

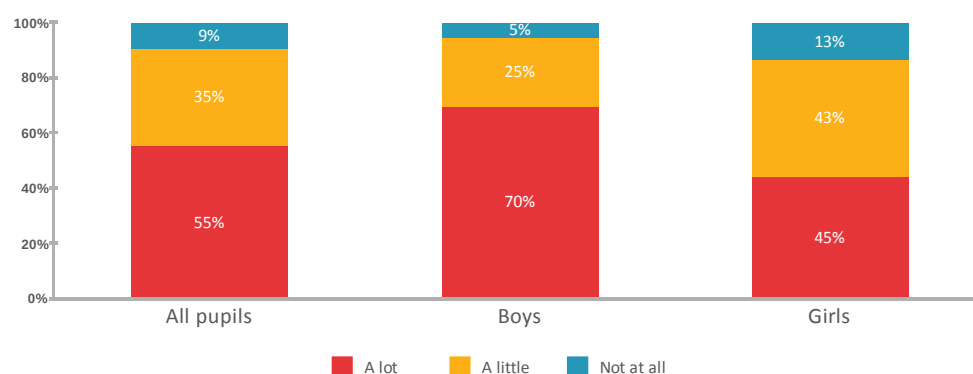
Enjoyment

In 2013, the School Sport Survey demonstrated that pupils were almost twice as likely to be hooked on sport and regularly active if they enjoyed school sport **a lot**. In 2015, we are able to track this progress.

Pupils are asked whether they enjoy their PE lessons and whether they enjoy taking part in sport in after-school or lunchtime clubs (our measure of extracurricular sport).

In LLANGATWG COMMUNITY SCHOOL, 91% of pupils enjoy PE (55% say they enjoy it **a lot**), and 81% enjoy extracurricular sport (43% say they enjoy it **a lot**).

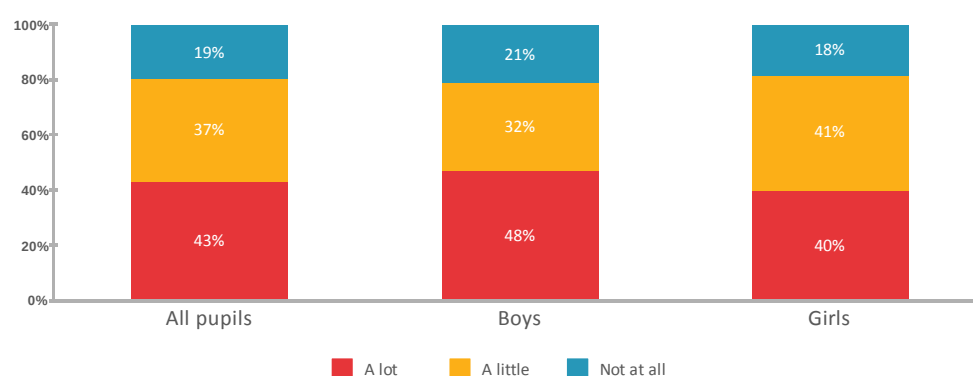
Figure 8: Enjoyment of PE, by gender



% who said 'a lot'	
Your school 2013	43
FSM 3 2015	55
Wales 2015	54

Base: All pupils of LLANGATWIG COMMUNITY SCHOOL in school years 7 - 11 (n=150)

Figure 9: Enjoyment of extracurricular sport, by gender



% who said 'a lot'	
Your school 2013	37
FSM 3 2015	38
Wales 2015	39

Base: All pupils of LLANGATWIG COMMUNITY SCHOOL in school years 7 - 11 (n=150)

Enjoyment and good experiences of sport in school can lead to participation outside of school and help build a habit of a healthy and active lifestyle.

Section 3: Community involvement and decision-making

Evidence from the School Sport Survey can help us evaluate the extent to which pupils are involved in the community and feel they are participating in decision-making processes. We can look at pupils' involvement in community club sport and whether pupils of different ages and gender enjoy sport outside of school and are making use of community settings to do sport or exercise.

Key Findings for LLANGATWG COMMUNITY SCHOOL



63%

of pupils participate in sport at least once a week in a community club



33%

of pupils feel their ideas about PE and school sport are **always** listened to

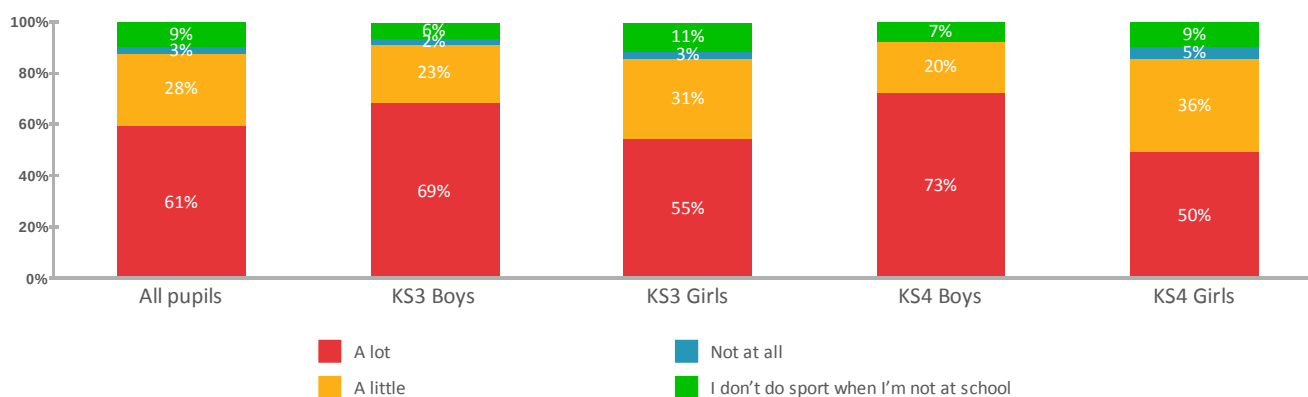


61%

of pupils enjoy sport **a lot** when they are not at school

61% of Pupils in LLANGATWG COMMUNITY SCHOOL told us that they enjoy doing sport **a lot** when they are not at school.

Figure 10: Enjoyment of sport outside of school, by gender



Base: All pupils of LLANGATWG COMMUNITY SCHOOL in school years 7 - 11 (n=150)

Popular community club activities that pupils in LLANGATWG COMMUNITY SCHOOL take part in are shown in the table below:

Figure 11: Popular community club activities

Boys	%	Girls	%
	60%		39%
Football		Running or jogging	
	43%		32%
Rugby		Netball	
	30%		30%
Swimming		Swimming	
	19%		26%
Dodgeball		Dance	
	16%		22%
Table tennis		Fitness classes	

Base: All pupils of LLANGATWG COMMUNITY SCHOOL in school years 7 - 11 (n=150)

A full breakdown of activities is shown in Appendix B.

The measures above show the percentages of pupils who take part in club activities. In addition, 62% of pupils say they are a **member** of a sports club (67% of boys and 59% of girls).

Use of leisure centres and other community settings for sport or exercise

Figure 12 shows the percentage of pupils in LLANGATWG COMMUNITY SCHOOL who say that they have used the following places to do sport or exercise.

Figure 12: Use of community settings for sport or exercise

Break % Respondents	All pupils	KS3 Boys	KS3 Girls	KS4 Boys	KS4 Girls
Park	59%	58%	54%	67%	73%
Swimming pool	51%	50%	57%	47%	41%
Playing field - not at school	47%	56%	38%	73%	36%
Playing field - at school	45%	54%	32%	87%	36%
A gym or fitness centre	44%	23%	54%	53%	55%
Streets near my home or school	41%	46%	32%	60%	41%
Playground - not at school	35%	50%	32%	20%	23%
Leisure centre	35%	40%	31%	47%	32%
Beach/Sea	35%	31%	40%	40%	23%
Outdoor activities centres	27%	23%	25%	33%	36%
Tenpin bowling alley	20%	13%	20%	40%	23%
Community Centre	19%	21%	20%	7%	23%
Skatepark	11%	17%	12%	-	-
Ice rink	9%	4%	12%	13%	9%
None of these	5%	8%	5%	-	5%

Base: All pupils of LLANGATWG COMMUNITY SCHOOL in school years 7 - 11 (n=150)

Of those pupils who visited a leisure centre, 26% of pupils in LLANGATWG COMMUNITY SCHOOL (30% of males and 23% of females) went once a week or more often. This compares with 36% of secondary pupils across Wales (34% of males and 37% of females).

Pupil Voice and Decision Making

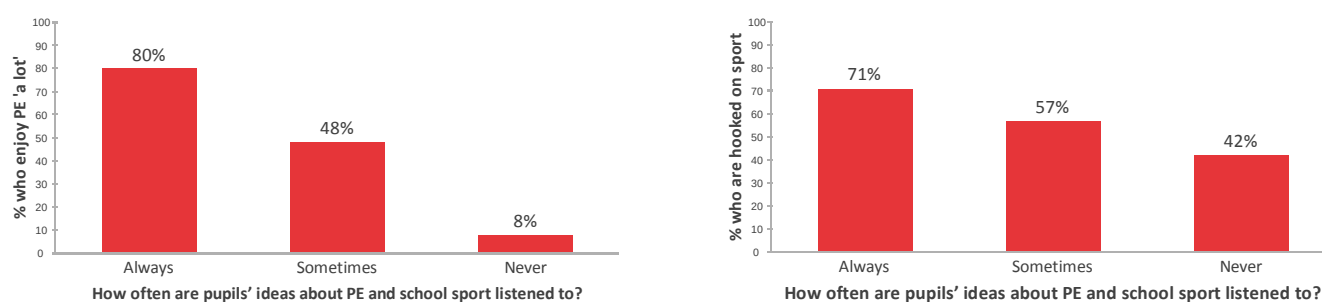
Listening to pupils and shaping provision to meet their different needs can help to increase their enjoyment, confidence and ensure they feel comfortable taking part in sport and physical activity.

Across Wales, pupils who **always** feel listened to are more likely to be **hooked on sport** and enjoy PE and sport at school.

In LLANGATWG COMMUNITY SCHOOL, 33% of pupils (44% of boys and 24% of girls) said their ideas were listened to 'always'. In Wales, 22% of pupils (27% of boys and 18% of girls) said their ideas were listened to **always**.

The figure below shows us how listening to pupils can have an impact on the extent to which they a) enjoy PE and b) are hooked on sport.

Figure 13: How often are pupils ideas listened to, broken by enjoyment of PE and 'hooked on sport'



Base: All pupils of LLANGATWG COMMUNITY SCHOOL in school years 7 - 11 (n=150)

School councils and school sports councils can provide an opportunity for pupils to be involved in decision making processes. LLANGATWG COMMUNITY SCHOOL has both a school council and a school sports council.

LLANGATWG COMMUNITY SCHOOL open up their sports facilities to community use. Facilities are opened on the basis of service level agreements with community clubs and other organisations.

Sport Wales encourages schools to make links with the community as a means of providing exit routes for pupils to take part when they are not at school and to provide opportunities for pupils to further develop skills and get involved in community sport and competition.

Section 4: Social and life skills

In this section, we examine the extent to which LLANGATWG COMMUNITY SCHOOL pupils are:

- confident participants
- whether they have represented their school in competitive sport
- whether they take part in sport with their friends and family, and
- whether they prioritise sport and being active, or choose other activities in their leisure time.

Key Findings for LLANGATWG COMMUNITY SCHOOL



83%

of pupils feel confident trying new activities



61%

of pupils have represented their school in a sports match or competition



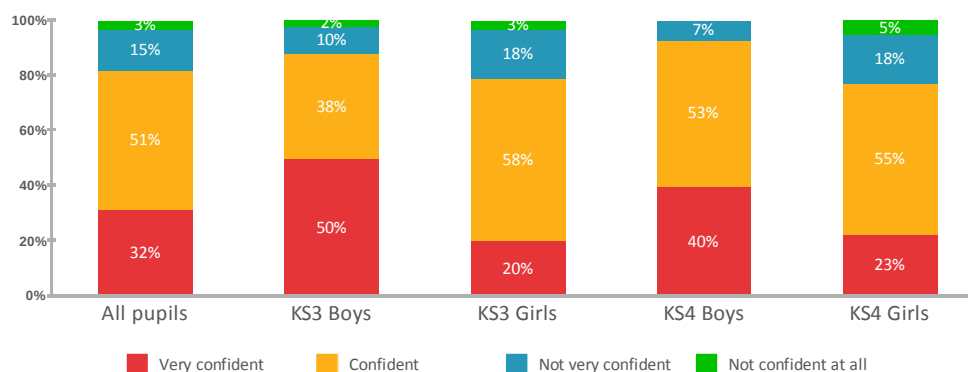
28%

of pupils selected 'play sport' as one of their top 3 priorities in leisure time

Confidence to try new activities

Overall, 83% of pupils at LLANGATWG COMMUNITY SCHOOL are **very confident or confident** to try new activities. By gender, 89% of boys are **very confident or confident**, compared with 78% of girls.

Figure 14: How confident are pupils in trying new activities?



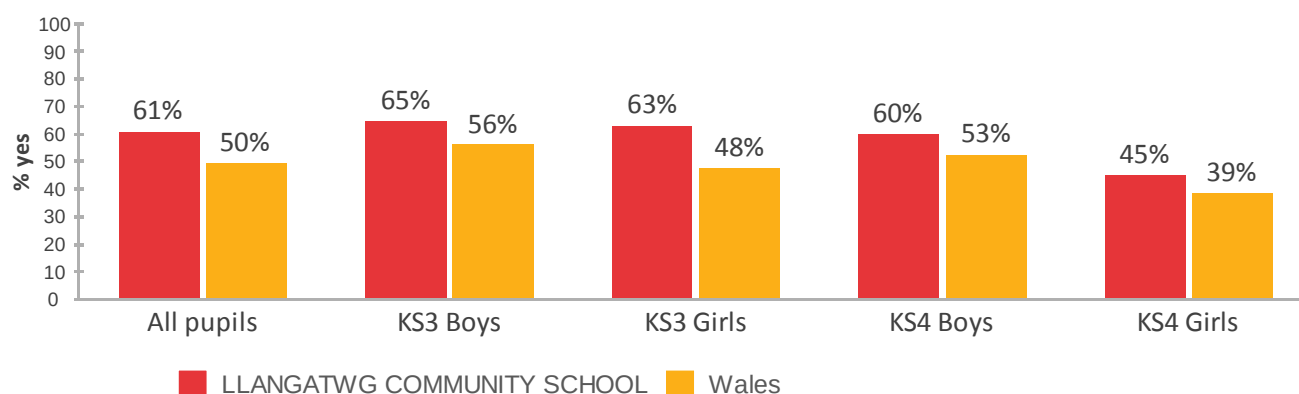
% who said 'very confident or 'confident'

Your school 2013	65
FSM 3 2015	72
Wales 2015	73

Base: All pupils of LLANGATWG COMMUNITY SCHOOL in school years 7 - 11 (n=150)

If pupils have developed skills and confidence then they are able to enjoy sport as a recreational or competitive opportunity. A proxy measure of a pupil's ability level is whether they have represented their school in a sports match or competition against another school. This can help to demonstrate levels of sporting success at the school. It gives a measure of the proportion of pupils who have had access to competitive sport and a chance to further develop their skills and ability levels.

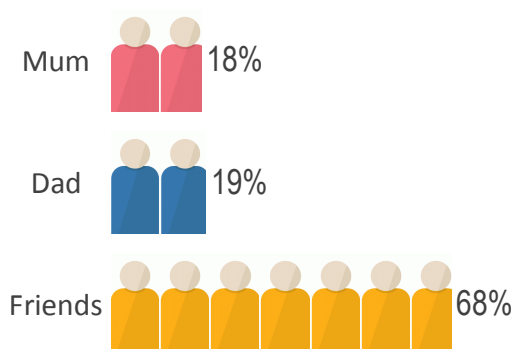
Figure 15: Have you represented your school in a sports match or competition against another school?



Base: All pupils of LLANGATWGW COMMUNITY SCHOOL in school years 7 - 11 (n=150)

Family and peer involvement

Figure 16: Who do pupils in LLANGATWGW COMMUNITY SCHOOL take part in sport with?



There is an increased chance of a pupil being 'hooked on sport' if their parents or friends are also involved in sport. A positive influence from friends and family can help create an environment where an active lifestyle is the norm, and many pupils say that having their friends with them would encourage them to do more sport. Across Wales, pupils are most likely to take part with their friends (67%), followed by their brother or sister (31%) their dad (20%) and their mum (14%).

Figure 16 shows who pupils take part with most often.

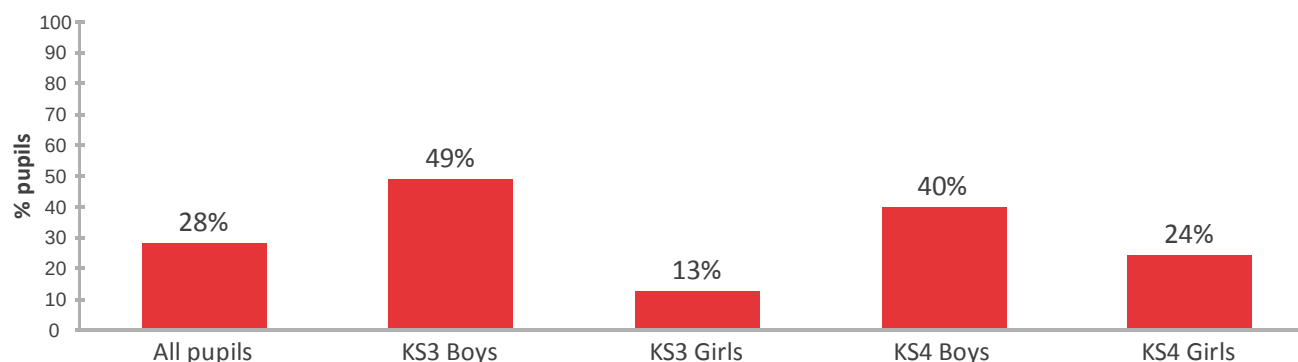
Sport and activity as part of leisure time – How high a priority is participation in sport for young people?

Overall, 55% of LLANGATWGW COMMUNITY SCHOOL pupils stated that they feel it is **always** important for them to take part in sport regularly.

57% of pupils in LLANGATWGW COMMUNITY SCHOOL answered **always** to the statement 'I feel good about myself when I take part in sport' and 28% also chose to do sport in their leisure time.

Pupils are asked about how they spend their leisure time and using this data we can see where sport fits or doesn't fit in relation to other activities they prefer to do or need to do. Figure 17 shows the percentage who choose to prioritise participation in sport and figure 18 shows how this fits in the top ten activities for pupils by key stage and gender.

Figure 17: Leisure-time priorities: the percentage of LLANGATWG COMMUNITY SCHOOL pupils who choose to prioritise participation in sport



Base: All pupils of LLANGATWG COMMUNITY SCHOOL in school years 7 - 11 (n=150)

47% of boys and 15% of girls at LLANGATWG COMMUNITY SCHOOL selected 'play sport' as one of their top 3 priorities in leisure time.

Figure 18: The top ten prioritised leisure-time activities, by gender and key stage

BOYS	Key Stage 3	Key Stage 4	GIRLS	Key Stage 3	Key Stage 4
Play sport	49%	40%	Go out with friends	28%	29%
Play computer games / Wii / PlayStation / Xbox	37%	33%	Listen to music	23%	24%
Go for bike rides	21%	13%	Go on the computer / use the Internet	20%	24%
Listen to music	19%	13%	Go for walks	22%	14%
Go out with friends	19%	7%	Spend time with friends	17%	29%
Watch TV	14%	20%	Homework	14%	33%
Go on the computer / use the Internet	9%	20%	Spend time with family	17%	19%
Watch sport	7%	27%	Play sport	13%	24%
Go for walks	9%	13%	Go shopping	17%	5%
Go to the park	14%	-	Dancing	14%	5%

Base: All pupils of LLANGATWG COMMUNITY SCHOOL in school years 7 - 11 (n=150)

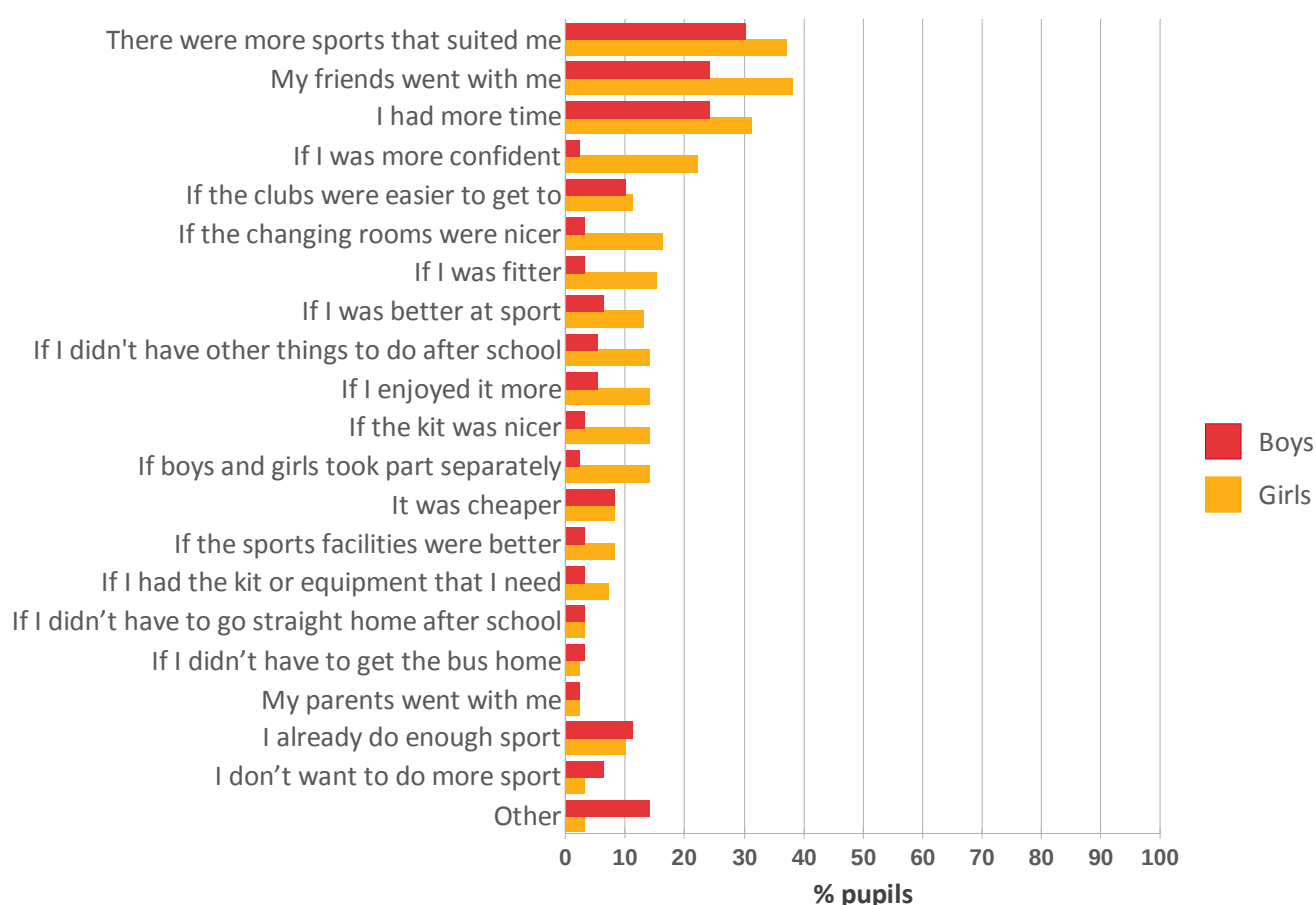
Pupils who feel that their ideas about sport and PE are listened to are more likely to be active and more likely to enjoy PE and sport at school. The 2015 survey demonstrates the extent to which pupils feel they have had an opportunity to be involved in the decision-making process and feel they are valued and listened to when it comes to their ideas on PE and school sport. Their enjoyment of sport in school can have a lasting impact on their involvement in community sport and the likelihood of them developing the skills to stay active throughout their lives.

Section 5: Action planning

This final section presents feedback from pupils that will inform the development of any **actions** you want to take based on the evidence that has been collected. This includes highlighting which types of activities pupils have shown an interest in doing more of, plus some of their perceptions about sport and being healthy and active.

Given that we know there are inequalities in participation across Wales and the UK, with certain groups not taking part and accessing opportunities, we ask pupils what would encourage them to do more sport.

Figure 19: What would encourage LLANGATWG COMMUNITY SCHOOL pupils to do more sport?



Base: All pupils of LLANGATWG COMMUNITY SCHOOL in school years 7 - 11 (n=150)

Different pupils experience different barriers and motivations for taking part. These findings from your school can be used to start discussions among pupils and staff. Barriers and motivations for doing sport and being active could be debated in lessons, or with young ambassadors/young leaders, and shared with the school council or school sports council if one is in place. Giving pupils the chance to expand on the feedback they gave via the survey and find solutions to the issues they raised is likely to help increase levels of sports participation, enjoyment and well-being.

What types of sport and physical activity do pupils want to do?

We asked pupils about the types of activities they would prefer to do more of. Figure 20 below shows the results for LLANGATWG COMMUNITY SCHOOL.

Figure 20: Latent demand – which sports do pupils from LLANGATWG COMMUNITY SCHOOL want to do more of?

Boys	%	Girls	%
	56%		46%
Football		Running or jogging	
	43%		44%
Rugby		Netball	
	35%		34%
Dodgeball		Tennis	
	27%		34%
Basketball		Fitness classes	
	25%		34%
Tennis		Rounders, baseball or softball	

Base: All pupils of LLANGATWG COMMUNITY SCHOOL in school years 7 - 11 (n=150)

A full breakdown of activities is shown in Appendix C.

Conclusion

Compared with the results for Wales, evidence from the School Sport Survey shows that LLANGATWG COMMUNITY SCHOOL has:

1: Attitudes to keeping healthy and safe

- a higher than average number of pupils who are **hooked on sport** and take part in sport and physical activity three or more times a week outside of lesson time.

2: Participation and enjoyment in learning

- a similar to average number of pupils who **enjoy PE** 'a lot'.
- a similar to average number of pupils who **enjoy sport in after-school and lunchtime clubs** 'a lot'.

3: Community involvement and decision making

- a higher than average number of pupils who feel that **pupils' ideas about PE and sport are 'always' listened to**.

4: Social and Life skills

- a higher than average number of pupils who feel **confident trying new activities**.

There are many reasons why pupils may not currently be hooked on sport, and factors such as age, gender and socioeconomic circumstances can play their part.

We know from the evidence of the last School Sport Survey that to become hooked on sport a child must have the right physical skills to take part in sport (the ability), along with the confidence and motivation to want to take part and try new activities (created by enjoyable experiences). They will also benefit from having lots of opportunities to take part in many different sports and activities and to practice their skills (developing ability, confidence and enjoyment).

Sport Wales encourages schools to make use of their report as a source of robust evidence for making continuous improvements in PE and sport, helping children to become physically literate and improving levels of wellbeing.

Sport Wales is developing a toolkit of resources that schools and partners can use to help with this process.

For examples of schools that have used School Sport Survey findings to improve PE and sport and develop healthy, confident and active pupils, please go to our website:

www.schoolsportsurvey.org.uk

To find out more about physical literacy and the resources that are available please go to:

<http://physicalliteracy.sportwales.org.uk/cy/>
<http://physicalliteracy.sportwales.org.uk/en/>

Appendix A - My Local School Information provides further details on key indicators from the survey, so you can see how your school compares with Wales and other schools that are in the same Free School Meal Quartile as yours.

Appendix A: My Local School Information

This information was collected by LLANGATWIG COMMUNITY SCHOOL through Sport Wales' School Sport Survey 2015.

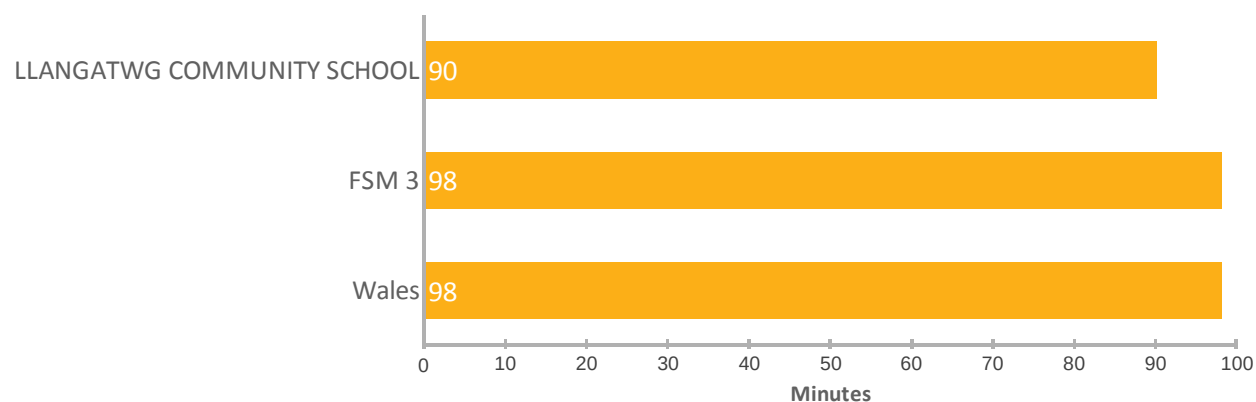
Key indicators from the School Sport Survey are presented on Welsh Government's My Local School website:

<http://mylocalschool.wales.gov.uk/>

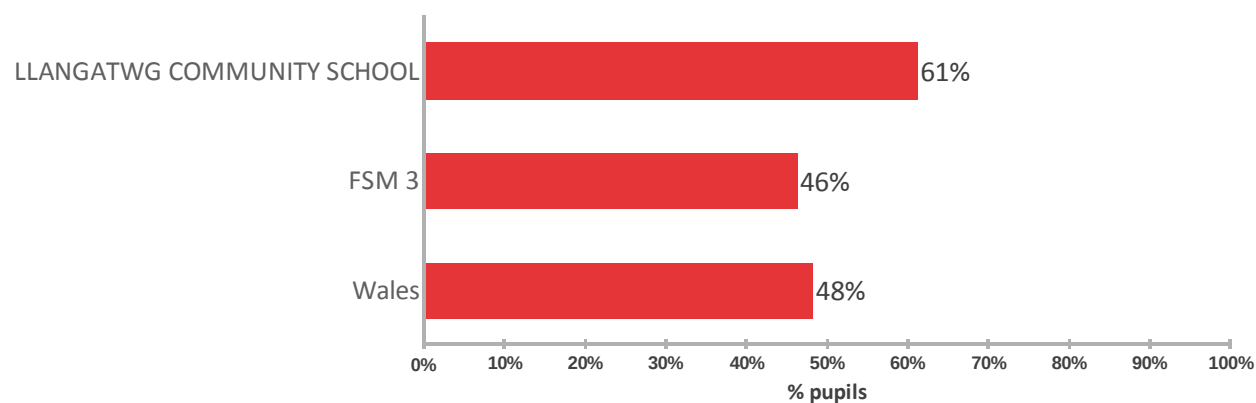
<http://mylocalschool.wales.gov.uk/index.html?iaith=cym>

Indicator	2013 score	2015 score
% of pupils in the school who are 'hooked on sport'	40%	61%
% of pupils in the school who enjoy doing sport in after-school or lunchtime clubs 'a lot'	37%	43%
% of pupils in the school who 'always' feel comfortable taking part in PE lessons and school sport	49%	61%
% of pupils in the school who are confident in trying new activities without worrying	65%	83%
% of pupils in the school who enjoy PE lessons 'a lot'	43%	55%
% of pupils in the school who think PE lessons and school sport help you to have a healthy lifestyle 'a lot'	39%	51%
% of pupils in the school who feel that pupils' ideas about PE and school sport are listened to 'always'	14%	33%
Average number of minutes per week allocated for curricular PE	90	90

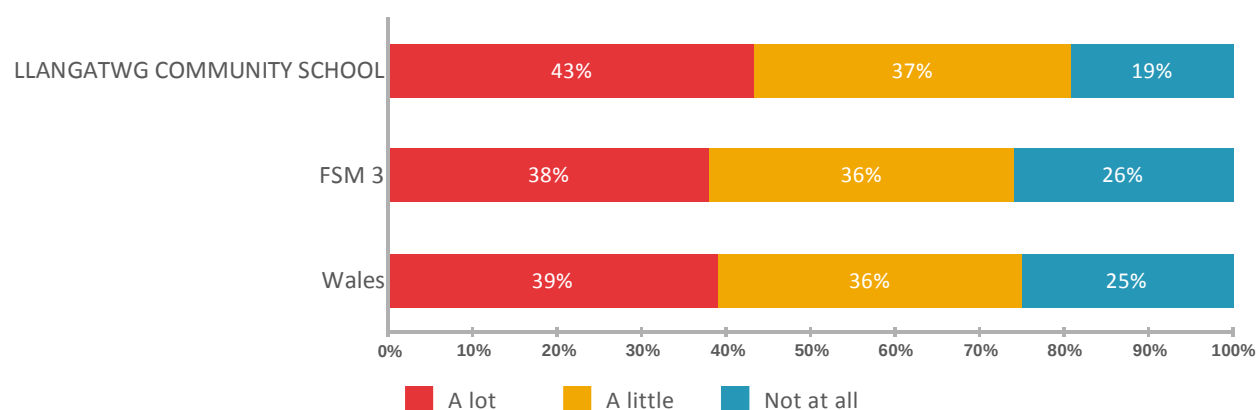
Minutes of curricular PE provided per week



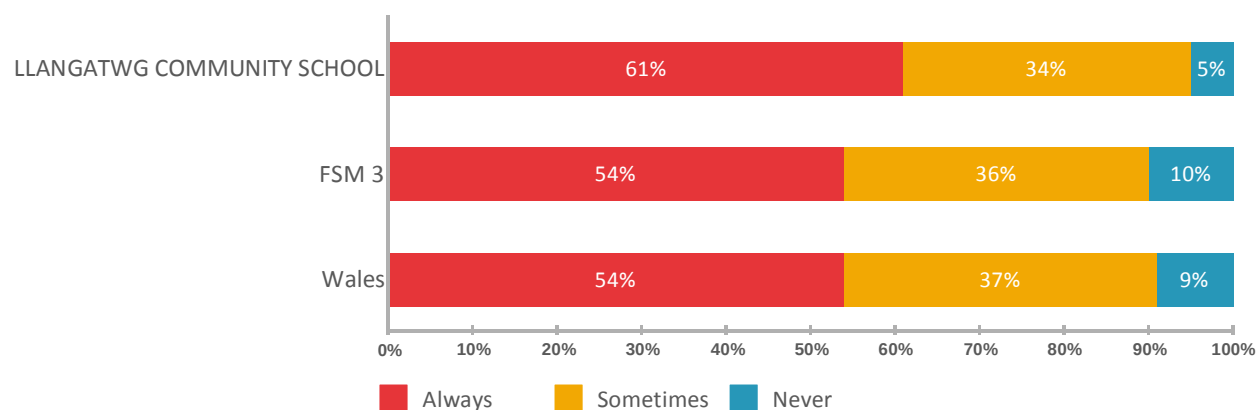
Percentage of pupils who are Hooked on Sport



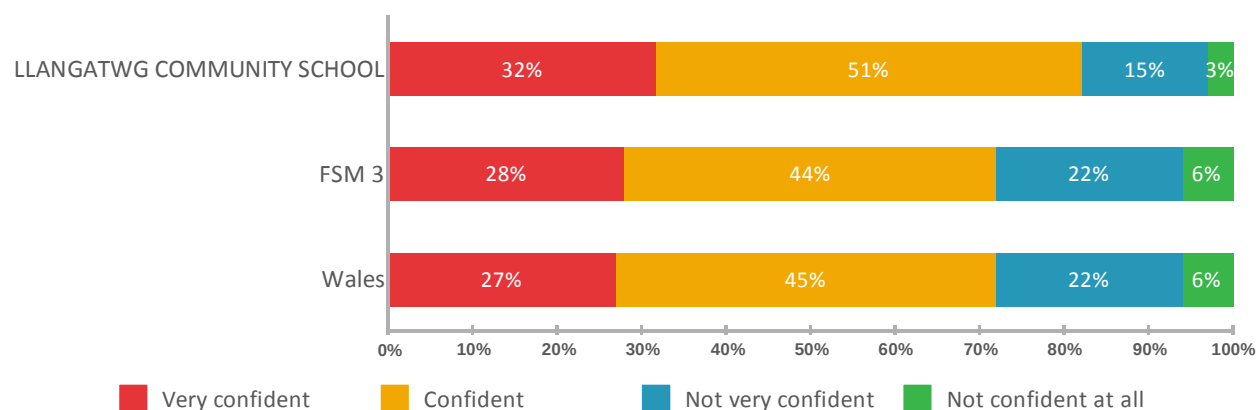
How much do you enjoy doing sport at after-school or lunchtime clubs?



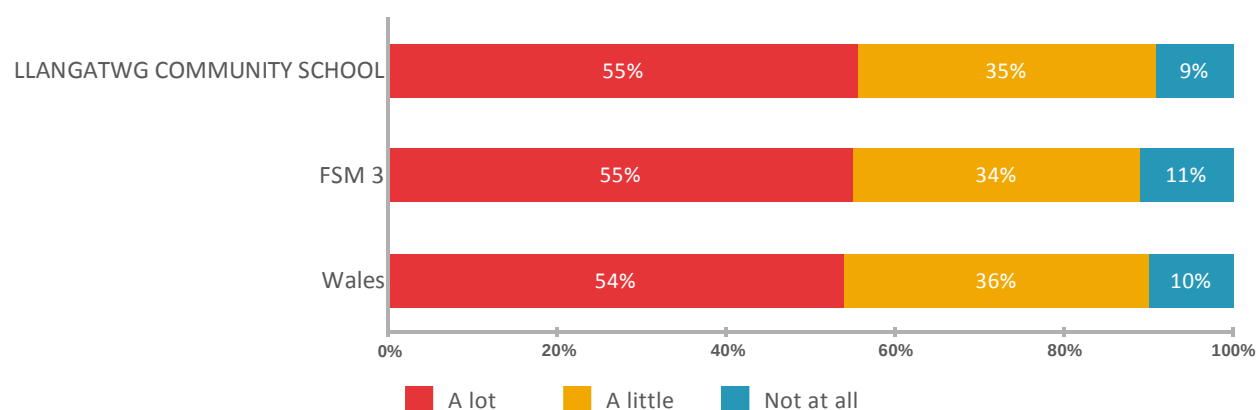
How often do you feel comfortable taking part in PE lessons and school sport?



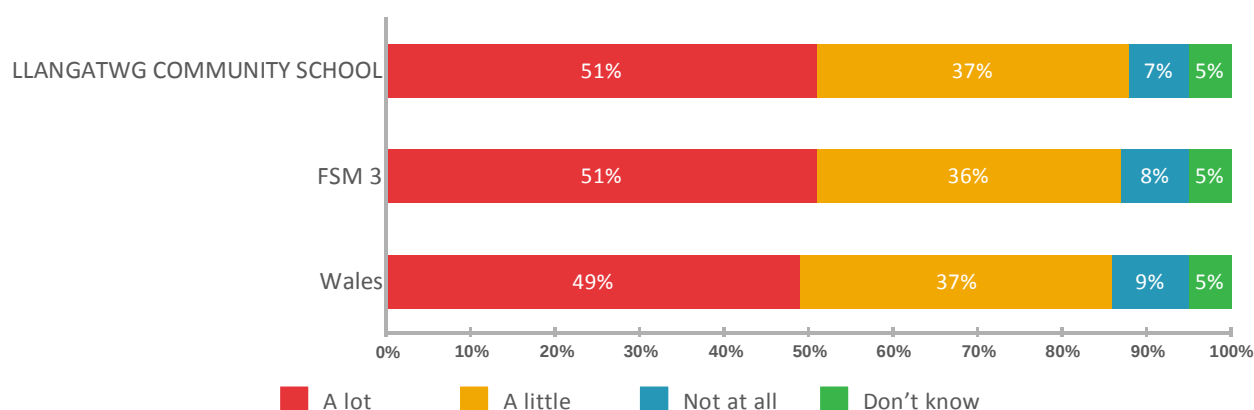
How confident are you in trying new activities without worrying?



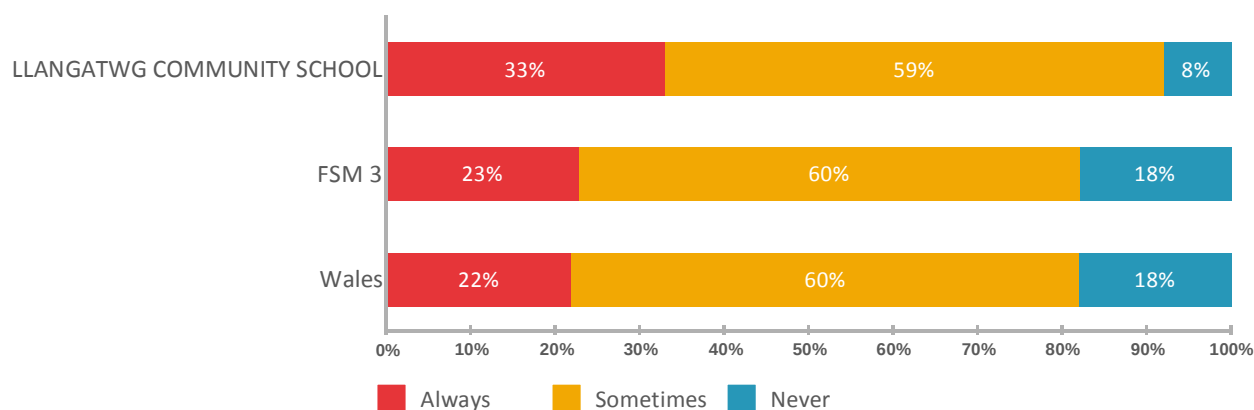
How much do you enjoy PE lessons?



How much do you think PE lessons and sport help you to have a healthy lifestyle?



How often do you feel that pupils' ideas about PE and school sport are listened to?



The content of the School Sport Survey has been informed by the following resources and documentation:

- Estyn (2010) *Guidance for the Inspection of Primary Schools from September 2010*. Estyn: Cardiff.
- Estyn (2010) *Guidance for the Inspection of Secondary Schools from September 2010*. Estyn: Cardiff.
- Qualifications and Curriculum Authority (2005) *Do you have high quality PE and sport in your school? A guide to self-evaluating and improving the quality of PE and school sport*. QCA: Annesely.
- Sport Wales (2010) *Guidance Notes for Completing PESS Self-evaluation*. Sport Wales: Cardiff.
- WAG (2006) *Physical Activity in School Assessment School: a tool for monitoring and evaluating a whole school approach to physical activity*. WAG: Cardiff.

Sport Wales has run surveys of primary and secondary school pupils, in school years 3 to 11, for over 17 years. All schools which collect a sufficient number of survey responses from their pupils receive unweighted results from the survey. For the 2015 Survey, LLANGATWG COMMUNITY SCHOOL surveyed 150 pupils.

In this report, statistics for LLANGATWG COMMUNITY SCHOOL are presented alongside the following:

- Wales – representative of all secondary pupils/schools in Wales;
- Free School Meal quartile – representative of all secondary schools in Wales, with a similar percentage of pupils who qualify for free school meals to LLANGATWG COMMUNITY SCHOOL.

Further information on the School Sport Survey can be found on the School Sport Survey website:

www.schoolsportsurvey.org.uk

Appendix B

The following table shows the percentage of pupils participating in extracurricular sport in Wales and in your school.

<i>Break % Respondents</i>	Wales	Your school	Male pupils at your school	Female pupils at your school
<i>Adventurous activities</i>	8%	3%	3%	2%
<i>Athletics</i>	22%	17%	19%	15%
<i>Badminton</i>	14%	2%	5%	-
<i>Basketball</i>	15%	15%	21%	10%
<i>Boccia</i>	0%	-	-	-
<i>Bowls</i>	1%	-	-	-
<i>Boxing</i>	3%	1%	3%	-
<i>Canoeing or kayaking</i>	2%	1%	2%	-
<i>Cheerleading</i>	3%	-	-	-
<i>Cricket</i>	11%	11%	24%	2%
<i>Cycling</i>	4%	4%	3%	5%
<i>Dance</i>	8%	10%	2%	16%
<i>Dodgeball</i>	14%	32%	37%	29%
<i>Fitness classes</i>	13%	13%	11%	15%
<i>Football</i>	33%	41%	67%	22%
<i>Golf</i>	2%	6%	13%	1%
<i>Gymnastics</i>	10%	13%	13%	14%
<i>Hockey</i>	10%	5%	10%	1%
<i>Horse riding</i>	1%	5%	2%	7%
<i>Life saving</i>	2%	1%	3%	-
<i>Martial arts</i>	2%	2%	5%	-
<i>Netball</i>	17%	29%	2%	48%
<i>Rounders, baseball or softball</i>	17%	32%	17%	43%
<i>Rowing</i>	1%	-	-	-
<i>Rugby</i>	23%	21%	48%	1%
<i>Running or jogging</i>	20%	24%	22%	25%

Break % Respondents	Wales	Your school	Male pupils at your school	Female pupils at your school
Sailing	1%	-	-	-
Sitting volleyball	1%	1%	-	1%
Squash	2%	-	-	-
Street sports	2%	1%	3%	-
Surfing	1%	4%	3%	5%
Swimming	10%	25%	30%	22%
Table tennis	11%	33%	43%	26%
Tennis	14%	9%	10%	8%
Trampolining	5%	4%	10%	-
Triathlon	1%	1%	-	1%
Volleyball	2%	3%	2%	3%
Water polo	2%	3%	6%	-
Wheelchairbasketball	1%	-	-	-
Wheelchairrugby	0%	-	-	-
Other sports	14%	19%	24%	15%
Multi-skills	-	-	-	-

Appendix C

The following table shows the percentage of pupils participating in sport at clubs outside of school, for Wales and for your school.

<i>Break % Respondents</i>	Wales	Your school	Male pupils at your school	Female pupils at your school
<i>Adventurous activities</i>	12%	11%	14%	8%
<i>Athletics</i>	13%	13%	3%	20%
<i>Badminton</i>	8%	3%	3%	2%
<i>Basketball</i>	8%	7%	8%	7%
<i>Boccia</i>	0%	-	-	-
<i>Bowls</i>	2%	1%	-	1%
<i>Boxing</i>	8%	2%	3%	1%
<i>Canoeing or kayaking</i>	5%	1%	2%	1%
<i>Cheerleading</i>	3%	1%	-	1%
<i>Cricket</i>	8%	7%	10%	5%
<i>Cycling</i>	9%	9%	8%	10%
<i>Dance</i>	13%	17%	3%	26%
<i>Dodgeball</i>	9%	16%	19%	14%
<i>Fitness classes</i>	17%	17%	10%	22%
<i>Football</i>	31%	33%	60%	13%
<i>Golf</i>	5%	4%	5%	3%
<i>Gymnastics</i>	8%	9%	6%	10%
<i>Hockey</i>	6%	3%	5%	1%
<i>Horse riding</i>	6%	8%	-	14%
<i>Life saving</i>	5%	1%	2%	-
<i>Martial arts</i>	8%	5%	8%	3%
<i>Netball</i>	10%	19%	-	32%
<i>Rounders, baseball or softball</i>	8%	9%	3%	13%
<i>Rowing</i>	2%	1%	2%	-
<i>Rugby</i>	19%	21%	43%	6%
<i>Running or jogging</i>	22%	28%	13%	39%

Break % Respondents	Wales	Your school	Male pupils at your school	Female pupils at your school
Sailing	2%	-	-	-
Sitting volleyball	1%	1%	-	1%
Squash	3%	1%	2%	1%
Street sports	5%	3%	3%	3%
Surfing	4%	4%	3%	5%
Swimming	24%	30%	30%	30%
Table tennis	9%	11%	16%	8%
Tennis	12%	13%	10%	16%
Trampolining	7%	7%	8%	6%
Triathlon	2%	1%	-	2%
Volleyball	2%	-	-	-
Water polo	3%	2%	2%	2%
Wheelchairbasketball	1%	-	-	-
Wheelchairrugby	0%	-	-	-
Other sports	16%	21%	21%	22%
Multi-skills	-	-	-	-

Appendix D

The following table shows the percentage of pupils that would like to do more sport, in Wales and in your school.

Break % Respondents	Wales	Your school	Male pupils at your school	Female pupils at your school
Adventurous activities	22%	19%	17%	20%
Athletics	25%	21%	11%	28%
Badminton	22%	7%	5%	8%
Basketball	29%	23%	27%	20%
Boccia	3%	3%	2%	5%
Bowls (not ten-pin bowling)	5%	6%	3%	8%
Boxing	21%	17%	17%	17%
Canoeing/Kayaking	15%	11%	11%	11%
Cheerleading	15%	12%	-	21%
Cricket	18%	17%	21%	15%
Cycling	30%	23%	19%	26%
Dance	20%	17%	-	29%
Dodgeball	34%	31%	35%	28%
Fitness classes (e.g. aerobics, yoga, circuits)	24%	25%	13%	34%
Football	37%	37%	56%	23%
Golf	14%	17%	21%	14%
Gymnastics	21%	20%	5%	31%
Hockey	18%	13%	11%	14%
Horse Riding	19%	19%	3%	30%
Life saving	14%	11%	5%	16%
Martial Arts (e.g. Judo, Karate)	17%	10%	11%	9%
Netball	22%	26%	2%	44%
Other sports	12%	11%	10%	11%
Rounders/Baseball/Softball	29%	23%	6%	34%
Rugby	28%	28%	43%	17%
Running or jogging	31%	35%	19%	46%

Break % Respondents	Wales	Your school	Male pupils at your school	Female pupils at your school
Sailing	10%	4%	3%	5%
Sitting volleyball	4%	5%	2%	7%
Squash	11%	7%	8%	6%
Street sports (e.g. skateboarding)	15%	8%	6%	9%
Surfing	21%	15%	16%	15%
Swimming	37%	27%	25%	28%
Table tennis	22%	19%	19%	20%
Tennis	36%	31%	25%	34%
Trampolining	29%	21%	14%	26%
Triathlon	9%	7%	5%	8%
Volleyball	15%	11%	6%	15%
Water polo	13%	9%	6%	11%
Wheelchair basketball	6%	4%	3%	5%
Wheelchair rugby	5%	4%	2%	6%
I don't want to do more sport	6%	4%	5%	3%
Multi-skills	-	-	-	-
Rowing	-	-	-	-