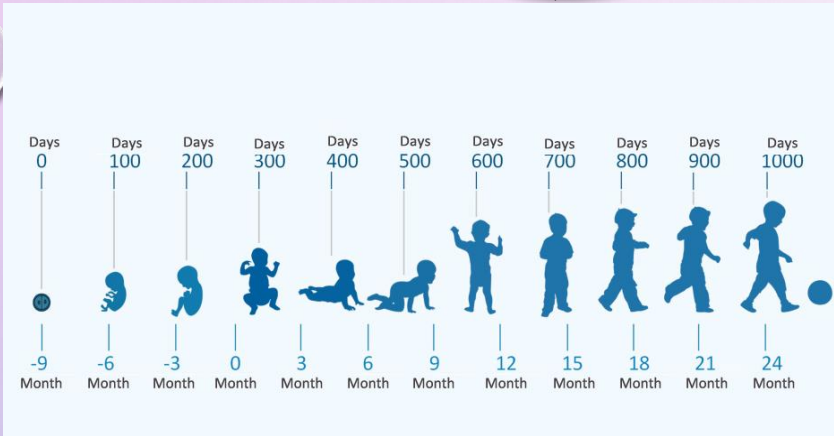
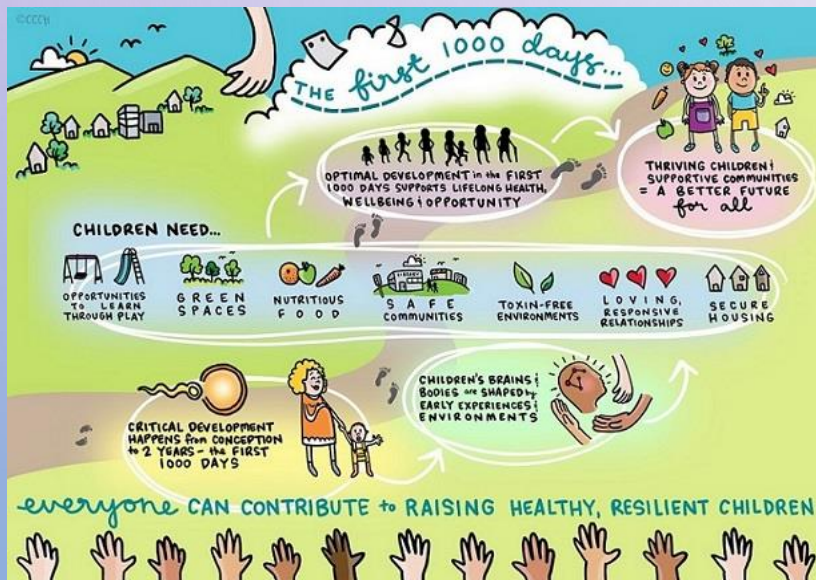


Student number: 2503246. Word count: 2700 Module Code: ECEY4005
I confirm that I have not used any AI tools in the research and creation of this assignment. I confirm that I have not presented any AI generated materials as my own work. I confirm I have copies of my drafts, notes, and other resources I used, which I may be asked to provide in evidence.

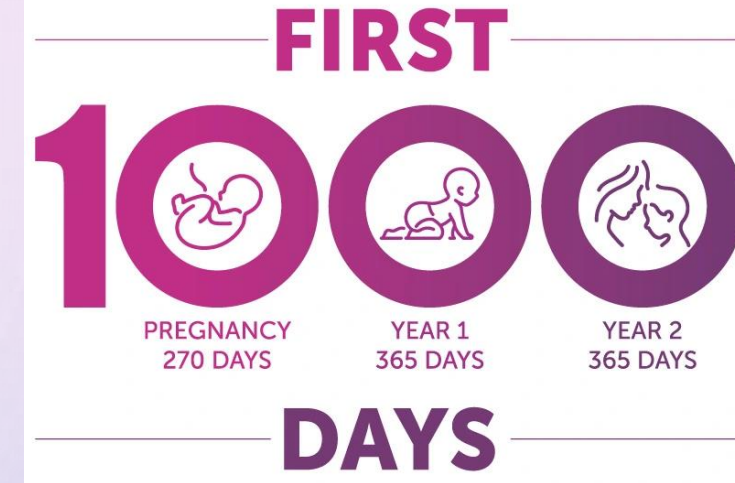


Source: IDSMEDS, 2019.

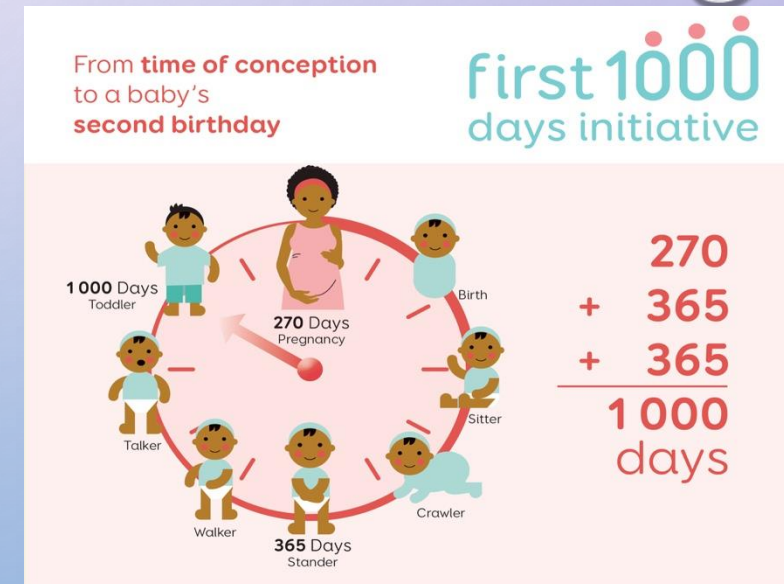


Source: The Royal Children's hospital Melbourne, 2018.

The first 1000 days



Source: South Dakota Department of health, 2019.



Source: UFS, 2020.

WHAT IS THE FIRST 1000 DAYS?

- According to OAPEN (2018), the first 1000 days refers to the days from when a baby is conceived to 2 years of age. These are the most critical days for growth and development, and some of the most important. During pregnancy prenatal care is crucial, this care usually means getting regular checkups from your doctor, nurse, and midwife throughout the pregnancy to ensure you and the unborn baby are safe. This is an important way to ensure you are keeping healthy and that all necessary tests are being done to help prevent possible problems. (Planned parenthood, 2019). A child's physical, emotional, and cognitive development can be significantly impacted by experiences during this time, particularly those related to health, nutrition, relationships, and care. Therefore, during the first 1000 days it is important that a child is in a safe and loving environment as during this time experiences can affect their development and life.



Source: Dr. Shweta Shah, 2022.



WHY IS IT IMPORTANT?

- Rapid brain growth happens in the first 1000 days, and neural connections form that can support their memory, problem-solving, and language. During this period if a child's brain and body develop then their life chances are improved significantly, however many factors can impact this development. Exposure to stress and adversity throughout this time can cause a child's growth and development to fall behind. Also, children who experience abuse or conflict between parents may experience long term impacts on their development. Although children in the first 1000 days seem too young to be affected, early experiences can have a lasting impact. (House of commons health and social care committee 2019). This shows just how important the first 1000 days are and how a child's environment during this time can affect their lives. To conclude, a child's first 1000 days set the stage for their future wellbeing, learning, and health. In order to provide children with the best start in life, early intervention, protection, and good role models are essential. The quality of experiences and environments during this time is critical in their childhood and through to adulthood.

WHAT IS EXCEPTIONAL CARE?

Source: Care Skills Training, 2025.



Source: Sprout Kids, 2018.

Exceptional care means going beyond the basic tasks to provide person-centered, compassionate support. This involves being empathetic, patient, and respectful whilst meeting their physical, social, and emotional needs. Exceptional care also supports holistic development by creating an inclusive environment offering opportunities for individuals to feel heard, valued, and supported, encouraging them to thrive and reach their full potential.

Emmi Pikler (1902-1984) was a paediatrician from Hungary and is known for her theory on exceptional caregiving especially for young children. Pikler suggested that the relationships between children and their caregiver are vital, and that all babies should have a primary caregiver that they develop a relationship with. By doing so they will build their sense of security, and their needs will be met. Emmi Pikler said that primary caregivers are supposed to change nappies, dress them, feed them, and meet all their basic needs. However, Pikler believed that all caregiving needs to be meaningful, and that every care routine such as changing, feeding, etc., needs to be seen as an opportunity to build relationships and show empathy and care. For example, telling the child what you are doing before you do it shows respect and privacy, also moving at the pace of the child so that they feel calm, heard, and valued. In conclusion, Emmi Pikler believed that all these types of caregiving in the first 1000 days and more have lifelong benefits on the children in helping develop their personalities.

(Mason, R PN15-16. No date).

In conclusion, exceptional care is crucial because it acknowledges the child as an individual and prioritises strong, meaningful relationships whilst still meeting their basic needs. Caregivers should support children's wellbeing, emotional security, and overall development, by adopting a person-centred approach. Emmi Pikler shows how meaningful relationships especially in the early days of life can have a significant impact on children feeling safe, valued, and confident throughout their lives.

CONSIDERATION SHOULD BE GIVEN TO ENABLING ENVIRONMENTS AND INCLUSIVE PRACTICE: WHY IS THIS IMPORTANT?

Enabling environments

According to Twinkl (2024), an enabling environment is one that is safe and stimulating. This is especially important for children as it encourages them to learn, explore, and develop confidently. Enabling environments also encourage children to feel comfortable taking appropriate risks and accessing a wide range of resources available, that supports their individual needs and gives all children equal opportunities to succeed promoting inclusive practice. Enabling environments help support children's emotional wellbeing by helping them feel safe, secure, respected, and valued within their space. Children will then feel more comfortable forming new relationships and friendships and getting out of their comfort zone to try new things. Enabling environments also promote independence, this is accomplished by giving children the opportunity to make their own choices, decide what they'd like to do, and develop problem - solving skills.

Inclusive practice

Inclusive practice and enabling environments are closely linked to each other, as it means to create environments where children feel safe, heard, valued, and respected. It is important that children feel a strong sense of belonging in their environments as this is a fundamental part of inclusive practice. All children are different and come from different backgrounds therefore it is vital to remove barriers such as any physical, emotional, social obstacles that could potentially stand in the way of participation. Ensuring that the environment and activities chosen value diversity is crucial, an example of this would be creating activities that celebrate different cultures, languages, and abilities, allowing children to feel included and supported. Pite, S (2025). Inclusive environments promote quality by ensuring all children have access to the same opportunities in learning, no matter their circumstances or needs individually. Working with families will help you gain a deeper understanding of each child's background to better understand them making them feel heard and valued. Inclusive practice helps show children to appreciate differences and shapes them to become empathetic, respectful, and positive individuals throughout their lives.

Conclusion

In conclusion, consideration should be given to enabling environments and inclusive practice as they are important for creating safe, stimulating, and inclusive spaces where children can learn and develop with confidence. Implementing these approaches into everyday practice supports children's wellbeing and reduces barriers to learning. This is important because it ensures all children, regardless of background or ability, are given equal opportunities to participate, succeed, and reach their full potential.



Source: Kinderly, 2021.

WHAT IS THE ROLE OF AN EARLY YEARS PRACTITIONER IN SUPPORTING CHILDREN AND FAMILIES IN THE FIRST 1000 DAYS?

- During the first 1000 days early years practitioners play a crucial role in supporting children to develop and in certain cases providing early intervention if needed. Providing reliable, empathetic, and adaptable care is one of the early years practitioner's main roles. Practitioners help children feel safe and emotionally secure by fostering stable relationships through positive and caring interactions. Practitioners also work closely with children and their families to make sure their individual needs are met and to make transitions easier for the child. (Inspire London college, 2025). Building strong relationships with families and carers is vital as it is important that everyone is on the same page so that the child gets the best care possible both in their setting and at home. It is also the role of a practitioner to work collaboratively with other professionals to ensure children and families are getting the correct support and ensure children are getting the right care during an important stage of life.

THE IMPORTANCE OF EFFECTIVE PARTNERSHIP WORKING



The Open University, (no date).

Professionals that practitioners should always keep contact with:

- Health visitors
- Families
- Social Services
- Speech and language therapists
- Counsellors
- Learning support specialists

Staying in contact with these will help ensure that everyone is aware of all relevant information regarding each individual child. This enables you to understand the child's needs and ensure they are being met, even if it means adjusting activities and environments to suit everyone.

- Working in partnerships with others such as families, practitioners, health visitors, social services, etc, offers the chance for all needs to be met both individually and collectively. The idea of partnership working is that children, parents, and families gain access to a variety of support personalized for them. Gasper, M (2026) p. 2-3.
- According to research, the most important factor in helping children thrive is to involve parents and carers in their education. It is vital to provide parents and carers with plenty of opportunities to be involved in their child's education, this will ensure that practitioners and guardians have a good relationship and communicate effectively to ensure the child is getting the best possible care. Department for Education, (2021).
- In conclusion, effective partnerships are important as they create a strong shared approach to successfully support a child's development and wellbeing. By working collaboratively with other professionals and families it ensures that the child gets the well-rounded and support tailored to their needs.

CONSIDER MATERNAL FACTORS THAT COULD IMPACT DEVELOPMENT AND WHAT SUPPORT COULD BE OFFERED

Age of mother

The age of a mother can affect pregnancy and a child's development in many ways. For example, if the mother is young when she falls pregnant then she's at risk of complications due to her body still developing. Complications such as low birth weight, anemia, and premature birth. Also, younger mothers may not have the correct knowledge, financial stability, or emotional stability which can affect parenting. This can have an impact on a child's development physically, emotionally, and cognitively. Support can be given through parenting classes, midwives, counselling services, and financial support. Older mothers who are typically over the age of 35 are at an increased risk of medical complications such as high blood pressure, pregnancy diabetes, and pre-eclampsia. There are also complications for the unborn baby, an example would be that they pose a higher chance of having chromosomal abnormalities. Older mothers are supported by having more frequent checks, and scans to ensure mother and baby are healthy. National Childbirth Trust, (2021).

PHYSICAL HEALTH

Good maternal health is vital for safe delivery and achieving a healthy birth weight, giving babies the best possible start in life. A mother's physical health during pregnancy plays a crucial role in fetal growth and development. Poor nutrition and a lack of self-care during pregnancy can lead to complications for the baby, including low birth weight and delayed physical and cognitive development. In addition, as children grow and develop, they learn behaviours by observing their parents. This means parents have a significant influence on their child's lifestyle choices. Therefore, it is essential that parent's model healthy behaviours, such as balanced eating and regular exercise, to encourage children to adopt positive habits as they grow. The healthy child programme is a great resource for families and children to get support and advice to live a healthier lifestyle. Public health England, (2021).

SUBSTANCE USE

According to the national institute on drug abuse, (2015), pregnant women who abuse substances such as prescription medications, tobacco, alcohol, or illegal drugs could face serious consequences for their unborn children. The reason for this is many of these substances can pass through easily to the placenta meaning it can potentially reach the fetus. Babies are then at risk of things such as neonatal abstinence syndrome, meaning when born it will then go through withdrawal as the baby is used to having these substances through their mother. Substance use can also majorly affect the development of a baby affecting their physical, cognitive, and brain development. Support can be given by healthcare professionals who can referee you to specialized drug and alcohol services, or there are also confidential helplines which can be found on the NHS website.

MENTAL HEALTH

There is a chance that perinatal mental health issues can affect some women, this could be due to many things such as adverse childhood experiences (ACE'S), history of miscarriage, history of mental health issues, or abuse. Perinatal mental health issues typically affect 20% of women and takes place from the time of conception to a child's second birthday. This can affect a child's development as it can come between the bond of the mother and child, stress during pregnancy can also affect a baby's brain development. There is appropriate care put in place during the perinatal period to ensure all women get the support they need through their health visitor, doctor, and midwife. There is a variety of support offered such as therapy, groups, and a constant form of communication. Public health England, (2021).

ACTIVITIES THAT ARE RELEVANT IN THE FIRST 1000 DAYS?



Source: Splash Learn, (2022).

Activity – Drawing.

Promotes – Drawing with your child from a young age helps them to develop their hand eye coordination, self-expression, fine motor skills, creativity, and cognitive growth by helping babies explore shapes, and colors. Drawing can also allow children the chance to express their emotions.



Source: reading com, (2024).

All these ideas are supported by the official NHS website, (2020). It states that there are many activities to do with children that are beneficial for their development even from a young age.

Activity - Reading with your child from an early age.

Promotes– Reading with your child from an early age can help promote language skills, supports emotional wellbeing and strengthens bond between children and guardian. Early exposure to new sounds and words is important for brain development.



Source: Oakland Family Services, 2018

Activity – Sensory Play

Promotes – Sensory play helps promote brain development, motor skills, texture exploration. Sensory activities are fun and engaging for children of all ages and encourage children to investigate and explore new textures, smells, and colors. Early Learning, (2018).

INTERNATIONAL APPROACHES

Steiner Theory

Rudolph Steiner founded the first ever school in Germany in 1919. Steiner set out to make the school a place where any child would get the same education no matter their background and social status. The most important factor the school wanted to accomplish was ensure all children grew to be free and morally responsible adults. Also, Steiner focused more on storytelling and experiments from a young age rather than setting homework and having pupils take tests whilst still teaching all relevant subjects such as mathematics, science, and many hands - on skills too. Waldorf School Education, (2018).

Video available here:

https://youtu.be/BkrqkslnD9g?si=c_3oJGCY683N0pnR

This approach is important in the first 1000 days as it shows the importance of storytelling even from a young age, has inclusive environments, and supports holistic development.



(Source: Twinkl, 2016.)

TE WHAARIKI

This is the early childhood curriculum in New Zealand for children from birth to school age. The approach is based on the idea that children learn best through strong relationships and meaningful experiences. Te Whaariki promotes children's holistic development, including their well-being, communication, and discovery, and sees them as capable and confident learners. Te Whaariki is a play -based curriculum that focuses on supporting children to grow and thrive. (Ministry Of Education, 2023). It also acknowledges the role that community, culture, and family play in fostering children's growth and learning.

Here's a video for further information:

<https://youtu.be/tyAQdhP69XY?si=6X6mfe7Zk8N9VCbi>

This approach aligns with the first 1000 days as it recognizes that development and learning starts from birth and promotes holistic development.



(Source: Twinkl, N.D)

Reggio Emilia Approach

The Reggio Emilia Approach is known as an educational philosophy that's based on the image of a child with developmental potential and a subject with rights, who develops relationships with others and learns through the 100 languages that are shared by everyone. Reggio Emilia Approach, (2022). This approach was led by Loris Malaguzzi, and the idea was to improve children's learning. Loris wanted to teach children through real-life experiences instead of a fixed curriculum, this ensures each child forms their own personalities, learns to respect others, and develop a love for discovery. Sprouts, (2020). Video available at:

<https://youtu.be/7n2hCebmT4c?si=cOisR-iEztsvYzBy>

This approach is relevant to the first 1000 days because it values relationships and attachments, recognizes that children from a young age are very capable and supports learning through play.



(Source: Twinkl, N.D)

- CONCLUSION: INTERNATIONAL APPROACHES ARE IMPORTANT AS THEY ALLOW ALL COUNTRIES AND PRACTITIONERS TO LEARN FROM OTHERS RESEARCH, POLICIES, AND PRACTICE THAT HAS WORKED WELL. IT IS ALSO A CHANCE FOR OTHER COUNTRIES TO IMPLEMENT CERTAIN NEW THINGS INTO THEIR PRACTICE TO IMPROVE.



(Source: Ryan, P. 2025)

(Source: Hollis Montessori School, N.D).



CARE SKILLS TRAINING (2025). *10 QUALITIES OF A GOOD CAREGIVER*. [ONLINE] CARE SKILLS TRAINING. AVAILABLE AT: [HTTPS://CARESKILLSTRAINING.ORG/BLOG/10-QUALITIES-OF-A-GOOD-CAREGIVER/?SRSLTID=AFMBOOQBVAOWEJREPFFXARHHU5RLSRX7WG4GG6YHXFNXKPCZHZ2I-IZ](https://careskillstraining.org/blog/10-qualities-of-a-good-caregiver/?srsltid=AFMBOOQBVAOWEJREPFFXARHHU5RLSRX7WG4GG6YHXFNXKPCZHZ2I-IZ) [ACCESSED 12 JAN. 2026].

CDC (2022). *EARLY BRAIN DEVELOPMENT AND HEALTH* | CDC. [ONLINE] CENTERS FOR DISEASE CONTROL AND PREVENTION. AVAILABLE AT: [HTTPS://ARCHIVE.CDC.GOV/WWW_CDC_GOV/NCBDDD/CHILDEVELOPMENT/EARLY-BRAIN-DEVELOPMENT.HTML](https://archive.cdc.gov/www_cdc_gov/ncbddd/childdevelopment/early-brain-development.html) [ACCESSED 6 JAN. 2026].

COLLEGE, I.L. (2025). *WHAT IS AN EARLY YEARS PRACTITIONER? ROLES & DUTIES*. [ONLINE] INSPIRE LONDON COLLEGE. AVAILABLE AT: [HTTPS://INSPIRELONDONCOLLEGE.CO.UK/WHAT-IS-AN-EARLY-YEARS-PRACTITIONER-ROLES-AND-DUTIES/?SRSLTID=AFMBOOPQNNRMMRA0VGLW0OGAWYW-NMIQAIET75KXZHW8ABGDSIJX1WNF](https://inspirelondoncollege.co.uk/what-is-an-early-years-practitioner-roles-and-duties/?srsltid=AFMBOOPQNNRMMRA0VGLW0OGAWYW-NMIQAIET75KXZHW8ABGDSIJX1WNF) [ACCESSED 13 JAN. 2026].

DRSHWETASHAH (2022). *KNOW ALL ABOUT PREGNANCY AND PRENATAL CARE - DR SHWETA SHAH*. [ONLINE] DR SHWETA SHAH -. AVAILABLE AT: [HTTPS://DRSHWETASHAH.COM/BLOGS/KNOW-ALL-ABOUT-PREGNANCY-AND-PRENATAL-CARE/](https://drshwetashah.com/blogs/know-all-about-pregnancy-and-prenatal-care/) [ACCESSED 6 JAN. 2026].

EDUCATION.GOV.UK. (2021). *HELP FOR EARLY YEARS PROVIDERS : WORKING IN PARTNERSHIP WITH PARENTS AND CARERS*. [ONLINE] AVAILABLE AT: [HTTPS://HELP-FOR-EARLY-YEARS-PROVIDERS.EDUCATION.GOV.UK/SUPPORT-FOR-PRACTITIONERS/WORKING-IN-PARTNERSHIP-WITH-PARENTS-AND-CARERS](https://help-for-early-years-providers.education.gov.uk/support-for-practitioners/working-in-partnership-with-parents-and-carers) [ACCESSED 16 JAN. 2026].

GASPER, M. (2026). *SHIBBOLETH AUTHENTICATION REQUEST*. [ONLINE] OCLC.ORG. AVAILABLE AT: [HTTPS://RESEARCH-EBSCO-COM.UWTSID.IDM.OCLC.ORG/C/ONVPSY/EBOOK-VIEWER/PDF/HZIEWAZNB5/PAGE/PP_2?LOCATION=HTTPS%25253A%25252F%25252FRESEARCH-EBSCO-COM.UWTSID.IDM.OCLC.ORG%25252FC%25252FONVPSY%25252FSEARCH%25252FDETAILS%25252FHZIEWAZNB5%25253FDB%25253DNLEBK](https://research-ebSCO-com.uwtsd.idm.oclc.org/c/ONVPSY/EBOOK-VIEWER/PDF/HZIEWAZNB5/PAGE/PP_2?LOCATION=HTTPS%25253A%25252F%25252FRESEARCH-EBSCO-com.uwtsd.idm.oclc.org%25252FC%25252FONVPSY%25252FSEARCH%25252FDETAILS%25252FHZIEWAZNB5%25253FDB%25253DNLEBK) [ACCESSED 16 JAN. 2026]. P.2-3.

GOODSTART CORPORATE. (2017). *EXPLORING THE BENEFITS OF SENSORY PLAY*. [ONLINE] AVAILABLE AT: [HTTPS://WWW.GOODSTART.ORG.AU/PARENTING/EXPLORING-THE-BENEFITS-OF-SENSORY-PLAY?UTM_SOURCE](https://www.goodstart.org.au/parenting/exploring-the-benefits-of-sensory-play?utm_source) [ACCESSED 16 JAN. 2026].

HOLLIS MONTESSORI SCHOOL. (N.D.). *MONTESSORI BASICS: THE PREPARED ENVIRONMENT* | HOLLIS MONTESSORI SCHOOL, NH. [ONLINE] AVAILABLE AT: <https://hollismontessori.org/blog/2018/6/4/montessori-basics-the-prepared-environment> † [Accessed 17 Jan. 2026].

House of Commons (2019). *First 1000 days of life Thirteenth Report of Session 2017-19 Report, together with formal minutes relating to the report*. [online] UK parliament , Authority of the House of Commons , pp.3–4. Available at:

<https://publications.parliament.uk/pa/cm201719/cmselect/cmhealth/1496/1496.pdf> [Accessed 6 Jan. 2026].

<https://www.facebook.com/nhswebsite> (2020). *Baby and toddler play ideas*. [online] nhs.uk. Available at: <https://www.nhs.uk/baby/babys-development/play-and-learning/baby-and-toddler-play-ideas/> .

kanekin (2019). *What is the first 1,000 days of life?* [online] Idsmed.com. Available at: <https://www.idsmed.com/sg-vn/news/what-is-the-first-1000-days-of-life/462.html> [Accessed 15 Dec. 2025].

Kinderly. (2021). *Tips to help prepare for the revised EYFS 2021 – Kinderly*. [online] Available at: <https://kinderly.co.uk/2021/04/27/essential-tips-to-help-prepare-for-the-revised-eyfs-2021/> [Accessed 13 Jan. 2026].

Mason , R. (n.d.). The first years . pp.15–16. doi:<https://cdn.auckland.ac.nz/assets/auckland/education/research/docs/FYJ-Vol25-Iss1-2023-internew.pdf#page=17> .

Ministry of education (2024). *What your child learns at early learning services*. [online] Govt.nz. Available at: <https://www.education.govt.nz/early-childhood/teaching-and-learning/te-whariki/> [Accessed 17 Jan. 2026].

National Institute on Drug Abuse (2015). *Substance use while pregnant and breastfeeding*. [online] National Institute on Drug Abuse. Available at: <https://nida.nih.gov/publications/research-reports/substance-use-in-women/substance-use-while-pregnant-breastfeeding> [Accessed 16 Jan. 2026].

Oakland (2018). *Oakland Family Services*. [online] Oakland Family Services. Available at: <https://www.oaklandfamilyservices.org/blog/2018/7/25/children-develop-important-skills-through-sensory-play> [Accessed 14 Jan. 2026].

Oopen (2018). *The Biology of the First 1000 Days* . [online] Taylor & Francis , p.518. Available at: http://library.oopen.org/handle/20_500.12657/30632 [Accessed 6 Jan. 2026].

Pite, S. (2025). *Equality and inclusive practice* | www.eyalliance.org.uk. [online] Eyalliance.org.uk. Available at: <https://www.eyalliance.org.uk/advice-and-information/early-years-practice/equality-and-inclusive-practice/> [Accessed 15 Jan. 2026].

Planned Parenthood (2019). *Prenatal Care*. [online] Plannedparenthood.org. Available at: <https://www.plannedparenthood.org/learn/pregnancy/prenatal-care> [Accessed 6 Jan. 2026].

Public Health England (2021a). *Early Years High Impact Area 2: Supporting Maternal and Family Mental Health*. [online] gov.uk. Available at: <https://www.gov.uk/government/publications/commissioning-of-public-health-services-for-children/early-years-high-impact-area-2-supporting-maternal-and-family-mental-health> [Accessed 16 Jan. 2026].

Public Health England (2021b). *Health matters: Giving Every Child the Best Start in Life*. [online] GOV.UK. Available at: <https://www.gov.uk/government/publications/health-matters-giving-every-child-the-best-start-in-life/health-matters-giving-every-child-the-best-start-in-life> [Accessed 16 Jan. 2026].

Rch.org.au. (2018). *Centre for Community Child Health : Strong Foundations: Getting it Right in the First 1000 Days*. [online] Available at: <https://www.rch.org.au/ccch/first-thousand-days/?mcsId=c9503527c4ec11ec83e0735d4d5e27d9> [Accessed 15 Dec. 2025].

readingcom (2024). *Why Reading Aloud to Your Child is So Important - Reading.com*. [online] Teach Your Child To Read Early, Step by Step. Available at: <https://blog.reading.com/why-reading-aloud-to-your-child-is-so-important/> .

Reggio Children (2022). *Reggio Emilia Approach*. [online] Reggio Children. Available at: <https://www.reggiochildren.it/en/reggio-emilia-approach/> [Accessed 17 Jan. 2026].

Ryan, P. (2025). *The Reggio Emilia Approach: Principles, 100 Languages, and the Legacy in Education*. [online] Early Excellence. Available at: <https://earlyexcellence.com/practice-and-pedagogy/reggio-emilia-approach/>.

Sd.gov. (2019). *First 1000 Days* | *South Dakota Department of Health*. [online] Available at: <https://doh.sd.gov/topics/mch/mch-services/first-1000-days/> [Accessed 15 Dec. 2025].

Splash Learn. (2022). *15 Best Drawing Ideas for Kids They Will Love*. [online] Available at: <https://www.splashlearn.com/blog/easy-drawing-ideas-for-kids-they-will-love/>.

Sprout (2018). *Who is Emmi Pikler?* [online] Sprout. Available at: <https://sprout-kids.com/blogs/sprouting-ideas/who-is-emmi-pikler?srsltid=AfmBOoq7jDJvI0bSJ3pNg2Z7pmuRx0quGK1-yWMvaF4H6zhJ9VPTmUP9> [Accessed 14 Jan. 2026].

Sprouts (2020). *Reggio Emilia Education* . [online] Youtu.be. Available at: <https://youtu.be/7n2hCebmT4c?si=cOisR-iEztsvYzBy> [Accessed 17 Jan. 2026].

Trust), C. (2024). *Labour & birth information | NCT*. [online] NCT (National Childbirth Trust). Available at: <https://www.nct.org.uk/information/labour-birth> [Accessed 3 Jan. 2026].

Twinkl (2024). *What are enabling environments* . [online] Twinkl.co.uk. Available at: <https://www.twinkl.co.uk/teaching-wiki/enabling-environments-eyfs#cont-1> [Accessed 15 Jan. 2026].

Twinkl. (n.d.). *Italy Flag Display Poster*. [online] Available at: <https://www.twinkl.co.uk/resource/t-t-28012-italy-flag-display-poster> [Accessed 17 Jan. 2026].

Twinkl. (n.d.). *New Zealand (Aotearoa) Flag Display Poster*. [online] Available at: <https://www.twinkl.co.uk/resource/t-t-13024-new-zealand-flag-display-poster> [Accessed 17 Jan. 2026].

Twinkl.co.uk. (2016). *Germany Flag Bunting*. [online] Available at: <https://www.twinkl.co.uk/resource/t-t-28729-germany-flag-bunting> [Accessed 17 Jan. 2026].

UFS EDCM (2020). *Make the First 1 000 Days Count*. [online] Ufs.ac.za. Available at: <https://www.ufs.ac.za/giving/donate-here-to-ufs/ia-projects/make-the-1-1000-days-count> [Accessed 15 Dec. 2025].

www.open.edu. (n.d.). *6 Collaborative partnership working: View as single page*. [online] Available at: <https://www.open.edu/openlearncreate/mod/oucontent/view.php?id=165173&printable=1> [Accessed 16 Jan. 2026].

Youtu.be. (2018a). *TE Whaariki turns 20*. [online] Available at: <https://youtu.be/tyAQdhP69XY?si=6X6mfe7Zk8N9VCbi> [Accessed 17 Jan. 2026].

Youtu.be. (2018b). *Waldorf School Education*. [online] Available at: https://youtu.be/BkrgkslnD9g?si=c_3oJGCY683N0pnR [Accessed 17 Jan. 2026].