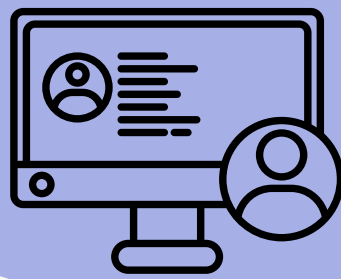


DIGITAL SAFETY: PROTECT YOURSELF ONLINE

1

Keep Your Personal Data Safe

The always has an element of truth in it: think twice about putting your personal data online, be it your exact address, full name, phone number or financial data. Only share with those you can trust, and don't post sensitive data on public forums.



2

Use Strong Passwords

Use Passwords that contain a mixture of letters, numbers, and special characters. Don't choose something predictable such as "123456" or your birthday. Password managers can assist you in generating and storing your passwords securely.



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5

Keep Software Updated

The regular updates of the tools available on them so as to keep them getting the last updates from the point of view of security. Hackers will always target out-of-date software, so whenever possible switch on automatic updates.



Beware of Phishing Scams

Avoid emails, messages and links from unknown senders Do not open dubious links, and never give your personal information to someone unverifiable. Look for phishing alerts, like misspelled URLs or urgency.



4

Activate Two Factor Authentication (2FA)

2FA is also recommended on your accounts, for further security. This adds an extra level of security by adding a second form of verification (a code sent to your phone, for example) in addition to your password.



3