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Lateral Flow Device Antigen Testing Kit Quick Guidance Sheet

Lateral flow tests are designed to deliver targeted and focused, rapid testing for people without typical symptoms of Covid-19 but who may still be carrying the virus, undetected.

In order to protect the safety of our staff and to reduce the spread of the COVID19 virus all employees prior to entering a Welsh Ambulance premises must undertake a test.

The test should be completed twice a week at home, three to four days apart.
Below you will find a step by step guide on how to complete the test.

Step 1

Place 6 drops of the extraction solution into the specimen tube



Step 2

Swab the nose only ensuring you tilt your head back



Step 3

Place the swab into the specimen tube



Step 4

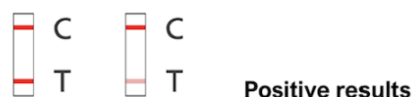
Place two drops of the extraction fluid onto the test cartridge and leave for 30 minutes



Step 5

Check your results

Test results



Step 6

If your result is positive

Follow these next steps:

1. Start self-isolation immediately
2. Inform your line manager
3. Request a PCR test at:
<https://gov.wales/getting-tested-coronavirus-covid-19>
4. Complete the Reporting Form link and QR code shown below

Step 7

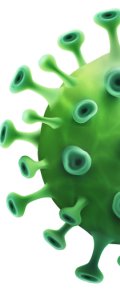
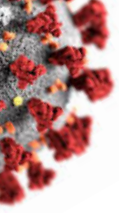
You will need to report each result (negative or positive) on a short reporting form which can be accessed by this QR code or at:

www.ambulance.wales.nhs.uk/ifdtest



To view this guidance in video format please go to:
<https://learninghub.nhs.uk/self-swab>

For full details of the Asymptomatic Self-Testing Kits including Q&A's please visit:-
<https://nhswales365.sharepoint.com/sites/AMB-Intranet/SitePages/Asymptomatic-Self-Testing.aspx>



Bibliography

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