

My name is natalie and i am currently studying my MA in youth work and social education ,im 36 and have four children living near the rural community of llandysul,my passion is in nature and ceramics, i am currently on placement at leuencid Tysul Youth Centre, based in llandysul it was set up 23 years ago.by Steve Parkin, their purpose has evolved to provide a wide range of education and support services to young people aged ten to twenty five. The main focus of their work is to support young people through the transition to adulthood, from dependence to independence.

This presentation will be focusing on the three well being goals-

Focussing on the three **well-being goals**

A Wales of vibrant culture and thriving Welsh Language -

A Wales of cohesive communities

A healthier Wales

-Hermann Hesse, the poet, novelist and painter had a deep appreciation for nature and spirituality. He discusses this in the poem entitled 'Wandering' (1972).

"For me, trees have always been the most penetrating preachers. I revere them when they live in tribes and families, in forests and groves. And even more I revere them when they stand alone. They are like lonely persons. Not like hermits who have stolen away out of some weakness, but like great, solitary men, like Beethoven and Nietzsche". (July 2, 1877–August 9, 1962) This quote by Herman Hesse really depicts the connection we as humans can have with trees, if we look and listen and use our senses we can connect to a tree as an individual, maybe living a more lonesome life as we look at a lone tree living, standing proudly or seeing it struggle against the elements. We can also recognise a family of trees and feel comforted, watching the mother tree shade her young.





Tysul youth is my practice and based in Llandysul ,a small town surrounded by sparsely populated countryside in the county of Ceredigion ,west wales

Tysul youth employ five part-time staff and an excellent volunteering team, their base is the Tysul Youth Centre .During the last twenty three years they have provided a broad range of services including an evening youth club, a daytime drop-in facility and a NEET (not in education, employment or training) project for young people aged 10+ to encourage progression in to mainstream education, training or employment.

Their work hinges around personal and social development in an informal setting, and are guided by the Youth Work curriculum for Wales. They work with the statutory Youth service and take part in activities with other Youth groups; local community, environmental and volunteering projects further a field.

Young people are encouraged to participate, to be actively involved in

The Well-being of Future Generations (Wales) Act 2015 is placing responsibility on communities for climate, social,economic and cultural matters. There are many potential issues in doing this. The current commissioner Sophie Howe's role is to advise local residents and the government on these topics looking at the seven wellbeing goals to ensure happier and healthier future generations.

The seven well being goals are -

- A prosperous Wales
- A resilient Wales
- A globally responsible Wales
- A Wales of vibrant culture and thriving Welsh Language
- A Wales of cohesive communities
- A more equal Wales
- A healthier Wales
- For the purposes of this presentation I will focus on 3 points which are most appropriate to my practice
- A Wales of vibrant culture and thriving Welsh Language- bilingual stats ?

Tysul youth offer a bilingual service giving opportunities to communicate in english and welsh ,

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- A Wales of cohesive communities- growing together project

Looking at the intergenerational project growing together this encourages a more cohesive wales

- A healthier Wales - tysul youths gardening project encourages the young people to get out side be physical and get your hands dirty,the new allotment give the youth center this opportunity.

The Well-being of Future Generations (Wales) Act is about improving the social, economic, environmental and cultural well-being of Wales. It will make the public bodies listed in the Act think more about the long-term, work better with people and communities and each other, look to prevent problems and take a more joined-up approach. This will help us to create a Wales that we all want to live in, now and in the future.

This act and legislation will aim to guarantee sustainable development, whilst securing future justice in a holistic manner. This can only be achieved if everyone takes accountability. The act would appear to place increasing responsibility for communities to influence adaptation options in their own area in the face of climate, social, economic and cultural issues

Tysul youth practice links to the 3 wellbeing goals mentioned-

A Wales of vibrant culture and thriving Welsh Language

A Wales of cohesive communities

A healthier Wales

The AR ARDD project covers all three wellbeing goals

A Wales of vibrant culture and thriving Welsh Language - bilingual stats - tysul youth offer a bilingual service whenever possible so the young people converse in the language of their choice. personal and social development encompassing cookery, knowledge transfer activities, social habits, music lessons and facilities to create and nurture. Recreational activities such as sports equipment , fun play activities...all nurturing and cultivating, encouraging social skills...

A Wales of cohesive communities - growing together project they work with the statutory Youth service and take part in activities with other Youth groups; local community, environmental and volunteering projects further a field.the young people are encouraged to take part in activities and decision making to gain a sense of responsibility

A healthier Wales - new allotment ,encouraging physical activity, local paddlers, sports, wellbeing walks

Tysul youths vision is to continue to contribute and support national, regional and local initiatives for the development and empowerment of young people enabling them to become responsible citizens who take an active role in, and make a positive contribution to, the community now as young people and in the future as adults. This will be done by further increasing the number of young people attending the Youth Centre; increasing their level of participation in its activities; extending the range of activities and skills opportunities on offer; and further strengthening and developing links between young people and the local community.



Is community participation and transparency achievable? Getting people together in a rural community could have logistical difficulties. In light of the global pandemic this could stop communities getting together. There would need to be a way of creating a balanced effort, intergenerational groups sharing advice from gardening to I.T support. A circular knowledge transfer is imperative for each generation to learn from one another.

There are however challenges to community participation and transparency, Financially, who will fund these necessary resources? Will the government release funds, will it be the responsibility of the local community to raise funding? There will be a need for transparency in order to be successful in meeting their targets. If there's a lack of funding, then transparency may be compromised and corners may be cut.

Looking at community participation for example the elderly population may not be so forward thinking on climate change and cultural concerns, therefore the involvement of the younger community will be crucial in order for this to be achieved.



According to the census statistics, the number of Welsh speakers overall has fallen from 582,000 in 2001 to 562,000 in 2011, despite an increase in the size of the population, indicating that just 19% of the population are Welsh speakers. Since 1981 there has been a steady increase in the percentage of children and young people speaking Welsh through the education system in Wales. This is still however far short of the Welsh Government's target of 1m Welsh speakers by 2050.

A Wales of vibrant culture and thriving Welsh Language

Point 2: How relevant are Goals to your context? Are they? if so in what way, if not why not ? Should they be?

The future generations act encourages a society that promotes and protects culture, heritage and the Welsh language, and which encourages people to participate in the arts, and sports and recreation. The Tysul youth centre was set up by Steve Parkin, who has been running it for two decades, he is a fluent Welsh speaker and actively encourages and promotes the Welsh language in all group sessions, their official documents, and all advertising. This is essential to him as he has set out to create a vibrant and thriving community whilst encouraging links within the language throughout the intergenerational community.

The points from the future generations act are relevant here as they have a plan to work towards, they can set targets aims and objectives that they can work towards .

The Tysul youth centre actively encourage

- 1: Developing skills, increasing opportunities and respecting our status as a bilingual nation.
- 2: Supporting people to engage with culture in their daily working and recreational lives, and bringing out the best in our cultural professionals.
- 3: Using cultural and linguistic interventions to address wider societal issues.
- 4: Using culture and the Welsh language as a driver for economic and environmental change.
- 5: Enabling our citizens to access and engage with their own and other cultures.

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A Wales of cohesive communities- growing together project

Tysul youth offer multiple courses and sessions encouraging-

- 1: People to be active in their communities: Creating opportunities so the local people can engage in group activities promoting learning new skills and sharing knowledge
- 2: Connected communities: Supporting communities to be well connected and safe
- 3: Access to key well-being services: Supporting vibrant foundational economies
- 4: Community anchor organisations: Valuing the role and potential that community anchor organisations can play in building cohesive communities

As discussed they are currently running an intergenerational project called 'growing together this project aim is to create links between the local generations through the medium of interviews asking questions and sharing stories from the past .in an environment that is specifically set up with antique furniture and trinkets from the past to help remind the participant of the good old days



First looking at the positives, the wellbeing act can be put together to suit each community as different communities will have different needs and want the Act to potentially focus on issues that are relevant to and important to that community. As the communities take on new responsibilities this will bring the local bodies together and potentially unite intergenerational groups.

Looking at the negatives some communities may be poorer than others having little or no access to fewer facilities such as the internet, local transportation, library and community groups. If there is a divide between ages this will also factor in the need for the whole community to be involved in this push for a better climate and a vibrant culture and thriving Welsh habitants. Also we need to consider how people may work at different speeds to complete targets, the younger generations could potentially help support the older generations.

The Welsh Government has outlined in the act that community participation and transparency is important, however Is community participation and transparency achievable? Getting people together in a rural community could have logistical difficulties. In light of the global pandemic this could stop communities getting together. There would need to be a way of creating a balanced effort, intergenerational groups sharing advice from gardening to I.T support. A circular knowledge transfer is imperative for each generation to learn from one another.

Yr Ardd-Project overview

Project Yr Ardd, is an exciting new community growing project based in Llandysul and Pont ty weli, west Wales. During the initial stages of the pandemic a partnership of local community support groups and individuals came together and following several remote zoom meetings a committee was established and a constitution adopted. The overarching aims and objectives of the project are to provide a space where the community can share skills and knowledge, improve health and wellbeing, develop positive solutions to tackle climate change and food poverty and to promote and preserve the Welsh language and culture in a social and supportive environment. One of the group, Llinos Halgarth, identified a disused allotment site on the edge of the village and had begun negotiating with Sir Gar Council's estates department to secure a long term lease. The site, originally provided as an offset to the bypass works some twelve years previous, comprises of approximately half an acre divided into six smaller plots all with water standpipes and divided by gravel paths, providing the opportunity to sublet smaller plots to interested parties. Following a site visit and agreement of contracts a 21 year lease with a peppercorn rent was secured which included the basic clearance of the site and improvements to the access as it had become very overgrown and neglected since it was first allocated.

Alongside these developments Tysul Youth, had managed to secure a "Community Growing Kit" through Keep Wales Tidy and Social Farms and Gardens, which comprises of raised beds, wildflower turf, fruit trees, vegetable seeds, a greenhouse and garden shed as well as a wide selection of tools to start work, with additional funding secured through the National Lottery's community green spaces fund to oversee the project through 2021.

Plans for the site already include developing a communal meeting space with fire pit and outdoor cooking area, a wildlife area with pond and other habitats, coppicewood and greenwood areas, composting toilet, shelters and other infrastructure. The site is currently in the early stages of preparation and it is intended for installation and planting to begin early in the new year with project leads and community members keen to get their hands dirty!



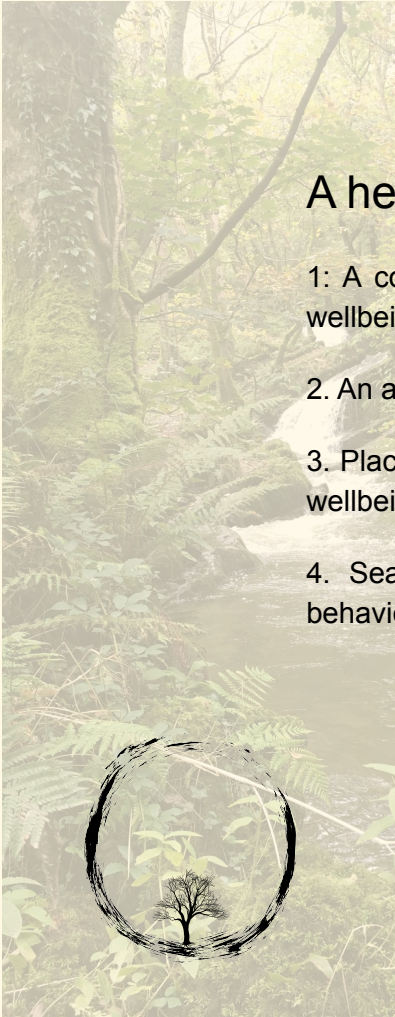
Education for Sustainable Development and Global Citizenship in youth work aims to provide and educate young people with the skills to have a better understanding of the world around them, locally and globally. This gives them the capability to acknowledge their role and place in helping to create better principles and views encouraging a more appropriate approach.

Focusing on three of the sustainable development goals and how they link to my placement-

1. Good health and wellbeing -tysul youth supports the young people with a range of bilingual education and support services which Promote physical and mental well-being and Are conducted in a safe environment
2. Quality education
3. Responsible consumption and production

ESDGC focuses on seventeen goals for sustainable development, set up in 2015 by the United Nations. The points are: -

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4. No poverty
 5. Zero hunger
 6. Good health and wellbeing
 7. Quality education
 8. Gender equality
 9. Clean water and sanitation
 10. Affordable and clean energy
 11. Decent work and economic growth
 12. Industry, innovation and infrastructure
 13. Reduce inequalities
 14. Sustainable cities and communities
 15. Responsible consumption and production
 16. Climate action
 17. Life below water
 18. Life on land
 19. Peace and justice strong institutions
 20. Partners for the goals



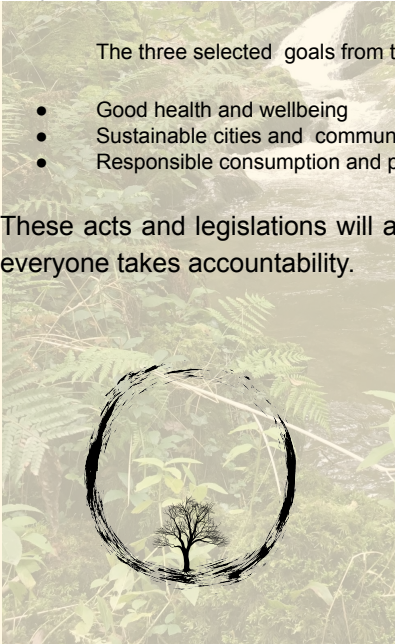
A healthier Wales - new allotment ,encouraging physical activity

- 1: A compassionate nation: Support people to act with compassion, to facilitate understanding of mental wellbeing
2. An active nation: Increase the benefits of physical activity for everyone
3. Place-making and designing-in community health and well-being: Enable places to support the health and wellbeing of people and communities
4. Seamless, preventative organisations and services: Ensure services support people to understand behaviours and choices that benefit future health

The communities in Wales need to take concerted action with these policies and strategies and work hand in hand with officials and government influences, in order to preserve their communities from such issues as climate change, prosperity, resilience, promoting a healthier and equal environment that is globally responsible. This will aim to ensure the ‘... *the adaptive capacity of all our communities.*’ (2015) To conclude, there are multiple positives and negatives within The Well-being of Future Generations (Wales) Act 2015, although this will not be an easy journey and is dependent on the contribution and effort of all to secure this potentiality. As discussed by Hayden Davies, ‘*this has the potential to be a world-leading provision but its success in safeguarding the interests of future generations will depend heavily on the political will and the personalities of those tasked with holding public bodies to account.*’ (2016) *Are the targets enough, are they doing enough can they do more, do they need to be more specific? Are they missing anything? Are they not achievable? Are they too much to focus on?*

According to Dr Andrew Kythreotis, this act is welcomed, many previous legislations have been viewed as positive but have been sidelined due to unsustainable economic growth. All with good intentions, yet have been unable to reach important milestones due to lack of transparency, participation and short term thinking.

Looking at community participation for example the elderly population may not be so forward thinking on climate change and cultural concerns, therefore the involvement of the younger community will be crucial in order for this to be achieved.



The three selected goals from the The Well-being of Future Generations (Wales) Act 2015, promote a more sustainable community and directly link to the un goals.

- Good health and wellbeing
- Sustainable cities and communities
- Responsible consumption and production

These acts and legislations will aim to guarantee sustainable development, whilst securing future justice in a holistic manner. This can only be achieved if everyone takes accountability.

