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Section	Your response (Use your own words!)
1. Research	I approached this research from a sense of trying to bring awareness to the points I was trying to make in my role, such as; for example, When I wanted to prove inequality existed, I made sure to support my points with research to prove validity. I found using the CRAAP test really helped me, myself check if my research was up to standard. When using websites, for my sources, I started by focusing my attention on the claims I had made in my introduction (when stating my personal reasons) and because I wanted to provide evidence towards those claims-I guided my research from firstly working on evidence which led me to find other sources, easier, whether those were important bodies (like Mind.org or NHS), to researching skills needed. Because of this, I found the process become a lot less complicated.
2. Presenting	I had prepared for my presentation, using the Task 1 checklist to make sure I had covered all the topics needed and I have learnt that having such a guideline could recentre my focus and make the process a lot more understandable and time efficient.
3. Challenges you faced with your presentation	I had trouble narrowing down my presentation because I felt that I had more familiarity with written assignments and I like to write more in comfort. However, this exposure to presentations became a new experience which made me aware of my personal navigation. To say, my lack of experience made me unsure whether I was getting carried away with all the points I wanted made-causing me to feel troubled with whether my writing could fit into the five-minute time limit and if my points were successfully brought to attention. Though, now I have experienced this, I constantly have in mind just how much coherence and script making can advance my skills.
4. Actions to improve	Even though, I am now aware, after presenting- that; making sure I stick to the key points I need expressed will keep my work a lot more direct by focusing on the points that are important to make. Therefore, keeping me from trailing away and re-engaging the attention to the aims of my work which means for my next assignments or Term I will be able to refine my structure which would improve the amount of time taken and gradually improving my confidence which helps me approach this with a more direct and focused Lense.
5. Further steps needed to Prepare for Task 3	For Task 3 I will have to structure a report using sources and following academic style. This path has already begun to be paved, since in Task 1, I was able to register the roles and responsibilities while explaining their essentiality and used the CRAAP test for my sources. This makes it a lot easier to use my knowledge and experience with research that I have already committed to, as this has already

	helped me gain familiarity with credible authorizing sources by using well known bodies such as the NHS and keeping to my points by following aims, cutting down on excess of words and using vocabulary that can keep the attention of the reader and using criticality will help explain my 'why's' and 'how's' as well as the further description- that Task 3 entails.
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