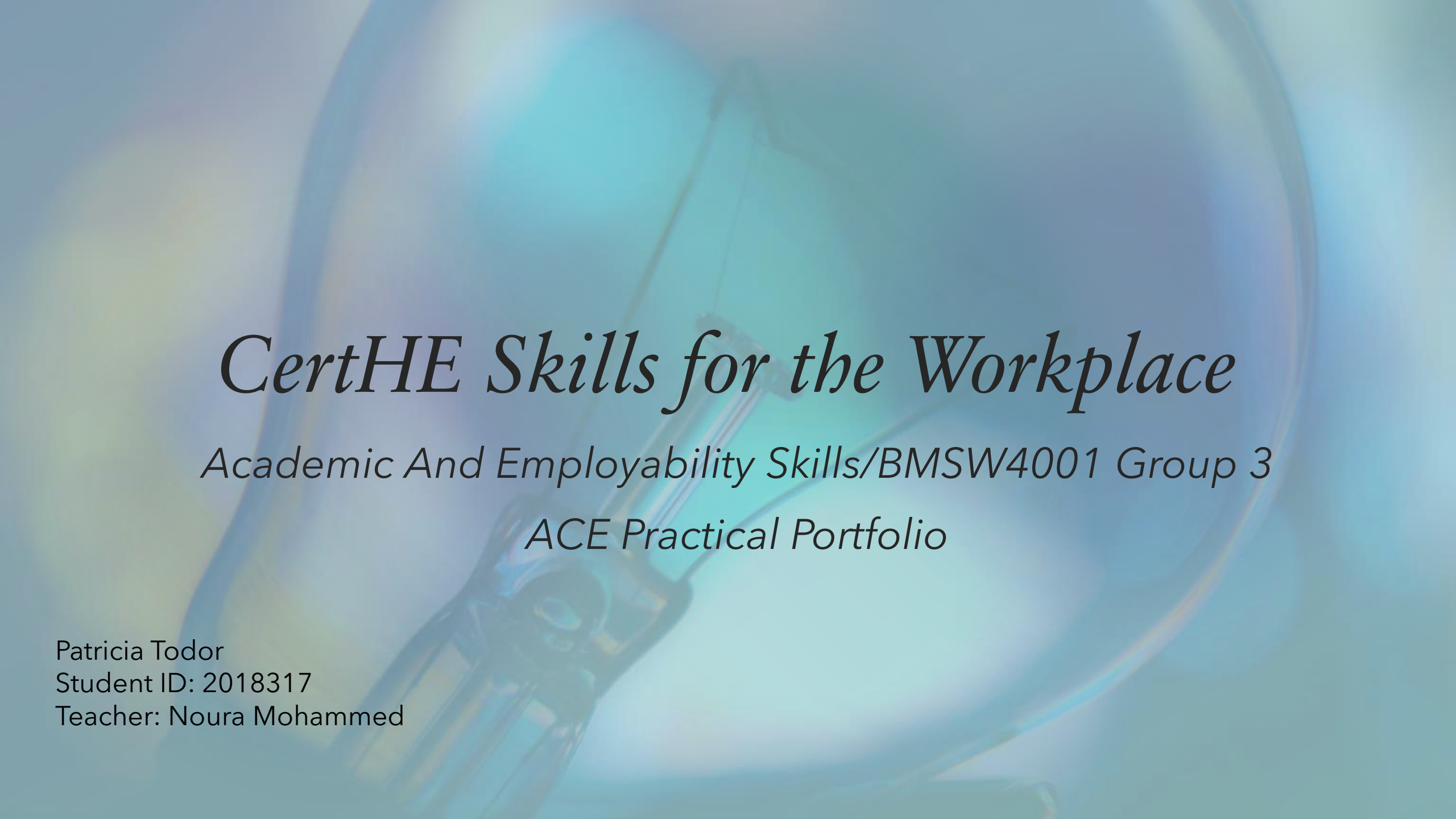




CertHE Skills for the Workplace

Academic And Employability Skills/BMSW4001 Group 3

ACE Practical Portfolio

Patricia Todor

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Strengths – Time Management,
Reflection, Online learning
experience

Weaknesses- Public
speaking/Giving Presentations

These are some of my strengths and weaknesses
that I will work on and make as much
improvements as I can in order to accomplish the
right requirements towards my future career in
midwifery



SWOT Analysis- strengths vs weaknesses



Strengths: Time management-is one of my biggest strengths as I think that time management is self management which is essential in life and especially in a workplace. It keeps professionalism at a high rate which will deliver the best services towards my self and others.

Reflection- is my other strength because I like to always look back on my work or and new skills I have learned which gives me the opportunity to see what improvements can be made. Reflecting on myself in a workplace gives me the opportunity to go into further studies and better my skills.

Weaknesses: Public Speaking/Giving presentations-This is one of my weaknesses because sometimes I tend to feel anxious talking in front of new people because I tend to doubt myself or feel unsure about talking about a topic I am not familiar with which could be a threat towards my future career as I will have to have a clear communication with the patients. However, this is something I can overcome and improve on.

World of Work

My future career is to become a midwife which will require myself to constantly improve on my strengths and weaknesses and always be able to recognise new strengths and weakness that may come along.

The requirements of being a midwife are to have a caring personality and attitude towards the patients and their families as well as being able to maintain clear and understanding communication for a trusting relationship as well as having the right knowledge about medical and clinical skills in the workplace.

To achieve the right requirements towards my future career I will need to improve on my weaknesses as well as my strengths and get familiar to the medical and clinical skills in order to provide the right care and support.



My World of Work

Conclusion

In conclusion as a current student in University, I will continue to focus on my strengths and weaknesses and improve as I go along the course as well as starting to develop my knowledge on the other requirements for midwifery by doing the right research. I also believe that the course I am studying will help me work on my strengths and weaknesses as well as giving me the opportunity to learn new skills towards my future career.

Thank you for listening
Do you have any questions ?