



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

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Module Code: (LCHS4001_BIRM)

Module: Academic and employability skills

Lecturer: wenli wu

Submitted on:

Complete the template below (use the prompts in the Task 2 information document to help)

- Take your time, there is no limit – you have until Friday of Week 9 to submit
- Use any notes you have already made to help
- The boxes will expand when you type

Section	Your response (Use your own words!)
1. Research	I accessed the library website and used Google, which led me to Google Scholar. There, I found multiple websites and sources. By using CAAP test , I was able to analyse and evaluate the information I found American psychological Association (A.P.A) website provided information that matched what I needed for my test. Since I wanted to excel in becoming a Psychiatric Counsellor, I searched for reliable and relevant information. I also found useful information on NHS website This research helped me develop a better understanding of the topic and ensured that I used trustworthy sources.
2. Presenting	I believe that I performed reasonably well during my presentation. Although I experienced some difficulties with the pronunciation of certain words, I was able to communicate all the 5 areas that we had to talk about . I ensured that I covered all the required topics and did not omit any important information. Furthermore, I successfully spoke for the full five minutes, which allowed me to present my research in a structure and complete manner.
3. Challenges you faced with your presentation	My first presentation was challenging because I had limited experience on finding reliable academic sources. I also found it difficult to use computers effectively for research. During the presentation, I felt very nervous, which affected my confidence and ability to explain my ideas clearly. I often used to many details instead of presenting my points in clear and concise way.
4. Actions to improve	I will focus on improving my confidence, organising my ideas more effectively, and developing my presentations in a clear and structured manner.
5. Further steps needed to Prepare for Task 3	To prepare Task 3, I will conduct more academic research using reliable sources, practice my presentation skills, and improve my confidence by rehearsing my presentation more. I will improve my academic vocabulary to communicate my ideas more clearly and effectively.

