

MODULE DIRECTORY

LEVEL 4

SCHOOL OF PSYCHOLOGY AND COUNSELLING

FACULTY OF EDUCATION, COMMUNITY, AND CULTURE

2026-2027

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INTRODUCTION

This Module Directory includes all the modules for Level 4 within the School of Psychology and Counselling in the academic year 2026-2027.

This directory accompanies the Programme of Study Handbook, which will provide you with details of which modules you will be studying for your programme this year in the 'Programme of Study' section. This directory may include modules that are running on other programmes of study within your School/Faculty. If you require assistance in identifying the modules for your programme of study, please contact the Programme Manager (whose name and contact details are provided in the accompanying Programme of Study Handbook), or the relevant Faculty Office.

The University has made every effort to make the information as full and as accurate as possible, but you should note that minor changes in the organisation of modules between the planning stage and the actual teaching are inevitable. We shall try to keep any such changes to a minimum, and you will receive plenty of advance warning in the event of any alteration. We would also be grateful if you would let us know about any changes that you think might be helpful if introduced into future handbooks.

MODULES

Module Code	ECPS4019
Title	Conceptual and Historical Issues in Psychology
Date	15/10/2025
Level	4
Credits	20
Pre-Requisites	None
DBS Check	May be required ☐ Not required ☒

AIM(S)

- To introduce students to the conceptual, historical, and contemporary approaches and issues in psychology.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- demonstrate understanding of conceptual and historical background of Psychology;
- demonstrate awareness of psychological perspectives and contemporary approaches in Psychology;
- demonstrate understanding of key debates and ethical considerations central to the study and application of Psychology.

INDICATIVE CONTENT

This module content maps onto the following BPS core curriculum areas: biological psychology, cognitive psychology, developmental psychology, individual differences, social psychology, conceptual and historical issues in psychology.

- Conceptual and Historical Paradigms and Models.
- The study of Psychology as a Science.
- Social and Cultural Construction of Psychology.
- Theoretical Approaches:
 - Biological Psychology.

- Cognitive Psychology.
 - Social Psychology.
 - Developmental Psychology.
 - Individual Differences.
- Classic and Current Debates in Psychology.
 - Ethical issues in Psychology.

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	30	15%
Independent learning	170	85%
Placement learning	0	0%
TOTAL	200	100%

ASSESSMENT

Assessment Component 1

- ☐ Written exam
 ☐ Coursework
 ☒ Practical

Mode of assessment	Volume	Weighting
Visual Assessment	3 minutes	50%

Assessment Component 2

- ☒ Written exam
 ☐ Coursework
 ☐ Practical

Mode of assessment	Volume	Weighting
Exam	1 hour	50%

Assessment Summary

Activity type	Percentage
Written exam	50%
Coursework	0%
Practical	50%
TOTAL	100%

This module is a core requirement for Graduate Basis for Chartership (GBC) accreditation with the British Psychological Society (BPS) as set out in documentation to the BPS August 2023.

INDICATIVE READING LIST

Module Code	ECPS4019	
Module Title	Conceptual and Historical Issues in Psychology	
Classification	Reading List entry	Electronic*
Essential	Gross, R. (2020). <i>Psychology: the science of mind and behaviour</i> (8 th ed.). Hodder Education.	☒
Essential	Griggs, R. A., & Jackson, S. L. (2020). <i>Psychology: a concise introduction</i> (6 th ed.). Worth Publishers.	☐
Essential	Holt, N., Bremner, A., Sutherland, E., Vliek, M., Passer, M. W., & Smith, R. E. (2019). <i>Psychology: The Science of Mind and Behaviour</i> (4 th ed.). McGraw Hill	☒
Further	Farrell, M. (2014). <i>Historical and philosophical foundations of psychology</i> . Cambridge University Press.	☐
Further	Greenwood, J. D. (2015). <i>A conceptual history of psychology: exploring the tangled web</i> (2 nd ed.). Cambridge University Press.	☒
Further	Banyard, P. (2015). <i>Essential psychology</i> (2 nd ed.). Sage.	☐
Further	Martin, G., N. (2008). <i>Psychology: A beginner's guide</i> . Oneworld Publications.	☒
Further	Gross R. (2012). <i>Key studies in psychology</i> (6 th ed.). Hodder Education.	☐
Further	Eysenck, M.W., & Keane, M. T. (2020). <i>Cognitive psychology: a student's handbook</i> (8 th ed.). Routledge.	☒
Further	Kalat, J. W. (2018). <i>Biological psychology</i> (13 th ed.). Cengage.	☐

Module Code	ECPS4020
Title	Personality and Individual Differences
Date	15/10/2025
Level	4
Credits	20
Pre-Requisites	None
DBS Check	May be required ☐ Not required ☒

AIM(S)

- To enable students to develop a broad understanding of the ways in which personality and individual differences influence various aspects of human behaviour.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- describe and compare major theoretical approaches of personality and individual differences;
- apply knowledge of individual differences to describe variations in human behaviour;
- demonstrate an understanding of the ways in which individual differences can be measured.

INDICATIVE CONTENT

This module content maps onto the following BPS core curriculum area:

- Individual differences.
- Theories of personality.
- Personality assessment.
- Intelligence and cognitive mental ability.
- Measuring intelligence and cognitive mental ability.
- Culture, identity and the self.
- Psychopathology and personality.
- Biological and genetic influences.
- Applications of individual differences: education, work, relationships, etc.

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	30	15%
Independent learning	170	85%
Placement learning	0	0%
TOTAL	200	100%

ASSESSMENT

Assessment Component 1

☐ Written exam ☒ Coursework ☐ Practical

Mode of assessment	Volume	Weighting
Written Assignment	1500 words	50%

Assessment Component 2

☐ Written exam ☒ Coursework ☐ Practical

Mode of assessment	Volume	Weighting
Research Report	1500 words	50%

Assessment Summary

Activity type	Percentage
Written exam	0%
Coursework	100%
Practical	0%
TOTAL	100%

This module is a core requirement for Graduate Basis for Chartership (GBC) accreditation with the British Psychological Society (BPS) as set out in documentation to the BPS August 2023

INDICATIVE READING LIST

Module Code	ECPS4020	
Module Title	Personality and Individual Differences	
Classification	Reading List entry	Electronic*

Essential	Chamorro-Premuzic, T. (2015). <i>Personality and individual differences</i> (3 rd ed.). BPS Wiley.	☐
Essential	Maltby, J, Day, L., & Macaskill, A. (2017). <i>Personality, individual differences and intelligence</i> (4 th ed.).	☐
Essential	Maltby, J, Day, L., & Macaskill, A. (2013). <i>Personality, individual differences and intelligence</i> (3 rd ed.).	☒
Essential	Domino, G., & Domino, M. L. (2006). <i>Psychological testing: An introduction</i> . Cambridge University Press.	☒
Further	Haslam, N. (2007). <i>Introduction to personality and intelligence</i> . SAGE Publishing.	☒
Further	Haslam, N., Smillie, L., & Song, J. (2017). <i>An introduction to personality, individual differences and intelligence</i> (2 nd ed.). Sage Publishing. NOTE: updated version (3 rd revised ed.) released June 2022	☐
Further	Boyle, G. J., Matthews, G., & Saklofske, D. H. (2008). <i>The SAGE handbook of personality theory and assessment: Personality measurement and testing (Volume 2)</i> . Sage Publishing.	☒
Journal	<i>Journal of Individual Differences</i>	☒
Journal	<i>Personality and Individual Differences</i>	☒
Journal	<i>Journal of Individual Differences</i>	☒

Module Code	ECPS4021
Title	The Social Explorer: Research Methods for Psychology
Date	15/10/2025
Level	4
Credits	20
Pre-Requisites	None
DBS Check	May be required ☐ Not required ☒

AIM(S)

- To provide students with a foundational understanding of the principles of psychological research methods, drawing upon social psychological research examples to develop student's understanding of how to apply psychological knowledge ethically and safely to real-world problems.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- demonstrate an awareness of the principles of empirical research in psychology for qualitative, quantitative and mixed methods research;
- demonstrate an understanding of qualitative and quantitative data collection methods, tools for data analysis, and basic analysis, interpretation and reporting of research findings;
- identify and apply the principles of the relevant BPS codes of ethics and open science principles to qualitative and quantitative research.

INDICATIVE CONTENT

This module content maps onto the following BPS core curriculum areas: research methods; social psychology.

This module introduces students to the core principles of empirical psychological research and the skills required for effective data collection and analysis at Level 4. It also serves as essential preparation for the BPS Graduate Basis for Chartership (GBC) core research training delivered at Levels 5 and 6.

Topics include:

- How to formulate and operationalise research questions and hypotheses, drawing on relevant theory and research and explaining the difference between a research question and hypothesis.

- Identifying basic qualitative and quantitative study designs, how to differentiate exploratory and confirmatory research.
- Ethical fundamentals of carrying out research with human participants including relevant BPS codes of ethics.
- Understanding appropriate selection of experimental and non-experimental research designs.
- Calculation of descriptive statistics (e.g. mean, interquartile range) and how descriptive and inferential statistics differ.
- Identifying and categorising different types of quantitative data (e.g. categorical, continuous) and representing basic data visually (e.g. histograms, line graphs).
- Understanding sources of bias (e.g. sampling bias), cognitive biases (e.g. confirmation bias) questionable research practices (e.g. selective reporting), generalisability and robustness, research misconduct, replication studies and reproducibility.
- Introduction to attitudes and social influence (including obedience, conformity, and minority influence).

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	40	20%
Independent learning	160	80%
Placement learning	0	0%
TOTAL	200	100%

ASSESSMENT

Assessment Component 1

☒ **Written exam** ☐ **Coursework** ☐ **Practical**

Mode of assessment	Volume	Weighting
Exam	1 Hour	50%

Assessment Component 2

☐ **Written exam** ☐ **Coursework** ☒ **Practical**

Mode of assessment	Volume	Weighting
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Group Presentation	5 minutes per person	50%
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Assessment Summary

Activity type	Percentage
Written exam	50%
Coursework	0%
Practical	50%
TOTAL	100%

This module is a core requirement for Graduate Basis for Chartership (GBC) accreditation with the British Psychological Society (BPS) as set out in documentation to the BPS August 2023.

INDICATIVE READING LIST

Module Code	ECPS4021	
Module Title	The Social Explorer: Research Methods for Psychology	
Classification	Reading List entry	Electronic*
Essential	American Psychological Association. (2019). <i>Publication manual of the American Psychological Association</i> (7 th ed.). APA.	☐
Essential	Brace, N., Kemp, R., & Snelgar, R. (2021). <i>SPSS for psychologists</i> (6 th ed.). Palgrave Macmillan.	☒
Essential	Coolican, H. (2019). <i>Research methods and statistics in psychology</i> (7 th ed.). Routledge.	☒
Essential	Smith, J. (2015). <i>Qualitative psychology: A practical guide to research methods</i> (3rd ed.). Sage Publishing.	☐
Further	Smyth, T. R. (2004). <i>The principles of writing in psychology</i> . Palgrave Macmillan.	☐
Further	Pallant, J. (2020). <i>SPSS survival manual: A step by step guide to data analysis using IBM SPSS</i> (7 th ed.). Open University Press.	☐
Further	Harris, P. (2008). <i>Designing and reporting experiments in psychology</i> . (3 rd ed.). Open University Press.	☒
Further	Beins, B.C., & Beins, A. M. (2012). <i>Effective writing in psychology: Papers, posters, and presentations</i> (2 nd ed.). Blackwell.	☐
Further	Field, A. P. (2013). <i>Discovering statistics using IBM SPSS statistics: And sex and drugs and rock 'n' roll</i> (4th ed.). Sage Publishing.	☐

Module Code	ECPS4022
Title	Skills for Success in Psychology
Date	15/10/2025
Level	4
Credits	20
Pre-Requisites	None
DBS Check	May be required ☐ Not required ☒

AIM(S)

- To develop students' skills for independent study and professional development which will form the foundations for successful completion of their Psychology degree programme.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- demonstrate the essential skills required to be a resilient and successful independent learner;
- demonstrate an understanding of relevant literacy and practical skills related to a range of assessments;
- use suitable technology to support and enhance learning experience within Psychology.

INDICATIVE CONTENT

- Reading, writing, referencing and plagiarism, searching for and evaluating sources of information, working online.
- Critical thinking and introduction to principles of research: issues concerning knowledge, belief, and doubt.
- Critical writing: synthesis, paraphrasing and creating an informed argument, avoiding plagiarism.
- Skills for a range of assessment modes, including blogs, vlogs, video, presentations, performances, posters, exams, and written coursework.
- Skills and attitudes which underpin successful team-working, independence, resilience, health, wellbeing and learning agility.
- Digital literacy: using appropriate technology; staying safe online, cyber security, digital identity.

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	40	20%
Independent learning	160	80%
Placement learning	0	0%
TOTAL	200	100%

ASSESSMENT

Assessment Component 1

☐ Written exam ☒ Coursework ☐ Practical

Mode of assessment	Volume	Weighting
Portfolio	Maximum six elements (equivalent to 3000 words)	100%

Assessment Summary

Activity type	Percentage
Written exam	0%
Coursework	100%
Practical	0%
TOTAL	100%

This module is not linked to a Professional, Statutory and Regulatory Body (PSRB).

INDICATIVE READING LIST

Module Code	ECPS4022	
Module Title	Skills for Success in Psychology	
Classification	Reading List entry	Electronic*
Essential	Cottrell, S (2019) <i>The Study Skills Handbook</i> . 5th edn. London: Macmillan International Higher Education.	☒
Essential	Pears, R. and Shields, G.J. (2019) <i>Cite Them Right: the essential referencing guide</i> . 11th edn. London: Macmillan International Higher Education.	☒
Essential	Library Info Skills Sessions	☒
Further	Hopkins, D. and Reid, T., (2018). <i>The Academic Skills Handbook: Your Guide to Success in Writing, Thinking and Communicating at University</i> . London: Sage	☐
Further	Osmond, A., (2016). <i>Academic Writing and Grammar for Students</i> 2 nd edn. London: SAGE.	☐

Module Code	ECPS4023
Title	Investigative Psychology
Date	15/10/2025
Level	4
Credits	20
Pre-Requisites	None
DBS Check	May be required ☐ Not required ☒

AIM(S)

- To develop an understanding of research design and methodological competencies in experimental psychology through immersive, hands-on experience in laboratory settings.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- understand the key theories and methodologies used by psychological researchers to explore issues within Psychology in experimental settings;
- demonstrate the development of basic experimental research skills and ability to carry out a simple research study in a professional and ethical manner;
- identify appropriate methodological considerations in experimental research and apply these appropriately.

INDICATIVE CONTENT

This module content maps onto the following BPS core curriculum area: research methods; cognitive psychology; social psychology.

This module immerses students in the rigours of experimental psychological research, with a primary focus on laboratory-based work. Students will actively engage in practical problem-solving and the development of hands-on research skills. Students will be taught about key methodological and design issues and research competencies in experimental research including:

- Principles of sound research design for experimental research.

- Creation and application of a range of experimental stimuli using specific paradigms and tools e.g. superlab, implicit attitude tests, reaction time studies, psychophysiological measurement.
- Understanding and development of practical skills and ethical awareness relating to controlling and conducting research in a lab environment e.g., use of deception, risk protocols, debriefing processes.
- Control and management of research data (on-line and in person) in experimental settings.
- Writing and reporting requirements for experimental research.

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	30	15%
Independent learning	170	85%
Placement learning	0	0%
TOTAL	200	100%

ASSESSMENT

Assessment Component 1

☐ Written exam ☐ Coursework ☒ Practical

Mode of assessment	Volume	Weighting
Practical Skills Assessment	3 hours	50%

Assessment Component 2

☐ Written exam ☒ Coursework ☐ Practical

Mode of assessment	Volume	Weighting
Research Report	1500 words	50%

Assessment Summary

Activity type	Percentage
Written exam	0%
Coursework	50%
Practical	50%

TOTAL	100%
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This module is not linked to a Professional, Statutory and Regulatory Body (PSRB).

INDICATIVE READING LIST

Module Code	ECPS4023	
Module Title	Investigative Psychology	
Classification	Reading List entry	Electronic*
Essential	Banyard, P., & Grayson, A. (2008). <i>Introducing psychological research</i> . Basingstoke: Palgrave Macmillan.	☐
Further	Kaplan, R. M., & Saccuzzo, D. P. (2012). <i>Psychological testing: Principles, applications, and issues</i> . Belmont, CA: Wadsworth.	☐
Further	American Psychological Association. (2010). <i>Publication Manual of the American Psychological Association</i> . Washington, DC: APA.	☐
Further	Beins, B.C., & Beins, A. M. (2012). <i>Effective writing in psychology: Papers, posters and presentations</i> . (2 nd ed.). Oxford: Blackwell.	☐
Further	Harris, P. (2008). <i>Designing and reporting experiments in psychology</i> (3 rd ed.). Milton Keynes: Open University Press.	☒
Further	Pallant, J. (2010). <i>The SPSS survival manual</i> . Berkshire: Open University Press.	☒
Further	Brace, N., Kemp, R., & Snelgar, R. (2016). <i>SPSS for psychologists</i> (6 th ed.). Hants: Palgrave Macmillan.	☐
Further	Coolican, H. (2014). <i>Research methods and statistics in psychology</i> (6 th ed.). London: Hodder & Stoughton.	☒
Journal	<i>Psychological Science</i>	☒
Journal	<i>Perspectives in Psychological Science</i>	☒
Journal	<i>Current Directions in Psychological Science</i>	☒

Module Code	ECPS4024
Title	Psychology in Practice
Date	15/10/2025
Level	4
Credits	20
Pre-Requisites	None
DBS Check	May be required ☐ Not required ☒

AIM(S)

- To develop an understanding of the application of psychology to professional practice and the cognitive, emotional, and professional skills and competencies required to work as a professional psychologist.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- demonstrate the ability to apply different ideas and perspectives in Psychology to the real world and recognise associated ethical considerations;
- demonstrate awareness of appropriate personal and professional skills and professional and ethical frameworks required for a range of career pathways in Psychology.

INDICATIVE CONTENT

This module content maps onto the following BPS core curriculum areas: individual differences; research methods; social psychology.

- Professional psychology pathways including BPS routes to chartership (health, counselling, clinical, forensic, educational) and Health and Care Professions Council (HCPC) registration routes.
- Professional ethical and moral challenges in applied psychology: roles and boundaries.
- Understanding individual differences in self care and sustainable working practices.

- Real-life case studies: psychology in action (a day in life of e.g. a clinical psychologist, a health psychologist).
- Applying psychological theory to practice: introduction to theory-based interventions.
- Understanding applied research: making a real-world difference, researching with people (PPI, co-production) and measuring impact.

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	30	15%
Independent learning	170	85%
Placement learning	0	0%
TOTAL	200	100%

ASSESSMENT

Assessment Component 1

☐ Written exam ☐ Coursework ☒ Practical

Mode of assessment	Volume	Weighting
Visual Assessment	Equivalent 1,000 words plus design	50%

Assessment Component 2

☐ Written exam ☒ Coursework ☐ Practical

Mode of assessment	Volume	Weighting
Written Assignment	1500 words	50%

Assessment Summary

Activity type	Percentage
Written exam	0%
Coursework	50%
Practical	50%
TOTAL	100%

This module is not linked to a Professional, Statutory and Regulatory Body (PSRB).

INDICATIVE READING LIST

Module Code	ECPS4024	
Module Title	Psychology in Practice	
Classification	Reading List entry	Electronic*
Essential	Davey, G. (2011). <i>Applied psychology</i> . BPS Blackwell.	☒
Essential	BPS (2021). <i>Code of Ethics & Conduct</i> . Leicester, BPS.	☒
Essential	BPS (2021). <i>Code of Human Research Ethics</i> . Leicester, BPS.	☒
Further	Bayne, R. & Jinks, G. (2013). <i>Applied psychology : research, training and practice</i> (2nd ed.). Sage.	☒
Further	Snyder, Lopez, S. J., Edwards, L. M., & Marques, S. C. (2016). <i>The Oxford handbook of positive psychology</i> (Snyder, S. J. Lopez, L. M. Edwards, & S. C. Marques, Eds.; Third edition.). Oxford University Press.	☒
Further	Knapp, S.J., VandeCreek, L., & Fingerhut, R. (2017). <i>Practical Ethics for Psychologists: A Positive Approach</i>	
Further	Koocher, G. P., & Keith-Spiegel, P. (2016). <i>Ethics in psychology and the mental health professions: Standards and cases</i> . Oxford: Oxford University Press.	☒
Journal	<i>Journal of Applied Psychology</i>	☒
Journal	<i>British Journal of Health Psychology</i>	☐

Module Code	ECPS4025
Title	Introduction to Counselling Skills
Date	15/10/2025
Level	4
Credits	20
Pre-Requisites	None
DBS Check	May be required ☐ Not required ☒

AIM(S)

- To develop understanding of theoretical underpinnings of counselling and apply foundational counselling skills including a basic understanding of self-awareness within the context of counselling skills.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- demonstrate basic counselling skills and an understanding of the therapeutic relationship;
- demonstrate a basic ability to reflect on their own professional knowledge, ethical boundaries, skills, and performance.

INDICATIVE CONTENT

This module lays down the 'basic building blocks' (McLeod, 2007) of counselling skills. Indicative content will include:

- An understanding of the development of counselling skills within professional practice.
- Rogerian qualities of 'being' as applicable to self and others.
- Basic communication skills, description and application of generic helping skills, e.g., active listening, paraphrasing reflecting, sensitive challenging, summarizing, open questions.
- The therapeutic relationship and relational perspective across professional practice.
- Identifying the boundaries of a helping relationship and applying an ethical framework and code of conduct.
- Qualities of helping 'core conditions' empathy, congruence, unconditional positive regard.

- Working with emotions and engaging in reflective practice.

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	30	15%
Independent learning	170	85%
Placement learning	0	0%
TOTAL	200	100%

ASSESSMENT

Assessment Component 1

☐ Written exam ☒ Coursework ☐ Practical

Mode of assessment	Volume	Weighting
Written Assignment	1500 words	50%

Assessment Component 2

☐ Written exam ☐ Coursework ☒ Practical

Mode of assessment	Volume	Weighting
Academic Interview	15 minutes	50%

Assessment Summary

Activity type	Percentage
Written exam	0%
Coursework	50%
Practical	50%
TOTAL	100%

This module is not linked to a Professional, Statutory and Regulatory Body (PSRB).

INDICATIVE READING LIST

Module Code	ECPS4025
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Module Title	Introduction to Counselling Skills	
Classification	Reading List entry	Electronic*
Essential	McLeod, J., & McLeod, J. (2022). <i>Counselling skills: theory research and practice</i> 3rd ed. McGraw Hill /Open University Press.	☒
Essential	Reeves, A. (2022). <i>An Introduction to Counselling and Psychotherapy</i> 3rd Ed. Sage	☐
Essential	Midwinter, R. (2015). <i>Embedding Counselling and Communication Skills</i> . Routledge.	☒
Essential	Westergaard, J. (2017). <i>An Introduction to Helping Skills: Counselling, Coaching and Mentoring</i> . Sage	☒
Further	Egan, G. (2013). <i>The Skilled Helper, A Problem Management and Opportunity Approach</i> . 10th Ed. Brooks/Cole.	☐
Further	McLeod, J. (2009). <i>An Introduction to Counselling</i> 5th Ed. Maidenhead: Open University Press.	☒
Further	Nelson Jones, R. (2011). <i>Basic Counselling Skills: A Helper's Manual</i> . London: Sage	☐
Further	<i>Therapy Today</i> BACP https://www.bacp.co.uk/bacpjournals/therapytoday/	☒
Journal	<i>British Journal of Guidance and Counselling</i>	☒
Journal	<i>Counselling and Psychology Quarterly</i>	☒
Journal	<i>Journal of Counselling and Education</i>	☒

Module Code	ECPS4026
Title	Mental Health Through Time
Date	15/10/2025
Level	4
Credits	20
Pre-Requisites	None
DBS Check	May be required ☐ Not required ☒

AIM(S)

- To provide students with a comprehensive understanding of the historical development of mental health concepts and counselling practices, exploring the theoretical foundations and socio-cultural contexts that have shaped mental health and counselling through different eras.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- discuss the historical development of mental health concepts and counselling, identifying key milestones and influential figures that have shaped the field;
- demonstrate the ability to apply foundational theories and models of counselling to historical and contemporary practices supporting mental health.

INDICATIVE CONTENT

- Overview of the historical development of mental health concepts.
- Key milestones in the history of mental health.
- Early understandings of mental health.
- Medieval approaches to mental health and treatment.
- The Enlightenment, the emergence of psychiatry and early counselling practices.
- The rise of asylums and institutional care.

- Early psychological theories and the beginnings of modern counselling.
- The humanistic movement and the development of person-centred therapy.
- The impact of social movements on mental health and counselling.
- Contemporary Perspectives including consideration of sustainable development and social justice.
- Current trends in mental health and counselling.
- The role of technology and globalization in shaping modern counselling practices.

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	30	15%
Independent learning	170	85%
Placement learning	0	0%
TOTAL	200	100%

ASSESSMENT

Assessment Component 1

☐ Written exam ☐ Coursework ☒ Practical

Mode of assessment	Volume	Weighting
Group Presentation	5 mins per person	50%

Assessment Component 2

☐ Written exam ☒ Coursework ☐ Practical

Mode of assessment	Volume	Weighting
Written Assignment	1500 words	50%

Assessment Summary

Activity type	Percentage
Written exam	0%
Coursework	50%

Practical	50%
TOTAL	100%

This module is not linked to a Professional, Statutory and Regulatory Body (PSRB).

INDICATIVE READING LIST

Module Code	ECPS4026	
Module Title	Mental Health Through Time	
Classification	Reading List entry	Electronic*
Essential	Scull, A. (2016). <i>Madness in Civilization: A cultural history of insanity from the Bible to Freud, from the madhouse to modern medicine</i> . Thames and Hudson	☐
Essential	Scull, A. (2022). <i>Desperate Remedies: Psychiatry and the Mysteries of Mental Illness</i> . Penguin Random House UK	☒
Essential	Howard, A. (2000). <i>Philosophy for Counselling and Psychotherapy</i> . Palgrave Macmillan	☒
Further	Horwitz, A. V. (2020) <i>Between Sanity and Madness: Mental Illness from Ancient Greece to the Neuroscientific Era</i> . OUP	☐
Further	Jay, M. (2016) <i>This way Madness Lies</i> . Thames and Hudson Ltd.	☐
Further	McLeod. (2013). <i>An introduction to counselling</i> . 5th edition. Open University Press.	☐
Further	Scull, A. 2011. <i>Madness A Very Short Introduction</i> . OUP	☐

Module Code	BMLC4004
Title	Introduction to Criminology
Date	30/06/2025
Level	4
Credits	20
Pre-Requisites	None

AIM(S)

- To develop student awareness of criminology as an academic discipline by considering theoretical responses to crime and the impact of crime on individuals and societies.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- define criminology and identify its influence in terms of academia, policy, practice and employment;
- demonstrate a working knowledge of factors that can influence definitions, explanations and responses to crime.

INDICATIVE CONTENT

- The origins and development of criminology in the United Kingdom
- Triad of criminology
- Defining and exploring crime
- Considering the impact of crime
- Responses to crime: Police, Crown Prosecution Service, Prisons and Probation Services, Community.
- What is justice?
- Criminal justice models
- Interpreting crime data
- An introduction to sociological explanations of crime
- An introduction to biological and psychological aspects of crime

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	48	24%
Independent learning	152	76%
Placement learning	0	0
TOTAL	200	100%

ASSESSMENT

Assessment Component 1 (*Tick one*)

☐ Written exam ☐ Coursework ☒ Practical

Mode of assessment	Volume	Weighting
Individual Vlog	5 minutes	50%

Assessment Component 2 (*Tick one*)

☐ Written exam ☒ Coursework ☐ Practical

Mode of assessment	Volume	Weighting
Essay	1500 words	50%

Assessment Summary

Activity type	Percentage
Written exam	0
Coursework	50%
Practical	50%
TOTAL	100%

INDICATIVE READING LIST

Module Code	BMLC4004	
Module Title	Introduction to Criminology	
Classification	Reading List entry	Electronic*
Essential	Case, S., Johnson, P., Manlow, D., Smith, R. and Williams, K. (2021). <i>The Oxford Textbook on Criminology</i> . 2nd Edition. Oxford University Press Academic UK.	☒
Essential	Newburn, T. (2017) <i>Criminology</i> . Third Edition. London: Routledge, Taylor & Francis Group.	☐
Essential	Jones, S. (2021). <i>Criminology</i> . 7th Edition. Oxford University Press Academic UK.	☐
Further	Joyce, P. <i>Criminal Justice</i> . (3rd Ed), Taylor & Francis.	☐
Further	Hoeffler, A. (2017) 'What are the costs of violence?', <i>Politics, Philosophy & Economics</i> , 16(4), pp. 422–445. doi: 10.1177/1470594X17714270 .	☒
Further	Heiner, R. (2020) <i>Criminology in Brief</i> . Taylor & Francis.	☐

Further	White, R.D. (Robert D., Haines, F. and Asquith, N.L. (2017) <i>Crime & criminology</i> . 6th edition. South Melbourne, Vic: Oxford University Press.	☐
Further	Relighting the streets : a study of situational crime prevention. (2020). Leicester, England: ShortCuts TV.	☐

Module Code	BMLC4006	
Title	Legal Foundation and Skills	
Date	30/06/2025	
Level	4	
Credits	20	
Pre-Requisites	None	
DBS Check	May be required ☐	Not required ☒

AIM(S)

- To equip the student with a broad understanding of the operation of the English and Welsh legal system and to develop foundational legal skills.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- describe the hierarchy of courts in England and Wales, including the different types of courts;
- demonstrate understanding of the rule of law, the separation of powers, the distinction between civil and criminal law, and the role of common law and equity;
- demonstrate knowledge and understanding of the legislative process, including the relationship between different types of legislation, law reform bodies and influences on law making;
- identify and evaluate the fundamental legal techniques of reasoning, from precedent, interpreting statutes and conducting legal research.

INDICATIVE CONTENT

- The English and Welsh Legal System (Courts, Tribunals and Personnel).
- Introduction to the Civil Justice system.
- Introduction to the Criminal Justice system (courts, magistrates, juries).
- Constitutional Principles (The Rule of Law, Parliamentary Sovereignty and Separation of Powers).
- Common law principles and the development of law and equity.
- Law Making: Sources of Law, Judicial Precedent, Acts of Parliament and Delegated Legislation.
- Influences on legislation and law reform.
- Statutory Interpretation.

- Legal profession.
- The Judiciary.
- Legal skills of research, analysis, interpretation and application.

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	48	24%
Independent learning	152	76%
Placement learning	0	0
TOTAL	200	100%

ASSESSMENT

Assessment Component 1 *(Tick one)*

☐ Written exam ☒ Coursework ☐ Practical

Mode of assessment	Volume	Weighting
Written assignment	1500 words	50%

Assessment Component 2 *(Tick one)*

☐ Written exam ☐ Coursework ☒ Practical

Mode of assessment	Volume	Weighting
Individual Presentation	10 mins	50%

Assessment Summary

Activity type	Percentage
Written exam	0
Coursework	50%
Practical	50%
TOTAL	100%

INDICATIVE READING LIST

Module Code	BMLC4006	
Module Title	Legal Foundations and Skills	
Classification	Reading List entry	Electronic*
Essential	Elliott, C. and Quinn, F. (2020) <i>English Legal System</i> 21 st edition. Harlow: Pearson	☒
Essential	Gillespie, A. and Weare, S. (2023) <i>The English Legal System</i> . 9 th edition. Oxford: Oxford University Press.	☐
Essential	Partington, M. (2021) <i>Introduction to the English Legal System</i> . 15 th edition. Oxford: Oxford University Press.	☐
Essential	Wilson, S., Rutherford, H., Story, T., Wortley, N., and Kotecha, B. (2020) <i>English Legal System</i> . 4 th edition. Oxford: OUP.	☐
Further	Embley, J., Goodchild, P., Shepard, C., and Slorach, S. (2020) <i>Legal Systems and Skills</i> . 4 th edition. Oxford: Oxford University Press.	☐
Further	Kelly, D. and Slapper, G. (2020) <i>Slapper and Kelly's The English Legal System</i> . 20 th edition. London: Routledge.	☐
Websites	www.parliament.gov.uk www.gov.uk www.judiciary.uk	☒