



University of Wales St Trinity

David

Introduction to research

BMHP5005

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ASSESSMENT PART 2

AIMS AND OBJECTIVES

- How does cannabis effect young people in the united kingdom?
- Focus: what can be done to help young people in the UK with cannabis addiction
- Objective: How effective is the policies and procedures for youth support and rehabilitation centers for young people regarding cannabis use.

METHODOLOGY

- Methods used for this research include secondary research via google scholar and university library.
- The key words that I used include young people, cannabis, addiction, youth support, and rehabilitation.
- Inclusion for this research articles which relate to cannabis abuse by young people in the UK.
- Exclusions include people aged 18+ and people from other countries.

FINDINGS OF LITERATURE REVIEW

- Cannabis abuse amongst young people in the UK is linked to poorer psychosocial functioning. (Jennifer L. et al 2015)
- Cannabis abuse amongst young people in the UK is linked to depression. (Gabriella Gobbi. 2019)
- Young people who smoke cannabis in the UK are more likely to progress to more harmful substance use behaviour in their adulthood. (Taylor M. et al 2017)
- Cannabis abuse increases in age from age 13-18 (Taylor M. et al 2017)

KEY THEMES IDENTIFIED IN LITERATURE REVIEW

- Hypomania and increased psychoactive symptoms was a theme identified amongst young people using cannabis
- (Marwaha S., et al 2018) (Jennifer L., et al 2015) (Steven Marwaha., et al 2017)
- Cannabis abuse can lead to severe repercussions to young people's mental health such as depression and suicidal thoughts. (Gobbi G, et al 2019) (Suzanne H. et al 2015) (Taylor M, et al 2017)
- Effectiveness of implementation of an online universal school-based intervention to prevent alcohol and cannabis use in the UK which was effective in Australia. (Newton NC, et al 2014) (Louise K. et al 2018)