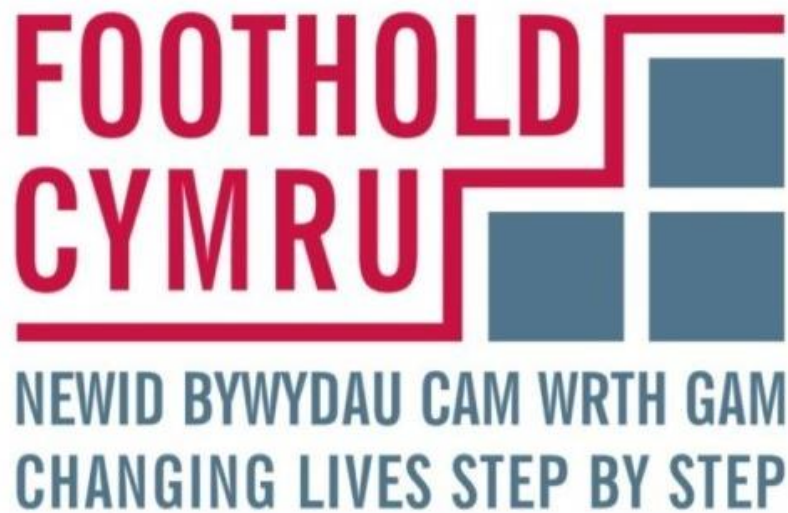


NAOMIE Needs Assessment



Introduction

This section of the portfolio will be based on the NAOMIE needs framework. As explained by Ingram and Harris (2001), this framework is used to discover the needs of a person, once their needs are known, the worker is then able to systematically plan to meet those needs for improvement.

Need

With the Build on Red project's focus on improving mental health and well-being (Lock, 2023; Foothold Cymru, 2023), following discussion, the needs of young people are based around their well-being and factors that affect their mental health, with a focus on bullying, pressures from school, and the impact of poverty. The personal need is for them to improve their confidence, relationship skills, and self-esteem.

Aim

Youth forums are based on young people having a voice, are run and developed by young people, and gives them an opportunity to express their views, opinions and needs (UNICEF, 2024; Youth First, 2024). In this instance, the young people will perform a theatre piece with the aim of promoting a change in youth professionals' practice; the end goal is for youth professionals to gain a better understanding of young people's lived experiences and change the way they engage with them.

Outcomes/Objectives

- 1) Professionals to be more child focused.
- 2) Performance skills and teamwork skills improved.
- 3) For youth professionals to be able to understand the world from a young person's perspective.

Method

The method is based around the theatre of the oppressed, which includes dramatic techniques with a purpose to "bring to light exploitation and oppression within common situations" (Coudray, 2017, np), with the option for spectators to take part in acting.

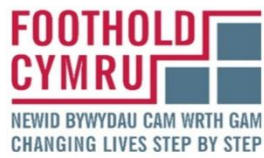
Young people will be meeting every Tuesday for planning and receive two days training with Gill Dowsett, creative director at Theatr Fforwm Cymru. This is where the young people will benefit from improving their group work skills, to show professionals what the youth can do when they plan, create and work together (Tuckman, 1965, cited in The Team Building Company, 2024, np).

Implementation

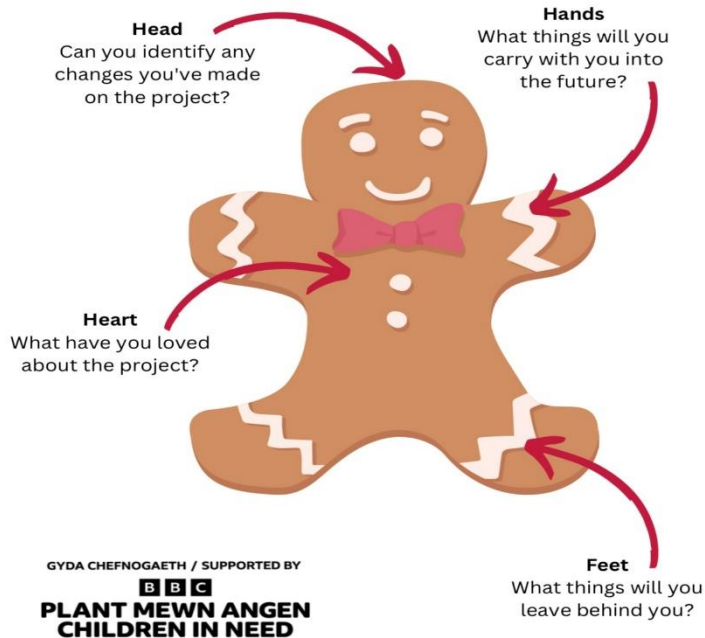
The start and end date is from November 2023 to March 2024. The project is funded by Children in Need which will cover the costs for the materials required. Due to the high numbers of young people being a part of this project, a minimum of three staff members will be present throughout these sessions and training days to uphold Foothold Cymru's safeguarding policies.

Evaluation

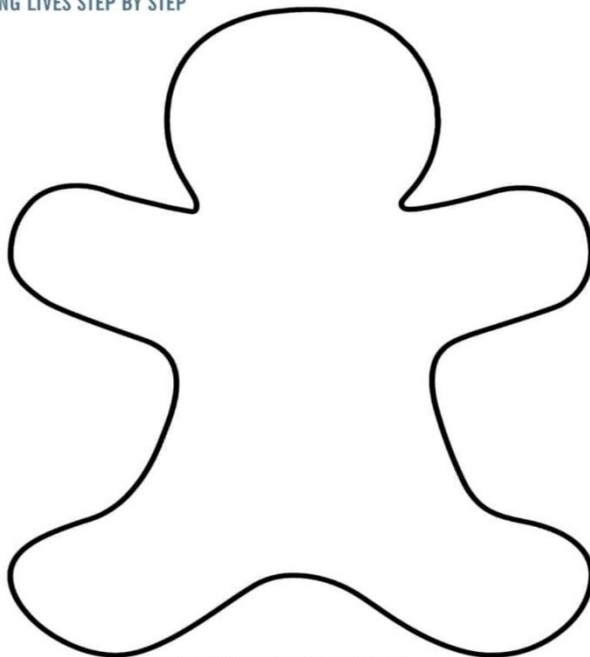
The young people will write about their experience based on the gingerbread person reflection, which has been used frequently within this project due to its effectiveness (see the example below). Also, with it being a gingerbread person, it is child friendly resulting in the young people potentially having more interest in filling it out. Additionally, the adults who attend will give written feedback on their thoughts and what they feel has changed.



Build on Red Evaluation



Build on Red Evaluation



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Summary

To summarise, the trainee youth worker has provided a needs assessment based on the NAOMIE framework, with a focus on well-being and mental health. This was an effective needs assessment in terms of how well the young people engaged with the process, and the positive feedback given by the young people and professionals. The trainee youth worker has learned that using this framework provides a better understanding of the variety of ways to help meet the needs, and improve outcomes for young people, and this will be taken forward and implemented in her future career.

Reference List

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<https://www.culturematters.org.uk/index.php/arts/theatre/item/2455-the-theatre-of-the-oppressed> (Accessed: 25 January 2024).

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Ingram, G. and Harris, J. (2001) *Delivering good youth work: a working guide to surviving and thriving*. Lyme Regis: Russell House Publishing Limited.

Lock, S. (2023) Conversation with Rachael Major, 8 November.

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Youth First (2024) *Youth Forums*. Available at: <https://www.youthfirst.org.uk/work/youth-voice> (Accessed: 23 January 2024).