



NATASHA OGLESBY- BIGGS

MENTAL HEALTH SUPPORT
WORKER

PERSONAL PROFILE

Works well under a lot of pressure, always making sure to see the best out of a bad situation, I am mother to a little girl, always hard working and motivated with a positive mindset. Always making sure that people i look after come first.

CONTACT

 Flat 6 48 Hillmeads
Road, Kings Norton
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 Natashabiggs97@outlook.com

 07908420186

 natashabiggsx

SKILLS

- Exceptional communication skills
- Successful working in a team environment, as well as independently
- The ability to work under pressure and multi-task
- The ability to follow instructions and deliver quality results

WORK EXPERIENCE

ST Peter & ST Pauls Primary School JUNE 2010 - AUGUST 2010

- Took care of young children and helped with work
- Spoke and dealt with the childrens parents
- Maintained all important paperwork
- Monitored play time and lunch time activities

Good Hope Hospital FEB 2017-APRIL 2017

- Handled the patients online details
- Booked people appointments
- Washed and dressed elderly people
- Handled patients paperwork and private docs
- Worked as team

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EDUCATION

ST EDMUND CAMPION SCHOOL
UCB COLLEGE
UNIVERSITY OF WALES TRINITY
SAINT DAVID.

QUALIFICATIONS

Maths - C
English - A
Science- B
Health and Social Care - Distinction
Level 4 and 5 - Health and Social Care

WORK

JANCAN CARE

FEB 2016 - APRIL 2018

Looked after two elderly males, one of the males was on bedrest and one who was a wheelchair but was more active, made sure they ate, had juice, spoke to their family members, got them changed, took one of them out on day trips, worked 12 hours days.

Support Worker

MAY 2018 - JANUARY 2021

Supported different patients who suffered from mental health such as bipolar, depression, anxiety, psychotic disorders, eating disorders, trauma-related disorders, substance abuse disorders, supported the patients with doctors appointments, had meetings, spoke to family members, took them shopping, made sure they took their medication, working 12 hours shifts and done sleep overs.