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**Contemporary Challenges Making a
Difference – ECIE4010**

Submission deadline: 27th April 2025

**Link to my own PowerPoint: [sustainability
own.pptx](#)**

**Link to group PowerPoint: [food
sustainability.pptx](#)**



Slide 1 – script

- Our sustainability ideas include educating children on healthy eating and running workshops for parents, students, and the wider community. These workshops could cover topics such as budgeting, seasonal cooking, and celebrating cultural diversity through food.
- We aim to integrate these initiatives into the school curriculum. Students can help grow fruits and vegetables in raised beds on school grounds and in the community garden. Food waste can be composted and returned to the garden to enrich the soil, supporting a continuous cycle of growth.



Slide 2 - script

In addition, students could create vegetable boxes to sell to the school kitchen or the local community, the British nutrition foundation states (www.foodafactoflife.org.uk, 2025) that this will help them learn valuable skills around food production, entrepreneurship, and sustainability.

Recycling Workshops, would teach children and families how to recycle effectively, showing how materials can be reused in the garden (e.g., plastic bottles for planters, old containers for seed trays).

Upcycling Projects, teach children to Organize DIY workshops and to turn waste into useful garden materials and art (like scarecrows or garden signs).



Slide 3 - script

- This project links with the Welsh curriculum, (Healthy eating in maintained schools' Statutory guidance for local authorities and governing bodies Guidance, 2025) developing key skills across subjects. Budgeting and reinvesting connect directly to math's, while science and geography come into play as students learn about soil types and what grows best in our local area. It encourages problem-solving and practical skills through building raised beds, linking with design technology and math's. Working on a tight budget teaches resourcefulness by recycling materials like cardboard. Most importantly, it builds community spirit, with the potential to send food bags home to families in need

(Flavin,
2023)

(Bronfenbrenner, 1979)



Slide 4 -script

The Henry Tudor School policy (2025) states Initiatives like these will not only promote healthier eating habits but also foster a deeper connection between students, families, and their food sources. By implementing these programs, we can create a lasting impact on our(school and community, encouraging sustainable and responsible food choices for future generations.

(Bronfenbrenner, 1979) states that Children's eating habits are influenced by multiple environmental levels, This theory supports the idea that healthy school environments, including policies and educational programs, shape children's food choices.

References (sarah – slides 9-12)

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