

Module Code	ECMH6003
Title	Mental Health Education
Date	09/12/2020
Level	6
Credits	20
Pre-Requisites	None

AIM(S)

- To develop a critical understanding of the role of education in the field of mental health; the role of service users, service providers and policy makers in the development of intervention strategies to tackle issues surrounding mental health education.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- Critically analyse empirical evidence relating to the effectiveness of a range of educational initiatives in the field of mental health.
- Demonstrate a strong awareness of the role of service users and survivors in developing Mental Health Services and educational initiatives.
- Design an appropriate intervention for tackling issues relating to education in mental health.
- Organise their knowledge and learning through the use of a range of information resources and present their work at the required level using appropriate media.

INDICATIVE CONTENT

- The importance of raising awareness of Mental Health. The roles that involve educating others about mental health.
- The importance of charity and third sector organisations, mental health education and awareness-raising initiatives and government agendas aimed at raising awareness and reducing stigma towards people with mental health difficulties.
- Effective communication strategies for different audiences and the opportunities and challenges offered by social media for tackling these issues.
- The evaluation of strategies/policies that have been developed to raise awareness of Mental Health and the relative effectiveness of different promotional campaigns designed to decrease the prejudice and stigma associated with Mental Health.
- The role of the 'patient voice' in understanding the effectiveness of Mental Health Services.

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning 12 hours – Lectures 18 hours - Online	30	15%
Independent learning	170	85%
Placement learning		
TOTAL	200	100%

ASSESSMENT

Assessment Component 1

☐ Written exam ☒ Coursework ☐ Practical

Mode of assessment	Volume	Weighting
Essay	2,500 words	50%

Assessment Component 2

☐ Written exam ☐ Coursework ☒ Practical

Mode of assessment	Volume	Weighting
Educational Video	10 mins	50%

Assessment Summary

Activity type	Percentage
Written exam	
Coursework	50%
Practical	50%
TOTAL	100%

INDICATIVE READING LIST

Module Code	ECMH6003	
Module Title	Mental Health Education	
Classification	Reading List entry	Electronic*
Essential	Mackereth, C. J., Brown, J. S., & Learmonth, A. M. (2014). Promoting Public Mental Health and Well-being: Principles Into Practice. Jessica Kingsley Publishers.	☐
Essential	Sharma, M., Atri, A., & Branscum, P. (2012). Foundations of mental health promotion. Jones & Bartlett Publishers.	☐
Further	Cattan, M., & Tilford, S. (Eds.). (2006). Mental health promotion: a lifespan approach. McGraw-Hill Education (UK).	☐
Further	Corrigan, P. W., Roe, D., & Tsang, H. W. (2011). Challenging the stigma of mental illness: Lessons for therapists and advocates. John Wiley & Sons.	☐
Further	Lester, H., & Glasby, J. (2010). Mental health policy and practice. Palgrave Macmillan.	☐
Further	Hinshaw, S. P. (2006). The mark of shame: Stigma of mental illness and an agenda for change. Oxford University Press.	☐

Further	Sartorius, N., & Schulze, H. (2005). Reducing the stigma of mental illness: a report from a global association. Cambridge University Press.	☐
Further	Thornicroft, G. (2006). Shunned: Discrimination against people with mental illness. Geneva: Oxford.	☐
Further	Wallcraft, J., Schrank, B. & Amering, M. (2009) Handbook of Service User Involvement in Mental Health Research. London: Wiley	☐
Journal	Health Education Journal	☒
Journal	International Journal of Mental Health Promotion	☒
Journal	Journal of Mental Health Training, Education and Practice	☒
Journal	Journal of Psychiatric and Mental Health Nursing	☒
Websites	Mental Health Advocacy Groups Support, Empowerment, Advocate, Promote http://www.seap.org.uk Mental Health Matters Wales http://mhmbcb.com/ Mind http://www.mind.org.uk Mental Health Support http://mentalhealthsupport.co.uk/ Time to change wales http://mentalhealthsupport.co.uk/ WCADA http://www.wcada.org/ Gofal http://www.gofal.org.uk/ Hafal http://www.hafal.org/ SANE http://www.sane.org.uk/ Hearing Voices http://hearingvoicescymru.org/ Bipolar UK http://www.bipolaruk.org.uk/ Depression UK http://www.depressionuk.org/index.shtml Students Against Depression http://www.depressionuk.org/index.shtml	☒

