



LEVEL 5 SPORTS THERAPY
Welcome Back!

26TH SEPTEMBER 2019

Trausnewid Addysg; Trausnewid Bywydau
Transforming Education; Transforming Lives



Welcome Back

Hopes

Fears

Expectations



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Society's Expectations



- 360 credits = BSc (Hons)
- Attendance <80% = Unsatisfactory Progress Regulation (6.2)
- Fitness to practice
 - Fitness to study policy
- Governed by Professional Competencies

You are bound by the Society of Sports Therapist's Standards of Conduct, Performance and Ethics.
<https://society-of-sports-therapists.org/wp-content/uploads/2018/11/Standards-of-Conduct-Performance-and-Ethics.pdf>



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Staff Expectations

- Attend 100% of taught classes
 - < 80% withdrawal from course
- Legitimate absence? - apologies sent **in advance**
 - Students' responsibility to catch up
 - Competency demonstration in clinic
- Late arrival – admission at discretion of lecturer
- Pre/Post Lecture independent study
 - May be refused entry if incomplete – **safety**.



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Staff Expectations

- Appearance
 - Hygiene (hair, body, clothing etc.)
 - Kit – practical vs clinic
 - Hair
 - Nails
 - Jewellery
- Food/Drink
- Responsibility, accountability and **communication**.



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LEVEL 4 → LEVEL 5



Academic Writing | Critical Thinking | Evidence Based



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Believe it or not..

- WE WANT YOU TO SUCCEED!!!
– Every has the opportunity to get a 1st class honours 
- BUT if
 - Your work is substandard...
 - You are unsafe...
 - You are ineffective...
 - You can not justify your actions...
- Licence to practice is at stake – both mine and yours!!



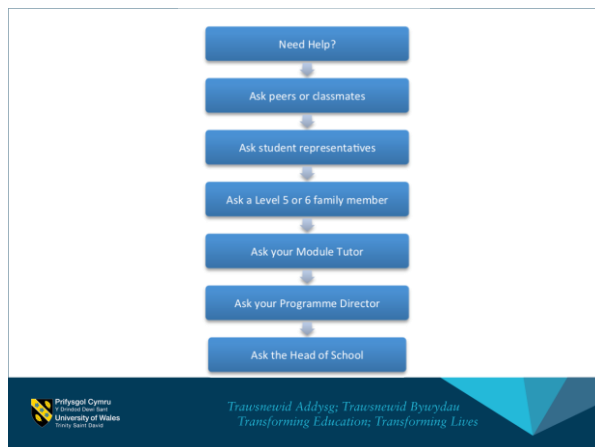
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Tutorials

- Be honest with yourself...
– Did you make adequate use of tutorial time last year?
- You can book with any member of sports therapy staff
– We allocate a weekly minimum of 2 hours to you – USE IT OR LOSE IT
- Book at least 24 hours in advance
– Email/door-sheet/online booking form
- Cancellation? Apology and reason should be emailed.
– Failure to attend without prior communication could result in future tutorial requests being declined.



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This Degree is Tough...

CHALLENGE BY CHOICE

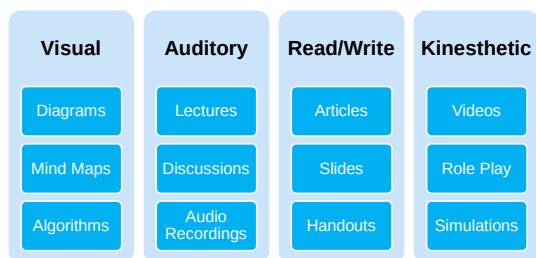
- Self-test NOT Re-study
 - Flash cards
 - mock exams
 - mini-tests
 - peer-to-peer
- How do you learn best?



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VARK Learning Styles



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Level 5 Modules

Compulsory Modules				
Module Code	Module Title	Credits	Semester(s)	Module Lead
SHSS5061	Research in Health, Exercise and Physical Education	20	1 & 2	David Gardner
SHSS5062	* Principles and Practice of Joint Mobilisations: Peripheral	20	1 & 2	Charley Keen
SHSS5063	* Rehabilitation	20	1 & 2	Daniel Martin
SHSS5064	* Principles and Practice of Joint Mobilisations: Spinal	20	1 & 2	Charley Keen
SHSS5065	Biomechanical Assessment of Performance and Injury	20	1	Daniel Martin
SHSS5060	Exercise Physiology	20	2	Geraint Forster

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Over to you...

- You are in control of your fate
 - Attendance
 - Engagement
 - Preparation
 - Organisation

You must pass all level 5 modules to progress to level 6

GOOD THINGS
COME TO THOSE
WHO WAIT

GOOD THINGS
COME TO THOSE
WHO WORK THEIR
ASSES OFF AND
NEVER GIVE UP