

Study Skills

Self Evaluation of Academic Skills

Academic Skills	This is true 	Help needed 
I have the confidence to try new things and express my ideas		
I am self motivated and will persevere with difficult tasks		
I am organised and can meet set deadlines		
I am able to find information from different resources easily		
I can read complicated texts and understand the general meaning		
I am able to select what is relevant and what is irrelevant in text		
I can compare different opinions and decide what are the best grounds for deciding who is right		
I can write things in my own words		
I am able to reflect and evaluate my own work		
I have good strategies for starting a new task/assignment		
I have good time management skills and can organise my workload effectively		
I am able to make, store and find my notes		
I am able to manage a range of writing skills appropriately		
I am able to think critically and analytically, and evaluate arguments		
I have good memory strategies		
I know how to use IT to help academic study		
I am confident at preparing and delivering oral presentations		