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Trawsnewid Addysg Gyda'n Gilydd Transforming Teaching Together

ECAD5018C

Deepening Practice

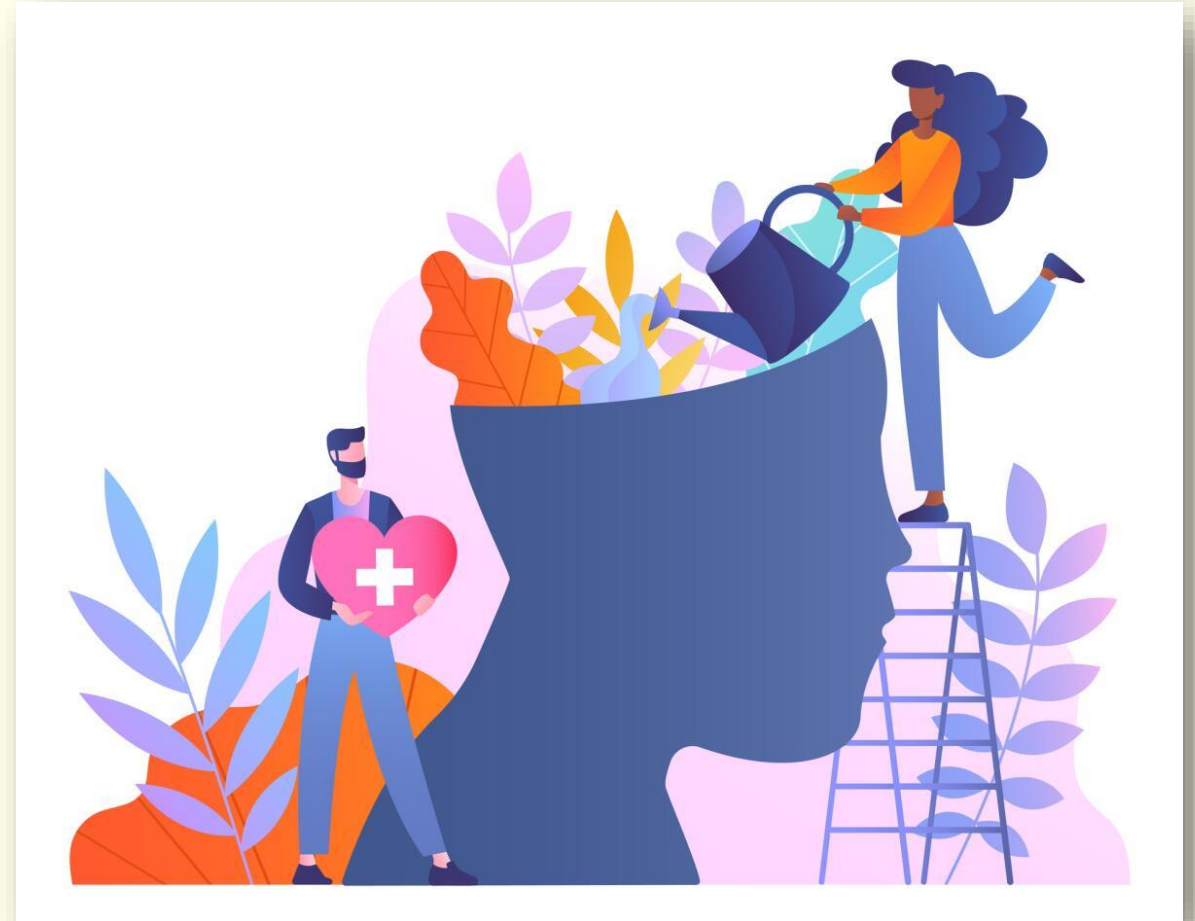
Introduction



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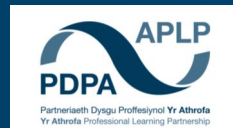
A whole-school approach to Health and Wellbeing

Learning Intention: To develop an understanding of a whole-school approach to Health and Wellbeing and the holistic theoretical approach for children



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Mae [Y Llyn Hwn](#) gan Awdur Anhysbys wedi'i awgryddu ddi. **Trawsnewid Addysg, Trawsnewid Bywydau**
Transforming Education, Transforming Lives

Key question



How can we consider appropriate child development theory to plan for a whole-school approach to Health and Wellbeing?

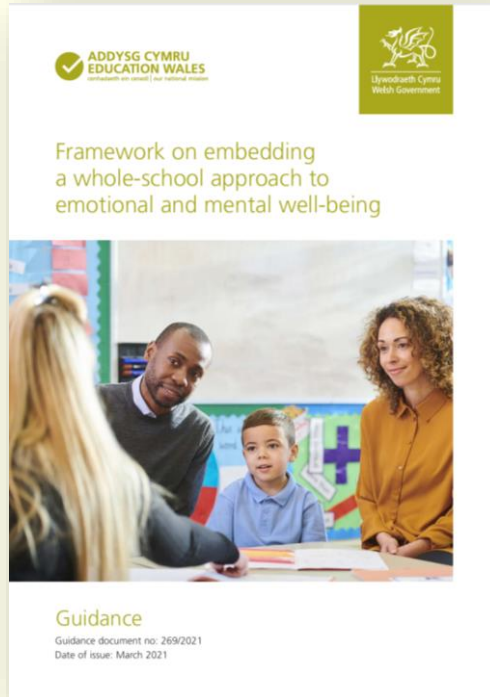
Task

- Consider what are all the elements that contribute to a child's well-being
- What is happiness, what is joy, what is satisfaction?
- Which is more important?



Mae Y Llun Hwn gan Awdur Anhysbys wedi'i drwyddedu dan CC BY-NC

Framework on embedding a whole-school approach to emotional and mental well-being



[WG42005](#)

What are the main objectives of the framework?

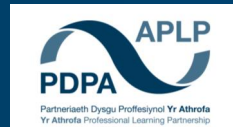
What did you observe in your PTE1 and 2 schools?

What were they doing well, what were the challenges in your opinion?



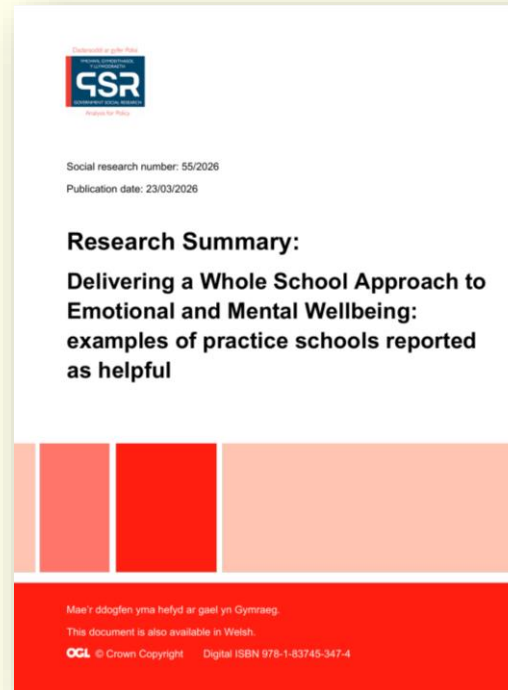
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Is the framework being implemented in our schools? What are the Welsh Government's findings?



[Research Summary: Delivering a Whole School Approach to Emotional and Mental Wellbeing: examples of practice schools reported as helpful](#)

1,182

Views

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CrossRef citations to date

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Research Article

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From policy to practice: Education practitioners’ engagement with Wales’ framework on embedding a whole-school approach to emotional and mental health and well-being

Charlotte Greenway , Nanna Ryder  & Siobhan Eleri 

Received 06 May 2025, Accepted 24 Jul 2025, Published online: 28 Jul 2025

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<https://doi.org/10.1080/02643944.2025.2540429>

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ABSTRACT

Introduction

ABSTRACT

Good mental health and well-being are fundamental to the growth of children and young people, underpinning their ability to form healthy relationships and build enduring

Related research

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Greenway, C., Ryder, N. and Eleri, S. (2025) ‘From policy to practice: Education practitioners’ engagement with Wales’ framework on embedding a whole-school approach to emotional and mental health and well-being’, *Pastoral Care in Education*, pp. 1–17. [doi: 10.1080/02643944.2025.2540429](https://doi.org/10.1080/02643944.2025.2540429)

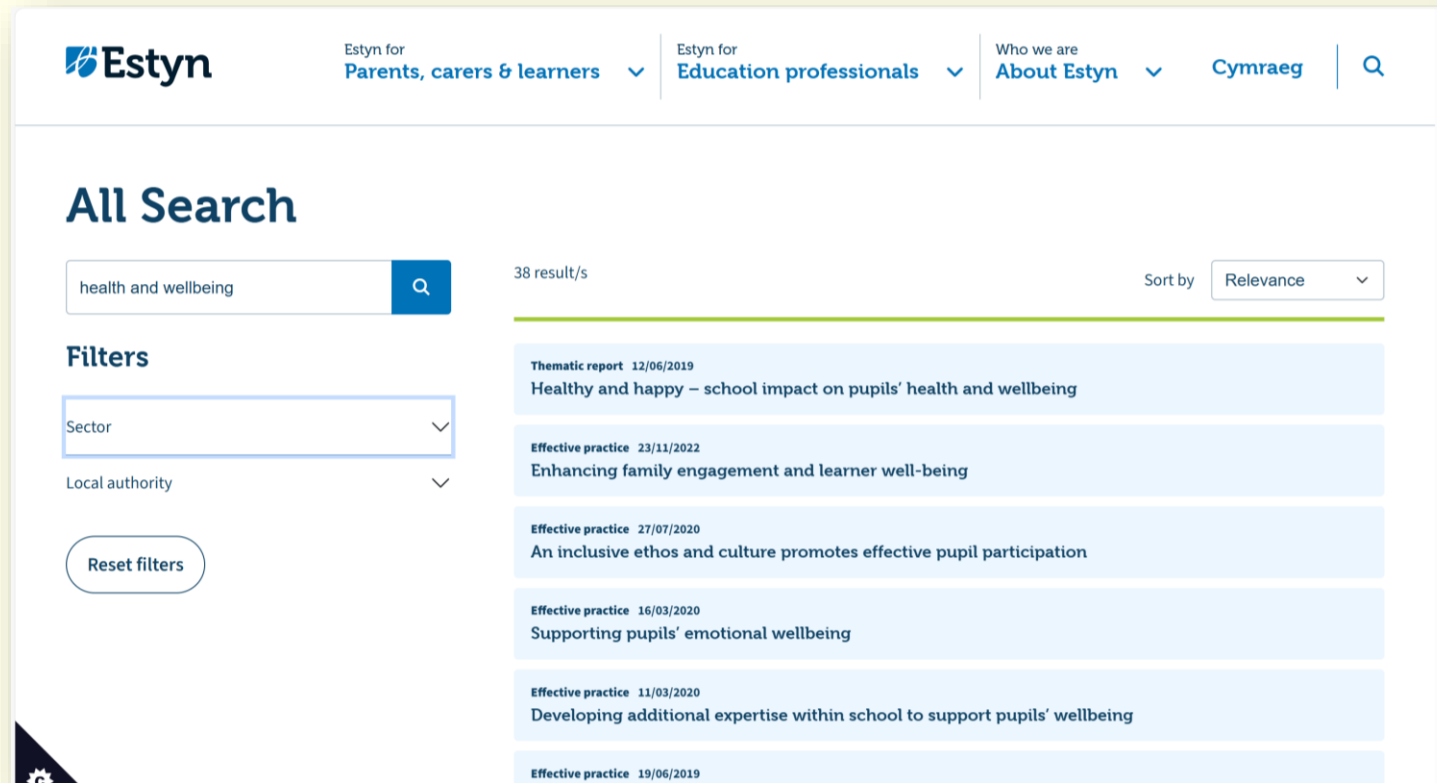

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Estyn – What does good practice look like?

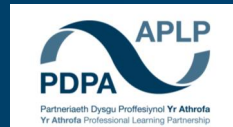


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Further research

Bethune, A. (2018) *Wellbeing in the primary classroom : a practical guide to teaching happiness*. 1st ed. London: Bloomsbury Education. Available at: [Wellbeing in the Primary Classroom : A Practical Guide to Teaching Happiness and Positive Mental Health - Record details - EBSCOhost Research Databases](#) (Accessed: 9 April 2026)

Bethune, A. (2024) Measuring wellbeing in schools and colleges. What works wellbeing. Observatoire du Bien-être at Centre pour la Recherche Économique et ses Applications (CEPREMAP) Available at: [» Measuring wellbeing in schools and colleges](#) (Accessed: April 10 2026)

Cowley, A. (2021) *The wellbeing curriculum : embedding children's wellbeing in primary schools*. London, England: Bloomsbury Education. Available at: [Full details and actions for The Wellbeing Curriculum: Embedding Children's Wellbeing in Primary Schools](#) (Accessed: 9 April 2026)

Quinlan, D.M., & Hone, L.C. (2020). The Educators' Guide to Whole-school Wellbeing: A Practical Guide to Getting Started, Best-practice Process and Effective Implementation (1st ed.). Routledge. <https://doi.org/10.4324/9780429280696>

University of Sussex (2026) School of Psychology CRESS Lab. Available at: [Homepage : CRESS Lab : University of Sussex](#) (Accessed: 10 April 2026)

Assessment Journal and Presentation

Journal – including an overview of theoretical frameworks and application experience.

1375 words

Date of submission

Wednesday 13.05.2026 23:59

Presentation – A critical discussion of the whole school approach to Health and Wellbeing and the pedagogical approach chosen.

10 – 12 minute presentation

Date of submission

Wednesday 13.05.2026 23:59