

Module: BSMW4008

Student name: Julius Bledy

Student number: 2523854

Lecturer: Phillipa Fitzgerald

I can authenticate that I've used ChatGPT (<https://chat.openai.com>) on (15/03/2026) to help me understand the task instructions and clarify criteria. The final work I've submitted is my own.

In today's age, digital skills are no longer a voluntary choice, as it's a part of an everyday routine. It's an addition to every aspect of life whether it's from learning, working, socialising or managing everyday tasks, technology plays in a big position of our life's. Gradually, I have noticed that I have established some strengths and weakness when it comes to technology and understanding this helps me improve in certain grey areas that need enhancing and boosting my strengths helps me understand how to use technology wisely.

One key strength I've come across is how digital skills has enhanced my ability to find and use information effectively. As the internet is full of studies and endless information I can evaluate and apply knowledge which has also helped me in my day-to-day life. At first, I was anxious and stressed due to the deadline being only a couple days away and I hadn't known much about the task however I was able to reach out to my lecturers and some classmates who helped me understand the scope of the assignment. For example, when I missed a couple lectures due to my personal responsibilities, I was able to find the correct way to present the task, find relevant information that was asked of us to explain in our work and I was satisfied with the little information I had and submitted the correct task. By reaching out and using the recourses I have managed to find I was able to submit my work on time, reflecting on this has made me conclude that knowing where to find information and how to use it thoughtfully has made me confident in learning on my own and solving problems when direct assistance isn't available to me.

Another key strength is my experience with digital platforms. I am confident with websites, navigating apps and online tools which makes it easier for me

to access resources quickly which helps me connect with others and contribute to class discussions regarding surveys and other group exercises. As I've mentioned before, due to missing a few lectures, picking up familiarity with digital platforms has really helped me get through some struggles I was facing while trying to finish my assignment as well as being confident to reach out to classmates who have been a great help. Being confident with online platforms has filled in the gaps between the lessons I've missed and enhanced some of my knowledge as I came across a large amount of information that I've had to proofread to make sure it fits the description of the assignment. Reflecting on this has shown me that being optimistic with my knowledge of digital platforms opens opportunities for learning that wouldn't exist offline and I feel more independent when solving problems.

One weakness I discovered about myself using digital skills is evaluating the accuracy of sources. The internet is filled with sources, and sometimes I struggle with relevance and accuracy of information. When I was collecting information to make up for the missed lectures, I found it hard and time consuming to find relevant sources for example some references and studies were outdated and contained examples that didn't fit the description of the task and I found out that looking for information and adding it to my work wasn't enough, I had to take a different approach and realised I also had to judge whether it's credible and relevant. Reflecting on this has proved to me that this is an area I need to improve on as there's a large sum of material on the internet which can be overwhelming and misleading if not approached carefully and properly.

Another weakness I came across is time management. Although I had some challenges I faced during the time I missed some lectures, I observed that I am easily distracted when I'm handling stressful situations. For example, after I caught up on the work that was taught in the lectures I've missed, I found myself searching through less necessary and less relevant information which was time consuming which took time away from me as I could've been reviewing my work, checking for errors, making sure I've used the right format for my references and making sure I'm not exceeding the word count. Reflecting on this shows me that even with positive digital skills I can find myself feeling unnecessarily stressed based on spending more time than needed on information which is something I want to further improve on.

Reflecting on my strengths and weaknesses further prove to me that I've got some strong abilities as well as areas i can improve on. Learning digital skills for me is a mixture of confidence and discretion. My ability to find and use information is my strong suit as these skills have helped me proceed academically as well as facing challenges with evaluating information, sources and time management. Reflecting on my strengths and weaknesses remind me that I should encourage developing my skills and there's always room for progress. By learning digital skills, I will increase my academic potential and build my confidence with time management and boost my digital skills in a more balanced and intentional manner.

Reference list-

Noskova, T., Pavlova, T., & Yakovleva, O. (2021). A study of students' preferences in the information resources of the digital learning environment. Journal on Efficiency and Responsibility in Education and Science, 14

Al-Maskari, S. (2025) Navigating remote learning: A study on student perceptions during times of uncertainty. Qubahan Academic Journal,

Uzir, N. A., Gašević, D., Jovanović, J., Matcha, W., Lim, L-A. and Fudge, A. (2020) Analytics of time management and learning strategies for effective online learning in blended environments. In: Proceedings of the 10th International Conference on Learning Analytics and Knowledge (LAK '20). Frankfurt, Germany, 23–27 March. New York

Tamarkina, O., Baidak, L., Berezniak, O., Atamanchuk, I. and Bidenko, L. (2025) Development of skills for working with online whiteboards in hybrid learning in higher education institutions', Revista EDaPECI, 25(1), pp. 53–65

El Mhouti, A., Nasseh, A. and Erradi, M. (2013) 'How to evaluate the quality of digital learning resources', International Journal of Computer Science Research and Application