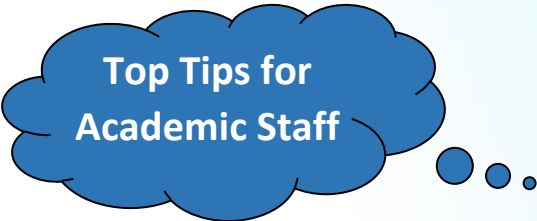


DCD (Developmental Co-ordination Disorder) or Dyspraxia

This is a motor co-ordination disorder affecting two – three percent of the adult population in the UK and impacts a person's everyday life skills, such as preparing a meal.

Challenges include:

- Handwriting difficulties
- Skills requiring balance
- Slower at learning new skills which require speed or accuracy
- Learning to drive
- Organisation, time management and planning skills
- Taking information down at speed
- Navigation difficulties, even with places they have visited previously



Top Tips for Academic Staff

- Handwriting is usually a major difficulty and sometimes typing can also be affected
- Bumps, falls, spills are common and may affect practical work
- Speech may be unclear and there may be difficulty pronouncing some words, which can cause anxiety during presentations, for example
- Some students with DCD/Dyspraxia have difficulty with organising the content and sequence of their language; avoid putting the student on the spot during discussions and give them time to formulate their responses
- Physical fatigue can occur due to poor posture and muscle tone
- Memory is usually poor, especially short-term memory and there is a tendency to be disorganised
- Poor sequencing can cause problems with activities which include Maths, reading, spelling and structuring assignments
- Poor relocating - looking quickly and effectively from one object to another - is common and can affect copying from a board, screen or book
- There can be difficulty in distinguishing sounds from background noise and they may be light or noise sensitive and this can affect concentration

For further information please visit www.dyspraxiafoundation.org.uk