

Module Code	ECPS6011
Title	Psychopathology and Mental Health
Date	28/10/2022
Level	6
Credits	20
Pre-Requisites	None

AIM(S)

- To enable students to recognise the complexity of biological, social and psychological factors which contribute to mental health, well-being, illness and distress.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- critically consider the diagnostic process and the use of psychological case formulation;
- critically discuss factors that contribute towards a range of psychological disorders, and how their impact on an individual;
- critically evaluate the efficacy of therapeutic and pharmacological treatments for a variety of psychological disorders;
- take responsibility for their own learning and skill development, including effective personal planning, self-reflection and project management skills.

INDICATIVE CONTENT

- An examination of the historical development of the diagnostic process and the current classification systems, along with the role of psychological case formulation.
- Consideration of a range of psychological disorders, including mood disorders, schizophrenia spectrum disorders, personality disorders, anxiety disorders and disorders of feeding.
- Exploration of fundamental concepts and theories underpinning the aetiologies of psychological disorders.
- Discussion of the research and evidence offered in support of the psychological explanations of psychopathology.
- Exploration of the empirical evidence base relating to the treatment efficacy of both pharmacological and therapeutic interventions for a variety of psychological disorders.

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	30	15%
Independent learning	170	85%

Placement learning	-	-
TOTAL	200	100%

ASSESSMENT

Assessment Component 1

☐ Written exam
 ☒ Coursework
 ☐ Practical

Mode of assessment	Volume	Weighting
Psychological Formulation Case	2,500 words	50%

Assessment Component 2

☐ Written exam
 ☐ Coursework
 ☒ Practical

Mode of assessment	Volume	Weighting
Individual Presentation	15 minutes	50%

Assessment Summary

Activity type	Percentage
Written exam	-
Coursework	50%
Practical	50%
TOTAL	100%

INDICATIVE READING LIST

Module Code	ECPS6011	
Module Title	Psychopathology and Mental Health	
Classification	Reading List entry	Electronic*
Essential	Bennett, P. (2011). <i>Abnormal and clinical psychology: An introductory textbook</i> (3rd ed.). McGraw-Hill/Open University Press.	☐

Essential	Davey, G. (2014). <i>Psychopathology: Research, assessment and treatment in clinical psychology</i> (2nd ed., BPS textbooks in psychology). British Psychological Society and John Wiley & Sons.	☐
Essential	Ray, W. (2018). <i>Abnormal psychology</i> (2nd ed.). Sage.	☐
Further	Cromby, J., Harper, D., & Reavey, P. (2013). <i>Psychology, Mental Health and Distress</i> . Palgrave Macmillan.	☐
Further	Davey, & Davey, Graham. (2008). <i>Clinical psychology (Topics in applied psychology)</i> . Hodder Education.	☐
Further	Hooley, Butcher, Nock, Mineka, Hooley, Jill M, Butcher, James Neal, Mineka, Susan. (2017). <i>Abnormal psychology</i> (17th edition. Global ed.). Pearson Education Limited.	☐
Journal	Annual Review of Clinical Psychology	☒
Journal	Clinical Psychology and Psychotherapy	☒
Journal	Journal of Abnormal Psychology	☒
Journal	Journal of Abnormal Child Psychology	☒
Journal	Journal of Clinical Psychology	☒
Journal	Journal of Clinical Child and Adolescent Psychology	☒
Journal	The British Journal of Clinical Psychology	☒
Journal	The Clinical Psychologist	☒