BASIC DIGITAL SAFETY

We call online or electronic security the procedure by which it helps us protect our information and personal data, as well as our identity. Nowadays it is so easy that unauthorized access and our data are subject to actions such as identity theft, online predators, scams, ghost programs and cyberbulling.

WHY IS INTERNET SAFETY IMPORTANT?

n today´s world, people use the internet so much that it has become a vital thing. It is use at school, work in society and that´s why it is subject to risks.
Users need to find ways to protect their information and personal identity.



Tips for safety Internet

- **Do not share your personal information such as¨:name, adress, pfone number or bank details.**
- **Create strong password and complicated to guess**
- **Use a good antivirus**
- **Update your software and operating system**
- **Pay attention for emails and online scams. Don´t acces them!**
- **Don´t download games and apps or programs from any site without making sure it´s safe.**
- **When shopping online use a PayPal account to make the payment.**



Finally to protect yourself online, it is important to be aware of the risks that online activities cause and to use the necessary precautions to protect your personal information.

References

Angelov, M. (2022). Why is Internet Safety Important in 2022? - The Digital Chain. [online] thedigitalchain. Available at: https://thedigitalchain.com/why-is-internet-safety-important/.