

Element 2

Disgrifiad byr o'r gweithgaredd (dim mwy na 50 o eiriau) Brief description of the activity (no more than 50 words)	
This is a child initiated and directed indoor activity with the guidance of 2 adults Jerome Bruner (2006) for 10 children ranging from age group 4 to 7 years old. They were making waffles from scratch. The children were here given an opportunity to make waffles and choose who they want to partner with for the activity. They had to agree on a recipe for making waffles on the iPad, decide which recipe to follow, write down a shopping list and decide what to do the shopping, when and how to get there and when to make the waffles. Hatz Ladder (date). The children had to dress up in a chef uniform which was exciting for them.	
Nod/Amcan y gweithgaredd	Aim/Objective of the activity
This activity will stimulate their language, literacy and numeracy skills as describes in the Literacy and numeracy framework (2013) etc. The activity is planned to encourage and teach children in a fun playful way to work as a team and to inspire self-worth and emphasis is on their personal development personal hygiene and well-being. Through this activity children will learn how to take risks, respect each other and make decisions as Article 13 UNCRCC (2015) and will develop an understanding of self and others. They will have a knowledge and understanding of the world, personal and social development according to Michael Tomaselli (date), communication skills, creative development and physical development. This activity is promoting children's natural curiosity is a safe activity. and links in well with Montessori (2004) and Jean Aitchison (date) who believe that children should be given an opportunity to learn with real life experiences. Foundation Phase (2015).	
Eich rôl chi	Your role
My role as an adult was to observe and assist when asked to however, I had to intervene if I saw any risk or danger for a child. I had to accompany them to the supermarket and with the arrangement of setting up the waffle maker. I also had to make sure that the children were safe online as they search for waffle recipe online.	
Agweddau cadarnhaol – pam?	Positive aspects – why?
The children were excited during the activity and since they chose their own partner to team up with, they worked well together. They had a sense of achievement and a few of them mentioned that they never thought they could make waffles. Most children were not confident to start with however by the end of the activity they all asked if they could do it again. Because children were given the opportunity to make waffles without interference from an adult, they had complete control and to how they will do it within the activity with the knowledge that they could always ask for assistance from the adult. This built up their confidence in knowing that they can do anything if they put their every effort into. They clean up their mess as they go. They were asking a lot of questions and learning from each other's knowledge other. Vygotsky (2001)	

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Agweddau heriol – pam?	Challenging aspects – why?
The challenging aspect was that some children did not know how to read the recipe, some could not work together with their partners and one of them simply didn't like cooking at all.	
Pa wybodaeth arddangoswyd?	What knowledge was demonstrated?
The knowledge demonstrated was how to use Data, numbers and measuring skills, developing numerical reasoning. Digital competency in language and literacy was also demonstrated. Curriculum for Wales (2015)	
Pa sgiliau arddangoswyd?	What skills were demonstrated?
Skills that were demonstrated were planning and organising skills, how to be a team player, good communication skills, listening skills, time management skills, problem solving skills, budgeting skills, collaboration skills, reflecting skills, information management skills, creativity skills, critical thinking skills and curiosity skills. Foundation Phase (2015)	
Pa werthoedd arddangoswyd?	Which values were demonstrated?
Values that were demonstrated were respect, dependability, commitment, motivation, positivity, courage, reliability, loyalty, optimism and consistency	
Beth allai cael ei wneud yn wahanol? Pam? What could have been done differently? Why?	
I should have given the children an opportunity to watch a video on how to make waffles first and have visual step by step images of the ingredients and step by step on how to make waffles as some children are visual learners and could have benefited from seeing how they are made.	

Element 3

WHAT IS REFLECTION

Reflection is being mindful of self with-in or after a situation, it is a tool they can use to identify how they can improve and become productive practitioners. It gives them different perspective where they can behave new ideas to be able to solve current problems. Mezirow (2000). Reflection helps them think about the purpose of their response and taking responsibilities for their action, listening and trusting their own body, mind and feelings of their performance. It will help them respond in a more effective way next time when faces with a similar situation. According to (Hallett, 2013:28) to reflect stand's for:

R- reason, E- evaluate, F- feedback, L- learn, E- explain, C- consider and T- think

Schon in action and on action Reflective model

Reflection in -action is when you reflect during the action.

Reflection on action is when looking back at the event to uncover the knowledge used by analyzing:

- Things that did not go well
- Things that went well
- Your responses
- The responses of others.

Edward de Bono Reflective model



White

Information/data needs



Green

Ideas



Yellow

Benefits/positives



Black

Negatives/risk



Blue

Managing the thinking process



Red

Emotion/gut feelings

SKILLS

- Effective Communication
- Understanding the developmental changes children go through.
- Establishing trust, shared information
- Active listening
- How to explain, consult and seek support
- Having empathy

PROFESSIONAL PRACTITIONER

- Know how to keep children safe.
- Safeguarding and promoting welfare of children.
- Information sharing
- Multi-agency and integrated working
- Understanding legislation and ethics around confidentiality and security information.
- Know how and when to share
- Team player Every Child Matters (2010)

VALUES

- Respectful
- Trustworthy
- Patience
- Be non-judgmental
- Kind and gentle
- Self-control

Wales Pre- School Provider Association.

Is an organization started in 1961 to gives parents access to high quality childcare and play provision at a flexible affordable price? They encourage parents to understand and provide for their children's needs through high quality pre-school provision and childcare and extent the development and education of pre-school children in Wales by their services promote child development in order to give every child in Wales best start in life by supporting families from birth through to their early years.

- They support families to participate in play.
- Support early year providers.
- Contribute to policy implementation at national and local levels.

They collaborate with other organizations such as other early years, childcare education ad play.

CARE INSPECTORATE WALES

Is an independent regulator of social care and child care in Wales, they use regulations and natural minimum standards made by the National Assembly for Wales and the Welsh Government to regulate social care and early year services. They decide who can provide services and take action to ensure services meet legislative and regulatory requirement. They investigate concerns raised about regulated services and inspect and drive improvement of regulated services and local authority services. Their values are integrity, respect, caring, fair and professional. They curry out function on behalf of Welsh minister under: social services and well -being (Wales) Act 2014 and regulation and inspection of social care Wales 2016. The care standards Act 2000.

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ESTYN

Is a Welsh word meaning to reach out and to stretch, it is body established under the education Act 1992. It is independent of the National Assembly for Wales that receives funding from the Welsh Government under section 104 of the Wels Government of Wales Act 1998. They collaborate together with the Care and Social Services Inspectorate for Wales (CSSIW), Healthcare Inspectorate Wales (HIW) and the Wales Audit Office (WAO) to inspect:

- Nursery schools and settings that are maintained by or receive funding from local authorities.
- Primary schools
- Independent schools

Inspection includes 15 working days written notice of inspection judged by:

Standards, wellbeing and attitude to learning, teaching and learning experiences, care support and guidance and leadership and management.

They inspect using 4 points

1. Excellent – a very strong sustained performance and practice.
2. Good – strong features minor aspects may require improvement.
3. Adequate and needs improvement – strength outweigh weaknesses but important aspects required improvement. .
4. Unsatisfactory and needs urgent improvement – important weaknesses outweigh strength

CONCLUSION

This is a briefing paper about the importance of reflective practice and the different bodies involved in making sure that every child get the best start in Wales.

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2. Estyn (2014)
3. Care Inspectorate Wales (no date)

Area for further development (provide further details)	Why?	How?	Who/Where?	When?
1. Knowledge On child development in health and education. Knowledge of policies, legislation and law concerning children and their families.	Because I have a passion for children. To have the best knowledge on Child Development in Early so that every child in my care reach their full potential.	Making sure that I attend lectures, research and pass my modules and complete my degree. Ask questions to make sure I understand what is expected of me.	Trinity St David University Carmarthen.	2020
2. Knowledge In Social work. Knowledge of policies, legislation and law concerning children and their families.	It has always been my childhood dream.	Making sure that I get a 2:2 with my current degree. Make myself familiar with the law as it applies to social work, ethics and values, assessments and interventions. To pursue master's degree in Social Work I need to: Visit career advice at Carmarthen campus for advice. Visit Swansea University open day on the 6th March 2019 for more information.	I have to make sure I apply to Swansea university through UCAS.	January 2020

3. Skills				
Good communication skills and observing skill.	To be able to reach my full potential successfully.	By identifying what my passion is and pursue it. Practising good communication skills by being an active listener and observer and reflecting on a daily basis.	To read and research about things that I enjoy and is of interest for me.	Now and ongoing
To learn the Welsh language.	To be able to communicate with the Welsh speaking community.	Go to Welsh classes and speak everyday phrases and sentences to gain confidence.	Reading and putting into practise about observations, communication skills	
4. Skills				
To have the ability to identify another person's situation, becoming an active listener. Be able to manage my time strategically and productively. To be good at setting up boundaries and being sensitive to social perceptiveness. I am able to evaluate my performances and work towards improvement.	To know the circumstances of a child in order to be able to give them the best possible care To become a successful professional in everything I do and say.	Being discipline to my time management, planning and .reflecting on a regular basis.	Both at home and university	Now and ongoing

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Good organisational skills, have good co-ordination and persuasive skills.				
5. Values Have passion, respect of differences and enthusiasm,	To be able to be honest, joyful, peaceful patience, faithfulness, self-control	By practising the values at all time in every aspect of my life.	At all time in everything I say and do.	Now and forever
6. Values Dignity and worth of individuals, integrity, competence, social justice, professional service	To be respectful to individuals and be a professional.	By taking part in lifelong learning. Maintaining a high standards of personal conduct .and being familiar with the law as it applies for social work.	Everyday	Now and forever
7. Other? Make time to relax and have fun.	To be able to recharge my inner strength and renew my mind.	By jogging and going to the gym. Going to the spa	Once a week Once per month	Now and forever

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