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I have decided to study at Higher Education level for many reasons. First and foremost, studying at university allows you explore your interests, acquire many skills, make important connections with people and ultimately, gives you an opportunity to work your dream job.

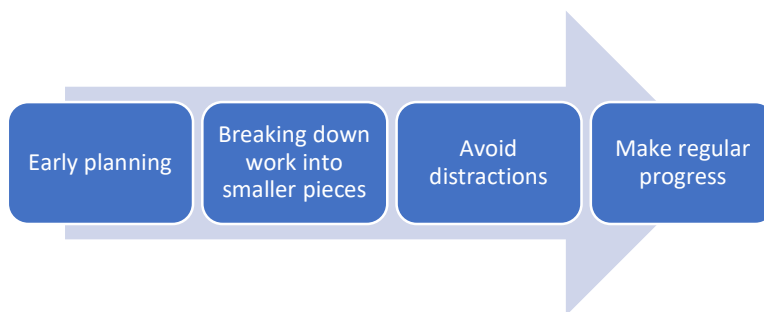
When thinking about choosing a course, I had to consider my main interests, abilities and future job prospects. I have always wanted to help people and improve their lives, contribute to the society and make a difference. Helping others is one of the things that give my life a purpose. Therefore, my choice was eventually a Higher Education certificate programme in Care.

Pursuing a certificate at a university is a long journey, dedication and a challenge. It requires putting in a lot of hard work, developing good habits, studying and time management. There are multiple assignments that need to be completed on time. To improve my learning process, I use some techniques that help me memorise and organize knowledge (University of People, 2022). One of them is making mind-maps, which is a nice way to visualize things. Secondly, I take notes that help me focus on what I learn and are useful during revisions.

It is also important to take advantage of technology during the time at university (Cottrell, 2019). Accessing online library resources is almost instantaneous can save a lot of time, especially when close to deadlines. Searching for required content in an online book is much quicker compared to a borrowing paper books. Using social networking is also a great way to communicate with your classmates and seek assistance whenever needed. Learning as a group and exchanging ideas, as well as teaching other can bring a lot of positive value and improve learning process.

There are also certain characteristics of a successful student (Mary Waters, 1992). Those factors have impact on learning. It is important that I believe in myself and my skills, I am resilient and do not give up when faced with challenges. I need to have a positive attitude about studies. Then, I need to be able to teach myself and dedicate enough time to self-learning.

One of my main weaknesses is a tendency to procrastinate. It means that I often leave work until right before the deadline. It causes me a lot of stress, feeling guilty and may have a negative impact on my academic results. Therefore, I want to apply several techniques to overcome procrastination (University of Portsmouth, n.d.). I shall plan my time ahead and regularly remind myself of deadlines. I should break down larger work into smaller pieces. I also need to make sure I avoid distractions and I work during my most efficient time of a day – which are usually evenings.



I need to remember that studying for a certificate at university is a long process, but its undoubtedly worth it. All things considered, I believe that I have identified my weaknesses and will work on them in order to successfully complete my course.

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Task 3 – presentation video

Link: <https://youtu.be/-SL9f-vSkpk>

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