

# ECEY6005

Regaining Paradise,

Sustainability in the Early Years

In my garden you  
do not see much to explore.  
It is just flat and  
does not hold anything  
exciting to discover.

As you can see it is just flat  
with no trees or hedges , enough  
space for the children to play in  
though.



So, we like to go and explore in a little forest area that is a couple minutes from the house.



This area is a narrow, secluded woodland path that feels both inviting and slightly hidden, like a natural tunnel formed by the surrounding vegetation. The trail itself is a simple dirt walkway, gently curving forward and framed by tall grasses, dense bushes, and overhanging branches that create a canopy of leaves above. Sunlight filters through the foliage in patches, giving the space a soft, dappled glow and highlighting the rich greens of the plants around it.

It has the atmosphere of a quiet, untouched forest corridor—a place where you can hear insects, birds, and the rustle of leaves, and where the air feels cool and shaded. The path suggests movement and exploration, drawing you deeper into the woodland. It's the kind of space that feels perfect for slow wandering, nature observation, imaginative play, and sensory exploration, making it an ideal example of a local Cynefin environment where children and adults can connect deeply with nature



This area is a peaceful riverside corridor where natural and human-made features sit closely together, creating a landscape that feels both sheltered and full of movement. The shallow river runs over scattered rocks, producing gentle sound and texture, while the clear water reflects the greenery around it. On one side, a metal bridge spans the river, supported by solid stone abutments—an industrial structure softened by the surrounding trees and sunlight. Opposite the bridge, a stone wall and narrow path follow the river's edge, offering a quiet walkway shaded by dense foliage. The embankment on the left, reinforced with vertical beams and circular fixtures, hints at the area's history of engineering and flood management, yet the overall atmosphere remains calm and inviting.

The combination of flowing water, mature trees, rocky riverbed, and historic infrastructure gives the space a distinctive character: part woodland retreat, part valley heritage site. It feels like a place where people might pause, observe wildlife, listen to the river, or follow the path deeper into the valley. This blend of nature and structure makes it an ideal example of Cynefin—a place shaped by local history, landscape, and community, offering rich opportunities for exploration, reflection, and outdoor learning.

This photo captures a quiet, shaded riverside scene where natural textures and human-made structures sit gently together. A shallow stream winds through the space, its surface reflecting the trees and sky above. The riverbank is scattered with smooth stones and pebbles, giving the area a rugged, earthy feel. On one side, a weathered stone wall runs parallel to the water, partly softened by overhanging branches and dense greenery. The trees form a leafy canopy that filters the sunlight, creating a calm, cool atmosphere. Altogether, it feels like a peaceful woodland corner—perfect for slow exploration, listening to the water, and noticing the small details of the natural world.



Calming sounds of a river

[https://www.youtube.com/watch?  
v=2UxbnP-6ZIM](https://www.youtube.com/watch?v=2UxbnP-6ZIM)

visiting this river reminds me of my childhood and an area which I used to visit frequently called the Cwm, I would go there and climb through the rocks and go into the water. Even though, my parents always said it was unsafe and the water was not clean, it is a part of my childhood that I have not forgotten. I remember the sounds of children laughing, the water moving and the sounds of the rocks banging on the sides where children were throwing them into the water.