

NPD OR NARCISSISTIC
PERSONALITY DISORDER IS
FROM THE CLUSTER B OF THE
DSM-5, AND IS KNOWN FOR A
PATTERN IN GRANDIOSITY,
NEED FOR ADMIRATION AND A
GENERAL LACK OF EMPATHY.

THE TERM “NARCISSISM” COMES
FROM A MYTHOLOGICAL
GREEK STORY, TALKING ABOUT
A YOUNG MAN NAMED
NARCISSUS, THAT FELL IN LOVE
WITH HIMSELF AFTER HE SAW
HIS REFLECTION IN A LAKE.

NARCISSISTIC PERSONALITY DISORDER

CHARACTERISTICS OF A NARCISSIST

1. Illusion of being special

- A narcissist will think they have something the others do not
- They consider themselves the most talented and successful in the room

2. Excessive desire for praise

- They need someone to idolise them
- They strive on praise and recognition

3. Reckless deprecation

- No respect for ordinary people
- Some people are not good enough for him

CHARACTERISTICS OF A NARCISSIST

4. Antisocial tendencies

- With that comes manipulation and exploitation
- It is not their fault they abused you, it is your fault for reacting to it

5. Emotional vulnerability

- A narcissist will try to hide their imperfections, if you were to notice something, that would be humiliating for them, even shameful
- Instead, they focus on your mistakes and ignore theirs

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- **AI statement**

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