





Sustainability in The Early Years
ECEY 6005
John Muir award project

Living close to nature

Growing up in Poland in a big urban city of Lodz in blocks of flats I have spend a lot of time outside and always dreamed about my own garden.

I spent a lot of time with my children in parks all over my city, where we could rest after work or nursery and be close to nature. I have always thought that after a busy day the best is to rest in a park with a cup of coffee surrounded with green, watching your children play rather than relax on the sofa.

When I came to Wales for the first time I absolutely fell in love with this place. I knew straight away that this is my place, this is where I want to be and where I want to grow my children. We are very lucky to be surrounded by such a beautiful landscape and we have the sea and mountains around, and we can enjoy the nature every day.

Taking part in John Muir award activity made me reflect even more on how I should live my life in harmony with nature.





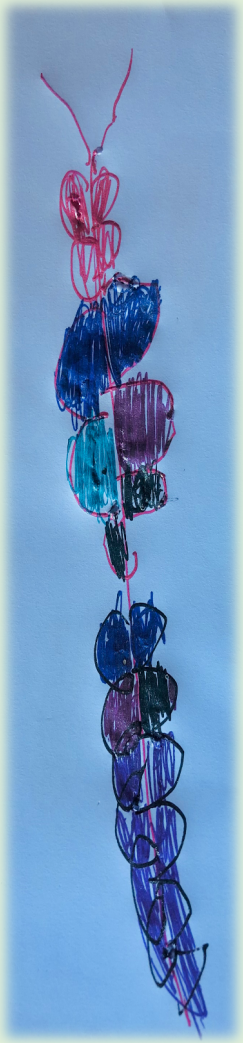
I have always dreamed about having my own garden like this one from my favorite childhood books “Linnea from Monet’s garden” by Christina Bjork. And I still hope this dream will come true.
Monet described his garden as “the most beautiful work of art”.





“Linnea from Monet’s garden”

Making a difference



We are currently living in a house with a beautiful but simple and dull garden. And because it is rented, we can't make any significant changes.

This space has a lot of potential and we have decided to use old second-hand plant-pots to plant some flowers and place them around to create more welcoming environment for wildlife such as birds, squirrels and all these little insects.

I have asked my youngest, 5 years old daughter to help me do some gardening and she was happy to help. She was telling me a lot about her own experience in school I and I could see myself how much she already knows about the environment and what we should do to conserve it.









Little change big difference

We have made little changes in our garden which are making huge difference to all these little creatures which lives around and for us as well as it become kind of eclectic feeling.

We have planted flowers to attract more bees as these day's they are at risk of becoming extinct.

"One touch of nature makes all the world kin."
- John Muir







Living in harmony

We have one tree in our garden on which we have placed bird feeders and birdhouse and we could observe straight away that the number of visitors in our garden have grown. We can listen to birds sing everyday and observe insects visiting our garden and occasional squirrels, especially in the morning, when our rabbit Peter isn't around.











Growing our own vege

Going further with my sustainability project I have used a green house which was already in my garden to grow tomatoes, peppers and strawberries.

We can’t wait to harvest ☺









Secret door

It feels like a countryside where we are, I feel lucky every day and I absolutely admire the nature around. We have a gate in our garden which leads to a path which takes you to the wildlife with a river surrounded by woodlands and fields, we really love this place. Everyday we can experience new adventures and it's just on our doorstep.

Even thought John Muir inspired to reconnect with nature, slow down in our busy world and reflect on our lifestyle. He encouraged people to discover, admire and conserve places so they can last for everyone…





