

## The importance of play

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During the early years of a child's life, play and learning are similar in their way. This is since that children are taking in what is around them and developing holistically, which are all linked to learning through play. Children at the early years of life will mimic what they see around them and what they hear, linking back to play. "Children's disposition to play, should be harnessed to promote learning and fulfil educational potential" (Brock et al, 2013 p.12). Even though play is seen as important, it can also be seen as insignificant and that children only carry out play as they are undeveloped. Play, which is child – led or also known as free play, is normally play carried out by the children to do freely what they would like to do and not carried out or planned by an adult. Play is so hugely influenced in a child's life that it has been incorporated into the United Nations Convention on the Rights of the Child.

### Reference list

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