

CYF. Case C Family

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Children, Young People and Families (CYF) (BMHP5004_BIRM) Case Study: Family C

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Introduction

- The current presentation focuses on the case of a mother and four of her children.
- The mother has a psychological problem.
- Her two boys are involved in housing repairs, therefore impacting their well being
- A 17 years old daughter. The family also has a nursery school aged daughter.
- It analyses the implication of the family and the children and recommends actions for the mother as the adult in the family.



Risk Factors

Mother's psychological Health

- The psychological issue of the mother makes her vulnerable.
- It makes it difficult for her to provide stability, guidance to children, and it hinders her ability to offer mental support to her children



Housing Repairs

- This shows that the family is living in unsafe or substandard conditions.
- The family has poor housing.
- This affects quality of life and general wellbeing.



- 17year old daughter
- Disruption of Education and Career of 17year old daughter
- She may feel shameful.
- Moreover, the 6year old daughter may not get enough early childhood support.

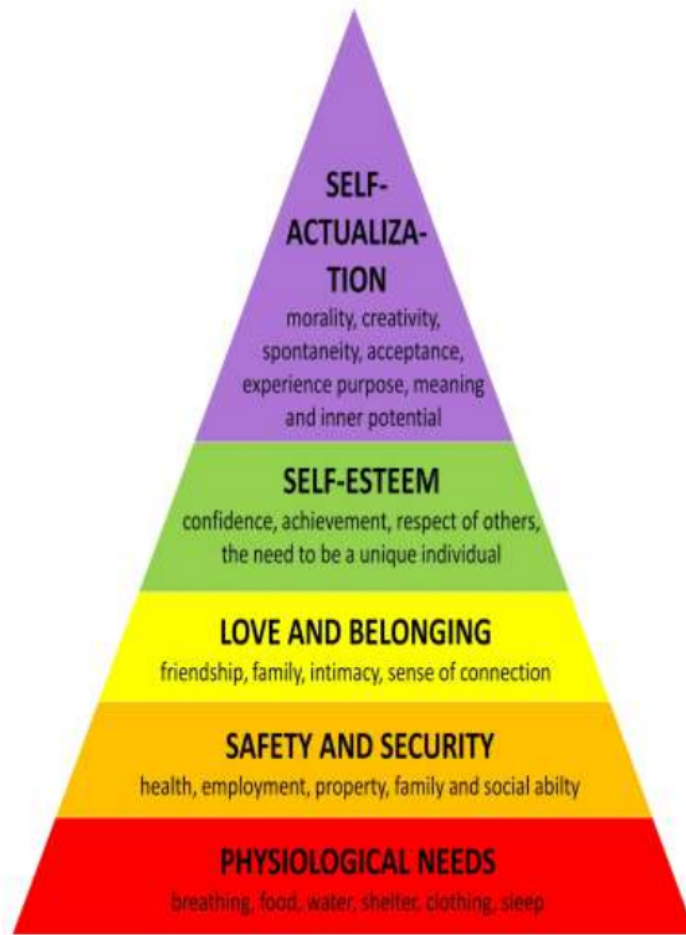


CYF perception of well-being⁸

- Children and young people perceive well-being as having positive relationships with others (Vujčić et al., 2019).
- They also focus on sense of agency, safety, and control on various domains.
- The key need for children and young people's wellbeing are social and safety needs.¹⁸



CYF perception of well-being ...



Maslow hierarchy of needs

- Maslow hierarchy of needs theory suggests five needs that are hierarchical (Ştefan et al., 2020).
- Children are less worried by physiological, esteem, and self-actualization needs.
- They focus on positive relationships as indicators of well-being.

Considering a holistic approach to understanding the family's social, economic, and cultural context.

Asking the member of the family of their needs and desires.

Considering empowerment.

Person-centred approach (SCIE)

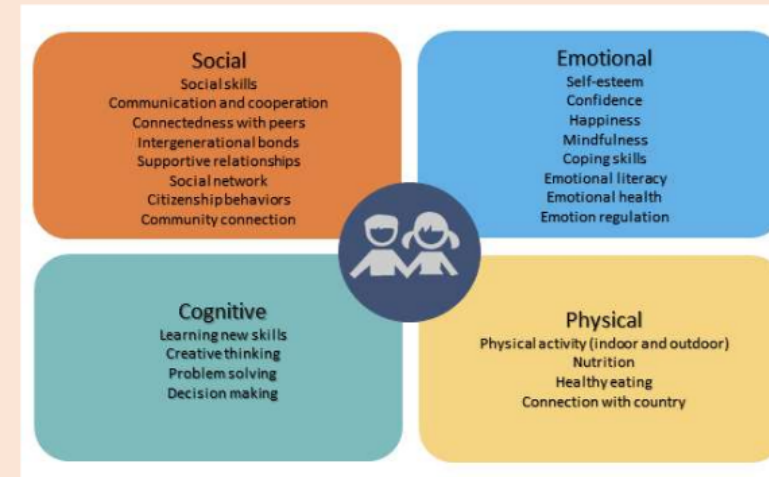
Multi-agency collaboration

Well-Being Principle

How does the Care Act define Well-being?



9 Key domains of children and young people's well-being





Key domains of children and young people's well-being

- The second domain is emotional well-being (Cowie & Myers, 2021).
- The UK has enacted various policies that protect children and young people from childhood trauma that can affect their emotions.

Key domains of children and young people's well-being

- The third domain is cognitive well-being which revolves around learning new skills, creative thinking, decision-making, and problem-solving (Buehler, 2020).
- Every child has a right to education in the UK.
- This promotes cognitive well-being in children and young people.
- The fourth domain is physiological well-being.



Critical Analysis of the Case Study

- Involving young boys in house repairs negatively affects them emotionally, physically, and socially.
- While young boys' perception of well-being is to be safe and create good relationships, they are being subjected to unsafe behaviour.
- It can negatively affect their health as it is hard labour that can be categorised as child labour.

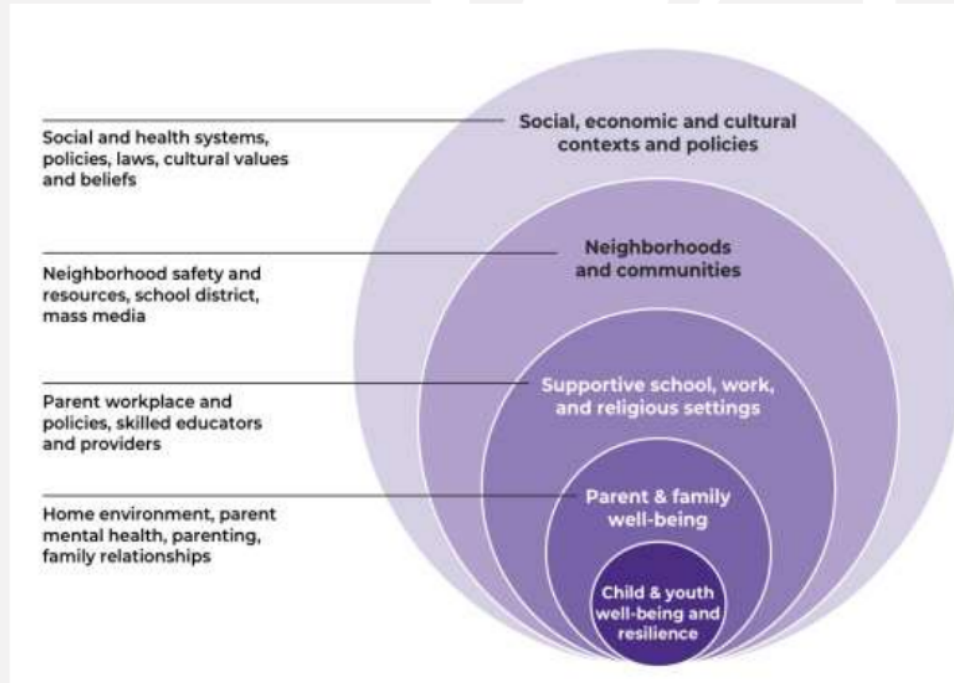


Critical Analysis of the Case Study

- **Mother's psychological Health**
- Vulnerability refers to personal characteristics that exposes the person to possibility of being harmed or attacked emotionally or physically (Chapman, 2019).
- The psychological issue of the mother makes her vulnerable.
- It makes it difficult for her to provide stability, guidance to children, and it hinders her ability to offer mental support to her children (Wiegand-Grefe et al., 2019).



Critical Analysis of the Case Study



Bronfenbrenner's Bio-ecological Model

- Involving children in hard tasks such as repairs will affect their human development according to Bronfenbrenner's Bio-ecological Model of human development (Murphy, 2020).
- The mother's psychological health will also affect the well-being of the children.
- The children may lack social skills as parents are key educators for social skills.
- The nursery school aged daughter will not mentally develop properly because this age requires a lot of parental support (Limbers et al., 2020).

Critical Analysis of the Case Study

- The family has issues with youth and child well-being that can negatively affect academic achievement of the boys.
- It can also affect physiological stress responses on young boys.
- They may not have good results in academics because they are exposed to poor housing and mental support.
- She may feel ashamed, and this would affect her education and career development.
- She may be less confident in life (Erfina et al., 2019).



Current Policy and Professional Interventions



- Interdisciplinary services use UNCRC to protect the rights of children (Cuevas-Parra, 2021).
- The UNCRC suggest the rights that should apply to everyone.
- This rights include the ¹⁴Convention on the Rights of the Child.
- Article 32 ¹⁵of UNCRC states that children should be protected from exploitation and work that is likely to interfere with their social and physical development and child's education (Cuevas-Parra, 2021).

Current Policy and Professional Interventions

- The work of house repairs interfere with physical well-being and education of the boys.
- This means that the activities that the boys are being subjected to is against the UNCRC.
- The 17year old daughter may be psychologically affected.
- She may feel shame, and this would affect her education.



Current Policy and Professional Interventions

- Another policy that may apply in this case is Human Rights Act 1998.
- This act provides that every child has right to education (Hunt, 2019).
- The 17year old daughter of this family should not exposed to conditions that would hinder her access to education.



Current Policy and Professional Interventions



- Another policy that is applicable in this case is Supervision for Safeguarding Children.
- Health practitioners attending the mother of the children should create a safe and a contained environment.
 - Health officers can offer regular counselling services to the children.



Solutions

- Adult members of the family should hire counsellors to counsel children and young people in the family.
- The adult members of the family should seek social services to do repairs and improve the living conditions of the family.
- They should show affection and love and ensure positive relationships within the family.

- **Solutions Continue**

- YoungMinds: Free professional and confidential support for children with mental and emotional needs (online / telephone services)
- MindEd for families: Is a system in place to support parents and carers of children and young people themselves
- Universal credit skilled support: Offers to enhance the skills and advanced education to help build up experience and skills
- Childline- where the children can freely talk about their issue or anything that is bothering them in order to get the right support they need but it should be the last option in regards of helping the family and the children



- Children and young people perceive well-being as having positive relationships with others.
- Key domains for children and young people well-being include cognitive, social, physical, and emotional domains.
- Supervision for Safeguarding Children and UNCRC are policies that can be used to meet the needs of children in this case.



CONCLUSION

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