



Counsellor

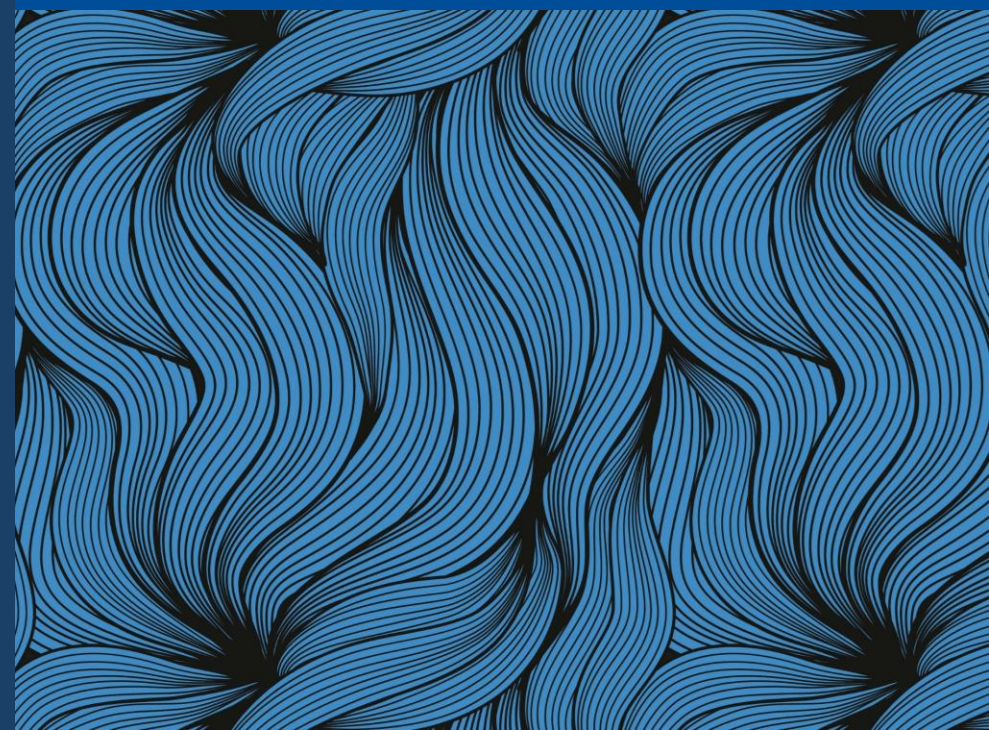
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Counsellor

- **Counselors work in confidential settings with individuals who are experiencing personal difficulties, to help them overcome their problems and to make appropriate changes to their lives.**
- **work with clients with mild to moderate mental health problems or drug-related problems, or with people who need support because of genetic disorders or diseases such as cancer.**
- **(TargetJob, n.d.)**

○ **What are the responsibilities of a counselor?**

- Providing counseling face to face, over the telephone, or online
- Working with individuals, families, or groups
- Keeping confidential records
- Building a relationship of trust and respect with clients
- Listening to clients' concerns, empathizing with them, and helping them to see things more clearly or in a different way.
- (TargetJob, n.d.2022)

Skills needed in the counselor field?

- Listening
- Empathy and understanding
- A non-judgemental attitude
- Patience and a calm manner
- Ability to cope with emotional situations
- Ability to relate to and adapt communication style to suit a wide range of people
- (TargetJob, n.d.)

Skills I need to Develop

- Listening
- Empathy and understanding
- A non-judgemental attitude
- Patience and a calm manner
- Ability to cope with emotional situations
- (TargetJob, n.d.)

ALL THE SKILLS YOU HAVE

- **TO BE HONEST, I THINK I DON'T HAVE ENOUGH SKILLS, TO BE I, A COUNSELLOR.**
 - **BUT, I THINK I'M GOO ENOUGH TO GIVE BEST COUNSELORS.**
 - **ONLY HAVE THESE SKILLS HERE:** (KKJDE 2022)
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- Ability to relate to and adapt communication style to suit a wide range of people

Strengths

- I never Give Up
- Persistent
- Courageous
- Always Fight For Me
- I like make Questions
- I Love Helping People, Especially My Family "my family is my strengths".

Weaknesses

- Impatient
- Emotional
- SLOW COMPRESSION
- Cry



What do you
do well?



Where do
you need to
improve?



What are
your goals?



What obstacles
do you face?

Rereferences

- **(OptimisMinds n.d.)**
- **<https://optimistminds.com/counselor-strengths-weaknesses/>**
- **(TargetJob, n.d.)**
- **Counsellor: job description (targetjobs.co.uk)**
- Ketty Keila

QUESTIONS

