



School Sport Survey 2018

Arrolwg ar Chwaraeon Ysgol

PENLLERGAER PRIMARY SCHOOL

Swansea

6702174 Primary School Report



PENLLERGAER PRIMARY SCHOOL: 2018 Summary of Results

Motivation



98% of pupils
would like to do more sport.

Confidence



88% of pupils
confident to try new
activities



54% of pupils
participated in sport
three or more times a week

Awareness



Are pupils aware of the
opportunities to participate
in sport at PENLLERGAER
PRIMARY SCHOOL?

Opportunity and Resources



180 minutes
of curricular P.E are provided by PENLLERGAER
PRIMARY SCHOOL per week

The Experience



71% of pupils
enjoy P.E 'a lot'

After a successful 2015 survey, the Sport Wales School Sport Survey was rolled out again in the summer term of 2018. Overall **120,175 pupils** from **1,095 schools** in Wales took part making this the largest survey to date.

This report presents results specific to PENLLERGAER PRIMARY SCHOOL where 125 pupils took part and shared their voices in relation to physical education (PE), extracurricular sport, and community activity.

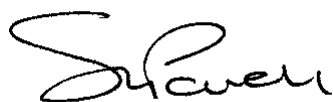
The first section on young people's participation in sport and physical activity provides an overview of how many pupils at PENLLERGAER PRIMARY SCHOOL frequently take part in sport and what types of activities they do. You'll be able to compare your results with schools that have a similar Free School Meal profile to yours and against the national average.

Following this, results are presented under the Elements of Engagement. These five key areas underpin the likelihood of a young person engaging in sporting opportunities. The evidence provided under each of these areas may help inform actions PENLLERGAER PRIMARY SCHOOL can take to strengthen the quality of sport it offers. This includes how much pupils currently enjoy taking part in sport and the types of activities they have shown an interest in doing more of. The Elements of Engagement are:

- Motivation
- Confidence
- Awareness
- Opportunity & Resources
- The Experience

Thank you for taking part in the survey. We hope you will find the evidence in this report useful for inspection, planning, and as a tool to aid discussion about sport, activity and well-being with pupils and staff. In doing so you will not only be enhancing the lives of your pupils but also helping Wales to achieve its vision of becoming **An Active Nation Where Everyone Can Have a Lifelong Enjoyment of Sport.**

Yours sincerely



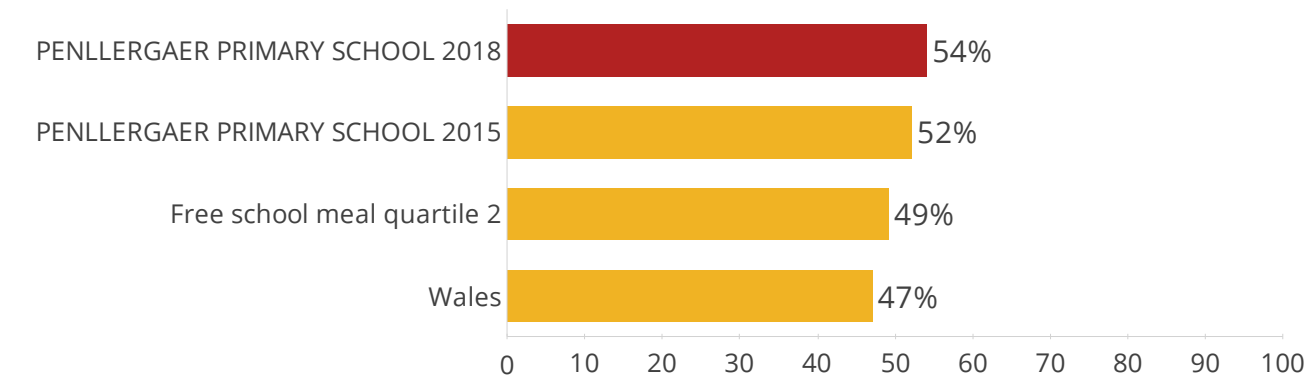
Sarah Powell
CEO / Prif Weithredwr

Section 1: Towards an Active Nation

Overall Participation

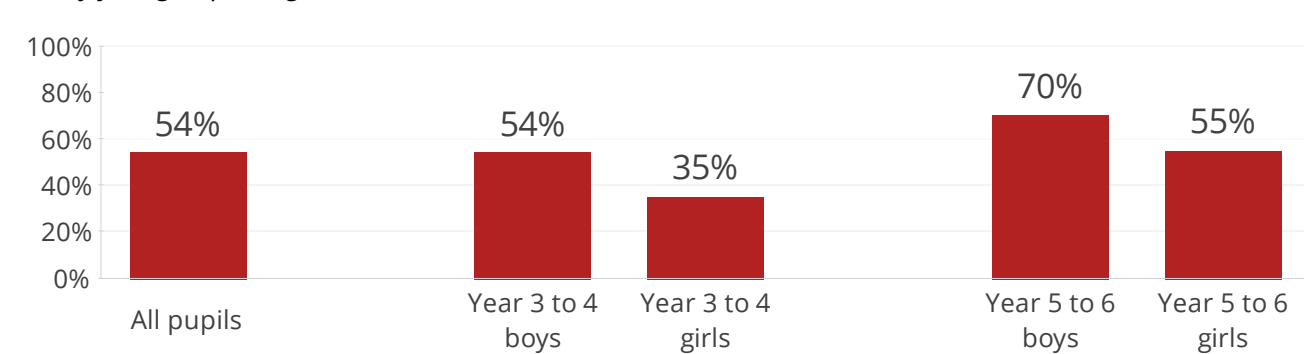
The **Vision for Sport in Wales** calls for an **Active Nation Where Everyone Can Have A Lifelong Enjoyment of Sport**. Since 2011, the School Sport Survey has captured a detailed picture of frequency of participation, allowing us to explore the number of occasions per week pupils take part in organised sport and physical activity outside of the curriculum. The degree to which pupils participate in sport and/or physical activity three or more times per week gives an indication as to whether young people in Wales are contributing to an **‘Active Nation’**.

Figure 1. Percentage of pupils participating in organised sport outside of the curriculum at least three times a week.



In PENLLERGAER PRIMARY SCHOOL, **54%** of pupils participated in school-based extracurricular sport, or sport with a club outside of school on three or more occasions per week. Furthermore, **60% of boys** are participating three or more times a week, compared with **46% of girls**. In Wales, **47%** of primary school pupils participate three or more times a week

Figure 2. Percentage of pupils participating in organised sport outside of the curriculum at least three times a week by year group and gender.



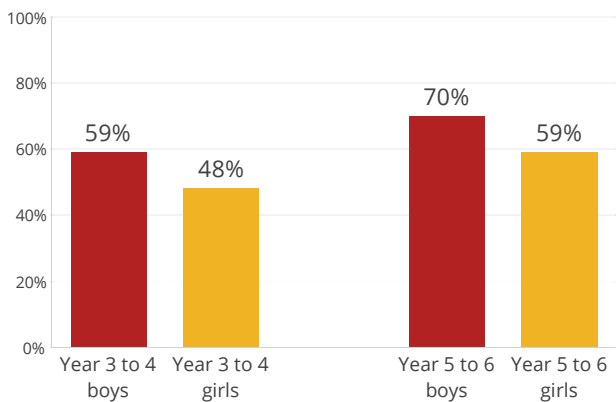
Taking Part in Extracurricular Sport (after school or lunchtime clubs)

60% of PENLLERGAER PRIMARY SCHOOL pupils participated at least once in extracurricular sport in the 2017/18 school year. This compares with a national participation rate of **74%**.

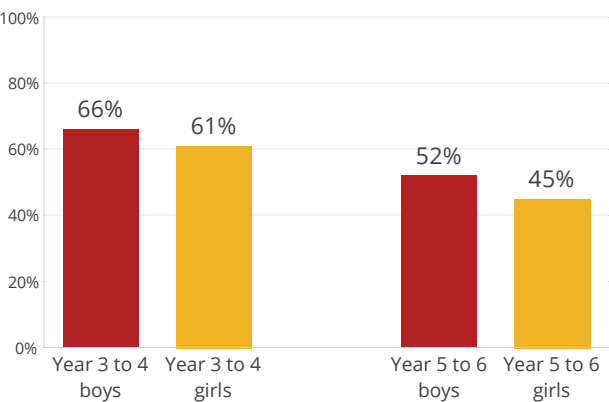
57% of PENLLERGAER PRIMARY SCHOOL pupils participated frequently (participating at least once a week on average in extracurricular sport in the 2017/18 school year), compared with a national participation rate of **57%**.

Figure 3 & 4. Percentage of pupils participating in any and frequent (at least once a week) extracurricular activity by year group and gender.

ANY extracurricular participation:



FREQUENT extracurricular participation:



The sports that pupils are most likely to take part in during extracurricular time are shown below. A full list is shown in the Appendices.

Figure 5. Popular extracurricular activities in PENLLERGAER PRIMARY SCHOOL by gender.

Boys	Top 5	Girls	Top 5
	34%		31%
Athletics		Athletics	
	34%		15%
Football		Rugby	
	28%		15%
Dodgeball		Swimming	
	16%		13%
Rugby		Adventurous activities	
	15%		13%
Swimming		Dodgeball	

A full breakdown of activities is shown in Appendix B.

Taking Part in Community Sport

76% of pupils from PENLLERGAER PRIMARY SCHOOL participate in sport at least once a week in a community club compared with **67%** Welsh average.

Popular community club sports that pupils in PENLLERGAER PRIMARY SCHOOL take part in are shown in the table below:

Figure 6. Popular community activities in PENLLERGAER PRIMARY SCHOOL by gender.

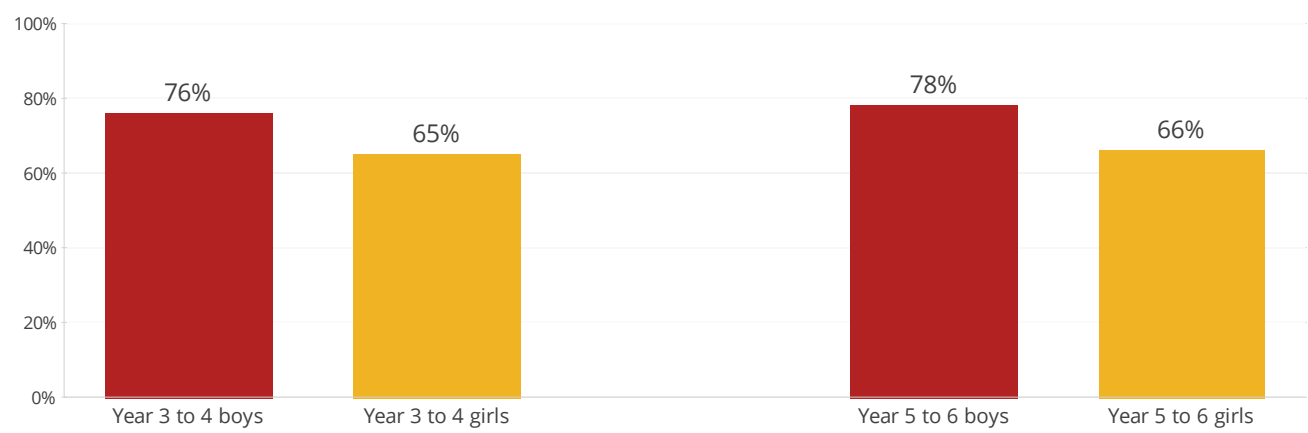
Boys	Top 5	Girls	Top 5
	29%		42%
Football		Swimming	
	28%		38%
Swimming		Gymnastics	
	21%		29%
Martial arts		Dance	
	19%		15%
Rugby		Tennis or short tennis	
	15%		13%
Cricket		Cheerleading	

A full breakdown of activities is shown in Appendix C.

Sports Club Membership

71% pupils at PENLLERGAER PRIMARY SCHOOL said that they were a member of a sports club. The breakdown by year group and gender is shown below:

Figure 7. Percentage of pupils with sports club membership by year group and gender.



Section 2: Motivation - 'I want to take part'

Motivation relates to a pupil's inner desire or drive to participate in sporting activities. **98%** of pupils at PENLLERGAER PRIMARY SCHOOL reported a desire to participate in more sport of some kind, compared with **97%** in Wales.

In PENLLERGAER PRIMARY SCHOOL, **55%** of pupils said that they would like to do more Swimming, compared with pupils in Wales in general where the greatest latent demand was for Swimming. In PENLLERGAER PRIMARY SCHOOL the greatest demand amongst boys was for Swimming, whereas for girls the greatest latent demand was for Swimming.



Figure 8. Top five sports pupils would like to do more of by gender.

Boys	Top 5	Girls	Top 5
	57%		54%
Swimming		Swimming	
	50%		52%
Football		Gymnastics	
	49%		50%
Dodgeball		Climbing	
	38%		50%
Trampolining		Horse Riding	
	37%		50%
Archery		Trampolining	

A full breakdown of activities is shown in Appendix D.

Section 3: Confidence - 'I can take part'

Young people's **belief in their own ability**, and their **confidence to engage in new sporting opportunities** is also likely to affect whether they become active.



Analysis from the 2015 School Sport Survey revealed that those pupils that are very confident in trying new activities without worrying are twice as likely to participate in sport three or more times per week.

Overall, **88%** of pupils at PENLLERGAER PRIMARY SCHOOL are very or quite confident to try new activities.

Figure 9. How confident are pupils in trying new activities?

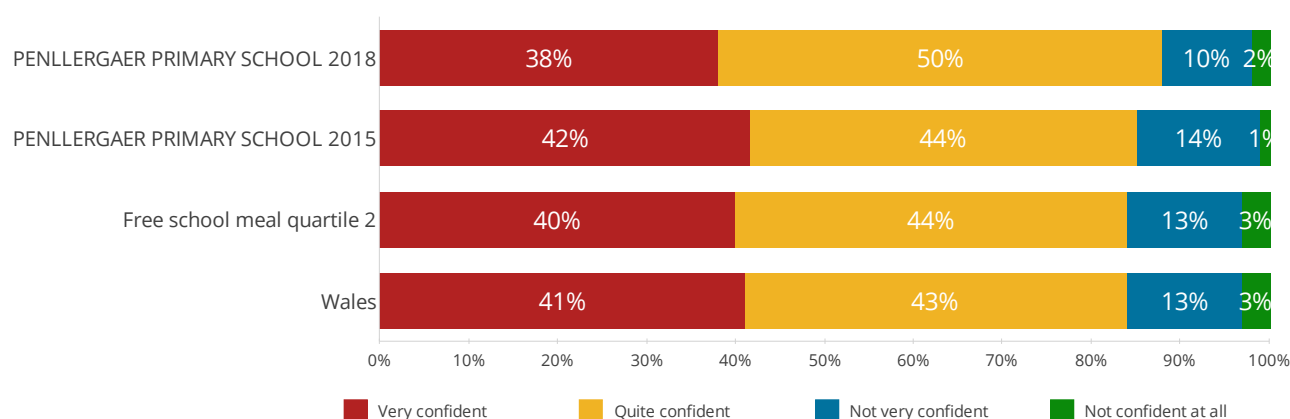
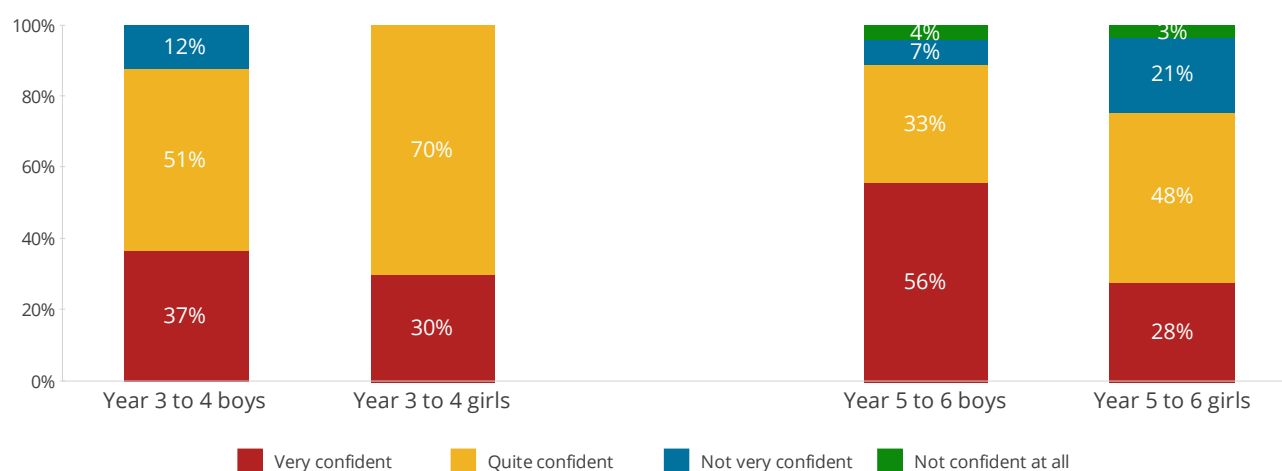


Figure 10. How confident are pupils in trying new activities? (by year group and gender)



By gender, **88% of boys** are very/quite confident, compared with **87% of girls**. **19%** of pupils also stated that they 'would do more sport if they were more confident', while **18%** of pupils would do more sport if they 'were better at sport'.

Section 4: Awareness - 'I know where to take part'

Knowing when, where and how to take advantage of relevant opportunities is essential if we want more young people to be active and have a lifelong enjoyment of sport in Wales.

Schools can take several steps to increase pupils' awareness of local and school run opportunities. The infographic below illustrates a few of these possible measures.

School Sport Survey 2018 Arolwg ar Chwaraeon Ysgol

"Without awareness of an opportunity, accessing it is impossible"

How is your school making pupils **aware** of sporting opportunities?

Are sports opportunities announced within the **school assembly**?
If not, could pupils announce these?

Does your school use **social media** to promote sports opportunities for pupils?

Does your school have a **newsletter**? Is it used for making pupils aware of opportunities to take part in sport?

How could **parents or your school's PTA** help to spread the word about sports opportunities at the school?

Does your school have a **website** which could be used to promote sports opportunities?

Do you have **young ambassadors** or a **sports council** at your school?
How could they be promoting sport within your school?

sportwales
chwaraeocymru

Visit our website / ewch i'n gwefan
schoolsportsurvey.org.uk

Section 5: Opportunity & Resources – ‘It’s easy for me to take part’

For more young people to be able to participate in sport more frequently, it is important that opportunities are available and easy to access. The following section describes what is available in terms of curricular and extracurricular provision within PENLLERGAER PRIMARY SCHOOL.

Curricular PE



The Welsh Government set out in Climbing Higher a target for all primary and secondary schools to provide a minimum of 2 hours of curricular based sport and physical activity per week. PENLLERGAER PRIMARY SCHOOL provides **180 minutes of curricular PE per week** on average compared with **99 minutes** in primary schools across Wales.

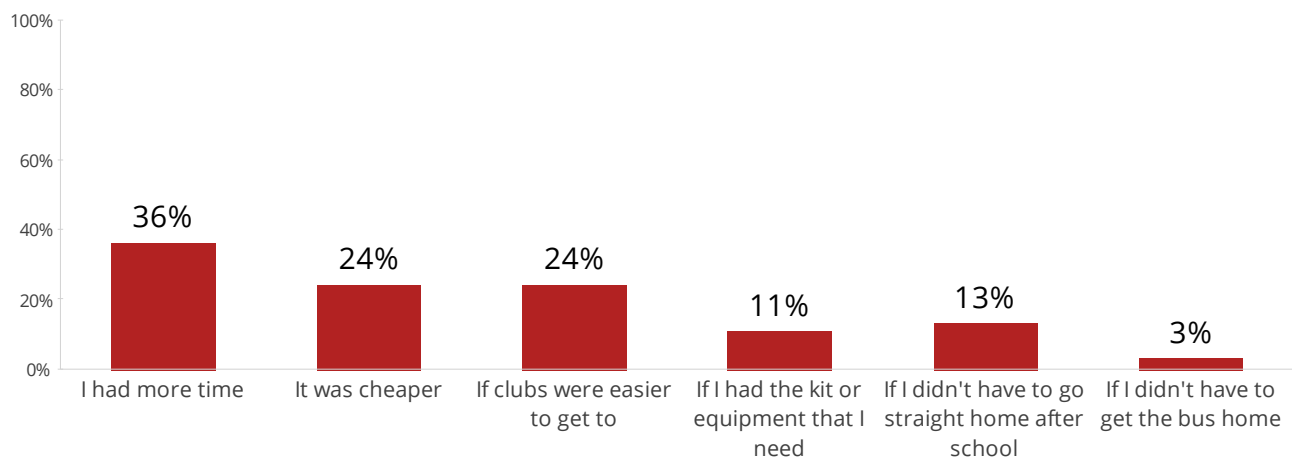
On average, PENLLERGAER PRIMARY SCHOOL offer **180 minutes per week** to pupils in Years 3 to 4, and **180 minutes per week** to pupils in Years 5 and 6. This compares with a national average of **99 minutes** in Years 3 to 4, and **100 minutes** in Years 5 and 6.

Extracurricular Sport



Providing a range of activities can help schools engage with all pupils and give them the opportunities to develop a range of different skills and competencies. **4** different activities are provided at PENLLERGAER PRIMARY SCHOOL, compared with the national average of **8** activities. Comparing the activities your school provides alongside the latent demand figures reported in the ‘motivation’ section may help your school identify potential areas for greater engagement in sport.

Figure 11. What ‘opportunities and resources’ would encourage PENLLERGAER PRIMARY SCHOOL pupils to do more sport?



Section 6: The Experience – ‘I love taking part’

In 2015, the School Sport Survey demonstrated that pupils were almost twice as likely to participate in sport on three or more occasions a week if they enjoyed school sport ‘a lot’.



Pupils were asked whether they enjoy their PE lessons and whether they enjoy taking part in sport in after-school or lunchtime clubs (our measure of extracurricular sport).

In PENLLERGAER PRIMARY SCHOOL, **71%** of pupils enjoy PE 'a lot' and **63%** enjoy extracurricular sport 'a lot'.

Figure 12. How much do you enjoy PE lessons? (by year group and gender)

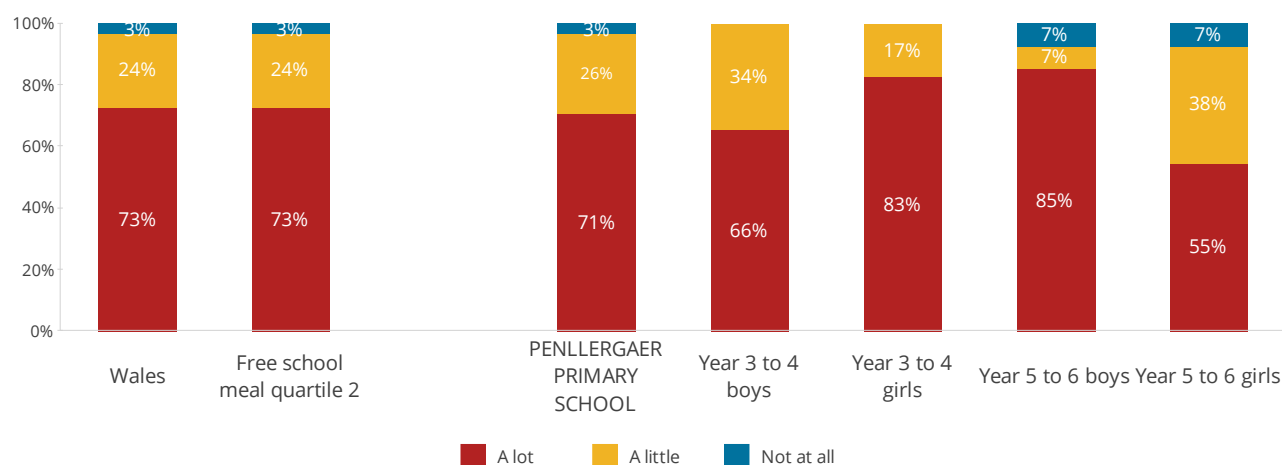
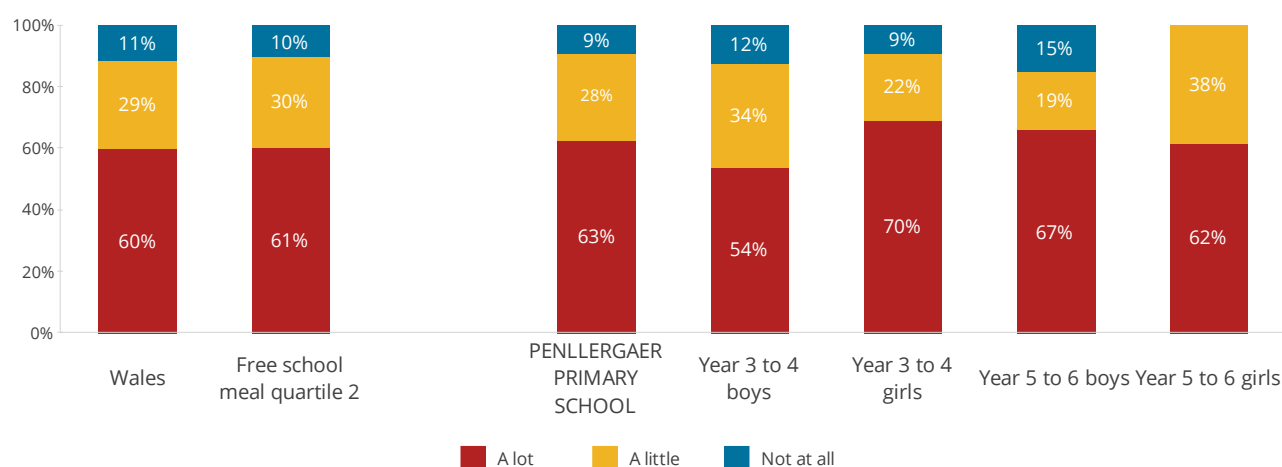


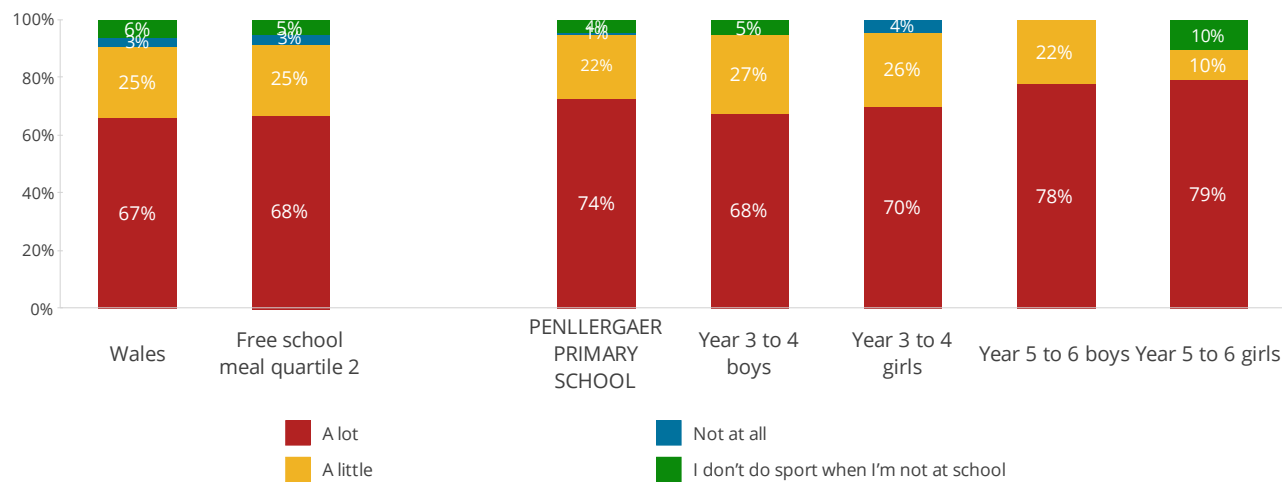
Figure 13. How much do you enjoy extracurricular activity? (by year group and gender)



Enjoyment and good experiences of sport in school can lead to participation outside of school and help build a habit of a healthy and active lifestyle.

74% of pupils in PENLLERGAER PRIMARY SCHOOL told us that they enjoy doing sport ‘a lot’ when they are not at school.

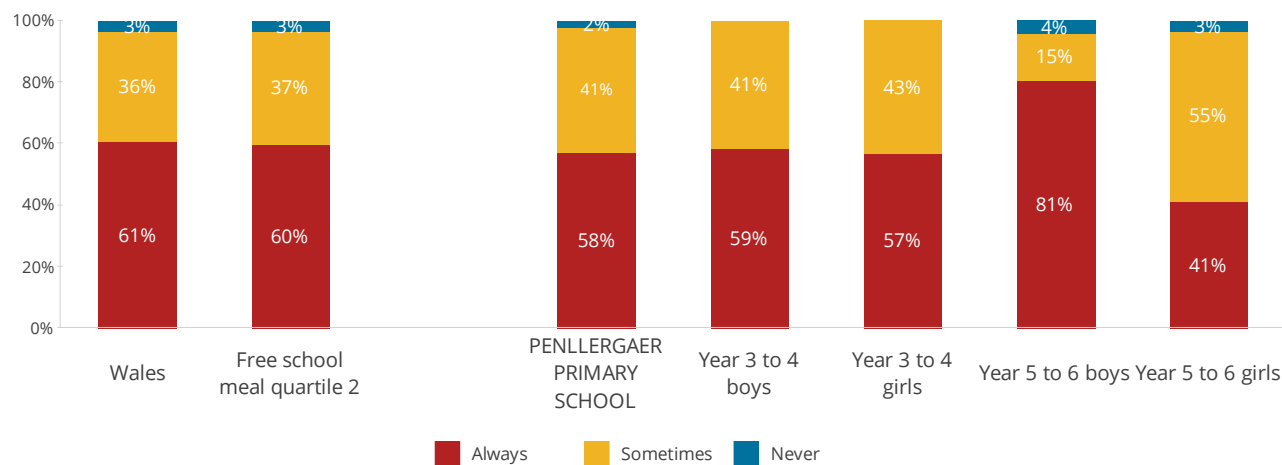
Figure 14. How much do you enjoy organised sport outside of school? (by year group and gender)



The 2015 survey showed that there was an increased likelihood of pupils participating in sport three or more times a week if they said they ‘always’ felt comfortable doing PE and school sport.

In 2018, **58%** pupils in PENLLERGAER PRIMARY SCHOOL said they **always felt comfortable** in PE lessons and school sport.

Figure 15. How often do you feel comfortable taking part in PE lessons and school sport? (by year group and gender)





Listening to pupils and shaping provision to meet their different needs can help to increase their enjoyment of sport and physical activity. Across Wales, pupils who feel their ideas are 'always' listened to are more likely to participate in and enjoy sport at school.

In PENLLERGAER PRIMARY SCHOOL, **34%** of pupils (**34%** of boys and **33%** of girls) said their ideas were 'always' listened to.

6% of pupils also articulated that they'd do more sport if school sport facilities were better, and **16%** stated that they'd do more sport if they enjoyed the experience more.

Section 7: Conclusions

Compared with the results for Wales, evidence from the School Sport Survey shows that PENLLERGAER PRIMARY SCHOOL has:

54% of pupils participating in school-based extracurricular sport, or sport with a club outside of school on three or more occasions per week, compared with a national average of **47%**.

1. Motivation:

98% of pupils stated that they would like to more sport of some kind, compared with **97%** in Wales.

2. Confidence:

88% of pupils state that they are either very or quite confident in trying new activities, compared with **84%** of pupils in Wales.

3. Awareness:

How aware are pupils at PENLLERGAER PRIMARY SCHOOL of opportunities to take part in sport?
What steps can be taken to ensure that all pupils are aware of the offers available to them?

4. Opportunity & Resources:

PENLLERGAER PRIMARY SCHOOL provides **180 minutes of curricular PE per week** and **4 extracurricular activities**, compared to Welsh primary schools who provide **99 minutes of curricular PE** and **8 extracurricular activities**, respectively.

5. The Experience:

71% of pupils stated that they **enjoy PE 'a lot'** and **63%** stated that they **enjoyed extracurricular activities 'a lot'**, compared with Welsh pupils in general who reported **enjoying PE 'a lot' (73%)** and **extracurricular activities 'a lot' (60%)**.

Sport Wales encourages schools to make use of their report as a source of robust evidence for making continuous improvements in PE and sport, helping children to become physically literate and improving levels of wellbeing.

For examples of schools that have used School Sport Survey findings to improve PE and sport and develop healthy, confident and active pupils, please go to our website:

www.schoolsportsurvey.org.uk

To find out more about physical literacy and the resources that are available please go to:

<http://physicalliteracy.sportwales.org.uk/en/>

Appendix A: My Local School Information

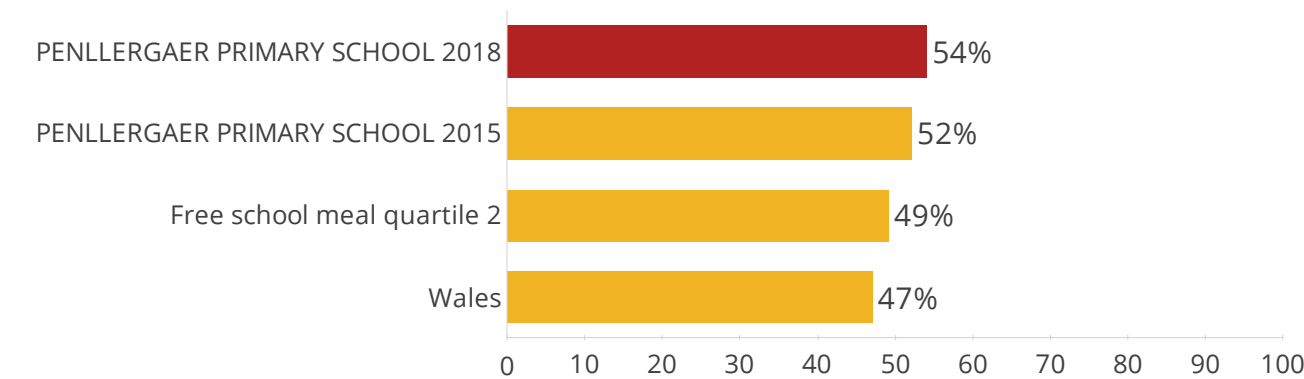
This information was collected by PENLLERGAER PRIMARY SCHOOL through Sport Wales' School Sport Survey 2018.

Key indicators from the School Sport Survey are presented on Welsh Government's My Local School website:

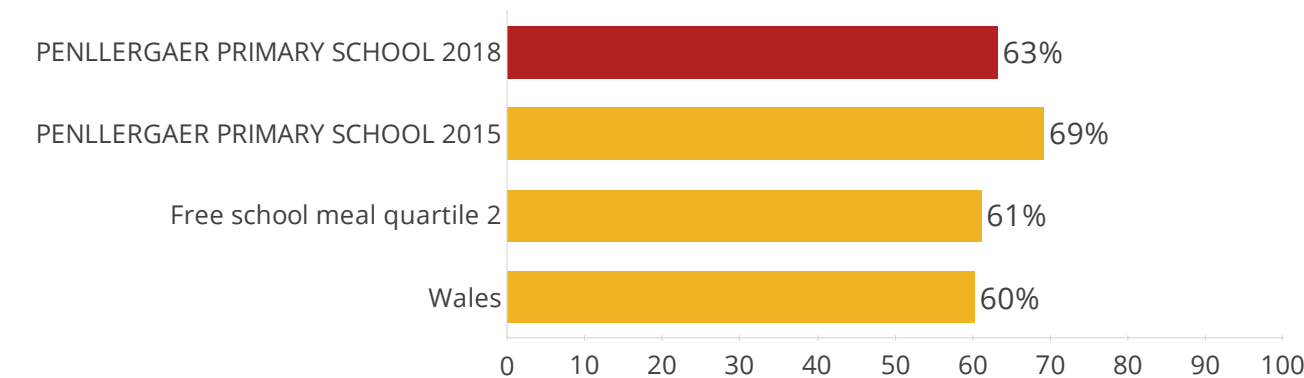
<http://mylocalschool.wales.gov.uk/?lang=en>

Indicator	2015 score	2018 score
% of pupils at school participate in sport three or more times per week	52%	54%
% of pupils in the school enjoy doing sport in after-school or lunchtime clubs 'a lot'	69%	63%
% of pupils in the school 'always' feel comfortable taking part in PE lessons and school sport	67%	58%
% of pupils in the school are confident in trying new activities	86%	88%
% of pupils in the school enjoy PE lessons 'a lot'	72%	71%
% of pupils in the school think PE lessons and sport help you to have a healthy lifestyle 'a lot'	77%	70%
% of pupils in the school feel that pupils' ideas about PE and school sport are listened to 'always'	38%	34%
Average number of minutes per week allocated for curricular PE	120	180

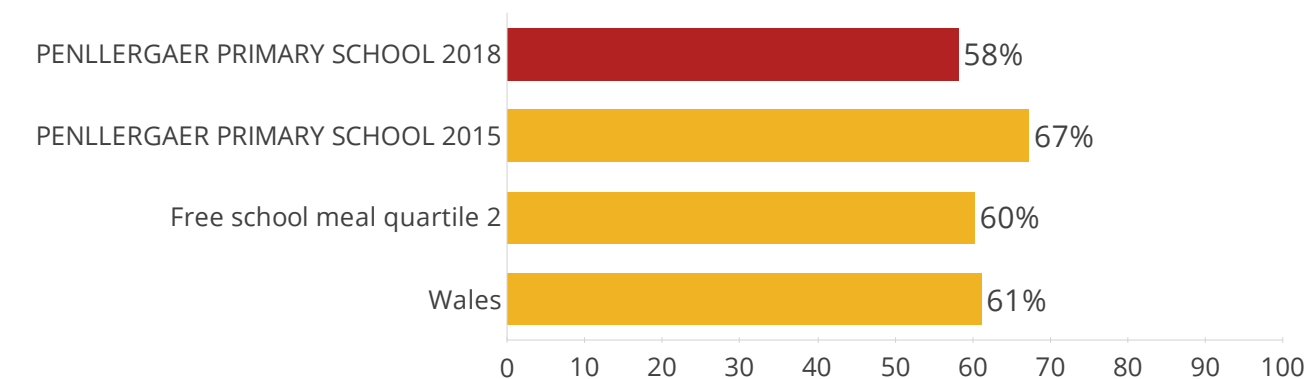
Pupils that participate in sport three or more times per week

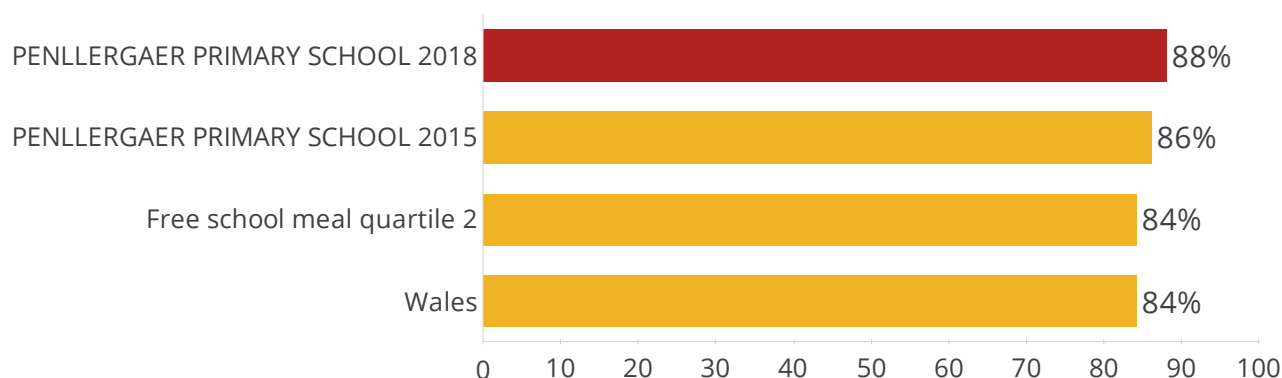
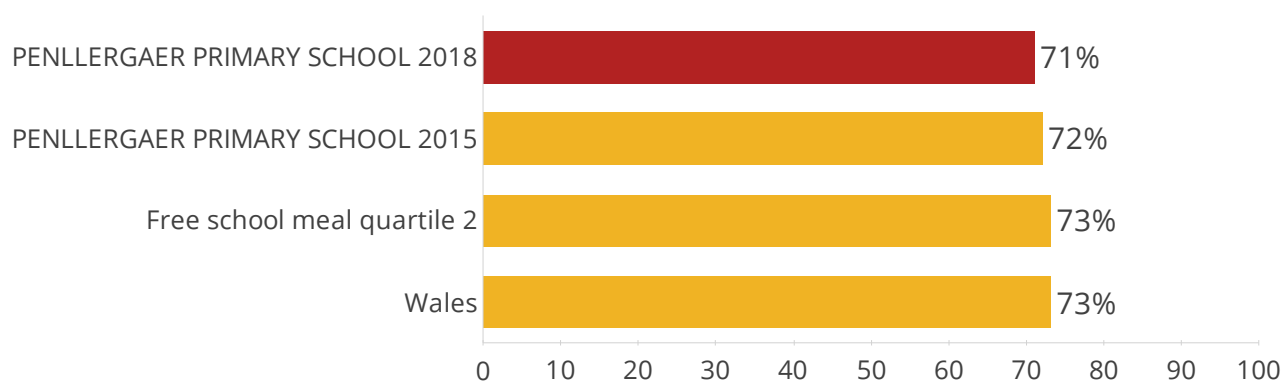
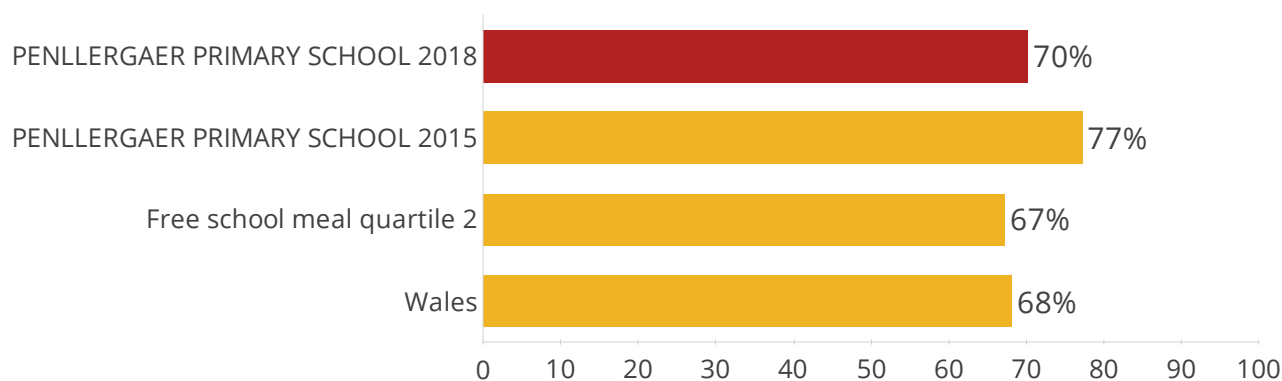


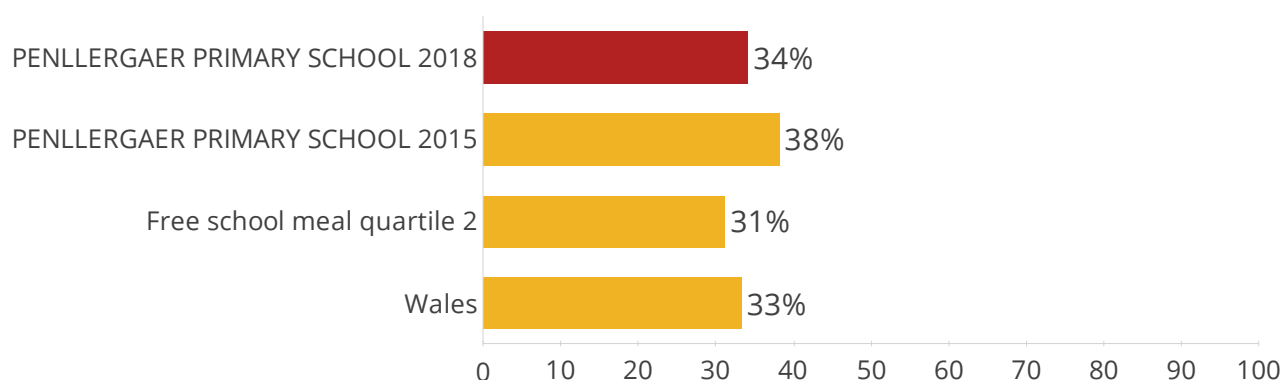
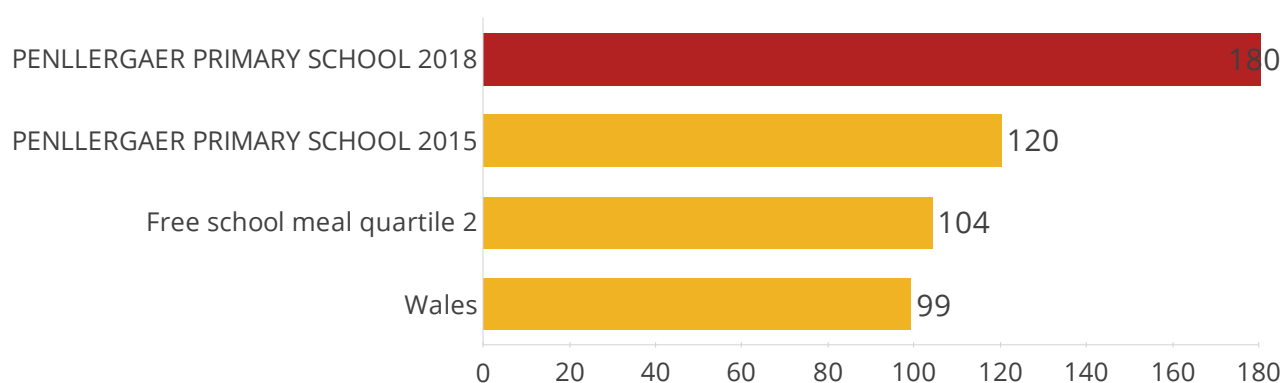
Pupils who enjoy doing sport in after-school or lunchtime clubs 'a lot'



Pupils who 'always' feel comfortable taking part in PE lessons and school sport



Pupils who are confident in trying new activities**Pupils who enjoy PE lessons 'a lot'****Pupils who think PE lessons and sport help you to have a healthy lifestyle 'a lot'**

Pupils who feel that pupils' ideas about PE and school sport are listened to 'always'**Average number of minutes per week allocated for curricular PE**

The content of the School Sport Survey has been informed by the following resources and documentation:

- Estyn (2010) *Guidance for the Inspection of Primary Schools from September 2010*. Estyn: Cardiff.
- Estyn (2010) *Guidance for the Inspection of Secondary Schools from September 2010*. Estyn: Cardiff.
- Qualifications and Curriculum Authority (2005) *Do you have high quality PE and sport in your school? A guide to self-evaluating and improving the quality of PE and school sport*. QCA: Annesely.
- Sport Wales (2010) *Guidance Notes for Completing PESS Self-evaluation*. Sport Wales: Cardiff.
- WAG (2006) *Physical Activity in School Assessment School: a tool for monitoring and evaluating a whole school approach to physical activity*. WAG: Cardiff.

Sport Wales has run surveys of primary and secondary school pupils, in school years 3 to 11, for over 17 years. All schools which collect a sufficient number of survey responses from their pupils receive unweighted results from the survey. For the 2018 Survey, PENLLERGAER PRIMARY SCHOOL surveyed 125 pupils.

Appendix B: Extracurricular Sports

The following table shows the percentage of pupils participating in extracurricular sport in Wales and in your school:

	Wales	Your school	Male pupils at your school	Female pupils at your school
Adventurous activities	11%	8%	4%	13%
Archery	4%	4%	4%	4%
Athletics	22%	33%	34%	31%
Badminton	3%	2%	3%	-
Basketball	15%	2%	3%	-
BMX	2%	2%	3%	-
Boccia	1%	1%	1%	-
Bowls (not ten pin bowling)	2%	1%	1%	-
Boxing	2%	1%	1%	-
Canoeing or kayaking	3%	1%	1%	-
Cheerleading	2%	1%	1%	-
Climbing	9%	4%	3%	6%
Cricket	18%	4%	6%	2%
Cycling	9%	4%	4%	2%
Dance	15%	5%	6%	4%
Dodgeball	22%	21%	28%	13%
Fitness classes (like aerobics, yoga or circuits)	8%	4%	6%	2%
Football	38%	23%	34%	10%
Goalball	2%	2%	3%	-
Golf	4%	2%	3%	-
Gymnastics	11%	3%	4%	2%
Hockey	11%	1%	1%	-
Horse Riding	2%	2%	1%	4%
Life saving	5%	2%	3%	2%
Martial Arts (like Judo or Karate)	4%	2%	3%	-
Mountain biking	2%	2%	4%	-
Netball	21%	2%	3%	-
Parkour	4%	2%	3%	-
Roller sports	2%	2%	3%	-
Rounders/ Baseball/ Softball	25%	7%	10%	-
Rowing	2%	2%	3%	-

Rugby	20%	16%	16%	15%
Running or jogging	33%	13%	13%	10%
Sailing	2%	2%	3%	-
Skateboarding	2%	2%	3%	-
Snowsports (like skiing or snowboarding)	2%	2%	3%	2%
Squash	3%	2%	3%	-
Surfing	2%	2%	3%	-
Swimming	27%	15%	15%	15%
Table tennis	5%	2%	3%	-
Tennis or short tennis	11%	3%	3%	4%
Trampolining	4%	2%	4%	-
Triathlon	2%	2%	3%	-
Volleyball	4%	2%	3%	-
Water polo	3%	2%	3%	-
Weightlifting	2%	2%	3%	-
Wheelchair basketball	1%	2%	3%	-
Wheelchair rugby	1%	2%	3%	-
Wheelchair tennis	1%	2%	3%	-
Other sports	15%	6%	9%	2%

Appendix C: Community Sport

The following table shows the percentage of pupils participating in sport at clubs outside of school, for Wales and for your school:

	Wales	Your school	Male pupils at your school	Female pupils at your school
Adventurous activities	11%	10%	12%	8%
Archery	6%	6%	7%	2%
Athletics	13%	4%	4%	4%
Badminton	3%	2%	1%	2%
Basketball	8%	1%	1%	-
BMX	4%	2%	3%	2%
Boccia	1%	-	-	-
Bowls (not ten pin bowling)	3%	2%	1%	2%
Boxing	8%	3%	3%	2%
Canoeing or kayaking	5%	4%	4%	2%
Cheerleading	4%	6%	-	13%
Climbing	12%	9%	6%	10%
Cricket	9%	10%	15%	2%
Cycling	10%	10%	4%	13%
Dance	17%	14%	1%	29%
Dodgeball	10%	3%	3%	2%
Fitness classes (like aerobics, yoga or circuits)	6%	6%	1%	10%
Football	27%	18%	29%	2%
Goalball	1%	1%	1%	-
Golf	7%	2%	3%	-
Gymnastics	15%	18%	3%	38%
Hockey	6%	2%	4%	-
Horse Riding	7%	11%	7%	13%
Life saving	7%	6%	3%	8%
Martial Arts (like Judo or Karate)	11%	15%	21%	10%
Mountain biking	5%	2%	3%	-
Netball	9%	5%	1%	8%
Parkour	6%	3%	4%	-
Roller sports	3%	2%	-	2%
Rounders/ Baseball/ Softball	8%	6%	6%	2%
Rowing	3%	1%	1%	-

Rugby	15%	12%	19%	2%
Running or jogging	18%	13%	12%	12%
Sailing	2%	-	-	-
Skateboarding	3%	2%	3%	-
Snowsports (like skiing or snowboarding)	4%	2%	3%	-
Squash	3%	1%	-	2%
Surfing	4%	6%	10%	-
Swimming	35%	35%	28%	42%
Table tennis	6%	2%	1%	-
Tennis or short tennis	8%	11%	6%	15%
Trampolining	11%	10%	6%	12%
Triathlon	3%	1%	1%	-
Volleyball	4%	1%	1%	-
Water polo	4%	3%	1%	4%
Weightlifting	3%	2%	1%	-
Wheelchair basketball	1%	-	-	-
Wheelchair rugby	1%	-	-	-
Wheelchair tennis	1%	-	-	-
Other sports	14%	7%	6%	6%

Appendix D: Latent Demand

The following table shows the percentage of pupils that would like to do more sport, in Wales and in your school:

	Wales	Your school	Male pupils at your school	Female pupils at your school
Adventurous activities	36%	35%	31%	42%
Archery	31%	31%	37%	25%
Athletics	32%	36%	34%	37%
Badminton	15%	9%	10%	6%
Basketball	35%	24%	28%	17%
BMX	24%	16%	19%	10%
Boccia	5%	3%	1%	4%
Bowls (not ten pin bowling)	14%	9%	6%	10%
Boxing	27%	15%	19%	10%
Canoeing or kayaking	19%	14%	16%	13%
Cheerleading	18%	18%	-	40%
Climbing	44%	39%	34%	50%
Cricket	29%	22%	28%	15%
Cycling	48%	38%	37%	42%
Dance	33%	22%	6%	44%
Dodgeball	41%	38%	49%	27%
Fitness classes (like aerobics, yoga or circuits)	17%	15%	16%	15%
Football	50%	36%	50%	19%
Goalball	8%	4%	1%	6%
Golf	27%	15%	19%	8%
Gymnastics	32%	27%	6%	52%
Hockey	23%	13%	13%	12%
Horse Riding	30%	28%	13%	50%
Life saving	19%	13%	10%	17%
Martial Arts (like Judo or Karate)	23%	25%	31%	15%
Mountain biking	29%	17%	19%	13%
Netball	30%	19%	10%	31%
Parkour	33%	29%	37%	15%
Roller sports	19%	16%	13%	19%
Rounders/ Baseball/ Softball	29%	22%	24%	21%
Rowing	15%	9%	4%	13%

Rugby	33%	27%	31%	23%
Running or jogging	41%	36%	35%	40%
Sailing	14%	9%	6%	12%
Skateboarding	22%	20%	21%	19%
Snowsports (like skiing or snowboarding)	19%	13%	13%	13%
Squash	12%	5%	4%	4%
Surfing	25%	26%	28%	27%
Swimming	63%	55%	57%	54%
Table tennis	29%	19%	19%	19%
Tennis or short tennis	25%	16%	15%	17%
Trampolining	48%	42%	38%	50%
Triathlon	12%	10%	12%	8%
Volleyball	20%	9%	7%	10%
Water polo	19%	11%	13%	10%
Weightlifting	17%	11%	9%	13%
Wheelchair basketball	7%	2%	1%	2%
Wheelchair rugby	5%	1%	-	2%
Wheelchair tennis	6%	2%	1%	2%
Other sports	33%	27%	28%	25%

Appendix E: 'I would do more sport if...'

The following table shows the percentage of pupils that 'would do more sport if...':

	Wales	Your school	Male pupils at your school	Female pupils at your school
There were more sports that suited me	33%	27%	31%	23%
My parents went with me	18%	16%	13%	21%
My friends went with me	39%	46%	46%	46%
I had more time	32%	36%	38%	33%
It was cheaper	19%	24%	26%	19%
If the clubs were easier to get to	20%	24%	21%	29%
If the school sports facilities were better	9%	6%	10%	2%
If the community sports facilities were better	7%	3%	4%	2%
If the changing rooms were nicer	11%	8%	7%	8%
If the kit was nicer	11%	9%	10%	8%
If I had the kit or equipment that I need	14%	11%	15%	8%
If I was fitter	16%	13%	15%	12%
If I was better at sport	19%	18%	15%	23%
If girls and boys did sports at different times	11%	7%	4%	10%
If I didn't have to go straight home after school	11%	13%	18%	8%
If I didn't have to get the bus home	5%	3%	3%	4%
If I didn't have other things to do after school	13%	16%	18%	13%
If I enjoyed it more	15%	16%	16%	15%
If I was more confident	17%	19%	16%	21%
I already do enough sport	9%	3%	4%	-
I don't want to do more sport	4%	2%	1%	4%
Other	16%	14%	12%	17%

Appendix F: Healthy Lifestyle

70% of pupils said that PE lessons and sport contributed a lot towards a healthy lifestyle, compared to a national average of **68%**.

69% of boys and **69% of girls** at PENLLERGAER PRIMARY SCHOOL believed that PE lessons and sport will help them achieve a healthy lifestyle, compared with national average for boys (**68%**) and girls (**68%**), respectively.

Figure 16. How much do PE lessons and sport help you to have a healthy lifestyle?

