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Section	Your response (Use your own words!)
1. Research	During Task 1, I developed a clearer and more structured understanding of the role of a theatre Nurse. Although I already had some practical experience in the clinical environment, the research process introduced me to several new ideas that I had not previously considered. One of the main challenges was realizing that theatre nurses work in different specialized roles, each with distinct responsibilities within the surgical team. Understanding these variations required time and careful reading, as some sources used terminology that was unfamiliar to me. The NHS National careers website proved particularly helpful, because it presented the information in a clear and specific way, which allowed me to identify the key duties associated with each role more confidently.
2. Presenting	To prepare my presentation, I organised my notes clearly and created a short script to guide the flow of ideas. Although I practised beforehand, I still felt nervous when I began recording because I lacked experience presenting healthcare topics. As I continued speaking, I gradually became more confident and maintained clearer communication. This improvement helped me explain each nursing role accurately, ensuring my presentation remained structured, understandable and aligned with the information gathered during my research.
3. Challenges you faced	One of the main challenges I faced was overcoming nervousness while presenting, especially at the beginning. I also struggled with understanding some specialised

	terminology during my research, which required extra time to interpret accurately. Additionally, organising all the information in a logical and coherent structure was sometimes difficult. Despite these obstacles, I gradually improved my confidence, refined my understanding of theatre nursing roles and strengthened my ability to communicate information clearly and effectively.
4. Actions to improve	This task helped me identify several skills that I need to strengthen in order to improve my academic performance. I realised that interpreting complex information requires more focus and practice, especially when dealing with unfamiliar terminology. I also need to organise my research time more effectively, ensuring I review reliable sources and develop stronger reading strategies. These improvements will support clearer understanding and better preparation for future assessments.
5. Further steps needed to Prepare for Task 3	To prepare effectively for Task 3, I need to create a structured research plan and consult a broader range of perioperative nursing literature. Strengthening my critical analysis skills will help me evaluate sources more confidently. I also aim to revise my work consistently, ensuring clarity, coherence and accuracy. Developing these strategies will support stronger academic writing and allow me to complete future assignments with greater confidence and organisation.

