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Tasks in the order I received them:

Task One: Semiotic Analysis (Ryan task) = 491 words

Task Two: Manifesto (Julia Task) = 500 words

Task Three. (Jon Task) = 507 words

Task One: Semiotic Analysis (Ryan's task)



In a world where the “ideology of a society is subject to change, as the economic and political balance changes”(Bignell 2002).We all need a way to relax, “tap into a private world of hopes and dreams and to escape from stresses and fears”(Scott 2006) as a way of safety and freedom from a world becoming more and more of a mess. We are trapped in a society where we are told what to believe and think like “strange prisoners”(Plato 2017) like the *‘Allegory of Plato’s Cave’ and the idea that outside of our imagination we only really know what we are told.*

The above image is an online image of Edward Reginald Frampton’s ‘Once Upon a Time’ Painting from the 1904. The painting depicts a woman dressed in renaissance clothing reading about a book about a ship.

The rich and bold colors in her clothing and the gold in her **bonnet** shows she is a princess or from a wealthy family. This is due to bold colours where expensive and often shipped across the sea, they were also staved for the royals. The fur on the

sleeve also conveys her wealth as unlike her, less wealthy people would typically wear dull color clothes without added fur and laced embellishments. The idea of her being from a royal family is strongly shown in the uses of silk fabrics and lacing which would have had to be imported from overseas on boats similar to the one depicted in the book.

The book being held by the woman depicting a ship paired with the sea in the background shows that she is imaging what she is reading, This is also shown by the intrigued yet relaxed look on her face as she reads the book. The gold clasps on the side of the book created the idea that the book is important and great care has been taken to make it as its most likely the only copy in existence. The idea of the book being the only one shows that the ship is a famous ship from a tale told in the nearby towns.

Due to her status of royalty, the fact she is female, and the time period produces the idea that she is sat at the Shaw reading about the tale of adventure for a sense of freedom. The time period in which it was made (1904) women did not have the freedom to do what they wanted, and men dominated over them in terms of power. By escaping to a safe place relax "and to escape from stresses and fears"(Scott 2006) she gets a little piece of what she wishes the world to be or what she wishes to do.

Overall, I feel the connoted message within today's society is that not much has changed. We are still told what to believe and locked down by government where we are lead into a false sense of freedom and post truth.

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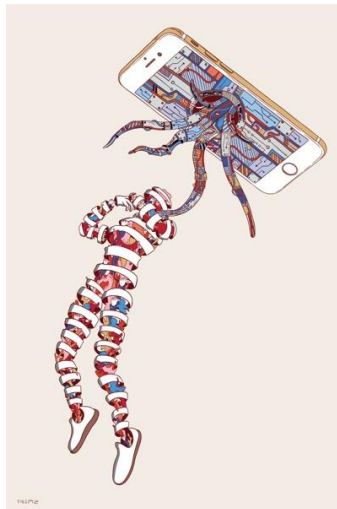
Task Two: Manifesto (Julia's Task)

1. Only use social media as a means of advertisement and work. Fake lives live online.
2. Defeat is simply a state of mind, work should always have a rewarding reason and never negatively affect your mental health.
3. Analytics are a tool not a religion, they shouldn't be a main focus and be more present.
4. Society is a mess; I can help but I can't fix it
5. Sleep is not a waste of time; work can wait it doesn't need to be done now.
Rest is good
6. All business is slow it is the ruts that give you time to improve, reflect and expand.

7. Stepping away from screen and going back to the techniques used in past years can provide an escape from a world of constant connections.
8. Introversion is not a weakness it is simple how you work; everyone has a way they work and that's what makes the world move.

Keywords and Images

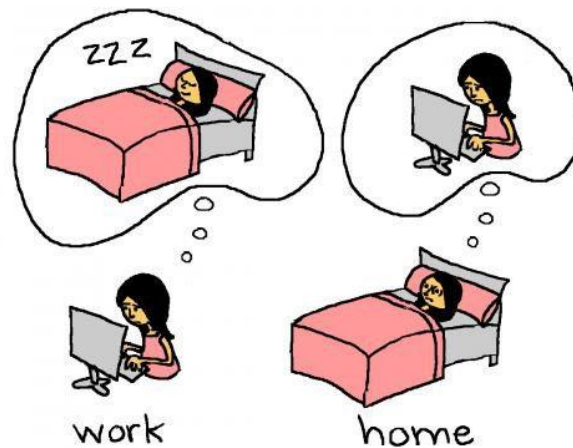
Defeat is simply a state of mind



In a world where we are always on social media are we really living our true lives. Social media is one of modern society's biggest problems as it "produces a world where the blemishes of real life are hidden"(Freitas 2017) leading young people into a dark place where teens are messaging each other to get likes, a validation system that slowly moves young people backwards in maturity rather than forward reducing independence with a constant need for short-term validation. Our world is rapidly changing but is it for the better. The increases of self-harm and suicide is ever rising,

people's self-esteem's are dropping all because of platforms made by big cat that only care about their pockets. There is a monster in all our pockets that gets in our head and impacts our judgement and it's called social media.

Rest is good

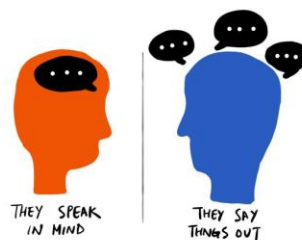


Being self employed seems like a dream to most 9-5 worker they think we “get to set their own hours, they get to do work they enjoy, they can work in their pyjamas if they want – what’s not to love?!” (**TOMLINSON**, 2019) But it’s not so simple. People who are self employed face lots of walls that most people who work a day job will never experience.

These include loneliness. Quite often people who are self employed are also sole traders which is defined as “A single person (the proprietor) who owns and operates a business” (‘Sole Trader - Oxford Reference’ n.d.). Unless a trader is in talks with a client they are often alone for hours at a time, over extended periods of time one may feel isolated and crave social interaction. And may effect their mental health.

The main issues faced by the self employed is the inability to switch of and separate work and homelife. Although business owners will often say you have to live and breath your business to be successful, this is the problem you often can't live your life to its full potential if your always thinking about work. This often keeps them up at night as they are always thinking of the next job or what they need to do next, not their holiday like most.

Introversion is not a weakness



Introverts are often seen as weak, shy or reliant on others but this is simply not the case. The introversion spectrum is the back bone of society and the way it functions. It's "Our place on this continuum influences our choice of friends and mates, and how we make conversation, resolve differences, and show love" (Cain, 2012).

It is this that I Feel makes our worlds different and diverse. Extraverts would not be here without the quiet work of the introverts and vies versa with the thrill of an

extravert, we all regain our energy in different ways that is why we are diverse it is an inclusive system that rules over class, race or religion. It is what makes us us.

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Task Three. (Jon's Task)

A reflection of the use of physical Theatre and its impact on an audience in *The Curious Incident of the Dog in the Night-time*.

Representing to inner workings of the human brain, a device nobody truly understands through stage is the hardest task of a creative. I believe that it's less of what you say and more of what you do. Physical Theatre gives a director or virtual designers the ability to throw away the cluttered stages and narration style we all know all too well from pantomime and use movement to tell the story.

The Curious incident of the dog in the night-time uses Physical Theatre to pull the audience into the mind of the main character Christopher, a young boy with

Asperger's Syndrome. The production comprises of three blank walls and a blank floor containing props for the production to tell the story of Christopher's journey and break down due to over stimulation. The Physical nature of the piece "shows ... what's underneath, the aches, the needs the desires that aren't expressed" (Graham, 2016, 0:35). Graham interprets the decline of the lead in a way that stimulates the Audience's emotions throwing them from being confused to scared in seconds.

When watching the play the uses of gestures could convey emotions was mesmerising the uses of sound, light and movement made me feel uncomfortable, as if I didn't belong like Christopher. The uses of fast movement around the stage as the main character's mind races about the murder made my heart race to come to sudden stop as I held my breath till his eventual conclusion and upset upon the realisation of the outcome. This was all accompanied by the use of projections that surround the scene adding to the madness of scene such as the trains where a bombardment of announcements and train noises can be heard as the words can be seen moving around him. Although this is all taking place the play the stage design is made in a way that Christopher would feel comfortable. "he describes himself to be a bit like Sherlock Holmes in that his brain was a bit like a laboratory" (Elliot, 2016, 1:35) which influenced the stage design, a clinically clean space he could work in.

In interview Haddon expresses how people like Christopher after all of his melt downs, his anger and misunderstanding. "Even though somebody has a very profound disability, you know there 99.9% normal human being and 0.1% disability" (Haddon, 2014, 1:12). Haddon expresses this as a strong theme throughout the book which was carried over to the stage production. It is also expressed that on the surface someone with Asperger's Syndrome may seem to be weak or struggle with the day to day tasks we take for granted. They are very intelligent.

I left the theatre onto the busy streets of London and held my ears and began to break down. For that moment I was Christopher Boon, I understood his struggles and had a new outlook on Asperger's and disabilities as a whole.

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